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› PHILIPS Sonicare EssentialClean Electric Toothbrush User Manual

PHILIPS Philips142

PHILIPS Sonicare EssentialClean Electric Toothbrush User Manual

Model: Philips142

INTRODUCTION

Welcome to the PHILIPS Sonicare EssentialClean Electric Toothbrush user manual. This guide provides comprehensive instructions for setting up, operating, maintaining, and troubleshooting your new electric toothbrush to ensure optimal oral hygiene.

WHAT'S IN THE BOX

- PHILIPS Sonicare EssentialClean Electric Toothbrush Handle
- DiamondClean Brush Head
- Charging Base
- Travel Case
- Brush Head Protective Cap



Image: Contents of the PHILIPS Sonicare EssentialClean package, including the pink toothbrush handle, a DiamondClean brush head, charging base, and a white travel case.

SETUP

1. Initial Charging

Before first use, fully charge your Sonicare toothbrush. Place the toothbrush handle onto the charging base. The light indicator on the handle will flash green while charging. Once fully charged, the light will remain solid green.

TIMERS ENCOURAGE THOROUGH 2 MINUTES OF BRUSHING

Our QuadPacer lets you know when you've spent the optimal amount of time on each section of your mouth while our SmarTimer signals when your total time is up.

Image: The PHILIPS Sonicare EssentialClean toothbrush placed on its charging base, next to its travel case. This image highlights the charging indicator and the timer feature.

2. Attaching the Brush Head

Align the brush head with the metal shaft on the toothbrush handle and push down firmly until it clicks into place. Ensure it is securely attached before use.

OPERATING INSTRUCTIONS

Brushing Technique

1. Wet the brush head and apply a small amount of toothpaste.
2. Place the brush head against your teeth at a slight angle towards the gumline.
3. Press the power button to turn on the toothbrush.
4. Gently move the brush head slowly across each tooth, allowing the sonic vibrations to clean. Do not scrub.

5. The toothbrush features a **QuadPacer**, which pauses briefly every 30 seconds to indicate when to move to the next quadrant of your mouth.
6. The **SmarTimer** automatically turns off the toothbrush after 2 minutes, signaling the completion of the dentist-recommended brushing time.



ANGLED NECK TO HELP TACKLE CLEANING IN TOUGH AREAS

The unique shape of your 2 Series toothbrush handle combined with our brush heads means that even tricky spots like back teeth get a thorough clean.

Image: A person demonstrating the use of the PHILIPS Sonicare EssentialClean toothbrush, emphasizing the angled neck design for reaching tough areas.

The advanced sonic technology of the PHILIPS Sonicare electric toothbrush gently and effectively reaches deep between teeth and along the gumline, providing up to 7x more plaque removal than a manual toothbrush.

BETTER PLAQUE REMOVAL TO HELP REDUCE CAVITIES

**PROVIDES BETTER
PLAQUE REMOVAL AND
ACCESS TO BACK TEETH;
BRUSHING TWICE A
DAY EVERY DAY WITH
THIS BRUSH CAN
HELP REDUCE CAVITIES.**



Image: A man brushing his teeth with the PHILIPS Sonicare EssentialClean toothbrush, illustrating the benefit of better plaque removal to help reduce cavities.

Dental Work Compatibility

The sonic technology is safe and gentle for various oral health needs, including use with braces, fillings, crowns, and veneers. It can also be used as part of the daily treatment for gum disease.

