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NutriChef NCEGB50.5

NutriChef Smokeless Electric Bamboo Grill User Manual

Model: NCEGB50.5

Introduction

Thank you for purchasing the NutriChef Smokeless Electric Bamboo Grill. This versatile 2-in-1 appliance features a non-stick grill and griddle plate, designed for convenient indoor grilling. Its smokeless operation and easy-to-clean detachable components make it ideal for preparing a variety of meals, from steaks and burgers to vegetables and fish. Please read this manual thoroughly before use to ensure safe and optimal performance.

Important Safety Instructions

When using electrical appliances, basic safety precautions should always be followed, including the following:

- Read all instructions before operating the grill.
- Do not touch hot surfaces. Use handles or knobs.
- To protect against electrical shock, do not immerse cord, plugs, or the appliance in water or other liquid.
- Close supervision is necessary when any appliance is used by or near children.
- Unplug from outlet when not in use and before cleaning. Allow to cool before putting on or taking off parts.
- Do not operate any appliance with a damaged cord or plug or after the appliance malfunctions or has been damaged in any manner.
- The use of accessory attachments not recommended by the appliance manufacturer may cause injuries.
- Do not use outdoors.
- Do not let cord hang over edge of table or counter, or touch hot surfaces.
- Do not place on or near a hot gas or electric burner, or in a heated oven.
- Extreme caution must be used when moving an appliance containing hot oil or other hot liquids.
- Always attach plug to appliance first, then plug cord into the wall outlet. To disconnect, turn any control to "off", then remove plug from wall outlet.
- Do not use appliance for other than intended household use.

What's in the Box

Upon opening your NutriChef Smokeless Electric Bamboo Grill package, you should find the following components:

- Electric Bamboo Grill Unit (with integrated bamboo tray)
- Removable Non-stick Grill and Griddle Plate
- Removable Plug with Thermostat Control Knob
- Steel Oil Tray
- Bamboo Tongs



Figure 1: Components included in the NutriChef Smokeless Electric Bamboo Grill package. This image shows the main grill unit, the removable cooking plate, and the bamboo tongs, illustrating what to expect upon unboxing.

Setup

1. **Unpack:** Carefully remove all components from the packaging.
2. **Clean:** Before first use, wash the non-stick grill/griddle plate, steel oil tray, and bamboo tongs with warm, soapy water. Wipe the bamboo base with a damp cloth. Dry all parts thoroughly.
3. **Assemble:**
    - Place the bamboo grill unit on a stable, heat-resistant surface.
    - Slide the steel oil tray into the designated slot beneath the cooking surface. Ensure it is fully inserted.
    - Place the non-stick grill and griddle plate onto the bamboo unit, ensuring it sits securely.
    - Insert the removable plug with the thermostat control knob into the power socket on the side of the grill unit. Ensure it is firmly connected.
4. **Power Connection:** Plug the power cord into a standard 120V electrical outlet.



Figure 2: The NutriChef Smokeless Electric Bamboo Grill fully assembled and ready for use. This image demonstrates the complete setup with the cooking plate in place and food being grilled, along with the bamboo tongs.

Operating Instructions

Preheating the Grill

1. Ensure the grill is properly assembled and plugged in.
2. Turn the thermostat control knob to your desired temperature setting. The indicator light will illuminate, signaling that the grill is heating.
3. Allow the grill to preheat for 5-10 minutes, or until the indicator light turns off, indicating the set temperature has been reached.

Cooking with the Grill/Griddle

The NutriChef grill features a reversible cooking plate with both a ribbed grill surface and a flat griddle surface. You can use either side depending on your cooking needs.



Figure 3: The 2-in-1 healthy aluminum non-stick grill and griddle plate. This image illustrates the dual cooking surfaces, allowing for grilling on one side and griddling on the other, suitable for a variety of foods.

- **Grill Side:** Ideal for meats like steaks, burgers, chicken, and fish, as well as vegetables, to achieve grill marks and drain excess fat.
- **Griddle Side:** Perfect for breakfast items such as pancakes, eggs, bacon, or for sandwiches and stir-fries.

Place food directly onto the preheated cooking surface. Use the bamboo tongs or other heat-resistant utensils to turn food as needed. The integrated oil tray collects excess grease for healthier cooking and easier cleanup.

