

Hbada P5

Hbada P5 Ergonomic Office Chair Instruction Manual

Brand: Hbada | Model: P5

1. INTRODUCTION

Thank you for choosing the Hbada P5 Ergonomic Office Chair. This chair is engineered to provide comprehensive support for your back, lumbar, hips, and arms, promoting a healthier sitting posture and enhancing comfort during long workdays or extended sitting sessions. This manual will guide you through the assembly, operation, and maintenance of your new chair.



Image: The Hbada P5 Ergonomic Office Chair, showcasing its sleek design and suitability for various office environments.

2. SAFETY INFORMATION

Please read all safety instructions carefully before assembly and use. Failure to follow these instructions may result in injury or damage to the product.

- **Weight Limit:** Do not put more than 300 pounds weight on the chair.
- Ensure all screws and bolts are securely tightened before use. Periodically check and re-tighten as necessary.

- Do not stand on the chair or use it as a step stool.
- Keep children and pets away from the chair during assembly.
- Use the chair only for its intended purpose as an office or desk chair.

3. SETUP AND ASSEMBLY

The Hbada P5 Ergonomic Office Chair requires assembly. All necessary tools and hardware are included in the packaging. For detailed, step-by-step assembly instructions, please refer to the official installation manual provided in PDF format.

You can download the full installation manual here: [Hbada P5 Installation Manual \(PDF\)](#)

Assembly Overview Video

Video: An official Hbada video demonstrating the assembly process of the ergonomic office chair. This video provides a visual guide to complement the written instructions in the PDF manual.

4. FEATURES AND ADJUSTMENTS

The Hbada P5 chair is equipped with multiple adjustable features to customize your seating experience for maximum comfort and ergonomic support.

4.1 Ergonomic Design

The chair features an S-shaped backrest that perfectly contours to your spine, delivering optimal support and promoting a healthier sitting posture. This design helps to align your body and reduce strain during prolonged use.



Image: Visual representation of the chair's ergonomic S-curve design, highlighting its support for the natural curvature of the human spine.

4.2 Adjustable Lumbar Support

The 2D adjustable lumbar support can move up, down, forward, and backward to provide tailored support for your lower back. This ensures proper alignment with the natural curve of your spine, reducing strain during extended sitting periods.



Image: Detailed view of the adjustable lumbar support mechanism, demonstrating its range of motion for customized back support.

4.3 Adjustable Headrest

The headrest adjusts up to 3.94 inches in height and rotates 40° for personalized comfort. This multi-dimensional adjustability effectively supports the head and neck, relieving pressure during long hours.



Image: Close-up of the adjustable headrest, highlighting its ability to move up, down, and rotate for optimal neck support.

4.4 Adjustable Armrests

The armrests can move up and down to suit different desk heights and sitting positions. This thoughtful design prevents your arms from hanging uncomfortably and helps reduce shoulder stiffness during long work sessions.

4.5 Recline Function and Footrest

The backrest reclines up to 135°, allowing you to relax and take quick breaks. Additionally, the chair includes a retractable footrest for added comfort, enabling you to fully extend and relax.



Image: Illustration of the chair's recline capabilities and the integrated footrest, demonstrating various comfortable positions.

4.6 Seat Cushion

The seat cushion is designed with inner springs and thickened memory foam, providing support similar to a high-quality mattress. The mesh surface ensures breathability and prevents stuffiness during prolonged use.



Image: Exploded view of the seat cushion's construction, detailing its layers for comfort and support.

4.7 Smooth Casters

The chair is equipped with smooth PU silent wheels, allowing for quiet movement and protecting your flooring from scratches. The steel base with five prongs provides stable and even support.

Smooth PU Silent Wheels

Enjoy a quiet life, protect your flooring



Image: Detail of the chair's casters, emphasizing their smooth operation and floor-friendly design.

Features Overview Video

Video: An official Hbada video highlighting the key features and adjustments of the P5 office chair, including its ergonomic design, lumbar support, and recline function.

5. OPERATING INSTRUCTIONS

To adjust your Hbada P5 chair, locate the levers and knobs beneath the seat and on the backrest. Refer to the assembly manual for specific lever functions.

- **Height Adjustment:** Use the lever on the right side (when seated) to raise or lower the seat.
- **Recline Adjustment:** Use the lever on the left side (when seated) to lock or unlock the backrest's

recline.

