

GEARSTONE WP7

GEARSTONE Folding Treadmill

USER MANUAL

Introduction

Thank you for choosing the GEARSTONE Folding Treadmill. This manual provides essential information for the safe and efficient operation, maintenance, and troubleshooting of your new fitness equipment. Please read this manual thoroughly before initial use and retain it for future reference.

The GEARSTONE Folding Treadmill is designed for home use, offering versatility with its 2-in-1 functionality as both a running machine and an under-desk walking treadmill. Its foldable design and transport wheels ensure easy movement and space-saving storage.

Safety Instructions

To ensure your safety and prolong the life of your treadmill, please adhere to the following precautions:

- Always consult with a physician before starting any new exercise program.
- Place the treadmill on a flat, stable surface with adequate clearance around it (at least 2 meters behind and 0.6 meters on each side).
- Keep children and pets away from the treadmill during operation.
- Ensure the safety key is properly attached to both the treadmill and your clothing before beginning your workout. The treadmill will not operate without the safety key.
- Do not operate the treadmill if it is damaged or malfunctioning.
- Wear appropriate athletic footwear and clothing.
- Do not exceed the maximum user weight capacity (refer to Specifications section).
- Unplug the treadmill from the power outlet when not in use or before cleaning and maintenance.

Setup

The GEARSTONE Folding Treadmill comes fully assembled, requiring minimal setup before first use.

1. **Unpacking:** Carefully remove the treadmill from its packaging. Retain packaging materials for potential future transport or storage.
2. **Placement:** Position the treadmill on a level, hard surface. Ensure there is sufficient space around the unit for safe operation and access.
3. **Unfolding (for Running Mode):** If using in running mode, gently lift the upright frame until it locks into place. Ensure it is securely latched.
4. **Power Connection:** Plug the power cord into a grounded electrical outlet.
5. **Safety Key:** Attach the safety key to the designated slot on the control panel and clip the other end to your clothing. The treadmill will not start without the safety key in place.



Image: The GEARSTONE Folding Treadmill demonstrating its versatility in both upright running and under-desk walking positions. A user is shown walking on the treadmill while it is configured for under-desk use, and another user is shown running on it in its upright configuration.

Operating Modes and Control Panel

The GEARSTONE treadmill offers two distinct operating modes:

- **Walking Mode (Under-Desk):** When the upright frame is folded down, the treadmill operates in walking mode with a speed range of 1-6 km/h. This mode is ideal for walking while working or light exercise.
- **Running Mode (Upright):** When the upright frame is unfolded and locked into position, the treadmill functions as a running machine with a speed range of 1-15 km/h. This allows for jogging and running workouts.



Image: Visual representation of the treadmill's three primary usage scenarios: a user walking in a living room setting, a user walking while working at a standing desk, and a user running in an upright configuration.

Control Panel and LCD Display

The integrated LCD display provides real-time workout data, including:

- **Time:** Duration of your workout.
- **Speed:** Current speed in km/h.
- **Distance:** Total distance covered.
- **Calories:** Estimated calories burned.

Speed adjustments can be made via the control panel buttons or the included remote control. The treadmill also features a Bluetooth speaker for audio playback.

TWO Ways to Adjust Speed



Image: An overhead view highlighting the treadmill's control panel, which includes the LCD display showing workout metrics, control buttons, a remote control for speed adjustment, and an indication of Bluetooth connectivity for audio.

Key Features

- **Powerful Motor:** Equipped with a 1400W motor, the treadmill supports speeds up to 15 km/h, providing a smooth and quiet operation suitable for home environments.
- **Shock Absorption System:** The multi-layer running belt and cushioning design are engineered to reduce impact on your knees and joints during workouts, enhancing comfort and safety.
- **Widened Running Belt:** Provides ample space for comfortable walking or running, minimizing the risk of stepping off the side.
- **Foldable Design & Portability:** The treadmill's compact, foldable design and built-in transport wheels allow for easy movement and convenient storage under furniture like sofas or beds, optimizing space in your home or office.

1400W POWERFUL MOTOR



Image: A graphic illustrating the treadmill's 1400W motor and its robust construction, capable of supporting a weight of up to 120kg, symbolized by a kettlebell.

Comprehensive knee protection

Reduce Pressure on Pelma and Knee Joint



Image: A visual representation of the treadmill's shock absorption system, with glowing blue circles under the running deck and a highlighted knee area on a user, emphasizing comprehensive knee protection.

Folding Treadmill Designed for Easy Storage

Optimize your home space without compromising its aesthetic appeal.

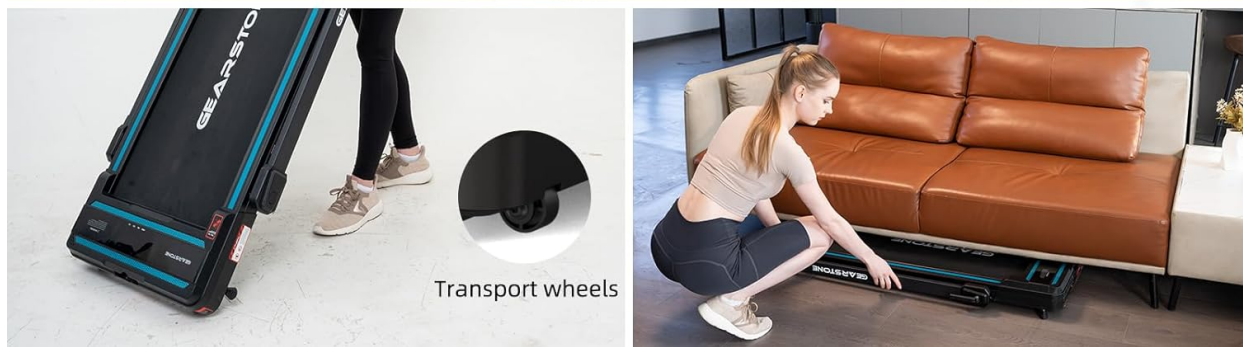


Image: A series of images demonstrating the treadmill's folding mechanism, its compact size when folded, the presence of transport wheels for easy relocation, and how it can be conveniently stored under a sofa.

