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› LITFAD Ergonomic Office Chair with Mesh Back and Adjustable Headrest - Instruction Manual

LITFAD Charles

LITFAD Ergonomic Office Chair with Mesh Back and Adjustable Headrest - Instruction Manual

Model: Charles

1. INTRODUCTION

This manual provides comprehensive instructions for the assembly, operation, and maintenance of your LITFAD Ergonomic Office Chair, Model Charles. Designed for comfort and support, this chair features an ergonomic mesh back, adjustable headrest, lumbar support, and swivel functionality. Please read this manual thoroughly before assembly and use to ensure proper function and longevity of your chair.



Figure 1: Front and side view of the LITFAD Ergonomic Office Chair.

2. SAFETY INFORMATION

- Ensure all components are present and undamaged before assembly. Do not use if any parts are missing or broken.
- Assemble the chair on a soft, clean surface to prevent scratches.
- Tighten all screws and bolts securely. Re-tighten periodically to ensure stability.
- Do not stand on the chair or use it as a step stool.
- Avoid placing heavy objects on the chair that exceed its weight capacity.
- Keep children and pets away from the assembly area.
- Use the chair only for its intended purpose as an office or desk chair.

3. PACKAGE CONTENTS

Please verify that all the following components are included in your package:

- Backrest Assembly (Mesh Back)
- Seat Cushion Assembly (Sponge Upholstered)
- Headrest
- Armrests (2 pieces)
- Gas Lift Cylinder
- Base (5-star)
- Caster Wheels (5 pieces)
- Mechanism Plate
- Hardware Pack (screws, bolts, Allen wrench)

4. SETUP AND ASSEMBLY INSTRUCTIONS

Follow these steps to assemble your ergonomic office chair:

1. **Attach Casters to Base:** Insert each of the five caster wheels into the holes at the end of each leg of the 5-star base. Push firmly until they click into place.
2. **Insert Gas Lift:** Place the gas lift cylinder into the center hole of the assembled base.
3. **Attach Mechanism Plate to Seat:** Align the mechanism plate with the pre-drilled holes on the underside of the seat cushion. Ensure the front of the mechanism faces the front of the seat. Secure with screws provided in the hardware pack.
4. **Attach Armrests to Seat:** Attach the armrests to the sides of the seat cushion using the designated screws. Ensure they are oriented correctly (left and right).
5. **Attach Backrest to Seat:** Connect the backrest assembly to the seat assembly. Secure with screws.
6. **Attach Headrest:** Insert the headrest into the designated slots at the top of the backrest. Adjust to your preferred height.
7. **Connect Seat to Gas Lift:** Carefully place the assembled seat and backrest onto the gas lift cylinder, ensuring the center hole of the mechanism plate aligns with the top of the gas lift. Press down firmly.
8. **Final Check:** Verify that all screws are tightened and the chair is stable before use.