- **Lumbar Support Adjustment:** Use the knob on the backrest to adjust the depth of the lumbar support. The lumbar support can also be moved vertically.
- **Headrest Adjustment:** Manually adjust the headrest up or down and rotate it to your desired angle.
- **Armrest Adjustment:** Press the buttons on the side of the armrests to adjust their height.
- **Footrest Operation:** Pull the footrest out from under the seat and extend it. Push it back in when not in use.

6. MAINTENANCE

Proper maintenance will extend the life of your Hbada P5 chair.

- **Cleaning:** Wipe clean with a damp cloth. Avoid harsh chemicals or abrasive cleaners.
- **Regular Checks:** Periodically check all screws and connections to ensure they are tight. Re-tighten if necessary.
- **Caster Care:** Keep the wheels free of debris to ensure smooth movement.

7. TROUBLESHOOTING

If you encounter any issues with your chair, please refer to the following common troubleshooting tips:

- **Chair not adjusting height:** Ensure the gas cylinder is correctly installed and the height adjustment lever is fully engaged.
- **Chair is wobbly:** Check all assembly screws and ensure they are tightened. Verify that the base and gas cylinder are properly seated.
- **Squeaking noises:** Apply a small amount of lubricant to moving parts or pivot points if persistent squeaking occurs.
- **Footrest is stiff:** Apply a small amount of lubricant to the sliding mechanisms of the footrest.

For more complex issues, please contact Hbada customer service.

8. SPECIFICATIONS

Feature	Detail
Brand	Hbada
Model Name	P5
Color	Black
Product Dimensions	27.56"D x 27.56"W x 40"H

Item Weight	42.6 pounds
Back Style	Solid Back (Mesh)
Special Features	Adjustable Lumbar, Adjustable Height, Arm Rest, Ergonomic, Head Support, Footrest, Swivel, Tilt Function
Seat Material	Memory Foam (Inner Springs)
Base Material	Steel
Certifications	SGS certified, BIFMA tested

9. WARRANTY AND SUPPORT

Hbada is committed to providing high-quality products and excellent customer service. Your Hbada P5 Ergonomic Office Chair comes with a reliable warranty and support.

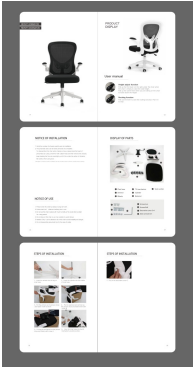


- **Warranty:** The chair has passed SGS certification and BIFMA test, ensuring quality and durability.
- **Returns:** Enjoy a 30-day no-reason return policy.
- **Price Guarantee:** Benefit from a 15-day guaranteed price.
- **Damage Protection:** Repair and replacement are guaranteed for items damaged upon arrival.
- **Customer Service:** If you encounter any problems, Hbada provides installation guidance and customer repair service. Contact us for professional assistance.



Image: An overview of Hbada's customer service commitments, including warranty and return policies.

Related Documents - P5

	<p>Hbada P5 Ergonomic Office Chair Installation and Features Guide</p> <p>Comprehensive guide for assembling and understanding the features of the Hbada P5 Ergonomic Office Chair, including a parts list, step-by-step installation instructions, and function descriptions.</p>
	<p>HBADA Ergonomic Office Chair: Assembly and User Guide</p> <p>Comprehensive guide for assembling and using the HBADA E101BMC and E101BSD ergonomic office chairs, including safety precautions, parts list, and adjustment instructions.</p>
	<p>Hbada Ergonomic Office Chair: Assembly, Functions, and Maintenance Guide</p> <p>Comprehensive guide for assembling, using, and maintaining your Hbada ergonomic office chair. Includes parts list, step-by-step installation instructions, detailed function descriptions, important precautions, handling tips, and troubleshooting advice.</p>

	<p>Hbada HDNY163 Ergonomic Office Chair: Installation and User Guide</p> <p>Comprehensive guide for assembling and using the Hbada HDNY163 series ergonomic office chair, featuring height adjustment, rocking function, and detailed installation steps.</p>
	<p>Hbada Office Chair Installation and User Manual</p> <p>Comprehensive guide for installing and using the Hbada office chair, including parts display, step-by-step assembly instructions, and usage guidelines for height adjustment and rocking features.</p>
	<p>HBADA P216(G)/(V) Ergonomic Office Chair Assembly and Operation Manual</p> <p>Comprehensive assembly and operating instructions for the HBADA P216(G)/(V) ergonomic office chair, including safety tips and quality assurance.</p>