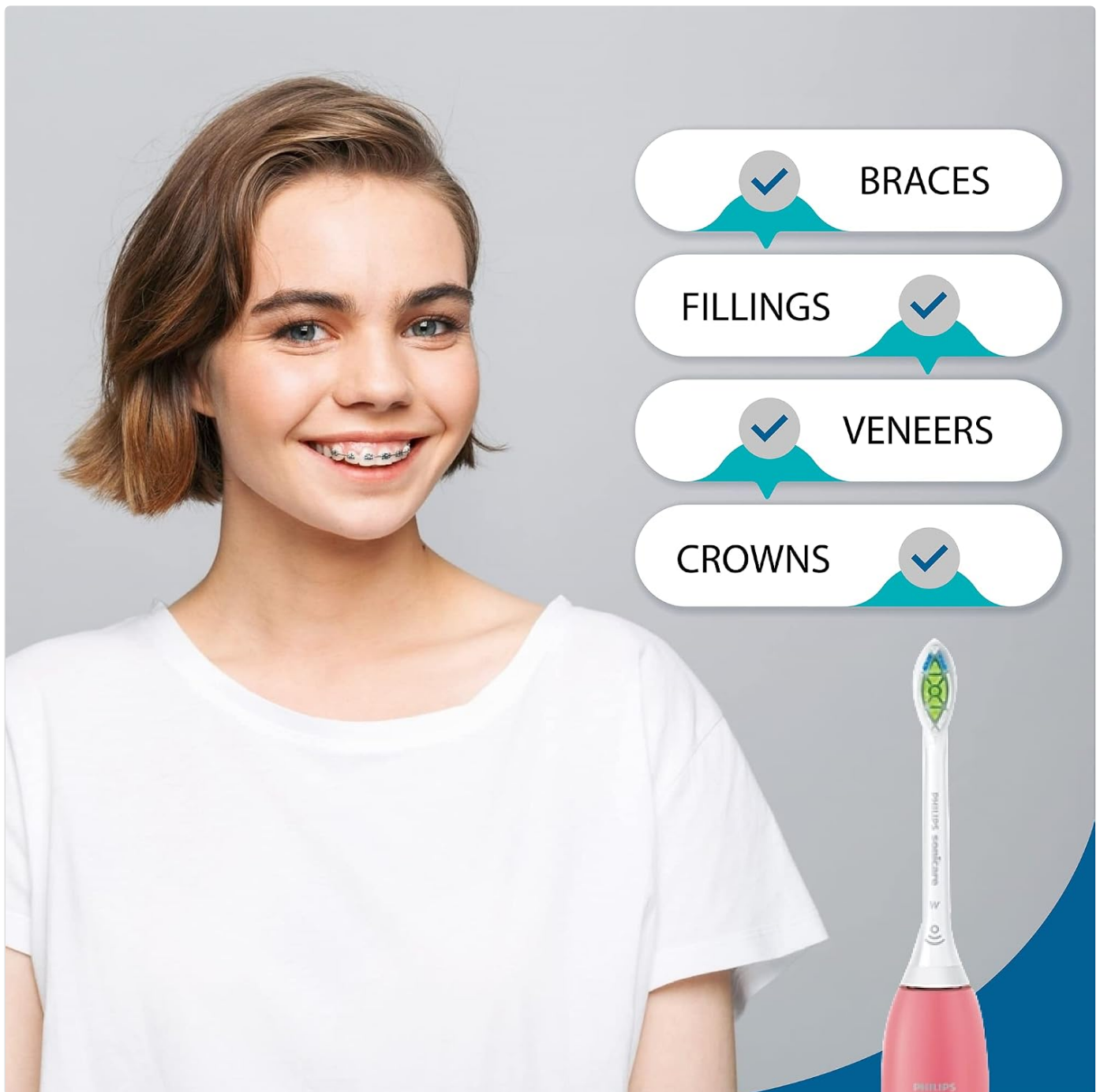


Image: A woman smiling, with visual indicators showing that the PHILIPS Sonicare toothbrush is suitable for use with braces, fillings, veneers, and crowns.

MAINTENANCE

Cleaning Your Toothbrush

- After each use, rinse the brush head thoroughly under running water.
- Wipe the handle with a damp cloth. Do not submerge the handle in water.
- Clean the charging base periodically with a damp cloth.

Brush Head Replacement

For optimal performance and hygiene, replace your brush head every 3 months, or sooner if the bristles become splayed or worn. Replacement brush heads are available from authorized PHILIPS retailers.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Toothbrush does not turn on.	Battery is depleted.	Place the toothbrush on the charging base and allow it to charge for at least 24 hours.
Toothbrush does not charge.	Charging base not connected to power, or faulty outlet.	Ensure the charging base is securely plugged into a working electrical outlet. Try a different outlet.
Reduced brushing effectiveness.	Worn brush head.	Replace the brush head.

SPECIFICATIONS

- Model Number:** Philips142
- Brand:** PHILIPS
- Power Source:** Corded Electric (for charging base)
- Special Feature:** Brushing Timer (QuadPacer & SmarTimer)
- Age Range:** Adult
- Item Firmness Description:** Soft
- Package Dimensions:** 9.33 x 6.81 x 2.52 inches
- Weight:** 1.01 Pounds
- Manufacturer:** Philips

WARRANTY AND SUPPORT

For warranty information, product registration, or technical support, please visit the official PHILIPS website or contact PHILIPS customer service. Keep your purchase receipt as proof of purchase for warranty claims. You can find more information and support at the [Official PHILIPS Store on Amazon](#).

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ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question