Temperature Control Guide

The thermostat control knob offers 5 temperature settings. Refer to the guide below for recommended temperatures and cooking times:



Figure 4: Detailed view of the removable plug with thermostat control knob. This image shows the five temperature settings (1-5) and provides suggested temperature ranges and cooking times for common items like steak, burgers, fried eggs, and vegetables.

Setting	Temperature Range	Suggested Use (Approx. Time)
1	250°F - 300°F	Warm, delicate items (e.g., keeping food warm)
2	290°F - 340°F	Fried Eggs (275°F-300°F, 2-3 mins), Vegetables (250°F-300°F, 1-3 mins)
3	330°F - 380°F	Burgers (350°F-400°F, 3-5 mins)
4	370°F - 420°F	Steak (325°F-350°F, 5-8 mins)
5	410°F - 460°F	High heat searing, quick cooking

Note: Cooking times are approximate and may vary based on food thickness and desired doneness. Always ensure food is cooked to a safe internal temperature.

Maintenance & Cleaning

Regular cleaning will extend the life of your NutriChef grill and ensure optimal performance. Always unplug the grill and allow it to cool completely before cleaning.

1. **Disconnect:** Ensure the thermostat control knob is set to "OFF" and unplug the unit from the wall outlet.
2. **Cool Down:** Allow the grill plate and oil tray to cool completely before handling.
3. **Remove Components:** Carefully remove the non-stick grill/griddle plate, steel oil tray, and thermostat control knob.
4. **Clean Cooking Plate & Oil Tray:** The non-stick grill/griddle plate and steel oil tray are dishwasher safe for convenient cleaning. Alternatively, wash them by hand with warm, soapy water and a non-abrasive sponge. Rinse thoroughly and dry completely.
5. **Clean Bamboo Base:** Wipe the bamboo wood tray with a damp cloth. Do not immerse the bamboo base in water or place it in a dishwasher, as this can damage the wood.
6. **Clean Thermostat Control Knob:** Wipe the control knob with a damp cloth. Do not immerse in water.
7. **Storage:** Once all parts are clean and dry, reassemble the grill or store components separately in a dry place.



Figure 5: The non-stick cooking surface detached from the bamboo base, ready for cleaning. This image emphasizes the ease of cleaning due to the detachable design and highlights the non-stick coating.

Troubleshooting

Problem	Possible Cause	Solution
Grill does not heat up.	Not plugged in; Thermostat knob not set; Power outlet issue.	Ensure power cord is securely plugged into both the grill and the wall outlet. Turn the thermostat knob to a desired temperature setting. Check if the power outlet is functional by plugging in another appliance.
Excessive smoke during cooking.	Too much oil/fat; Grill plate not clean; Food residue.	Ensure the oil tray is empty before cooking. Trim excess fat from meats. Clean the grill plate thoroughly after each use to remove residue. Avoid using excessive oil on the cooking surface.

Problem	Possible Cause	Solution
Food sticks to the plate.	Not enough preheating; Damaged non-stick coating; Food not suitable for dry grilling.	Allow the grill to preheat fully before adding food. Ensure the non-stick coating is not scratched or damaged. Use a small amount of cooking oil or spray if necessary for certain foods.
Temperature not consistent.	Thermostat knob not properly seated; Grill overloaded.	Ensure the thermostat control knob is fully and securely inserted into its socket. Avoid overcrowding the grill plate, which can lower the temperature.

Specifications

Feature	Detail
Model Number	NCEGB50.5
Construction Materials	Die Casting Aluminum (Plate), Natural Bamboo Wood (Tray)
Coating	Non-Stick
Power Output	120V
Power Supply	1800W
Product Dimensions (L x W x H)	23.3" x 11.7" x 3" -inches
Item Weight	10.94 lbs.
Special Feature	Removable Grill & Griddle Plate, Smokeless, Temperature Control, Dishwasher Safe (Plate & Tray)
Included Components	Electric Bamboo Grill, Bamboo Tongs

Warranty & Support

This product comes with a Limited Warranty. For detailed warranty information, please refer to the warranty card included in your product packaging or visit the official NutriChef website. For technical support, troubleshooting assistance, or to inquire about replacement parts, please contact NutriChef customer service.

NutriChef Customer Service: Please refer to the contact information provided on the product packaging or the official NutriChef website for the most up-to-date support details.

You can also visit the NutriChef Store on Amazon for more product information and support resources.

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