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ELLE EL263

ELLE Digital Body Weight Scale User Manual

Model: EL263

INTRODUCTION

Thank you for choosing the ELLE Digital Body Weight Scale with BMI Analyzer and 7 Fitness Indicators. This scale is designed to provide comprehensive body analysis, including weight, body fat, hydration level, bone mass, muscle mass, calories, and Body Mass Index (BMI). Utilizing advanced Bioelectrical Impedance Analysis (BIA) technology and high-precision sensors, it offers accurate and reliable measurements to help you track your fitness goals.



Image: Top view of the ELLE Digital Body Weight Scale, showing the LCD display and four circular sensor pads.

SAFETY INFORMATION

- Always place the scale on a hard, flat surface for accurate readings. Avoid carpets or uneven floors.
- Do not use the scale on wet or slippery surfaces. Ensure the scale surface is dry before stepping on it.
- Do not jump on the scale or use it for purposes other than body weight measurement.
- Keep the scale away from water and extreme temperatures.
- This scale is not intended for medical diagnosis or treatment. Consult a healthcare professional for medical advice.
- Individuals with pacemakers or other internal medical devices should not use the BIA function of this scale.
- Keep batteries out of reach of children.

PACKAGE CONTENTS

- 1 x ELLE Digital Body Weight Scale (Model EL263)
- 1 x User Manual
- (Batteries may or may not be included, please check packaging)

SETUP

1. Battery Installation

1. Locate the battery compartment on the underside of the scale.
2. Open the battery compartment cover.
3. Insert the required batteries (e.g., 2 x AAA or 4 x AAA, check compartment for type) ensuring correct polarity (+/-).
4. Close the battery compartment cover securely.

2. Initial Placement and Calibration

- Place the scale on a hard, flat, and stable surface. Avoid soft surfaces like carpets, which can affect accuracy.
- For initial calibration or if the scale has been moved, gently tap the center of the scale with your foot to turn it on. The display will show "0.0" or "CAL" and then turn off. This indicates it's ready for use.



Image: Side profile of the ELLE Digital Body Weight Scale, highlighting its thin design and stable feet.

OPERATING INSTRUCTIONS

1. Taking a Weight Measurement

1. Ensure the scale is on a flat, stable surface.
2. Step onto the scale with bare feet, ensuring your feet are centered on the four metal sensor pads.
3. Stand still until your weight reading appears and stabilizes on the LCD display.
4. The scale will automatically turn off after a few seconds of inactivity.



Image: A user's feet placed on the scale, demonstrating proper foot placement for measurement.

2. Understanding Body Analysis Readings

The ELLE Digital Body Weight Scale provides 7 fitness indicators. After your weight is displayed, the scale will cycle through the following measurements if the BIA function is active (requires bare feet contact with sensors):

- **Weight:** Your total body mass.
- **Body Fat:** Percentage of fat in your body.
- **Hydration Level:** Percentage of water in your body.
- **Bone Mass:** Weight of bone mineral in your body.
- **Muscle Mass:** Weight of muscle in your body.
- **Calories:** Estimated daily caloric needs.
- **BMI (Body Mass Index):** A measure of body fat based on height and weight.

ELLE



Image: The scale alongside a list of the comprehensive body analysis metrics it measures.

3. Changing Weight Units (lbs/kg)

On the underside of the scale, locate the UNIT button. Press this button to toggle between pounds (lb) and kilograms (kg). Ensure the desired unit is selected before taking a measurement.

MAINTENANCE

- Cleaning:** Wipe the scale surface with a damp cloth and mild detergent. Do not use abrasive cleaners or immerse the scale in water.
- Storage:** Store the scale in a cool, dry place. Avoid storing it vertically for extended periods, as this may affect accuracy.
- Battery Replacement:** When the display shows "Lo" or becomes dim, it's time to replace the batteries. Follow the battery installation steps in the Setup section.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Scale does not turn on.	Dead or incorrectly installed batteries.	Check battery polarity or replace batteries.
Inaccurate readings.	Scale on uneven surface; not calibrated; user moved during measurement.	Place on hard, flat surface. Tap to calibrate. Stand still during measurement.
"Lo" displayed.	Low battery power.	Replace batteries.
"Err" displayed.	Overload or measurement error.	Ensure weight is within 400 lbs capacity. Step off and on again.
Body analysis not working.	Not using bare feet; feet not making contact with all sensors.	Ensure bare feet are centered on all four metal sensor pads.

SPECIFICATIONS

- Model:** EL263
- Capacity:** Up to 400 lbs (180 kg)
- Measurement Units:** Pounds (lb), Kilograms (kg)
- Display Type:** LCD
- Power Source:** (e.g., AAA batteries, specific number not provided in input, infer from common scales)
- Platform Material:** Tempered Glass
- Dimensions:** Approximately 16.65 x 16.65 x 1.65 inches (from Package Dimensions, assuming product dimensions are similar)
- Body Analysis Indicators:** Weight, Body Fat, Hydration Level, Bone Mass, Muscle Mass, Calories, BMI

WARRANTY AND SUPPORT

For warranty information or technical support, please refer to the contact details provided on the product packaging or visit the official ELLE website. Keep your purchase receipt as proof of purchase.

Documents - ELLE – EL263



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Image	Name	Brand	Description	UPC	Line Part	Qty Available	Price FOB Warehouse
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	PSV154-CHAR-STK-6	Vivitar	Vivitar Digital Bathroom Scale - Charcoal	681066112384	6	9678	\$7.84
	PSV254-BLU-STK-6	Vivitar	Elle Digital Bathroom Scale - Blue	681066476215	6	2772	\$11.20
	PSV254-CHAR-STK-6	Vivitar	Elle Digital Bathroom Scale - White	681066730081	6	2772	\$11.20

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