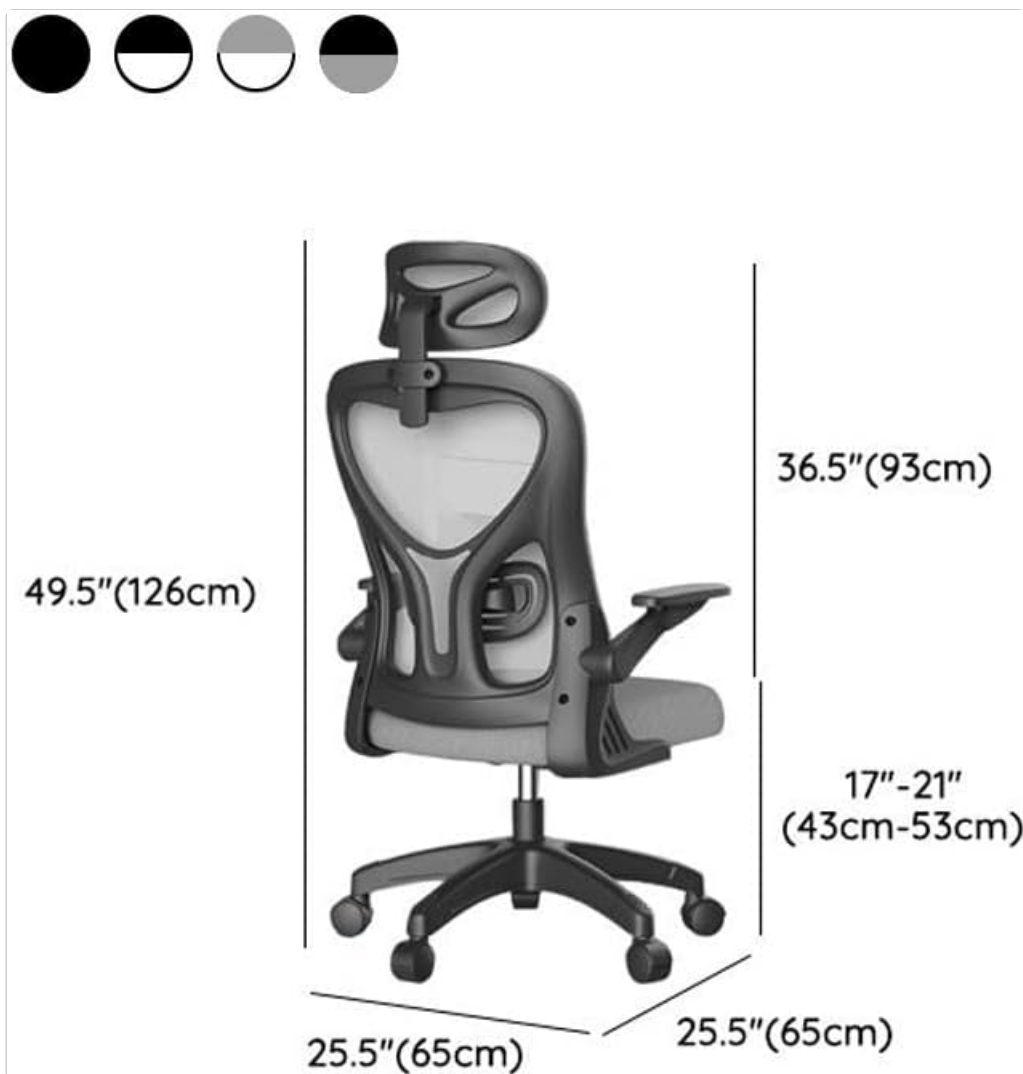


Figure 2: Chair dimensions and key components for assembly reference.

5. OPERATING INSTRUCTIONS (ADJUSTMENTS)

Your LITFAD Ergonomic Office Chair offers several adjustment features to customize your seating experience:

- **Seat Height Adjustment:** Locate the lever on the right side beneath the seat. Pull the lever up to raise the seat (when no weight is applied) or lower the seat (while seated). Release the lever to lock the height. The seat height can be adjusted between 17 inches (43 cm) and 21 inches (53 cm).
- **Backrest Recline and Tilt Lock:** Use the lever on the left side beneath the seat to adjust the backrest recline. Pull the lever out to allow the backrest to recline. Push the lever in to lock the backrest in an upright position. The chair supports a maximum recline of 125 degrees.
- **Adjustable Lumbar Support:** The chair features adjustable lumbar support. Gently push or pull the lumbar support pad on the backrest to find your preferred position for lower back comfort.
- **Adjustable Headrest:** The headrest can be adjusted vertically to align with your neck and head for optimal support. Gently slide the headrest up or down to your desired height.
- **Rotatable Armrests:** The armrests can be rotated 90 degrees upwards, allowing you to push the chair closer to your desk or for easier entry/exit.

Six Ergonomic Designs

The classic choice for sedentary office



S-shaped

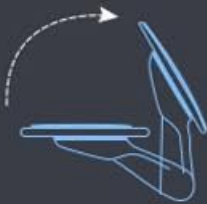
Ergonomic Chair Back



3D Elastic Waist Support



3D Adjustable Headrest



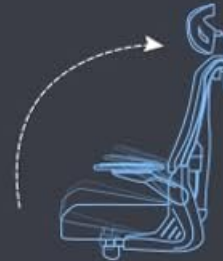
90°

Rotatable Armrest



High Density

Sponge Cushion



125°

Adjustable Backrest Angle

Figure 3: Ergonomic features including adjustable lumbar support and headrest.

