OSITO B0BYJK8FBZ

OSITO Neck Massager Instruction Manual

Model: B0BYJK8FBZ
Brand: OSITO

1. Product Overview

The OSITO Electric Neck Massager is designed to provide relief from neck pain and stiffness, often caused by prolonged sitting, studying, or working. Utilizing EMS/TENS pulse technology, this device effectively stimulates blood circulation and alleviates muscle fatigue. Its cordless and lightweight design ensures portability and convenience for use at home, in the office, or during travel.



Figure 1: OSITO Electric Neck Massager in use.



Figure 2: Cordless design allows for use in various environments.

2. What's in the Box

Your OSITO Neck Massager package includes the following components:

- 1 x OSITO Electric Neck Massager Unit
- 1 x Remote Control
- 1 x USB Charging Cable
- 2 x Electrode Patches (for external use with long cords)
- 1 x Power Adapter (for charging)
- 1 x User Manual (this document)



Figure 3: Included accessories and components.

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Video 1: Unboxing and overview of the neck massager and its accessories, including the remote control and electrode pads.

3. Setup

1. **Charge the Device:** Before first use, ensure the neck massager is fully charged using the provided USB charging cable and power adapter. The charging port is located on the back of the unit.
2. **Prepare Your Neck:** For optimal performance and comfort, especially with EMS/TENS functions, it is recommended to moisten your neck with a wet towel or apply a small amount of body cream or aloe vera gel to the skin where the electrodes will make contact. This improves conductivity.
3. **Position the Massager:** Place the U-shaped massager around your neck, ensuring the two main electrode pads

are in contact with the skin on the back of your neck. The flexible design allows it to fit various neck sizes.

4. **Remote Control Setup:** Ensure the remote control has batteries (2x AAA, typically included or pre-installed).
5. **Optional Electrode Patches:** If you wish to use the external electrode patches for other body areas (shoulders, back, arm joints, leg joints, upper arm, feet, waist), connect them to the massager unit via the provided long cords. Peel off the protective film from the patches before applying them to clean, dry skin.



Figure 4: Easy-to-follow setup and usage steps.



Figure 5: Adjustable design for comfortable fit.

4. Operating Instructions

Operate your OSITO Neck Massager using the remote control for a personalized massage experience.

1. **Power On:** Press and hold the ON/OFF button on the massager unit for 3 seconds until the indicator light illuminates.
2. **Activate Remote:** Press the orange power button on the remote control to turn it on. The LCD screen will display current settings.
3. **Select Mode:** Use the "Mode" button (often indicated by an arrow or specific icon on the remote) to cycle through the 9 available massage modes.
4. **Adjust Intensity:** Use the "Increase Button" (up arrow) and "Decrease Button" (down arrow) to adjust the pulse intensity from 1 to 50 levels. Start with a low intensity and gradually increase to a comfortable level.
5. **Set Heat Function (Optional):** Press the "Heat" button to activate or adjust the heat levels. There are three levels of constant temperature heat: 100.4°F, 104°F, and 107.6°F.
6. **Set Timer:** The device has a 15-minute auto shut-off program. You can adjust the massage duration using the remote control's timer settings if available, or simply let it run for the default 15 minutes.
7. **Power Off:** To turn off the massager, press and hold the ON/OFF button on the unit or the power button on the remote control.



Figure 6: Key features for smart operation.

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Video 2: Demonstration of the neck massager in use, highlighting its effectiveness for pain relief and deep tissue massage.

5. Modes and Intensities

The OSITO Neck Massager offers a wide range of customization with 9 distinct massage modes and 50 intensity levels to cater to various needs and preferences.

- **9 Modes:** These modes simulate different massage techniques such as scraping, pulse, acupuncture, cupping, massage, percussion, tapping, kneading, and squeezing.
- **50 Intensity Levels:** Adjust the strength of the electrical pulses from a gentle sensation (levels 1-15) to a comfortable massage (levels 15-35), or a strong, deep tissue experience (levels 35-50).



Figure 7: Explore the nine distinct massage patterns.

