

## Pic Solution Rino Shower & Vedo Family

# Pic Solution Rino Shower Nasal Shower and Vedo Family Digital Thermometer User Manual

Model: Rino Shower & Vedo Family | Brand: Pic Solution

## 1. INTRODUCTION

This manual provides detailed instructions for the safe and effective use of your Pic Solution Rino Shower Micronized Nasal Shower and Pic Solution Vedo Family Digital Thermometer. Please read all instructions carefully before using the devices and keep this manual for future reference.

The Pic Solution Rino Shower is designed for nasal cavity cleansing and moisturizing mucous membranes, to be used with a piston aerosol device. The Pic Solution Vedo Family Digital Thermometer is a simple and reliable device for measuring body temperature.

## 2. SAFETY INFORMATION

- Always read the instructions provided on the product packaging and labels before use.
- Keep both devices out of reach of children.
- Do not use the Rino Shower with any aerosol device other than a piston type.
- The thermometer is for body temperature measurement only. Do not use for other purposes.
- Consult a healthcare professional if you have any concerns about your health or the use of these devices.
- Do not attempt to repair or modify the devices yourself. Contact customer support for assistance.

## 3. COMPONENTS

### 3.1 Pic Solution Rino Shower Nasal Shower

The Rino Shower package includes the following components:

- Rino Shower device body
- Two Soft Touch cones (one for adults, one for children)
- Connection tube (integrated or separate, depending on model)



Image 1: Pic Solution Rino Shower packaging and main device components.



Image 2: The Pic Solution Rino Shower device, showing the main body and measurement markings.



Image 3: The two Soft Touch cones for the Rino Shower, designed for use by adults and children.

### 3.2 Pic Solution Vedo Family Digital Thermometer

The Vedo Family Digital Thermometer package includes:

- Digital thermometer unit with rigid probe
- Transparent protective case
- Battery (pre-installed or separate)



Image 4: The Pic Solution Vedo Family Digital Thermometer, displaying a temperature reading.

## 4. RINO SHOWER NASAL SHOWER INSTRUCTIONS

### 4.1 Setup and Assembly

1. **Clean the device:** Before first use and after each subsequent use, clean the Rino Shower components as described in the Maintenance section.
2. **Select the cone:** Choose the appropriate Soft Touch cone (adult or child) and securely attach it to the top of the Rino Shower device.
3. **Prepare the solution:** Fill the Rino Shower with the recommended saline solution or medication as prescribed by your doctor. Do not exceed the maximum fill line.

4. **Connect to aerosol device:** Connect the Rino Shower to your piston aerosol device using the provided connection tube. Ensure a secure fit.

## 4.2 Operating Instructions

1. **Positioning:** Lean slightly forward over a sink. Insert the cone gently into one nostril, ensuring a good seal.
2. **Start treatment:** Turn on your piston aerosol device. The solution will be micronized and delivered into the nasal cavity.
3. **Breathing:** Breathe normally through your mouth during the treatment.
4. **Switch nostrils:** After the recommended duration for one nostril, turn off the aerosol device, remove the cone, and repeat the process for the other nostril.
5. **Completion:** Once both nostrils are treated, turn off the aerosol device and disconnect the Rino Shower.

## 4.3 Maintenance and Cleaning

Proper cleaning ensures hygiene and extends the life of your Rino Shower.

1. **Disassembly:** Disassemble all components of the Rino Shower after each use.
2. **Washing:** Wash all components with warm water and a mild detergent. Rinse thoroughly under running water.
3. **Drying:** Allow all parts to air dry completely before reassembling or storing.
4. **Storage:** Store the clean and dry Rino Shower in a clean, dry place, away from direct sunlight.

## 5. VEDO FAMILY DIGITAL THERMOMETER INSTRUCTIONS

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### 5.1 Setup

The thermometer comes with a pre-installed battery. If the battery needs replacement, refer to the Maintenance section.

