

[Manuals.plus](#) /

› [Astarexin](#) /

› Astarexin Red Light Therapy Pad (360 LEDs) User Manual

Astarexin 360 LEDs

Astarexin Red Light Therapy Pad (360 LEDs) User Manual

Model: 360 LEDs | Brand: Astarexin

1. PRODUCT OVERVIEW

The Astarexin Red Light Therapy Pad is designed to provide targeted red and near-infrared light therapy. This device features 360 LED lights, each containing 3 chips, totaling 1080 chips. It utilizes specific wavelengths of 660nm (deep red light) and 850nm (near-infrared light) to support various bodily functions.

The pad measures 31.5" x 11.8", offering broad coverage for areas such as the back, waist, and shoulders. It includes adjustable brightness levels, pulse modes, and a timer with an auto-off function for customized therapy sessions.



Image: The Astarexin Red Light Therapy Pad, shown in its full form and being used on a person's shoulder, highlighting its flexible design and the included protective glasses.

2. SAFETY INFORMATION

Important Safety Precautions:

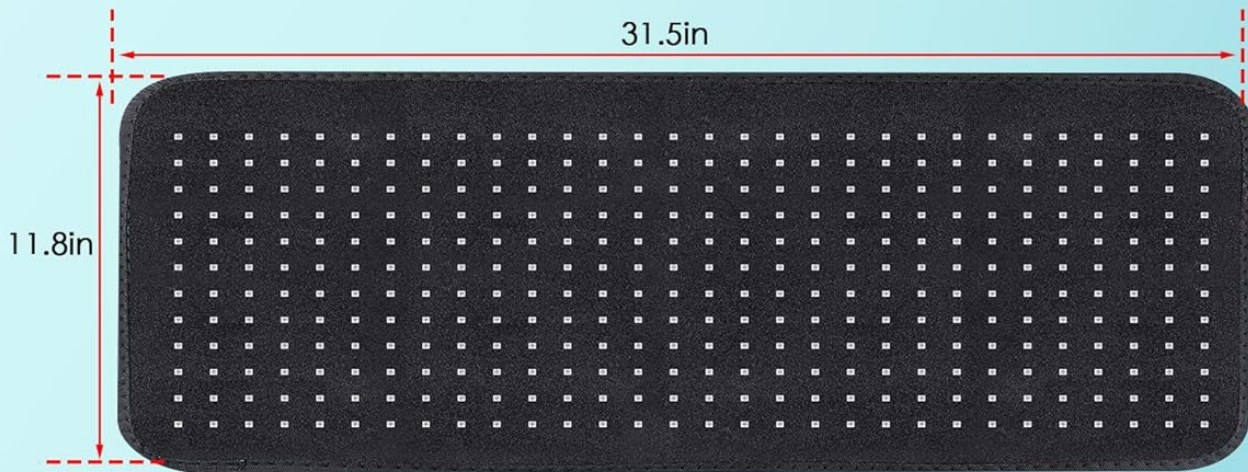
- Do not use for more than 30 minutes at a time.
 - Limit usage to 1-2 times per day.
 - Consult a healthcare professional before use if you have any medical conditions or are pregnant.
 - Keep out of reach of children.
 - Do not leave the device unattended while in use.
 - Improper use may cause burns. Always follow the instructions provided.
 - Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.
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3. WHAT'S INCLUDED

Your Astorexin Red Light Therapy Pad package includes:

- 1 x Red Light Therapy Pad (31.5" x 11.8")
- 1 x Smart Multi-Function Controller
- 1 x Power Adapter
- 1 x Power Cord
- 1 x Mobile Pocket for controller
- 1 x Stretchy Straps for securing the pad
- 1 x Pair of Protective Goggles
- 1 x User Manual

What Will You Get ?



Red Light Therapy Pad



Mobile pocket



Stretchy straps



Protective Goggles



Controller



Power Cord



Adaptor

Specifications

Rating Power	180W
Actual Power	60W
LED Qty	360*0.5w
Wavelength	1*660nm+2*850nm
Irradiance	0-1in*:>18mW/cm ²
Timer	5-30min
Material	Fabric
Lifespan	Over 50000 Hours

Image: All components included in the Astarexin Red Light Therapy Pad package, neatly arranged.

4. SETUP INSTRUCTIONS

1. Unroll the Red Light Therapy Pad and place it on a flat, comfortable surface or attach it to your body using the provided stretchy straps.
2. Connect the power cord to the power adapter.
3. Plug the power adapter into a standard electrical outlet.
4. Connect the controller cable to the designated port on the therapy pad.