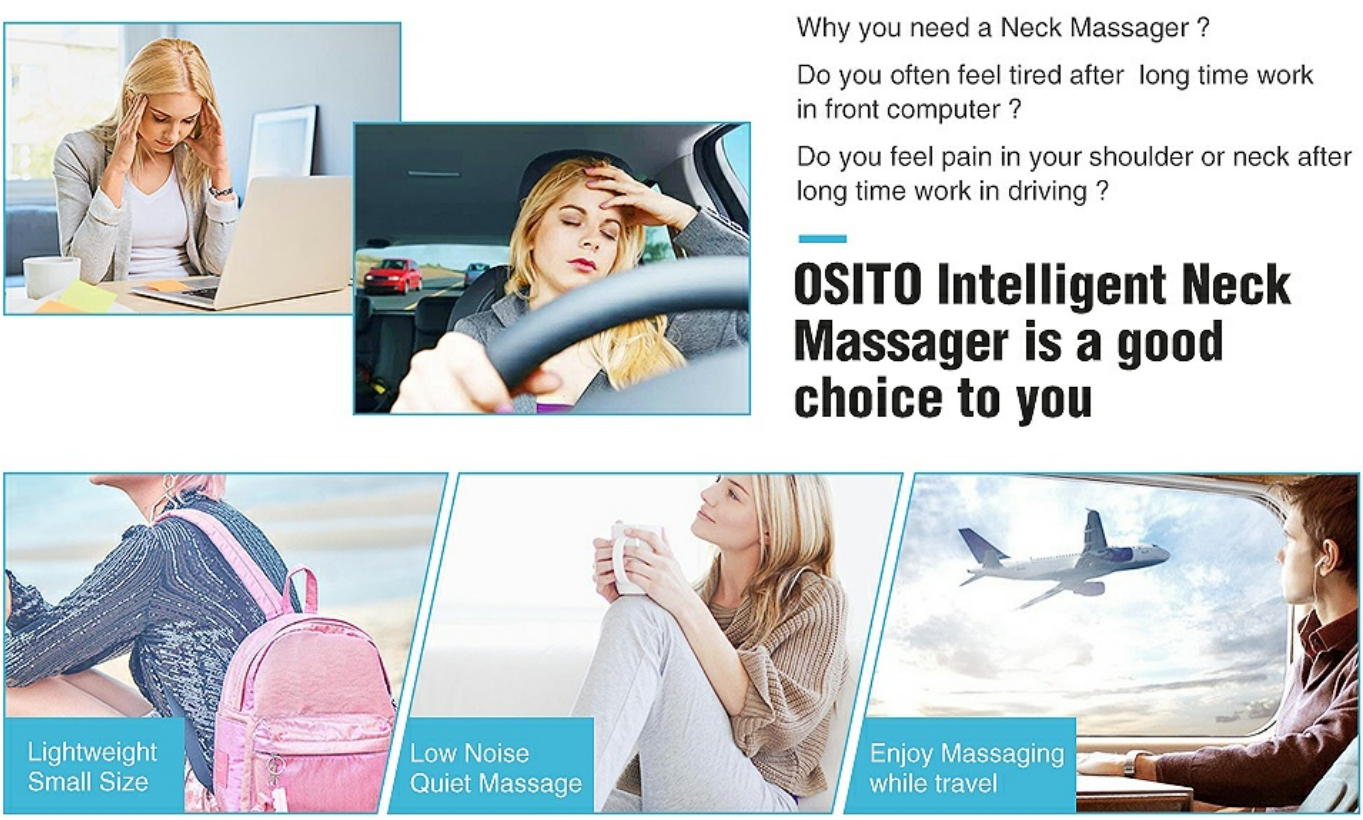


Figure 8: Visual representation of modes and intensity levels.

6. Heat Function

The massager incorporates an infrared heating function to enhance muscle relaxation and improve blood circulation. It features a constant-temperature warm compress technique.

- **Temperature Settings:** Choose from three heat levels: 100.4°F, 104°F, and 107.6°F.
- **Benefits:** The warm compress helps to further relax tense muscles, making the massage more effective for pain relief.