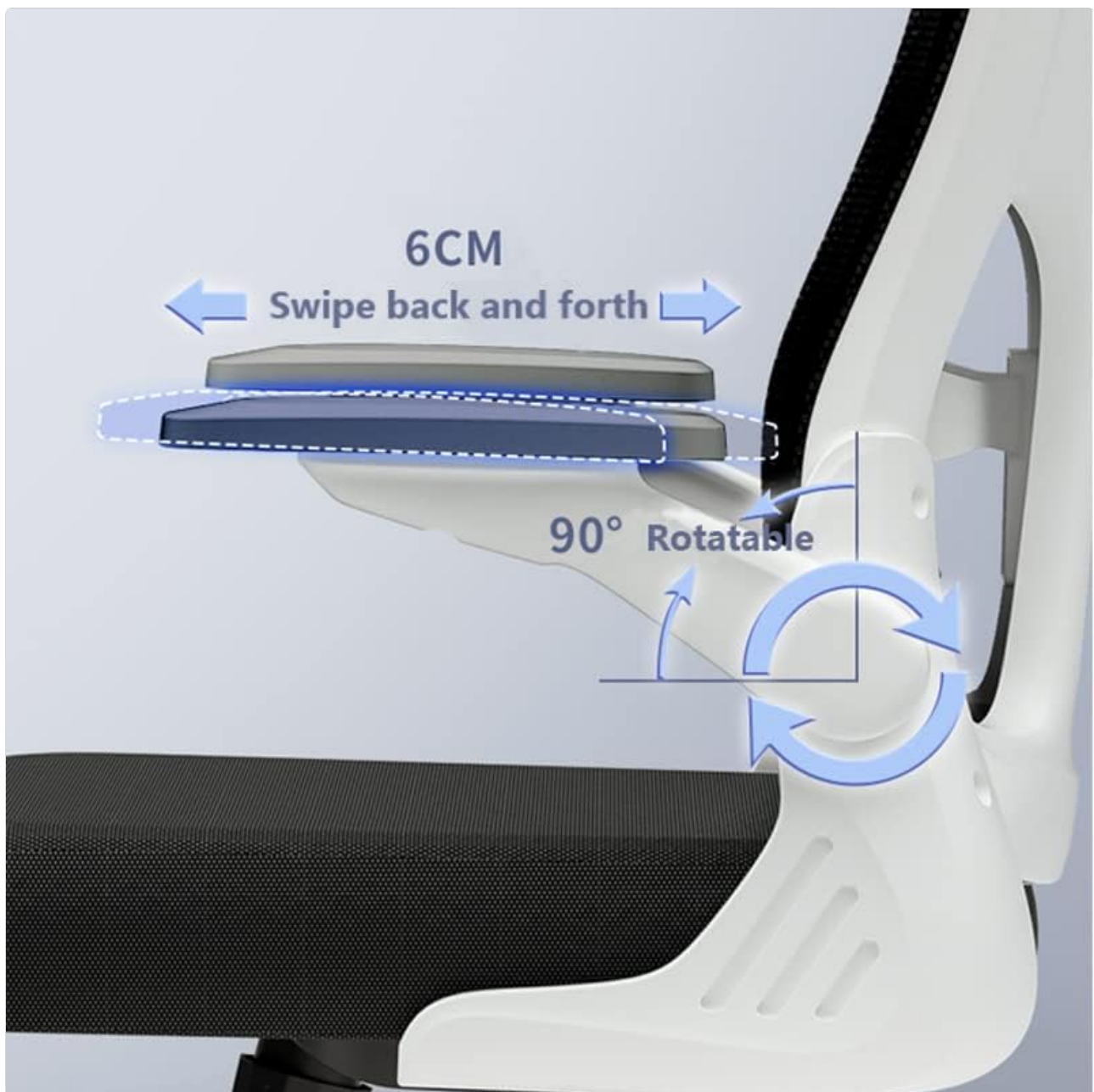


Figure 4: Demonstration of the 90-degree rotatable armrests.

**Freely adjust the angle of recline,
switch between sitting upright and relaxing, combining work and rest**



Figure 5: Illustration of the backrest recline function, up to 125 degrees.

6. MAINTENANCE

- **Cleaning:** For metal parts, use a soft cloth and a neutral cleanser. For mesh and fabric parts, a damp cloth with mild soap can be used. Avoid harsh chemicals or abrasive cleaners.
- **Tightening:** Periodically check and re-tighten all screws and bolts to ensure the chair remains stable and secure.
- **Casters:** Keep caster wheels clean from hair and debris to ensure smooth rolling and protect your floor.

Silent scroll wheel



Figure 6: Detail of the silent caster wheel, designed for smooth movement and floor protection.

7. TROUBLESHOOTING

Problem	Possible Cause	Solution
Chair is wobbly or unstable.	Loose screws or bolts.	Check and tighten all assembly screws and bolts.
Seat height adjustment not working.	Gas lift cylinder issue or lever mechanism jammed.	Ensure the lever is fully engaged. If the issue persists, contact customer support.
Casters not rolling smoothly.	Debris (hair, dust) caught in wheels.	Clean the caster wheels thoroughly.
Chair makes squeaking noises.	Loose connections or friction between parts.	Re-tighten all screws. Apply a small amount of silicone lubricant to moving parts if necessary.

8. SPECIFICATIONS

Feature	Detail
Model Name	Charles
Overall Height	49.5" (126 cm)
Overall Length (Side to Side)	25.5" (65 cm)
Overall Width (Front to Back)	25.5" (65 cm)
Seat Height (Floor to Seat)	Adjustable from 17" (43 cm) to 21" (53 cm)
Back Height (Seat to Top of Back)	36.5" (93 cm)
Frame Material	Nylon
Back Construction	Mesh
Seating Material	Fabric / Upholstered (Sponge Fill)
Adjustability	Adjustable Seat Height, Adjustable Lumbar Support, Adjustable Headrest, Tilt Mechanism with Lock, Rotatable Armrests
Swivel	Yes
Casters	Included (Nylon, low noise)

9. WARRANTY AND SUPPORT

For any questions, concerns, or assistance with your LITFAD Ergonomic Office Chair, please contact our customer support team. We aim to respond to all inquiries within 24 hours.

Please refer to your purchase documentation for specific warranty details. Keep your proof of purchase for warranty claims.

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Details

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