

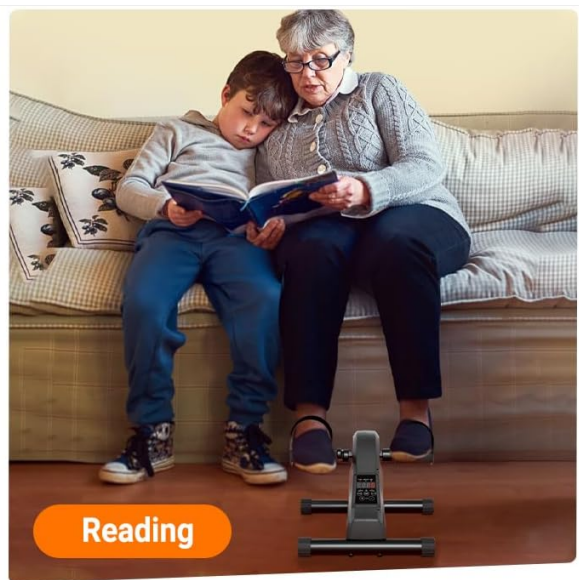
TODO EEB001

TODO Motorized Pedal Exerciser User Manual

Brand: TODO | Model: EEB001

1. INTRODUCTION

The TODO Motorized Pedal Exerciser is a versatile and compact fitness device designed for both arm and leg physical therapy and light exercise. Its quiet operation and adjustable settings make it suitable for various users and environments, including home or office use. This manual provides essential information for the safe and effective operation and maintenance of your pedal exerciser.



The pedal exerciser can be used in various settings, including while working, reading, or during leisure time.

Official product video demonstrating various usage scenarios and benefits of the TODO Motorized Pedal Exerciser.

2. PRODUCT FEATURES

- **Smooth and Silent Operation:** The motorized mini exercise bike is designed to strengthen arm and leg muscles, improve sedentary body tension, promote blood circulation, and aid in physical therapy and muscle relaxation. Its electric drive system operates smoothly and quietly.
- **Multiple Modes:** Offers electric or manual assist pedals, with options for forward and backward motion. Ergonomic adjustable pedals are suitable for rehabilitation training.
- **6-Speed Adjustable Resistance:** Features 6 adjustable speed levels, controllable via remote or LED buttons, allowing customization of exercise intensity. Lower speeds (1-3) assist with flexibility, while higher speeds (4-6) improve blood circulation.
- **Multi-Function LCD Display:** Equipped with an LED display to track time, speed, and calories during workouts.
- **Portable and Compact Design:** Measures approximately 13.4 x 15.7 x 10.2 inches, making it ideal for use at home or in the office.

Compact Design

Easy to storage

lightweight



The compact design allows for easy storage and portability.

Bidirectional motion



Protect the spine



Reduce the knee injury



Protect ankle joint



Forward

Exercise the front thigh



Backward

Protect spine | Ankles | Joints

The exerciser supports bidirectional motion for comprehensive muscle engagement and joint protection.

3. PACKAGE CONTENTS

Please ensure all the following components are included in your package:

- TODO Motorized Pedal Exerciser Unit
- User Manual
- Toolkits for assembly
- Infrared Remote Control
- 63-inch US-Standard 2-pin Plug (Power Cord)
- Anti-slip Mat



All components included in the package.

4. SETUP AND ASSEMBLY

The TODO Motorized Pedal Exerciser is designed for quick and easy assembly. You only need to attach the pedals and two stabilizers to the main unit. The entire setup process can typically be completed within 3 minutes.

Assembly Steps:

1. Unpack all components from the box.
2. Attach the two stabilizer bars to the main unit using the provided screws and toolkit.
3. Attach the left and right pedals to their respective cranks. Ensure they are securely tightened. Note: The pedals are typically marked 'L' and 'R' for left and right.
4. Place the anti-slip mat on the floor where you intend to use the exerciser.
5. Position the assembled pedal exerciser on the anti-slip mat.
6. Connect the power cord to the exerciser and then to a standard electrical outlet.

Official product video demonstrating the quick assembly process and initial setup.

5. OPERATING INSTRUCTIONS

The TODO Motorized Pedal Exerciser offers both electric and manual modes, along with adjustable speed and direction settings for a customized workout.

