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› LITTLE BALANCE 8661Cardio X4 USB-R Connected Impedance Scale User Manual

LITTLE BALANCE 8661

LITTLE BALANCE 8661Cardio X4 USB-R Connected Impedance Scale User Manual

Model: 8661

IMPORTANT SAFETY INFORMATION

Read all instructions carefully before using the LITTLE BALANCE 8661Cardio X4 USB-R Connected Impedance Scale. Failure to follow these instructions may result in injury or damage to the device.

- This device uses bio-electrical impedance analysis (BIA) to measure body composition.
- **WARNING: Do not use this scale if you have a pacemaker or any other implanted medical device.** The electrical current used for body composition analysis may interfere with these devices.
- Consult a healthcare professional before using this scale if you are pregnant, have a fever, or are undergoing dialysis.
- Ensure the scale is placed on a hard, flat, and stable surface for accurate measurements. Avoid carpets or uneven floors.
- Do not use the scale on wet or slippery surfaces to prevent falls.
- Keep the scale out of reach of children.
- Do not attempt to disassemble or repair the scale yourself, except for the user-replaceable battery as instructed in the Maintenance section.

INTRODUCTION

The LITTLE BALANCE 8661Cardio X4 USB-R is an advanced connected impedance scale designed to provide a comprehensive analysis of your physical condition. It accurately measures 2 cardio indicators and 13 body composition indicators, offering valuable insights into your health and fitness journey. Data is automatically synchronized with the FITDAYS application on your smartphone via Bluetooth, allowing for detailed tracking and progress monitoring.

PACKAGE CONTENTS

- LITTLE BALANCE 8661Cardio X4 USB-R Connected Impedance Scale
- USB Charging Cable
- User Manual



Image: The product packaging for the LITTLE BALANCE 8661Cardio X4 USB-R scale, showing the scale and its features.

PRODUCT FEATURES

- **Comprehensive Analysis:** Precisely measures 2 cardio indicators and 13 body composition indicators for a complete overview of your physical health.
- **Smart Connectivity:** Connects via Bluetooth to the FITDAYS application, enabling automatic data synchronization with your smartphone for detailed tracking.
- **Standalone Use:** Features an XXL LCD screen (108 x 62 mm) that displays 8 primary indicators directly on the scale, allowing use without a smartphone. The backlit screen ensures perfect readability.
- **4-Contact Technology:** Equipped with four electrodes, all in contact with the skin, for precise and reliable measurements through dual bio-impedance analysis.
- **Green Power USB:** Operates without disposable batteries thanks to its USB rechargeable technology. A 3-hour charge provides approximately 6 months of autonomy (up to 500 weighings).
- **Repairable Design:** Designed for durability, the rechargeable battery can be easily replaced by the user after many charging cycles. Spare parts are available for 10 years, reducing waste.



Image: The LITTLE BALANCE 8661Cardio X4 USB-R scale, showcasing its display and connectivity with a smartphone running the FITDAYS app.



Image: A close-up view of the scale's backlit LCD display, showing various body composition and cardio indicators.

SETUP

1. **Unpack:** Carefully remove the scale and all accessories from the packaging.
2. **Placement:** Place the scale on a hard, flat, and stable surface. Ensure there are no obstacles beneath it. Avoid soft surfaces like carpets, which can affect measurement accuracy.
3. **Initial Charge:** Before first use, it is recommended to fully charge the scale. Connect the provided USB charging cable to the scale's USB port and to a standard USB power adapter (not included). A full charge typically takes approximately 3 hours.
4. **Power On:** The scale will automatically turn on when you step on it. No manual power button is required for daily use.

OPERATING INSTRUCTIONS

Basic Weighing

1. Ensure the scale is placed on a hard, flat surface.
2. Step onto the scale barefoot and stand still. Ensure your feet are in full contact with all four metal electrodes on the scale's surface.
3. The display will first show your weight, then cycle through other body composition indicators.
4. If not connected to the FITDAYS app, the scale's XXL LCD screen will directly display 8 key indicators for your review.

