

[Manuals.plus](#) /

› [Ikea](#) /

› Ikea MALM High Bed Frame 90x200 cm Black-Brown/Luroy User Manual

Ikea IK.390.095.61

Ikea MALM High Bed Frame 90x200 cm Black-Brown/Luroy User Manual

INTRODUCTION

This user manual provides comprehensive instructions for the assembly, safe use, and maintenance of your Ikea MALM High Bed Frame. Please read this manual carefully before assembly and use, and retain it for future reference.

The Ikea MALM bed frame features a clean design with wood veneer, offering the aesthetic of solid wood with unique variations in grain, color, and texture. Its high headboard provides comfortable support, and adjustable bed sides accommodate various mattress thicknesses. The bed frame is designed for a 90 x 200 cm mattress.



Image: The Ikea MALM High Bed Frame, black-brown, shown in a bedroom with bedding and a bedside table.

SAFETY INFORMATION

Adhere to the following safety guidelines to ensure safe use of the bed frame:

- **Weight Limit:** Do not exceed a total weight of 130 kg (286 lbs) on the bed frame. This includes the mattress, bedding, and occupants.
- **Assembly:** Always assemble the headboard securely and ensure all components are properly tightened and stable before using the bed. Refer to the included assembly instructions for detailed steps.
- **Placement:** Avoid leaning the bed frame against walls or other structures in a way that could cause tipping or instability. Ensure the bed is placed on a flat, stable surface.
- **Regular Checks:** Periodically check all fasteners and connections to ensure they remain tight. Retighten as necessary.

SETUP AND ASSEMBLY

The Ikea MALM High Bed Frame requires assembly. Detailed assembly instructions are included in the product packaging. Please follow these instructions carefully, step-by-step, to ensure correct and safe assembly.

- **Unpack:** Carefully unpack all components and verify against the parts list in the assembly manual.
- **Tools:** Ensure you have the necessary tools as specified in the assembly instructions (e.g., Allen key, screwdriver).
- **Follow Instructions:** Adhere strictly to the provided graphical and textual assembly guide. Do not skip steps.
- **Secure Fasteners:** Ensure all screws, bolts, and connectors are fully tightened. Do not overtighten, but ensure a firm connection.
- **Slats Installation:** Install the 17 layers of glued slats (Luroy) according to the instructions. These slats are designed to adapt to body weight and enhance mattress suppleness.
- **Adjustable Bed Sides:** The bed frame features adjustable bed sides, allowing you to use mattresses of different thicknesses. Adjust these according to your mattress height for optimal support and appearance.

If you encounter any difficulties during assembly, refer to the troubleshooting section or contact Ikea customer support.

OPERATING THE BED FRAME

The Ikea MALM High Bed Frame is designed for comfortable and versatile use.

- **Mattress Placement:** Place your 90 x 200 cm mattress directly onto the installed bed slats. Ensure the mattress fits snugly within the frame.
- **Headboard Comfort:** The high headboard allows you to sit up comfortably in bed. You can lean pillows against it for a supportive backrest while reading or watching television.
- **Underbed Storage:** The design of the MALM bed frame is compatible with MALM underbed storage boxes on wheels (sold separately). These can be easily slid underneath the bed for additional storage space for bedding or other items.



Image: Side view of the MALM bed frame showing the mattress and adjustable bed sides.



Image: Close-up view of the high headboard with pillows, illustrating comfortable back support.