Using the Control Panel and Remote:

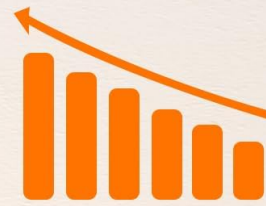
- **Power On/Off:** Press the 'POWER' button on the unit's control panel or the remote control to turn the device on or off.
- **Mode Selection:** The exerciser can operate in electric (motorized) or manual mode. In electric mode, the pedals will move automatically.
- **Adjusting Speed:** Use the '+' and '-' buttons on the control panel or remote to increase or decrease the speed. There are 6 adjustable speed levels.
- **Changing Direction:** Press the 'DIRECTION' button to switch between forward and backward pedaling.
- **LCD Display:** The multi-functional LCD display shows various metrics including time, speed, and calories burned. Use the 'MODE' button to cycle through the display options.



The easy-to-read LCD screen provides real-time workout data.

Under desk exercise bike

That is easy on your joints



Speed mode

6 level speed
forward/reverse motion



Remote control

The remote control provides convenient access to speed and mode adjustments.

Official product video demonstrating the operation of the electric pedal exerciser, including remote control use.

6. MAINTENANCE

To ensure the longevity and optimal performance of your TODO Motorized Pedal Exerciser, follow these simple maintenance guidelines:

- **Cleaning:** Wipe down the unit regularly with a soft, damp cloth. Avoid using abrasive cleaners or solvents that could damage the finish or electronic components.
- **Storage:** Store the exerciser in a cool, dry place away from direct sunlight and extreme temperatures. Its compact size allows for easy storage under a desk or in a closet.
- **Inspection:** Periodically check all screws and connections to ensure they are secure. Tighten any loose parts as needed.
- **Pedal Straps:** Inspect the pedal straps for wear and tear. Replace them if they show signs of damage to ensure secure foot placement during exercise.

7. TROUBLESHOOTING

If you encounter any issues with your TODO Motorized Pedal Exerciser, please refer to the following common troubleshooting tips:

- **Unit does not power on:**
 - Ensure the power cord is securely plugged into both the exerciser and a working electrical outlet.
 - Check if the power outlet is functional by plugging in another device.
- **Pedals are not moving in electric mode:**
 - Verify that the unit is powered on and the correct mode is selected.
 - Check if the speed setting is not at '0'. Increase the speed using the '+' button.
- **Remote control is not working:**
 - Ensure there are no obstructions between the remote and the exerciser's sensor.
 - Replace the batteries in the remote control.
- **Unusual noises during operation:**
 - Check for any loose parts or foreign objects near the pedals or internal mechanism.
 - Ensure the exerciser is placed on a flat, stable surface.

If the problem persists after attempting these solutions, please contact customer support for further assistance.

8. SPECIFICATIONS

Feature	Specification
Brand	TODO
Model Name	EEB001
Part Number	USBF-EEB
Product Dimensions (LxWxH)	15.7"D x 13.4"W x 10.2"H
Item Weight	9.5 Pounds
Color	Black
Material	Iron, ABS plastic, rubber
Controls Type	Remote
Display Type	LCD
Maximum Speed	85 RPM
Minimum Speed	25 RPM
Motor Horsepower	80 Watts
Number of Programs	6
Number of Resistance Levels	6
Operation Mode	Automatic

Feature	Specification
Power Source	Corded Electric
Manufacturer	GOTODO
Model Year	2022
Style	TODO Motorized Pedal Exerciser

9. WARRANTY AND SUPPORT

TODO is committed to providing high-quality products and excellent customer service.

Warranty Information:

Your TODO Motorized Pedal Exerciser comes with a **One-Year Warranty**, which includes options for replacement, refund, or return in case of product defects or issues.

Customer Support:

We offer comprehensive customer support to ensure your satisfaction:

- **24-Hour Reply:** Our team aims to respond to all inquiries within 24 hours.
- **30-Day Free Return:** Enjoy a 30-day free return policy from the date of purchase.
- **Lifetime Customer Service:** We provide ongoing support for the lifetime of your product.

For any questions or assistance, please follow these steps:

1. Log in to your Amazon account.
2. Go to "Your Orders".
3. Find the order ID for your TODO Motorized Pedal Exerciser.
4. Click on "Contact seller".