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› Garmin epix Pro (Gen 2) Sapphire Edition 42mm Smartwatch User Manual

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Model: epix Pro (Gen 2) Sapphire Edition 42mm

1. INTRODUCTION

This manual provides instructions for the setup, operation, maintenance, and troubleshooting of your Garmin epix Pro (Gen 2) Sapphire Edition 42mm smartwatch. Please read this manual thoroughly to ensure proper use and to maximize the device's capabilities.



Image 1.1: The Garmin epix Pro (Gen 2) Sapphire Edition 42mm smartwatch, showcasing its AMOLED display and physical buttons.

2. GETTING STARTED

2.1. What's in the Box

- Garmin epix Pro (Gen 2) Smartwatch
- USB-C charging/data cable
- Documentation (Quick Start Manual, Safety and Important Information)

2.2. Charging the Device

Before initial use, fully charge your smartwatch. Connect the USB-C charging/data cable to the charging port on the back of the watch and to a USB power source. The watch display will indicate charging status.



Ultimate high-performance smartwatch features a 1.2" stunning AMOLED display and a scratch-resistant sapphire lens with a steel bezel.

Image 2.1: The watch display showing a low battery indicator, prompting for charging.

2.3. Pairing with Your Smartphone

1. Download the **Garmin Connect** app from your smartphone's app store.
2. Enable Bluetooth on your smartphone.
3. Open the Garmin Connect app and follow the on-screen instructions to create an account or log in.
4. Select **Add Device** and choose your epix Pro (Gen 2) from the list.
5. Follow the pairing prompts on both your watch and smartphone.

3. OPERATING YOUR SMARTWATCH

3.1. Basic Navigation

The epix Pro (Gen 2) features a 1.2-inch AMOLED touchscreen display and five physical buttons for navigation. You can interact with the watch by tapping, swiping, and using the buttons.

3.2. Key Features

- **AMOLED Display & Sapphire Lens:** The 1.2-inch always-on AMOLED display provides vibrant visuals, protected by a scratch-resistant sapphire lens.
- **Built-in LED Flashlight:** Access the integrated LED flashlight with variable intensities and strobe modes for convenient illumination in low-light conditions.
- **Long Battery Life:** Experience extended usage with up to 10 days of battery life in smartwatch mode and up to 20 hours in GPS mode.
- **Advanced Training Metrics:** Monitor your performance with features like:
 - **Hill Score:** Measures your climbing performance and progress over time.
 - **Endurance Score:** Combines training data to assess your overall endurance.
 - **Visual Race Predictor:** Estimates your potential pace for various race distances.
 - **PacePro Technology:** Provides GPS-based pace guidance for selected courses.
 - **Activity Profiles:** Track a wide range of sports including running, cycling, swimming, hiking, HIIT workouts, and team sports.



Image 3.1: The watch display showing various activity profiles such as MTB, Open Water, Trail Run, Bouldering, and Ski.



BUILT-IN LED FLASHLIGHT

Variable light intensities and a red safety light give you greater awareness while you train in the dark and can provide convenient illumination when you need it. Strobe mode can even match your running cadence.

Image 3.2: Two runners ascending a hill, demonstrating the application of the Hill Score feature.

- **Advanced Navigation:** Utilize preloaded TopoActive maps, ski resort maps, and multi-band GPS with SatIQ technology for superior positioning accuracy and optimized battery life.
- **24/7 Health Monitoring:** Gain insights into your well-being with features such as:
 - **Advanced Sleep Tracking & Sleep Score:** Understand your sleep stages and recovery.
 - **HRV Status:** Monitor heart rate variability for overall health and training performance.
 - **Pulse Ox:** Measures blood oxygen saturation (not available in all countries).
 - **Body Battery Energy Monitoring:** Tracks energy levels to optimize activity and rest.
 - **Stress Tracking:** Monitors stress levels throughout the day.
 - **Morning Report:** Provides a customizable overview of sleep, training outlook, HRV status, and weather.



Up to 10 days of battery life in smartwatch mode; 20 hours in GPS mode.

Image 3.3: The watch display showing 'Recovery 23 hours' and 'Improved by Excellent Sleep'.

- **Safety and Tracking Features:** When paired with a compatible smartphone, the watch can send a message with your live location to pre-selected contacts if an incident is detected or if you feel unsafe.
- **Smart Notifications:** Receive emails, texts, and alerts directly on your watch when paired with your iPhone or Android smartphone.
- **Garmin Coach:** Access adaptive training plans for running and cycling to help you achieve your fitness goals.

4. MAINTENANCE

4.1. Cleaning Your Device

Regularly clean your watch to maintain its performance and appearance. Use a soft, damp cloth to wipe the watch body and strap. Avoid harsh chemicals or abrasive materials. Rinse the watch with fresh water after exposure to sweat, salt water, or chlorine.

4.2. Charging Best Practices

To prolong battery life, avoid fully discharging the battery frequently. Charge the device when the battery level is low. Use only the provided charging cable or a Garmin-approved replacement.

4.3. Software Updates

Keep your device's software updated to ensure optimal performance and access to the latest features. Connect your watch to the Garmin Connect app or Garmin Express on your computer to check for and install available updates.

5. TROUBLESHOOTING

5.1. Common Issues

- **Device not turning on:** Ensure the device is fully charged. Connect it to the charger for at least 30 minutes.
- **GPS signal not acquired:** Ensure you are in an open area with a clear view of the sky. Allow several minutes for the device to acquire satellite signals.
- **Heart rate sensor not working:** Ensure the watch is worn snugly on your wrist, above the wrist bone. Clean the sensor on the back of the watch.
- **Bluetooth connectivity issues:** Ensure Bluetooth is enabled on both your watch and smartphone. Try restarting both devices and re-pairing them through the Garmin Connect app.

5.2. Resetting the Device

If your device is unresponsive, you may need to perform a soft reset. Refer to the official Garmin support documentation for specific instructions on performing a soft or hard reset, as these procedures can vary and may result in data loss.

5.3. Further Assistance

For more detailed troubleshooting or technical support, please refer to the official Garmin User Manual or visit the Garmin support website.

Official User Guide (PDF): [Download Here](#)

6. SPECIFICATIONS

Feature	Specification
Model Name	epix™ Pro (Gen 2) - Sapphire Edition 42 mm
Item Model Number	010-02802-10
Product Dimensions	1.65 x 1.65 x 0.56 inches
Item Weight	2.22 ounces (63 Grams)
Screen Size	1.2 Inches
Display Type	AMOLED
Lens Material	Sapphire
GPS	Built-in GPS (Multi-band, SatIQ Technology)
Connectivity Technology	Bluetooth, USB, Wi-Fi
Battery Type	Lithium Ion (included)
Operating System	Android (compatible)

7. WARRANTY AND SUPPORT

7.1. Manufacturer's Warranty

Your Garmin epix Pro (Gen 2) Sapphire Edition smartwatch is covered by a manufacturer's warranty. Details regarding the warranty period and coverage can be found in the documentation included with your product or on the official Garmin website.

7.2. Product Support

For additional support, including FAQs, software downloads, and contact information for customer service, please visit the official Garmin support portal:

[Garmin Support Website](#)

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Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question