

Garmin epix Pro (Gen 2) Sapphire Edition 51mm

Garmin epix Pro (Gen 2) Sapphire Edition 51mm Smartwatch User Manual

Model: epix Pro (Gen 2) Sapphire Edition 51mm | Brand: Garmin

INTRODUCTION

The Garmin epix Pro (Gen 2) Sapphire Edition 51mm is a high-performance smartwatch designed for active individuals. It features a vibrant AMOLED display, advanced training metrics, comprehensive health monitoring, and robust navigation capabilities. This manual provides essential information for setting up, operating, maintaining, and troubleshooting your device.



Image: The Garmin epix Pro (Gen 2) Sapphire Edition 51mm smartwatch, showcasing its design.

WHAT'S IN THE BOX

Verify that all items are present in the product packaging:

- epix Pro (Gen 2) Smartwatch
- USB-C Charging/Data Cable
- Documentation (Quick Start Guide, Safety and Product Information)

SETUP

1. Charging the Device

Before initial use, fully charge your epix Pro (Gen 2) smartwatch. Connect the USB-C charging/data cable to the charging port on the back of the watch and to a USB power source.

2. Powering On/Off

- **To Power On:** Press and hold the LIGHT button until the screen activates.
- **To Power Off:** Press and hold the LIGHT button, then select 'Power Off'.

3. Initial Device Setup

Follow the on-screen instructions to complete the initial setup, including language selection, user profile, and pairing with your smartphone.

4. Pairing with Your Smartphone

To unlock full smartwatch features, pair your device with the Garmin Connect app on your smartphone. Download the Garmin Connect app from your phone's app store, create an account, and follow the pairing instructions within the app.

OPERATING INSTRUCTIONS

Button Functions

The epix Pro (Gen 2) features five buttons for navigation and control:

- **LIGHT:** Press to turn on/off backlight. Hold to power on/off, access controls menu.
- **UP/MENU:** Press to scroll up. Hold to view menu options.
- **DOWN:** Press to scroll down. Hold to control music.
- **START/STOP:** Press to select options or start/stop activities.
- **BACK/LAP:** Press to return to the previous screen. Hold to view watch face.

Touchscreen Operation

The AMOLED display supports touch input. Tap to select, swipe to scroll, and hold to access context-sensitive menus.

Advanced Training Features

The watch offers various features to enhance your training:

- **Hill Score:** Measures your running strength and endurance during ascents, tracking progress over time.
- **Endurance Score:** Combines training data to help understand how training impacts overall endurance.
- **Wrist-Based Running Power:** Provides real-time power metrics without additional accessories.
- **PacePro Technology:** Offers GPS-based pace guidance for selected courses or distances.
- **Activity Profiles:** Preloaded profiles for various sports including running, cycling, swimming, hiking, and team sports like soccer, football, baseball, volleyball, ice hockey, and racquet sports.
- **HIIT Workouts:** Track HIIT workouts including AMRAP, EMOM, Tabata, or custom routines.



Image: The watch displaying various activity profiles such as MTB, Open Water, Trail Run, Bouldering, and Ski.



Image: The watch displaying a graph of hill score progress over time.

Navigation

Explore with confidence using the watch's navigation features:

- **Preloaded Maps:** Access TopoActive maps and ski resort maps worldwide.
- **Outdoor Maps+:** Subscribe for premium mapping content, including satellite imagery and enhanced topographic maps.
- **SatIQ Technology:** Utilizes multi-band and multi-GNSS for superior positioning accuracy while optimizing battery life.



Ultimate high-performance smartwatch featuring a large 1.4" stunning AMOLED display and a scratch-resistant sapphire lens with a titanium bezel.

Image: The watch displaying a detailed topographic map with a lake and surrounding terrain.

