Armocity ADWC-32R

Armocity 32-inch Manual Height Adjustable Standing Desk with Power Outlets (Model ADWC-32R)

User Manual

1. Product Overview

This manual provides instructions for the Armocity 32-inch Manual Height Adjustable Standing Desk, Model ADWC-32R. This versatile desk is designed for various environments, including home offices, bedrooms, and living rooms, offering both sitting and standing height options, integrated power solutions, and convenient mobility.



Image 1.1: The Armocity 32-inch Manual Height Adjustable Standing Desk in a home office setting, showcasing its design and features.

Key Features:

- **Height Adjustable:** Manual adjustment from 27.5 inches to 41 inches.
- **Integrated Power Outlets:** Includes 2 AC outlets and 2 USB ports with a 6.5ft power cord.
- **Mobile Design:** Equipped with 4 high-quality rotary wheels for easy movement, with non-slip footpads for stability.
- **Storage Solutions:** Features 2-tier open storage shelves and two iron hooks for accessories.
- **Durable Construction:** Made from premium metal and 15mm thick environmental MDF board.

2. Safety Information

Please read and understand all safety instructions before assembly and use to prevent injury or damage to the product.

- **Weight Capacity:** Do not exceed the maximum weight limit of the desk. Refer to the specifications section for details. Overloading can cause instability and damage.
- **Stability:** Ensure the desk is placed on a flat, stable, and level surface. If using wheels, lock them when the desk is in a stationary position to prevent accidental movement.
- **Electrical Safety:** Only use the integrated power outlets with devices that meet their specified voltage and current ratings. Do not overload the outlets. Keep liquids away from electrical components.
- **Assembly:** Follow all assembly instructions carefully. Ensure all screws and fasteners are securely tightened before use.
- **Children and Pets:** Keep children and pets away from the desk during assembly. Small parts can be a choking hazard.
- **Movement:** When moving the desk, ensure all items are removed from the desktop and shelves to prevent them from falling. Move slowly and carefully.

3. Package Contents

Before beginning assembly, verify that all components listed below are present and undamaged. If any parts are missing or damaged, please contact customer support.

- Desktop Panel with Integrated Power Outlets
- Lower Shelf Panels (2)
- Metal Frame Components
- Wheels (4) and Non-slip Footpads
- Desk Iron Hooks (2)
- Assembly Hardware (screws, bolts, etc.)
- Assembly Tools (e.g., Allen wrench)
- Instruction Manual
- Velcro Tape for Cable Management

4. Setup and Assembly

Assembly of the Armocity standing desk is designed to be straightforward and can typically be completed by one person. All necessary tools and labeled parts are included.

Assembly Steps:

1. **Unpack Components:** Carefully remove all parts from the packaging and lay them out on a clean, soft surface to prevent scratches. Verify all parts against the package contents list.
2. **Attach Wheels/Footpads:** Secure the wheels or non-slip footpads to the base of the metal frame according to the detailed instructions.
3. **Assemble Frame:** Connect the vertical and horizontal metal frame components using the provided hardware. Do not fully tighten screws until all parts are aligned.
4. **Install Shelves:** Attach the two lower storage shelves to the designated frame sections.
5. **Mount Desktop:** Secure the desktop panel to the top of the adjustable frame. Ensure the integrated power outlets are correctly oriented.
6. **Install Hooks:** Attach the two iron hooks to the side of the desk frame as desired.
7. **Final Tightening:** Once all components are in place and aligned, securely tighten all screws and fasteners.

8. **Cable Management:** Use the provided velcro tape to organize the power cord and any device cables.



Image 4.1: Diagram illustrating the desk dimensions and key components for assembly reference.

Video 4.1: An official video demonstrating the assembly process and features of the Armocity Standing Desk with Power Outlets.

5. Operating Instructions

5.1 Height Adjustment

The desk features a manual height adjustment mechanism, allowing you to switch between sitting and standing positions. The height can be adjusted from 27.5 inches to 41 inches.