Maintenance

Regular maintenance ensures the longevity and optimal performance of your treadmill.

- **Cleaning:** Wipe down the treadmill surfaces with a damp cloth after each use. Avoid using abrasive cleaners or solvents.
- **Lubrication:** The running belt requires periodic lubrication with silicone oil to reduce friction and wear. Refer to the specific instructions provided with your lubricant or contact customer support for guidance on frequency and application.
- **Belt Adjustment:** If the running belt becomes off-center or slips, it may need adjustment. Consult the troubleshooting section or contact customer support for detailed instructions.
- **General Inspection:** Periodically check all bolts and nuts to ensure they are tightened. Inspect the power cord for any damage.

Troubleshooting

If you encounter issues with your treadmill, refer to the following common problems and solutions:

• **Treadmill Not Starting:**

- Ensure the power cord is securely plugged into a grounded outlet.
- Verify the safety key is correctly placed in its slot and clipped to your clothing.
- Check the power switch on the treadmill (if applicable) is in the 'ON' position.

• **Display Not Working:**

- Check power connection.
- If the display is blank or flickering, try unplugging and re-plugging the unit after 60 seconds.

• **Unusual Noises (e.g., Squealing):**

- The running belt may require lubrication. Refer to the Maintenance section.
- Check for any loose components or debris under the belt.

• **Error Codes (e.g., U01, E01):**

- These codes typically indicate a motor or sensor issue. Turn off the treadmill, unplug it, wait 5 minutes, then plug it back in and restart. If the error persists, contact customer support.

• **Treadmill Overheating / Burning Smell:**

- Immediately stop using the treadmill and unplug it. Allow it to cool down completely.
- This can indicate motor strain or lack of lubrication. Ensure proper lubrication and avoid continuous long-duration use without breaks. If the issue persists, discontinue use and contact customer support.

For issues not covered here, please contact GEARSTONE customer support.

Specifications

Detailed specifications for the GEARSTONE Folding Treadmill, Model WP7:

Feature	Specification
Model Number	WP7
Product Dimensions (L x W x H)	131.09 x 68.99 x 110.59 cm (unfolded)
Item Weight	28.15 kg
Material	Alloy Steel
Motor Horsepower	1400 Watts
Maximum Speed	15 km/h (Running Mode) / 6 km/h (Walking Mode)
Display Type	LCD (Speed, Time, Distance, Calories Burned)
Power Source	Corded Electric
Special Features	Portable, Foldable
Recommended Uses	Walking, jogging, running, under-desk walking



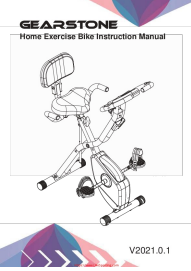




Image: Technical drawing displaying the key dimensions of the treadmill, including its length, width, and height in both its upright and folded configurations, providing precise measurements for placement and storage.

Warranty and Support

For warranty information, please refer to the documentation included with your purchase or visit the official GEARSTONE website. If you require technical assistance, have questions about operation, or need to report a defect, please contact GEARSTONE customer support through the contact details provided on your purchase receipt or the product packaging.

Related Documents - WP7

	<p>GEARSTONE Household Electric Treadmill CS-WP7 User Manual</p> <p>Comprehensive user manual for the GEARSTONE Household Electric Treadmill, Model CS-WP7. Includes safety instructions, installation guide, operation details, maintenance tips, and troubleshooting.</p>
	<p>GEARSTONE Household Electric Treadmill CS-WP7 User Manual - Safety, Setup & Operation Guide</p> <p>Comprehensive user manual for the GEARSTONE CS-WP7 Household Electric Treadmill. Includes detailed safety instructions, product overview, installation steps, maintenance procedures, troubleshooting tips, and exercise guidance for optimal use.</p>
	<p>GEARSTONE Home Exercise Bike Instruction Manual: Assembly, Operation & Training Guide</p> <p>Comprehensive instruction manual for the GEARSTONE Home Exercise Bike (X-BIKE, V2021.0.1). Covers safety, assembly, computer functions, and fitness training tips. Visit LikeSporting.com for support.</p>
	<p>GEARSTONE HC1 Rowing Machine User Manual and Assembly Guide</p> <p>Comprehensive user manual and assembly guide for the GEARSTONE HC1 Rowing Machine. Includes safety information, parts list, assembly instructions, adjustment guide, and exercise meter details.</p>
	<p>WP7 WIFI Wireless Security Alarm System Kit User Manual</p> <p>User manual for the WP7 WIFI Wireless Security Alarm System Kit. This guide provides detailed instructions on setup, operation, and features of the alarm system, including app integration and accessory pairing.</p>