1. **Initial check:** Press the power button to turn on the thermometer. A brief display test will show all segments, followed by the last measured temperature.
2. **Ready for measurement:** The thermometer is ready when 'Lo' appears on the display, indicating a temperature below the measurement range, or the current ambient temperature.

### 5.2 Operating Instructions (Temperature Measurement)

The Vedo Family thermometer can be used for axillary (underarm), oral, or rectal temperature measurement.

1. **Turn on:** Press the power button.
2. **Positioning:**
  - **Oral:** Place the probe tip under the tongue. Close the mouth and hold the thermometer in place.
  - **Axillary (Underarm):** Place the probe tip in the center of the armpit. Hold the arm firmly against the body.
  - **Rectal:** Gently insert the probe tip into the rectum (approximately 1-2 cm). This method provides the most accurate core body temperature.
3. **Measurement:** Hold the thermometer in position until an audible signal (beep) indicates the completion of the measurement. This typically takes 60-120 seconds.
4. **Read result:** Read the temperature displayed on the easy-to-read screen.
5. **Fever alarm:** If the temperature is 37.5°C (99.5°F) or higher, a different, more rapid audible signal will sound.

6. **Turn off:** Press the power button to turn off the thermometer. If not turned off manually, it will automatically shut down after approximately 10 minutes to conserve battery.



Image 5: Close-up of the Vedo Family Digital Thermometer display, showing a temperature of 37.5°C, which triggers the fever alarm.

### 5.3 Maintenance and Battery Replacement

The thermometer features a water-resistant probe for easy cleaning.

1. **Cleaning:** After each use, clean the probe tip with a soft cloth and rubbing alcohol or an antiseptic solution. The probe is water-resistant, but do not immerse the entire thermometer in water.
2. **Storage:** Store the thermometer in its transparent protective case in a cool, dry place.
3. **Battery replacement:** When the battery symbol appears on the display, it's time to replace the battery. Open the battery compartment (refer to Image 6 for location), remove the old battery, and insert a new one of the same type (e.g., LR41 or SR41), ensuring correct polarity. Close the compartment securely. The battery life is approximately 1,000 measurements.



Image 6: The battery compartment of the Pic Solution Vedo Family Digital Thermometer, located at the end of the device.

## 6. TROUBLESHOOTING

Problem	Possible Cause	Solution
<b>Rino Shower:</b> No mist/solution flow	Incorrect connection to aerosol device; clogged nozzle; insufficient solution.	Ensure secure connection; clean all components thoroughly; check solution level.
<b>Thermometer:</b> Display shows 'Err'	Measurement error; device malfunction.	Turn off and restart the thermometer. If the error persists, contact customer support.
<b>Thermometer:</b> Display is blank or dim	Low or dead battery.	Replace the battery as described in section 5.3.

## 7. SPECIFICATIONS

### 7.1 Pic Solution Rino Shower

- **Type:** Micronized nasal shower
- **Compatibility:** Piston aerosol devices
- **Cones:** Two Soft Touch cones (adult and child)

- **Design:** Compact and ergonomic

## 7.2 Pic Solution Vedo Family Digital Thermometer

- **Measurement Range:** Typically 32.0°C to 42.9°C (89.6°F to 109.2°F)
- **Measurement Time:** Approximately 60-120 seconds (indicative)
- **Measurement Sites:** Axillary, Oral, Rectal
- **Probe Type:** Rigid, water-resistant
- **Display:** Easy-to-read digital display
- **Features:** End of measurement alarm, audible fever alarm (at 37.5°C/99.5°F), memory of last measurement
- **Battery:** Replaceable (e.g., LR41/SR41), approximately 1,000 measurements battery life
- **Automatic Shut-off:** Yes, after approximately 10 minutes of inactivity

## 8. WARRANTY AND SUPPORT

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The Pic Solution Vedo Family Digital Thermometer comes with an **unlimited warranty**, reflecting its reliability. For the Pic Solution Rino Shower, please refer to the product packaging for specific warranty details.

For any questions, technical support, or warranty claims, please contact Pic Solution customer service through their official website or the contact information provided on the product packaging.