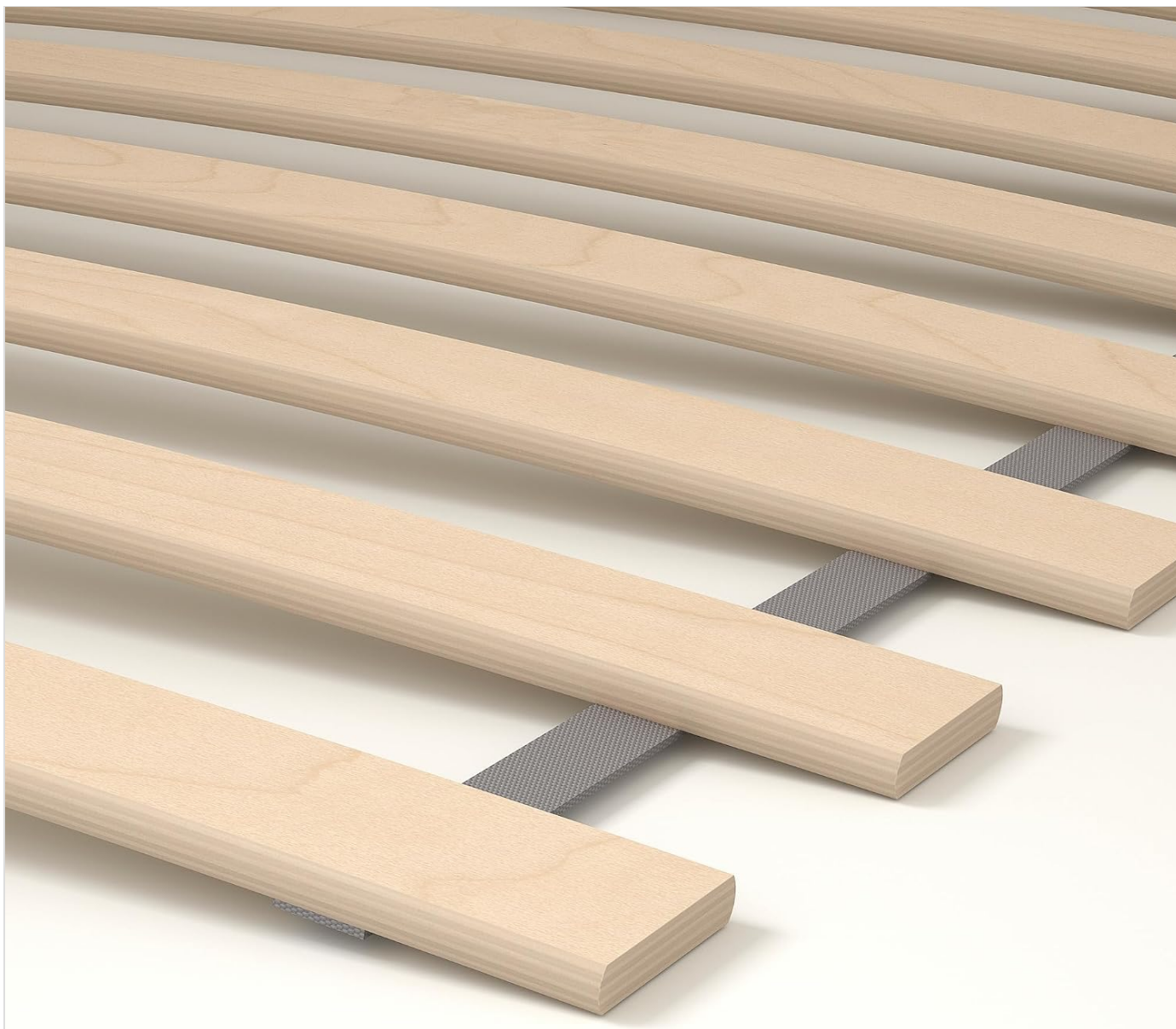


Image: Close-up view of the 17-layer glued bed slats, designed for flexibility and support.

MAINTENANCE AND CARE

Proper care will help maintain the appearance and longevity of your Ikea MALM bed frame.

- **Cleaning:** Wipe the bed frame clean with a dry cloth. Avoid using abrasive cleaners or harsh chemicals, as these can damage the wood veneer finish.
- **Dusting:** Regularly dust the surfaces to prevent buildup. The space under the bed frame is designed to be easily vacuumed for cleanliness.
- **Inspection:** Periodically inspect the bed frame for any signs of wear, loose fasteners, or damage. Address any issues promptly to ensure continued safety and stability.



Image: Detail of the black-brown wood veneer finish on the MALM bed frame.

TROUBLESHOOTING

If you encounter issues with your bed frame, consider the following common solutions:

- **Squeaking Noises:** If the bed frame makes squeaking noises, check all assembly fasteners. Tighten any loose screws or bolts. Ensure the bed is on a level surface.
- **Instability:** If the bed feels unstable, re-check all connections, especially those for the headboard and side rails. Ensure the bed is not leaning against any unstable structures.
- **Mattress Sagging:** Verify that the bed slats are correctly installed and evenly spaced. Ensure the mattress is the correct size (90 x 200 cm) and that its own support structure is intact.