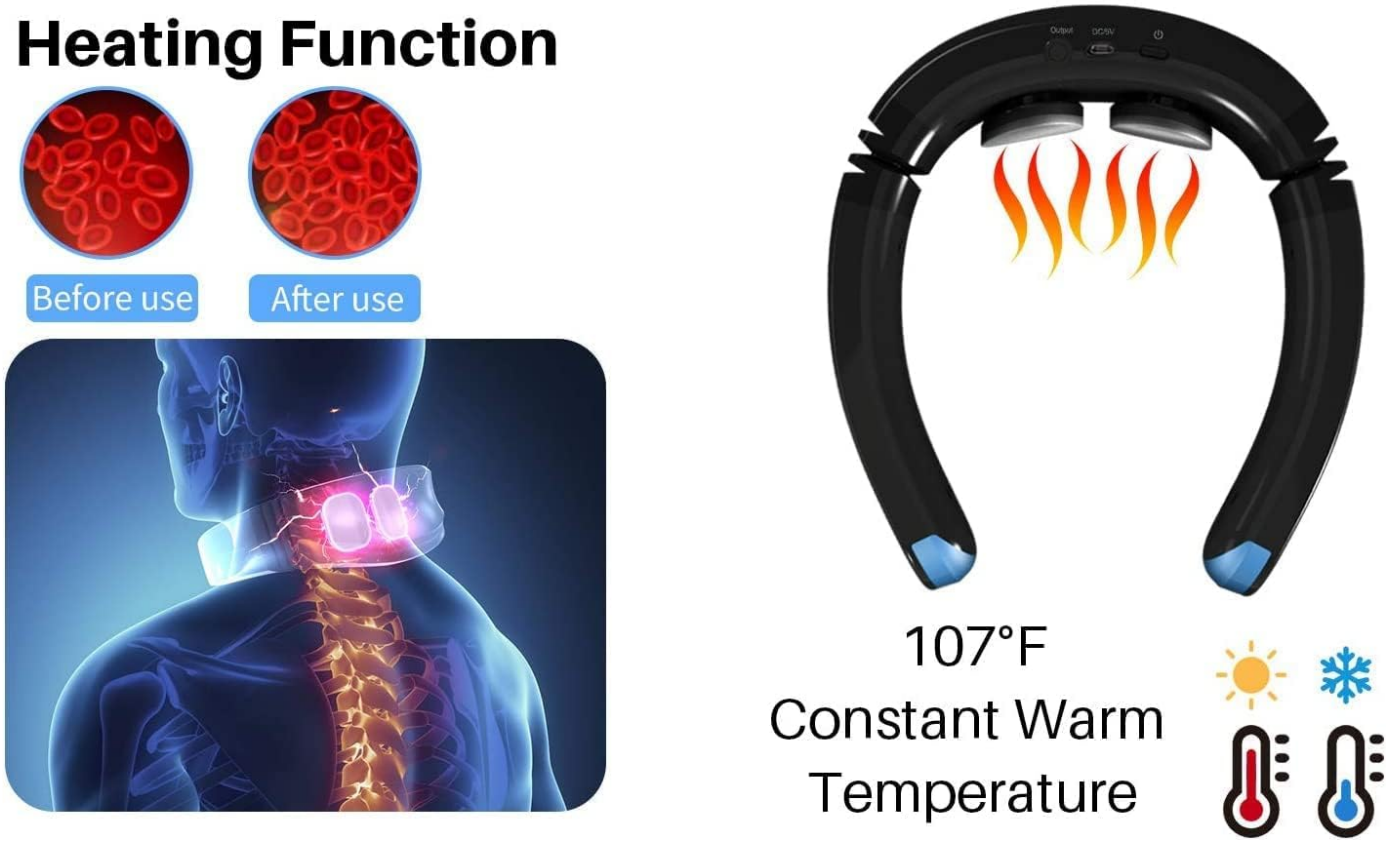


Figure 9: Infrared heating for enhanced relief.