5. Ensure all connections are secure before powering on the device.

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Video: Demonstrates the unboxing and initial setup of the Astarexin Red Light Therapy Pad, showing how to connect the power and controller.

5. OPERATING INSTRUCTIONS

The smart multi-function controller allows for easy customization of your therapy session.

5.1 Power On/Off

- Press the **ON/OFF** button on the controller to turn the device on.
- Press and hold the **ON/OFF** button to turn the device off.

5.2 Adjusting Brightness Levels

- The pad features 5 adjustable brightness levels (P1-P5).
- Use the **PWM +** and **PWM -** buttons to increase or decrease the brightness intensity.

5.3 Selecting Light Modes

The device offers different light modes:

- **IR (850nm)**: Near-infrared light only.
- **R (660nm)**: Red light only.
- **RIR (660nm + 850nm)**: Both red and near-infrared light.
- **Constant Light Mode (E01)**: Continuous light emission.
- **Pulse Modes (E02, E03)**: Light pulses at 10Hz or 40Hz.
- Use the **Mode** button to cycle through the available light modes.

5.4 Setting the Timer

- The timer can be set from 10 to 90 minutes.
- Use the **TIME +** and **TIME -** buttons to adjust the session duration.
- The device will automatically shut off once the timer expires.

Professional-Grade Large Red Light Therapy Mat

Meet the therapy needs of different body parts



Boost Circulation



Discomfort Easement



Improve skin



Promote Sleep



Image: Detailed view of the controller, illustrating its various buttons and digital display for settings.

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Video: A detailed review demonstrating how to operate the red light therapy pad, including power, intensity, and timer settings.

6. USAGE RECOMMENDATIONS

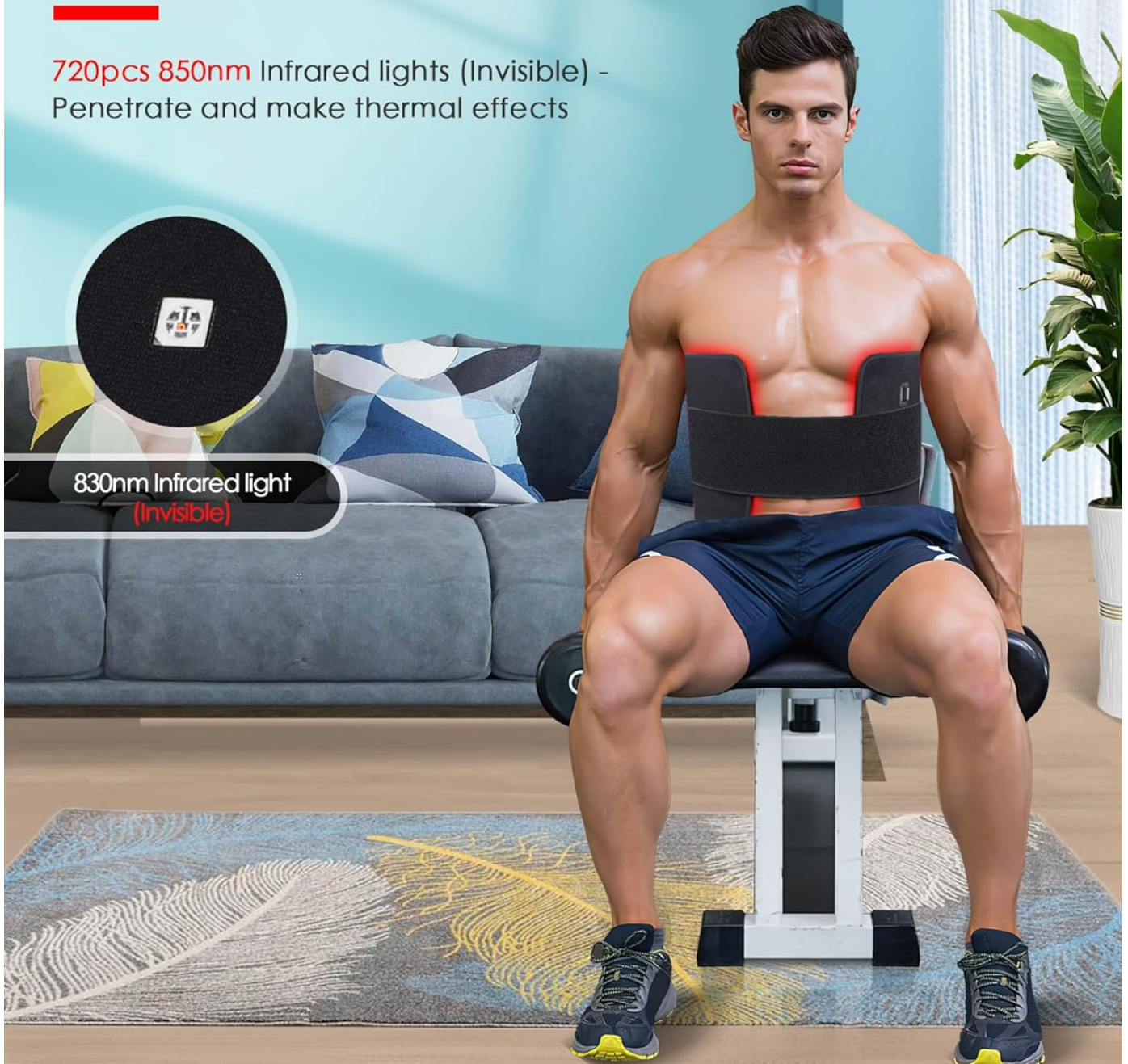
- For optimal results, ensure the pad is in direct contact with bare skin.
- Use the stretchy straps to secure the pad to areas like the waist, back, shoulder, or legs, allowing for hands-free

