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› [IKEA](#) /

› IKEA HEMNES Bed Frame Instruction Manual, 160x200 cm, White Stain

IKEA HEMNES 160x200 cm

IKEA HEMNES Bed Frame Instruction Manual

Model: HEMNES 160x200 cm, White Stain

1. INTRODUCTION

This instruction manual provides essential information for the safe assembly, operation, and maintenance of your IKEA HEMNES bed frame (160x200 cm, white stain). Please read this manual thoroughly before beginning assembly or use. Retain this manual for future reference.

Important Safety Information:

- Always follow assembly instructions carefully.
- Ensure all fittings are securely tightened before use.
- Regularly check and re-tighten fittings as necessary.
- Do not use power tools for assembly unless specifically instructed, as this may damage the product.
- Be cautious when adjusting bed sides to avoid pinch points.
- Keep bedding away from the footboard to prevent it from getting caught while you sleep.
- Handle solid wood slats carefully to avoid injury from sharp edges.

2. PACKAGE CONTENTS

Verify that all components are present before starting assembly. Refer to the included assembly diagram for a complete list of parts and hardware.



Figure 1: Complete IKEA HEMNES bed frame (160x200 cm, white stain). This image shows the assembled bed frame with its distinctive high headboard and footboard, finished in white stain.



Figure 2: Solid wood bed slats for the IKEA HEMNES bed frame. These slats provide support for the mattress and allow for air circulation.

3. SETUP AND ASSEMBLY

Assembly of the IKEA HEMNES bed frame requires two people. Follow the step-by-step instructions provided in the separate assembly guide included with your product. Ensure you have adequate space and the necessary tools (e.g., screwdriver, hammer) before starting.

1. Unpack all components and verify against the parts list.
2. Assemble the headboard and footboard according to the diagrams.
3. Attach the side rails to the headboard and footboard. Ensure all connections are secure.
4. Install the midbeam (if applicable) and adjustable bed sides. The adjustable bed sides allow for mattresses of varying thicknesses.
5. Place the solid wood slats onto the bed frame supports. Ensure they are evenly spaced and secured.
6. Tighten all screws and fittings. Do not overtighten.



Figure 3: Close-up view of the IKEA HEMNES bed frame headboard. This image highlights the vertical slat design and the white stain finish.

4. OPERATING AND USE

Once assembled, the HEMNES bed frame is ready for use. Place your mattress on top of the installed slats. The adjustable bed sides can be set to accommodate different mattress heights, ensuring a snug fit and preventing the mattress from shifting.

The high headboard provides comfortable back support for sitting up in bed. The high footboard helps keep bedding in place.

5. MAINTENANCE AND CARE

To ensure the longevity and appearance of your IKEA HEMNES bed frame, follow these care instructions:

- **Cleaning:** Wipe the frame with a dry cloth. For stubborn marks, a slightly damp cloth followed by a dry cloth can be

used. Avoid abrasive cleaners or harsh chemicals.

- **Inspections:** Periodically check all screws and fittings. Re-tighten them as needed to maintain stability and safety.
- **Protection:** Avoid placing hot items directly on the lacquered surfaces. Use coasters or protective pads.
- **Ventilation:** The solid wood slats allow air to circulate around your mattress, which is beneficial for mattress hygiene and longevity.

6. TROUBLESHOOTING

Problem	Possible Cause	Solution
Bed frame feels wobbly or unstable.	Loose fittings or incorrect assembly.	Check all screws and bolts. Tighten any loose fittings. Review assembly instructions to ensure all parts are correctly installed.
Squeaking noises from the bed frame.	Loose connections or friction between parts.	Tighten all hardware. If squeaking persists, apply a small amount of furniture wax or silicone spray to contact points between wood components (avoiding areas that bear weight directly).
Mattress does not fit correctly.	Incorrect mattress size or adjustable bed sides not set properly.	Ensure your mattress is 160x200 cm. Adjust the bed sides to the appropriate height for your mattress.

7. SPECIFICATIONS

- **Model Name:** HEMNES
- **Product Type:** Bed Frame
- **Dimensions:** Compatible with 160x200 cm mattresses
- **Material:** Solid pine, stain, clear acrylic lacquer
- **Color:** White Stain
- **Special Features:** High headboard, high footboard, adjustable bed sides, solid wood slats
- **Assembly Required:** Yes
- **Care Instructions:** Wipe with dry cloth
- **Manufacturer:** IKEA
- **ASIN:** B0BW8V9P83

8. WARRANTY AND SUPPORT

For information regarding warranty coverage, please refer to the warranty documentation provided at the time of purchase or visit the official IKEA website. For customer support, spare parts, or further assistance, please contact IKEA customer service directly.

IKEA Official Website: www.ikea.com

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Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

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