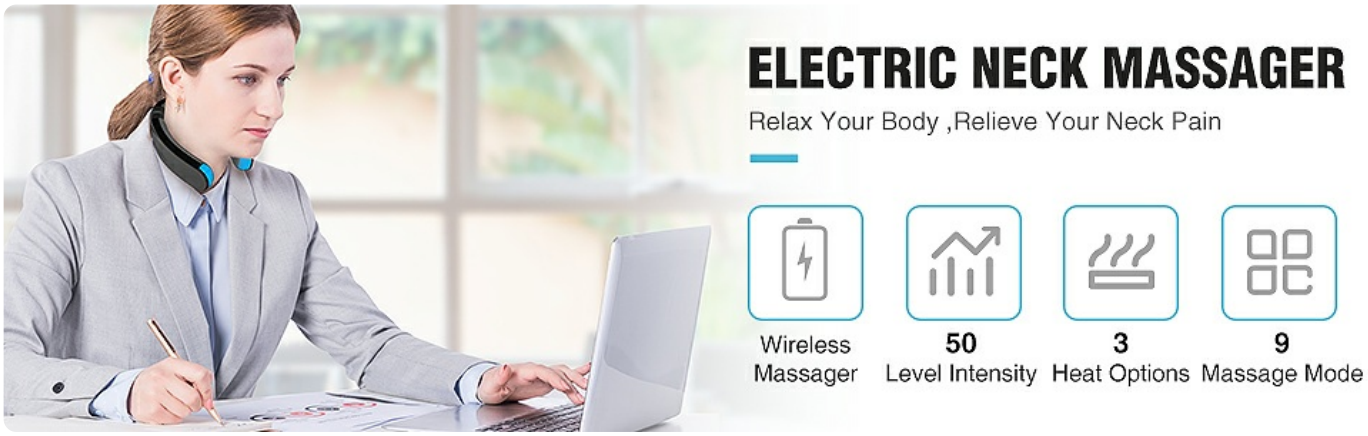


Figure 10: Heat therapy mechanism.

7. Maintenance

Proper maintenance ensures the longevity and optimal performance of your neck massager.

- **Cleaning:** After each use, gently wipe the electrode pads and the main unit with a soft, damp cloth. Do not use abrasive cleaners or immerse the device in water.
- **Storage:** Store the massager in a cool, dry place away from direct sunlight and extreme temperatures. Keep it in its original packaging or a protective case to prevent damage.
- **Electrode Patches:** Ensure the electrode patches are clean and stored with their protective film to maintain adhesiveness. Replace patches when they lose their stickiness.
- **Charging:** Charge the device regularly, even if not used frequently, to maintain battery health. Avoid overcharging.

8. Safety Information

Please read and adhere to the following safety guidelines before using the OSITO Neck Massager:

- **Medical Conditions:** Consult your doctor before use if you have any pre-existing medical conditions, especially if you have a pacemaker, implanted metal devices, heart conditions, epilepsy, or are pregnant.
- **Skin Irritation:** Discontinue use if you experience any skin irritation, redness, or discomfort.
- **Proper Application:** Always ensure the electrode pads are in full contact with moist skin. Using the device on dry skin may result in a stinging sensation.
- **Avoid Sensitive Areas:** Do not apply the massager to open wounds, swollen areas, or sensitive body parts like the eyes or heart region.
- **Children and Pets:** Keep the device out of reach of children and pets.
- **Auto Shut-off:** The device has a 15-minute auto shut-off feature. Do not attempt to bypass this safety mechanism.
- **Legal Disclaimer:** Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition. This product is a personal care device and not a medical device.



Figure 11: Important safety warnings.

9. Troubleshooting

If you encounter any issues with your OSITO Neck Massager, please refer to the following common troubleshooting tips:

- **Device Not Turning On:**
  - Ensure the device is fully charged.

- Press and hold the ON/OFF button for at least 3 seconds.
- Check if the remote control batteries are properly inserted and have power.

- **No Sensation or Weak Pulse:**
  - Ensure the electrode pads are in firm contact with your skin.
  - Moisten your neck with water or apply cream/gel to improve conductivity.
  - Increase the intensity level using the remote control.
  - Check if the electrode patches are properly connected and not worn out.
- **Stinging Sensation:**
  - Ensure your skin is adequately moistened.
  - Decrease the intensity level.
  - Adjust the position of the massager on your neck.
- **Remote Control Not Responding:**
  - Check and replace the remote control batteries if necessary.
  - Ensure there are no obstructions between the remote and the massager.

If the issue persists after trying these steps, please contact customer support for further assistance.

10. Specifications

Product Dimensions	5 x 5 x 5 inches; 1.39 Pounds
Power Source	Corded Electric (Rechargeable Li-ion battery)
Material	Silicone
Color Options	Black, Blue
Massage Modes	9 Modes (EMS/TENS pulse technology)
Intensity Levels	50 Levels
Heat Function	Infrared heating, 3 constant temperature levels (100.4°F, 104°F, 107.6°F)
Auto Shut-off	15 minutes

11. Warranty and Support

OSITO is committed to providing high-quality products and excellent customer service.

- **Protection Plans:** Extended protection plans are available for purchase to cover your device beyond the standard warranty. Options include 2-Year and 3-Year plans, as well as a monthly "Complete Protect" plan.
- **Customer Service:** If you have any questions, concerns, or require assistance with your OSITO Neck Massager, please contact our customer support team. Our staff undergoes strict training and is available to assist you within 24 hours.
- **FSA/HSA Eligibility:** This neck massager is FSA/HSA certified, allowing for purchase with corresponding accounts.

For more information or to contact support, please visit the official OSITO Store or refer to the contact details provided

with your purchase.

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Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

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After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. Privacy details.

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question