operation.

- Always wear the provided protective goggles when using the device, especially if the light is near your face.
- Start with shorter sessions (e.g., 10-20 minutes) and lower intensity, gradually increasing as your body adapts.
- Do not exceed the recommended usage time or frequency to prevent potential skin irritation.

Enduringly Stay Young & Stay Energetic

720pcs 850nm Infrared lights (Invisible) -
Penetrate and make thermal effects



830nm Infrared light
(Invisible)

Image: Illustrates the flexible design of the pad, allowing it to be wrapped around the body for targeted therapy.

7. MAINTENANCE & CLEANING

To ensure the longevity and hygiene of your Astarexin Red Light Therapy Pad, follow these guidelines:

- The pad features a clear plastic covering over the LEDs. This cover can be easily wiped clean after each use.
- After use, disconnect the device from the power source.
- Wipe the plastic surface with a soft, damp cloth. Do not use harsh chemicals or abrasive cleaners.
- Ensure the device is completely dry before storing.
- Store the pad in a cool, dry place, away from direct sunlight and extreme temperatures.
- The flexible design allows the pad to be rolled up for compact storage.

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Video: Demonstrates the flexibility and easy storage of the red light therapy pad, highlighting its compact design.

8. TROUBLESHOOTING

If you encounter any issues with your Astarexin Red Light Therapy Pad, please refer to the following common solutions:

- **Device not turning on:** Ensure the power adapter is securely plugged into both the wall outlet and the device. Check if the power outlet is functional.
- **Lights not illuminating (especially 850nm NIR):** Near-infrared (850nm) light is invisible to the naked eye. If the indicator light on the controller is on for NIR mode, the device is functioning correctly even if you don't see visible light.
- **Pad not heating up:** The primary function is light therapy, not heat. While some warmth may be felt, significant heat is not an indicator of proper function.
- **Automatic shut-off:** The device has a built-in timer (10-90 minutes) and will automatically turn off when the set time expires. This is a safety feature.
- **Discomfort during use:** If you experience any discomfort, reduce the intensity level or shorten the session duration. Discontinue use if discomfort persists.

9. SPECIFICATIONS

Feature	Detail
Model	360 LEDs
LED Quantity	360 LEDs (1080 chips, 3 chips in 1 bead)
Wavelengths	660nm (Red Light) & 850nm (Near-Infrared Light)
Actual Power	60W
Pad Dimensions	31.5" x 11.8"
Material	Fabric
Brightness Levels	5
Timer Settings	10-90 minutes (with auto-off)
Item Weight	1.59 Kilograms (3.51 Pounds)

10. WARRANTY & SUPPORT

Astarexin offers an extended 60-day refund period for this product. If you experience any problems or have questions regarding your Red Light Therapy Pad, please do not hesitate to contact us.

You can reach Astarexin customer support via Amazon email. We are committed to assisting you and ensuring your satisfaction.