1. **Unlock Adjustment:** Locate the adjustment knobs or levers on the vertical support poles of the desk. Loosen them to allow movement.
2. **Adjust Height:** Carefully raise or lower the desktop to your desired height. Ensure the desk remains stable during adjustment.
3. **Lock Adjustment:** Once the desired height is reached, securely tighten the adjustment knobs or levers to lock the desktop in place. Verify that the desk is stable before placing items on it.



Image 5.1: Visual guide demonstrating the manual height adjustment feature for both sitting and standing configurations.

5.2 Using the Power Outlets

The desk includes a built-in power strip with 2 AC outlets and 2 USB ports for convenient charging and powering of your electronic devices.

1. **Connect to Wall Outlet:** Plug the desk's 6.5ft power cord into a standard wall electrical outlet.
2. **Plug in Devices:** Insert your device's power cords into the AC outlets or USB cables into the USB ports.
3. **Cable Management:** Use the provided velcro tape to keep device cables tidy and prevent tangling.



Image 5.2: A detailed view of the integrated power outlets and USB ports on the desktop, showing devices connected for charging.

5.3 Mobility and Stability

The desk is equipped with four wheels for easy movement and non-slip footpads for stationary use.

- **Moving the Desk:** To move the desk, ensure all items are removed from the desktop and shelves. Unlock the wheels if they are locked. Gently push the desk to its new location.
- **Securing the Desk:** Once the desk is in its desired position, engage the locks on the wheels to prevent unintended movement. Alternatively, if using footpads, ensure they are firmly on the ground.



Image 5.3: Illustration highlighting the desk's features such as lockable wheels, two-tier storage rack, and hanging hooks.

6. Maintenance

Regular maintenance helps ensure the longevity and proper function of your desk.

- **Cleaning:** The desk surface is smooth and waterproof. Wipe clean with a soft, damp cloth. Avoid abrasive cleaners or harsh chemicals that could damage the finish.
- **Hardware Check:** Periodically check all screws and fasteners to ensure they remain tight. Re-tighten if necessary to maintain stability.
- **Cable Management:** Regularly inspect the power cord and integrated outlets for any signs of wear or damage. Keep cables organized to prevent tripping hazards and damage.
- **Wheel Care:** Keep the wheels free of debris to ensure smooth movement.

7. Troubleshooting

If you encounter any issues with your desk, refer to the following common troubleshooting tips:

- **Desk is Unstable:**
  - Ensure all assembly screws are fully tightened.
  - Verify the desk is on a flat, level surface.
  - Check that the height adjustment knobs are securely locked.
- **Height Adjustment is Difficult:**
  - Ensure the adjustment knobs are fully loosened before attempting to change height.
  - Do not force the adjustment. If resistance is met, check for obstructions.
- **Power Outlets Not Working:**
  - Confirm the desk's main power cord is securely plugged into a functional wall outlet.
  - Check if the wall outlet itself is working by plugging in another device.
  - Ensure devices are properly plugged into the desk's outlets.
  - Avoid overloading the power strip.
- **Wheels Not Rolling Smoothly:**
  - Check for debris (hair, dust) caught in the wheels and clean if necessary.
  - Ensure the wheel locks are disengaged.

If these steps do not resolve the issue, please contact Armocity customer support for further assistance.

8. Specifications

Feature	Detail
Brand	Armocity
Model Number	ADWC-32R
Product Dimensions (D x W x H)	15.7" x 31.5" x 41"
Adjustable Height Range	27.5" - 41"
Color	Rustic Brown
Material	High-quality Wooden Board (MDF, 15mm thick), Sturdy Metal Frame
Power Outlets	2 AC Outlets (120V/12A)
USB Ports	2 USB Ports (5V/2A)
Power Cord Length	6.5 ft
Special Features	Wheels, Height Adjustable, Storage Shelves, Integrated Power Outlets, Hooks
Assembly Required	Yes (Tools included)

9. Warranty and Support

Armocity provides a **24-month customer support** for this product. If you have any questions, concerns, or require assistance with your Armocity 32-inch Manual Height Adjustable Standing Desk, please do not hesitate to contact our customer service team.

For support, please refer to the contact information provided with your purchase or visit the official Armocity website. Our friendly customer service team is available to assist you.

© 2025 Armocity. All rights reserved.