Connecting to the FITDAYS App

1. **Download the App:** Download the "FITDAYS" app from your smartphone's app store (available for iOS and Android). You can also scan the QR code shown in the image below or visit the official website: www.wellandtec.com/fitdays/.
2. **Enable Bluetooth:** Ensure Bluetooth is enabled on your smartphone.
3. **Open App & Pair:** Open the FITDAYS app. Follow the on-screen instructions to create a user profile. Step onto the scale to activate it; the app should then detect and pair with your scale automatically via Bluetooth.
4. **Data Synchronization:** Once successfully paired, your measurement data will automatically synchronize with the app after each weighing, providing detailed analysis, historical trends, and progress tracking.

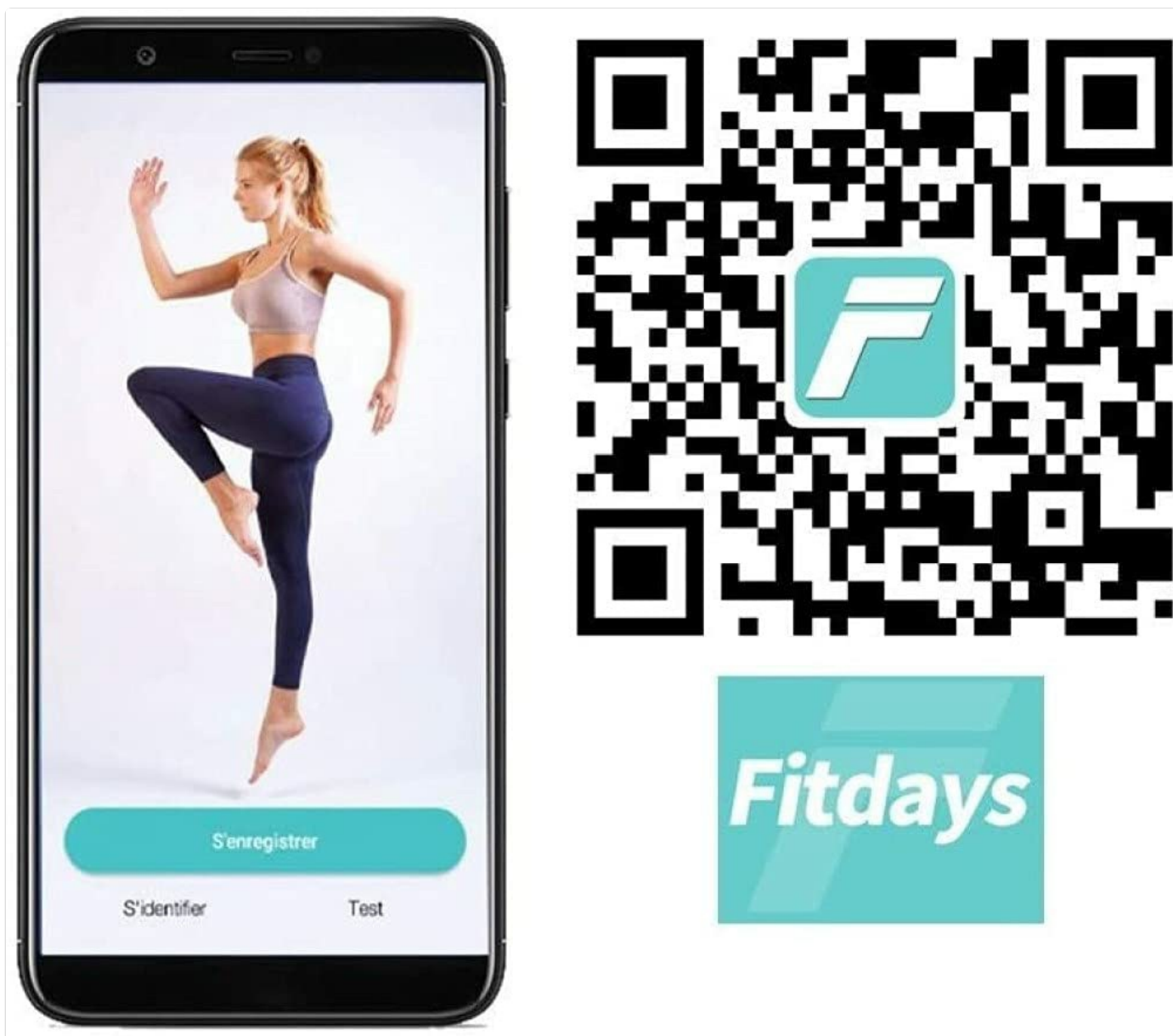


Image: A smartphone displaying the FITDAYS application interface alongside a QR code for easy app download.

CHARGING THE SCALE (GREEN POWER USB)

The 8661Cardio X4 USB-R scale incorporates Green Power USB technology, eliminating the need for disposable batteries and promoting environmental responsibility.

1. Locate the USB charging port on the side or back of the scale.
2. Connect the provided USB charging cable to the scale's port and to a standard USB power source (e.g., computer USB port, smartphone charger, power bank).
3. The scale's display will indicate the charging status.
4. A full charge typically takes approximately 3 hours and provides an impressive autonomy of up to 6 months, or around 500 weighings, depending on usage.



Image: The USB-R rechargeable battery, highlighting its user-replaceable design for extended product life.

MAINTENANCE AND CARE

- **Cleaning:** To clean the scale, wipe its surface with a soft, slightly damp cloth. Do not use abrasive cleaners, chemical solvents, or immerse the scale in water.
- **Storage:** Store the scale in a cool, dry place, away from direct sunlight and extreme temperatures.
- **Battery Replacement:** The internal rechargeable battery is designed to be user-replaceable, extending the product's lifespan. If you notice a significant decrease in battery performance after many charging cycles, you can replace the battery yourself. Contact LITTLE BALANCE customer support for information on obtaining a replacement battery and detailed replacement instructions. Spare parts, including the battery, are available for 10 years.