Health and Wellness Monitoring

Monitor your health 24/7 with integrated sensors:

- **HRV Status:** Gain insights into your overall health, recovery, and training performance.
- **Advanced Sleep Monitoring:** Tracks sleep stages, provides a sleep score, and offers detailed insights for improved rest.
- **Body Battery Energy Monitoring:** Tracks your body's energy levels to help you find optimal times for activity and rest.
- **Pulse Ox:** Measures blood oxygen saturation (Note: This is not a medical device, and data is intended as an estimation).
- **Morning Report:** Provides a customizable overview of your sleep, training outlook, HRV status, and weather upon waking.



Up to 31 days of battery life in smartwatch mode; 58 hours in GPS mode.

Image: The watch displaying a recovery time of 23 hours, indicating improved sleep quality.

Smart Features

- **Built-in LED Flashlight:** Provides variable intensities and strobe modes for convenient illumination.
- **Smart Notifications:** Receive emails, texts, and alerts directly on your watch when paired with your smartphone.
- **Garmin Coach:** Access adaptive training plans for runners and cyclists to prepare for events or achieve fitness goals.



Built-in LED flashlight with variable intensities and strobe.

Image: The watch displaying a flashlight icon with battery level, indicating the built-in LED flashlight feature.

Official Product Videos

Your browser does not support the video tag.

Video: An overview of the Garmin epix Pro (Gen 2) Sapphire Edition smartwatch features and capabilities.

Your browser does not support the video tag.

Video: Detailed demonstration of the watch's advanced training and performance metrics.

CARE AND MAINTENANCE

Cleaning the Device

Regularly clean your watch to maintain optimal performance and appearance. Use a soft, lint-free cloth to wipe the screen and casing. For stubborn dirt, a slightly damp cloth can be used. Avoid harsh chemicals or abrasive materials.

Water Resistance

The device is water-rated to 10 ATM, suitable for splashes, rain or snow, showering, swimming, diving, and snorkeling. Avoid pressing buttons underwater or exposing the device to high-velocity water.

Storage

Store the device in a cool, dry place away from direct sunlight and extreme temperatures when not in use for extended periods.

TROUBLESHOOTING

Device Not Turning On

- Ensure the device is fully charged. Connect it to a power source for at least 30 minutes.
- Try performing a soft reset by holding the LIGHT button for 15 seconds.

GPS Signal Issues

- Ensure you are in an open outdoor area with a clear view of the sky.
- Wait for the device to acquire satellite signals, which may take a few minutes.
- Sync your device with the Garmin Connect app to update satellite data.

Bluetooth Connectivity Problems

- Ensure Bluetooth is enabled on both your watch and smartphone.
- Restart both your watch and smartphone.
- Unpair and re-pair the device through the Garmin Connect app.

Inaccurate Heart Rate Data

- Ensure the watch is worn snugly, but comfortably, above your wrist bone.
- Clean the optical heart rate sensor on the back of the watch.
- For best accuracy during intense activities, consider using a compatible external heart rate monitor.

SPECIFICATIONS

Product Dimensions	2.01 x 2.01 x 0.59 inches
Item Weight	3.1 ounces (88 Grams)
Model Number	010-02804-00
Batteries	1 Lithium Ion battery (included)
Standing Screen Display Size	1.4 Inches
Memory Storage Capacity	32 GB
Operating System	Android & iOS Compatible
Special Features	Activity Tracker, Bluetooth, GPS, Gesture Control, Heart Rate Monitor, Notifications, Sleep Monitor, Time Display, Touchscreen
Battery Capacity	Up to 384 Hours (Smartwatch mode, depending on usage)
Connectivity Technology	Bluetooth, USB, Wi-Fi
GPS	Built-in GPS (Multi-band, Multi-GNSS with SatIQ)

Shape	Round
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WARRANTY AND SUPPORT

Warranty Information

Your Garmin epix Pro (Gen 2) Sapphire Edition smartwatch is covered by a limited warranty. Please refer to the documentation included in your product box for specific warranty terms and conditions, or visit the official Garmin website.

Customer Support

For additional support, troubleshooting, or service inquiries, please visit the official Garmin support website or contact Garmin customer service directly. You can find contact information and extensive FAQs on their website.

Garmin Support Website: www.garmin.com/support