Beurer FM 120

Beurer FM 120 Shiatsu Foot Massager and Stool Instruction Manual

Model: FM 120 | Brand: Beurer

1. Product Overview

The Beurer FM 120 2-in-1 Shiatsu Foot Massager combines a relaxing foot massage with a modern stool design. This device integrates seamlessly into your living environment, offering both comfort and therapeutic benefits. It features relaxing air compression and Shiatsu massage, promoting relaxation and regeneration. The switchable heat function enhances well-being and helps relieve deep-seated tension. Operation is convenient via a wireless remote control. The removable inner cover ensures easy maintenance and can be hand washed. The foot massager is suitable for shoe sizes up to 46.



Image 1.1: The Beurer FM 120 Shiatsu Foot Massager and Stool, showcasing its dual functionality and modern design.

2. Key Features

- **2-in-1 Functionality:** Serves as both a relaxing Shiatsu foot massager and a modern, comfortable stool.
- **Air Compression Massage:** Offers three intensity levels to promote blood circulation, relaxation, and regeneration.
- **Soothing Heat Function:** An activatable heat function provides enhanced comfort and helps alleviate deep tension.
- **Easy-Care Material:** Features a removable inner cover that is hand washable for convenient cleaning.
- **Wireless Remote Control:** Allows for easy adjustment of settings and massage programs.
- **Automatic Shut-off:** The device automatically turns off after 15 minutes of operation.
- **Foot Size Compatibility:** Suitable for individuals with shoe sizes up to 46.



Image 2.1: Close-up of the Beurer FM 120 control panel and its wireless remote control, highlighting intensity levels and heat function.

3. Setup

Before first use, ensure the device is properly set up and connected to a power source.

1. **Unpack the Device:** Carefully remove the foot massager from its packaging and check for any damage.
2. **Position the Device:** Place the foot massager on a stable, flat surface in a comfortable location. Ensure adequate space around the device for ventilation.
3. **Connect to Power:** Plug the AC adapter into the power inlet on the device, then plug the adapter into a suitable electrical outlet.
4. **Prepare for Use:** Ensure the inner covers are correctly inserted and secured.



Image 3.1: The Beurer FM 120 integrated into a living space, demonstrating its use as both a massager and a modern stool.

4. Operating Instructions

Follow these steps to operate your Beurer FM 120 foot massager:

1. **Power On:** Press the power button on the device or the wireless remote control to turn on the massager.
2. **Position Your Feet:** Place your feet comfortably into the designated foot chambers of the massager.
3. **Select Intensity:** Use the remote control to select your desired air compression intensity level (Low, Medium, High).
4. **Activate Heat Function:** If desired, press the heat button on the remote control to activate the soothing heat function.
5. **Enjoy the Massage:** Relax and enjoy the Shiatsu and air compression massage. The device will automatically shut off after 15 minutes.
6. **Power Off:** To end the massage session early, press the power button again.



Image 4.1: A user enjoying the foot massage, illustrating the device's ergonomic design for stimulating circulation and relaxing the feet.

5. Maintenance

Proper maintenance ensures the longevity and hygiene of your foot massager.

- **Cleaning the Inner Cover:** The inner cover is removable and can be hand washed. Refer to the care label for specific washing instructions.
- **Cleaning the Device Exterior:** Wipe the exterior of the massager with a soft, damp cloth. Do not use abrasive cleaners or immerse the device in water.
- **Storage:** When not in use, store the device in a cool, dry place, away from direct sunlight and excessive heat.

6. Safety Information

Please read and adhere to the following safety guidelines to prevent injury or damage to the device:

- Always operate the device using the provided wireless remote control.
- Do not use the massager if you have open wounds, skin diseases, or circulatory problems in your feet. Consult a physician if you have any medical conditions.
- Keep the device away from water and moisture. Do not use it in wet environments.
- Unplug the device from the power outlet when not in use or before cleaning.
- This appliance is not intended for use by persons with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
- Children should be supervised to ensure that they do not play with the appliance.

7. Troubleshooting

If you encounter issues with your Beurer FM 120, refer to the following common troubleshooting tips:

- **Device not turning on:** Ensure the power adapter is securely plugged into both the device and a working electrical outlet.
- **No massage function:** Check if the device is powered on and if the correct massage program or intensity level has been selected via the remote control.
- **Heat function not working:** Verify that the heat function is activated on the remote control. Note that the heat may take a few minutes to become noticeable.
- **Remote control not responding:** Check the batteries in the remote control and replace them if necessary. Ensure there are no obstructions between the remote and the device.
- **Unusual noises:** If the device makes unusual noises, turn it off immediately, unplug it, and contact customer support.

For persistent issues, please contact Beurer customer support.

8. Technical Specifications

Specification	Detail
Model Number	FM 120
Brand	Beurer
Dimensions (L x W x H)	51.4 x 48.2 x 34.5 cm
Item Weight	3 Kilograms
Material	Textile
Power Source	AC Adapter
Special Feature	Heat Function
Usage	Feet
Max. Shoe Size	46



Image 8.1: Diagram illustrating the dimensions of the Beurer FM 120 foot massager.

9. Warranty and Support

For detailed warranty information, please refer to the warranty card included with your product or visit the official Beurer website. In case of technical issues, repairs, or questions regarding the product, please contact Beurer customer support. Keep your proof of purchase for warranty claims.

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