For persistent issues or concerns not addressed here, please contact Ikea customer support.

SPECIFICATIONS

Model Name	MALM
Item Number	IK.390.095.61
Brand	Ikea
Color	Black-brown
Material	Wood Veneer (Headboard, Furniture Finish)
Style	Modern
Compatible Mattress Size	90 x 200 cm (Single/Twin)
Maximum Weight Recommendation	130 kg (286 lbs)
Special Features	Adjustable bed sides, High headboard, Compatible with MALM underbed storage
Assembly Required	Yes (Instructions included)
Care Instructions	Wipe with dry cloth

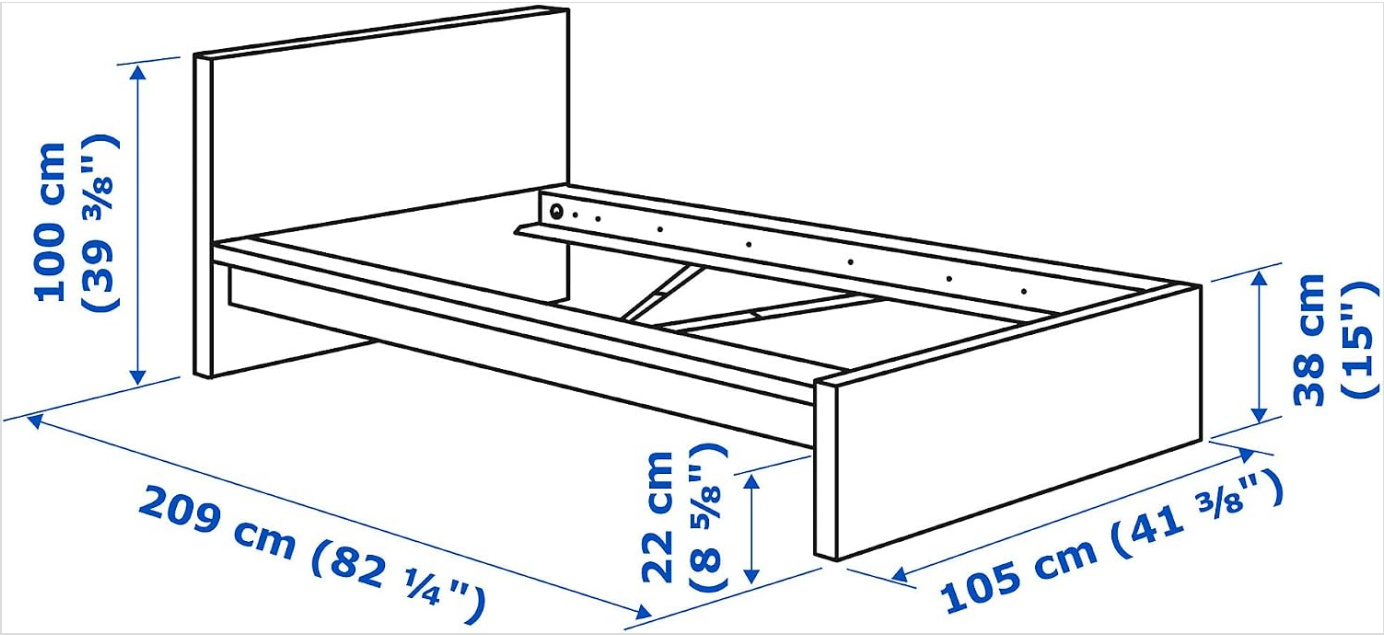


Image: Dimensional diagram of the MALM bed frame, showing height, length, and width.

WARRANTY INFORMATION

Warranty information for the Ikea MALM High Bed Frame is not explicitly provided in the product details. Please refer to your purchase receipt or contact Ikea customer service directly for details regarding warranty coverage and terms.

CUSTOMER SUPPORT

For further assistance, questions, or to report any issues with your Ikea MALM High Bed Frame, please contact Ikea customer service through their official website or local store. Have your product model number (IK.390.095.61) and purchase details ready when contacting support.

You can find contact information and frequently asked questions on the official Ikea website www.ikea.com

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question