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> [IKEA MALM Bed Frame User Manual](#)

IKEA MALM

IKEA MALM Bed Frame User Manual

Model: MALM (140x200 cm)

1. PRODUCT OVERVIEW

The IKEA MALM bed frame, high, with 4 storage boxes, is designed to provide both comfortable sleeping space and integrated storage solutions. Its clean design and wood veneer finish offer a timeless aesthetic suitable for various bedroom decors.



Figure 1.1: The IKEA MALM bed frame in black-brown, featuring a high headboard and integrated under-bed storage drawers. A mattress is shown in place, and one of the four storage boxes is partially extended.

Key Features:

- **Integrated Storage:** Four large storage boxes neatly hidden under the bed, ideal for bedding, pillows, or other items.
- **Easy Access Storage:** Storage boxes are equipped with wheels for smooth rolling in and out.
- **Durable Finish:** Wood veneer provides the look and feel of solid wood with unique grain variations.
- **High Headboard:** Designed for comfortable sitting, allowing for reading or watching TV in bed.
- **Adjustable Bed Sides:** Accommodates mattresses of varying thicknesses.
- **Slatted Bed Base:** The Luröy slatted base features 17 layers of glued slats that adapt to body weight for increased mattress suppleness.



Figure 1.2: A close-up view of one of the MALM under-bed storage boxes, partially pulled out to reveal its interior, which contains folded textiles. The box is designed to fit flush with the bed frame when closed.

2. SAFETY INFORMATION

Please read and understand all safety warnings before assembly and use of the MALM bed frame.

- **Weight Limit:** Do not exceed a total weight limit of 286 pounds (130 kg) on the bed frame. This includes the mattress and occupants.
- **Pinch Points:** Be cautious of pinch points when adjusting bed sides or handling the storage boxes. Keep hands and fingers clear of moving parts.
- **Assembly:** Ensure all components are securely fastened according to the assembly instructions to prevent instability.
- **Children:** Keep small children away from the bed frame during assembly to prevent access to small parts.

3. SETUP AND ASSEMBLY

Assembly of the IKEA MALM bed frame is required. It is recommended that two people assemble the bed frame for ease and safety. Please refer to the separate assembly instructions provided with your product for detailed step-by-step guidance.

Before You Begin:

- **Check Package Contents:** Verify all parts and hardware are present against the packing list.
- **Tools Required:** Gather necessary tools as indicated in the assembly manual (e.g., Allen wrench, screwdriver).
- **Clear Workspace:** Ensure a spacious and clear area for assembly to prevent damage to components or injury.

Key Assembly Steps (General):

1. Assemble the headboard and footboard sections.
2. Attach the side rails to the headboard and footboard.
3. Install the midbeam (if applicable) for central support.
4. Place and secure the Luröy slatted bed base onto the bed frame.
5. Assemble the four storage boxes and insert them under the bed.



Figure 3.1: The Luröy slatted bed base, consisting of multiple curved wooden slats designed to provide flexible support for the mattress and enhance its suppleness.

4. OPERATING INSTRUCTIONS

Using the Storage Boxes:

The MALM bed frame includes four integrated storage boxes designed for easy access and discreet storage.

- To open a storage box, gently pull the front panel outwards. The wheels on the bottom will allow it to roll smoothly.
- To close, push the box back into the bed frame until it sits flush with the side.
- Ensure items stored within the boxes do not obstruct the wheels or prevent smooth operation.



Figure 4.1: A detailed view of the wheels located at the bottom of a MALM storage box, which facilitate easy movement and access to stored items.

Adjusting Bed Sides for Mattress Thickness:

The bed sides are adjustable to accommodate mattresses of different thicknesses. Refer to your assembly manual for specific instructions on how to adjust the height of the mattress support rails. This ensures your mattress sits securely and at the desired height within the frame.

5. MAINTENANCE AND CARE

Proper care will help maintain the appearance and longevity of your MALM bed frame.

- **Cleaning:** Wipe the bed frame clean with a dry cloth. For stubborn marks, a damp cloth with a mild cleaner can be used, followed by drying thoroughly. Avoid abrasive cleaners or harsh chemicals.
- **Dusting:** Regularly dust the surfaces to prevent buildup.
- **Hardware Check:** Periodically check all assembly hardware (screws, bolts) and tighten if necessary to ensure

stability and safety.

- **Avoid Excessive Moisture:** Do not expose the bed frame to excessive moisture or humidity, as this can damage the wood veneer.

6. SPECIFICATIONS

| Feature | Detail |
|--------------------------|---|
| Model Name | MALM |
| Dimensions | 140x200 cm (approximate, refer to product label for exact measurements) |
| Color | Black-brown |
| Included Components | Bed frame, high headboard, 4 storage boxes, Luröy slatted bed base |
| Compatible Mattress Size | Queen (as per specifications), also fits 140x200 cm mattresses |
| Assembly Required | Yes |
| Max Weight Capacity | 286 pounds (130 kg) |
| Care Instructions | Wipe with dry cloth |
| Manufacturer | IKEA |

7. TROUBLESHOOTING

This section addresses common issues you might encounter with your MALM bed frame. For more complex problems, please contact IKEA customer support.

Common Issues:

- **Squeaking Noises:**

Possible Cause: Loose hardware or friction between components.

Solution: Check all screws and bolts, especially those connecting the side rails to the headboard and footboard, and tighten them securely. Ensure the slatted base is properly seated.

- **Storage Boxes Not Rolling Smoothly:**

Possible Cause: Obstruction, debris in wheels, or uneven floor surface.

Solution: Clear any items obstructing the wheels. Check wheels for debris and clean if necessary. Ensure the bed frame is on a level surface.

- **Mattress Sinking/Uneven Support:**

Possible Cause: Damaged or improperly installed slatted base.

Solution: Inspect the Luröy slatted base for any broken or dislodged slats. Re-position or replace damaged slats as needed. Ensure the slatted base is correctly installed and supported by the midbeam (if applicable).

8. WARRANTY AND SUPPORT

For information regarding the warranty of your IKEA MALM bed frame, please refer to the warranty documentation provided at the time of purchase or visit the official IKEA website. IKEA offers various support channels for product inquiries, spare parts, and assembly assistance.

Contact IKEA Support:

- Visit the official IKEA website for customer service contact details, FAQs, and online support.
- Locate your nearest IKEA store for in-person assistance.
- Keep your proof of purchase (receipt) handy for any warranty claims or support requests.