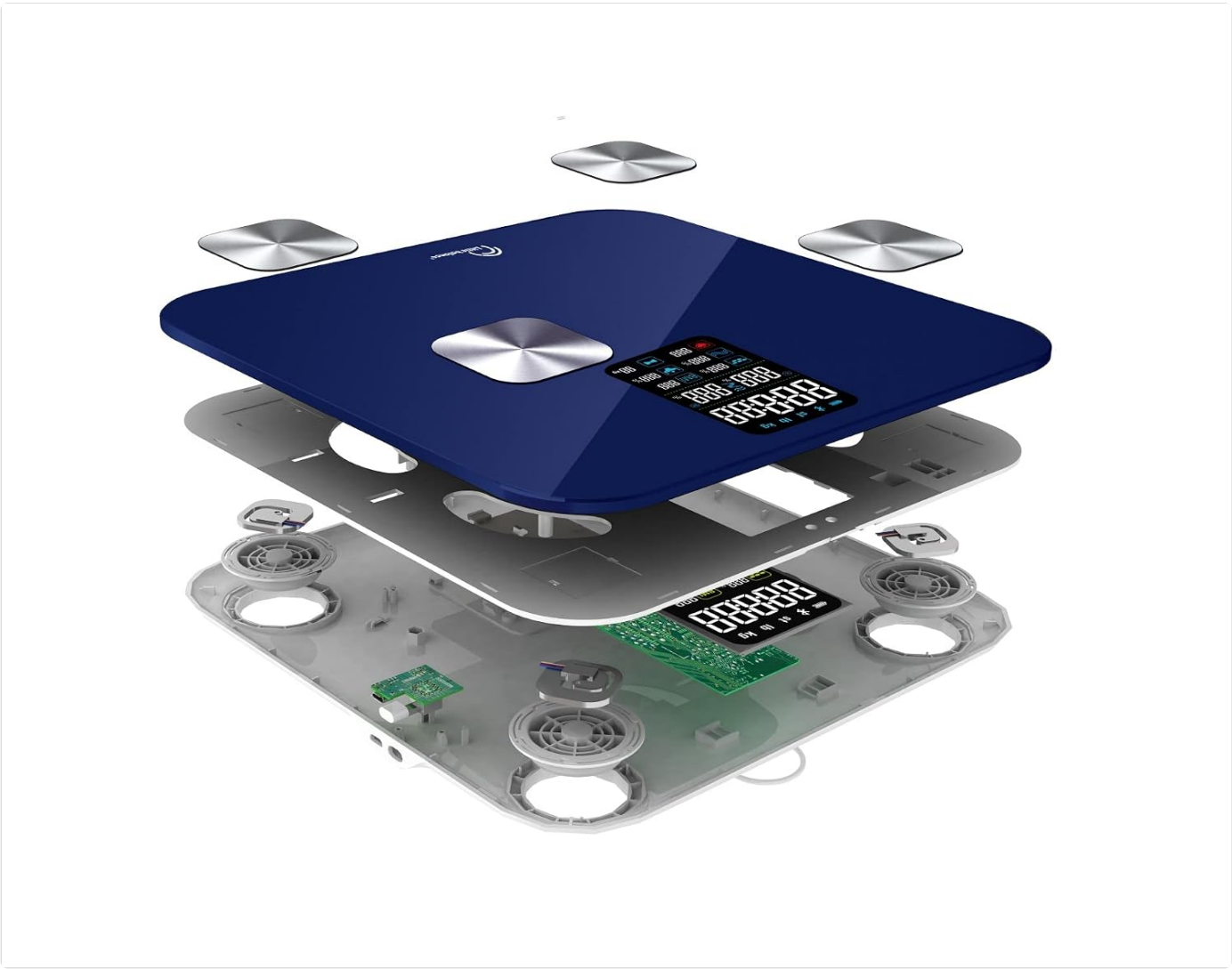


Image: An exploded view of the scale, illustrating its internal components and modular design for repairability.

TROUBLESHOOTING

Scale does not turn on:

Ensure the scale is sufficiently charged. Connect it to a USB power source for at least 30 minutes to see if it powers on.

Inaccurate readings:

Verify that the scale is placed on a hard, flat, and stable surface. Avoid carpets or soft flooring. Ensure your feet are clean, dry, and in full contact with all four metal electrodes. Try recalibrating by stepping on and off the scale quickly.

FITDAYS app not connecting:

Check if Bluetooth is enabled on your smartphone. Ensure the FITDAYS app is open and you are within close range of the scale. Try restarting both the scale (by stepping off and on) and the app on your smartphone.

"Lo" or low battery indicator:

This indicates a low battery. Recharge the scale using the provided USB cable as described in the 'Charging the Scale' section.

SPECIFICATIONS

Feature	Detail
Brand	LITTLE BALANCE

Feature	Detail
Model Number	8661
Product Type	Connected Impedance Scale
Color	Night Blue
Material	Tempered Glass
Weight Limit	180 Kilograms
Reading Precision	100 grams
Display Type	LCD (108 x 62 mm)
Power Source	1 Lithium-ion battery (included), USB Rechargeable
Charging Time	Approx. 3 hours for full charge
Battery Autonomy	Approx. 6 months (500 weighings)
Connectivity	Bluetooth (FITDAYS App)
Recommended Use	Body composition analysis and heart rate monitoring
Item Weight	1.4 Kilograms
Spare Parts Availability	10 Years



Image: The LITTLE BALANCE 8661Cardio X4 USB-R scale, illustrating its physical dimensions of 300mm by 300mm.

WARRANTY AND SUPPORT

This LITTLE BALANCE product is covered by a manufacturer's warranty. Please refer to the warranty card or documentation included in your product packaging for specific terms, conditions, and duration of the warranty.

For technical support, assistance with setup or operation, replacement parts, or any other inquiries, please contact LITTLE BALANCE customer service. Contact information can typically be found on the product packaging or the official LITTLE BALANCE website.

Spare Parts Availability: LITTLE BALANCE commits to making spare parts available for this model for 10 years from the date of purchase, supporting the product's long-term usability and repairability.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

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