

IKEA IK.904.784.79

IKEA VATNESTRÖM Pocket Sprung Mattress User Manual

Model: IK.904.784.79

INTRODUCTION

The IKEA VATNESTRÖM Pocket Sprung Mattress is designed to provide exceptional comfort and support for a restful night's sleep. This extra firm mattress incorporates natural materials and advanced pocket spring technology to adapt to your body's contours and maintain an even temperature.

This manual provides essential information on setting up, using, maintaining, and troubleshooting your VATNESTRÖM mattress to ensure its longevity and your continued comfort.



Figure 1: The IKEA VATNESTRÖM Pocket Sprung Mattress, showcasing its clean design and firm structure.

SETUP

Follow these steps to properly set up your new VATNESTRÖM mattress:

1. **Unpack the Mattress:** Carefully remove the mattress from its packaging. Be gentle to avoid damaging the fabric.
2. **Placement:** Place the mattress on a suitable bed frame or foundation. Ensure the surface is flat and provides adequate support for the mattress size (160 x 200 cm).
3. **Expansion:** Allow the mattress to fully expand. While it may be ready for use shortly after unpacking, it can take up to 72 hours for the mattress to fully decompress and reach its intended firmness and shape.

4. **Ventilation:** It is normal for new mattresses to have a slight odor. Ventilate the room by opening windows for a few hours after unpacking to dissipate any initial smell.



Figure 2: The VATNESTRÖM mattress placed on a bed frame, ready for use.

OPERATING (FEATURES AND USE)

The VATNESTRÖM mattress is engineered with several features to enhance your sleep experience:

- **Pocket Springs:** Individually wrapped pocket springs work independently to provide precise support, adapting to your body's movements and contours.
- **5 Comfort Zones:** Designed with 5 distinct comfort zones, the mattress offers targeted support and pressure relief for areas like your shoulders and hips.
- **Natural Materials:** Layers of natural latex, coconut fiber, cotton, and wool contribute to a comfortable and evenly tempered sleeping environment. The textiles closest to your skin are 100% sustainably sourced cotton.

- **Reinforced Edge:** The mattress features a reinforced edge, allowing you to sit comfortably on the side without the mattress losing its firmness or shape.
- **Ventilation:** The bottom layer, made of natural coconut fibers, promotes air circulation within the mattress, ensuring good ventilation and sleeping comfort.
- **Single-Sided Use:** This mattress is designed for single-sided use, meaning it does not need to be flipped.

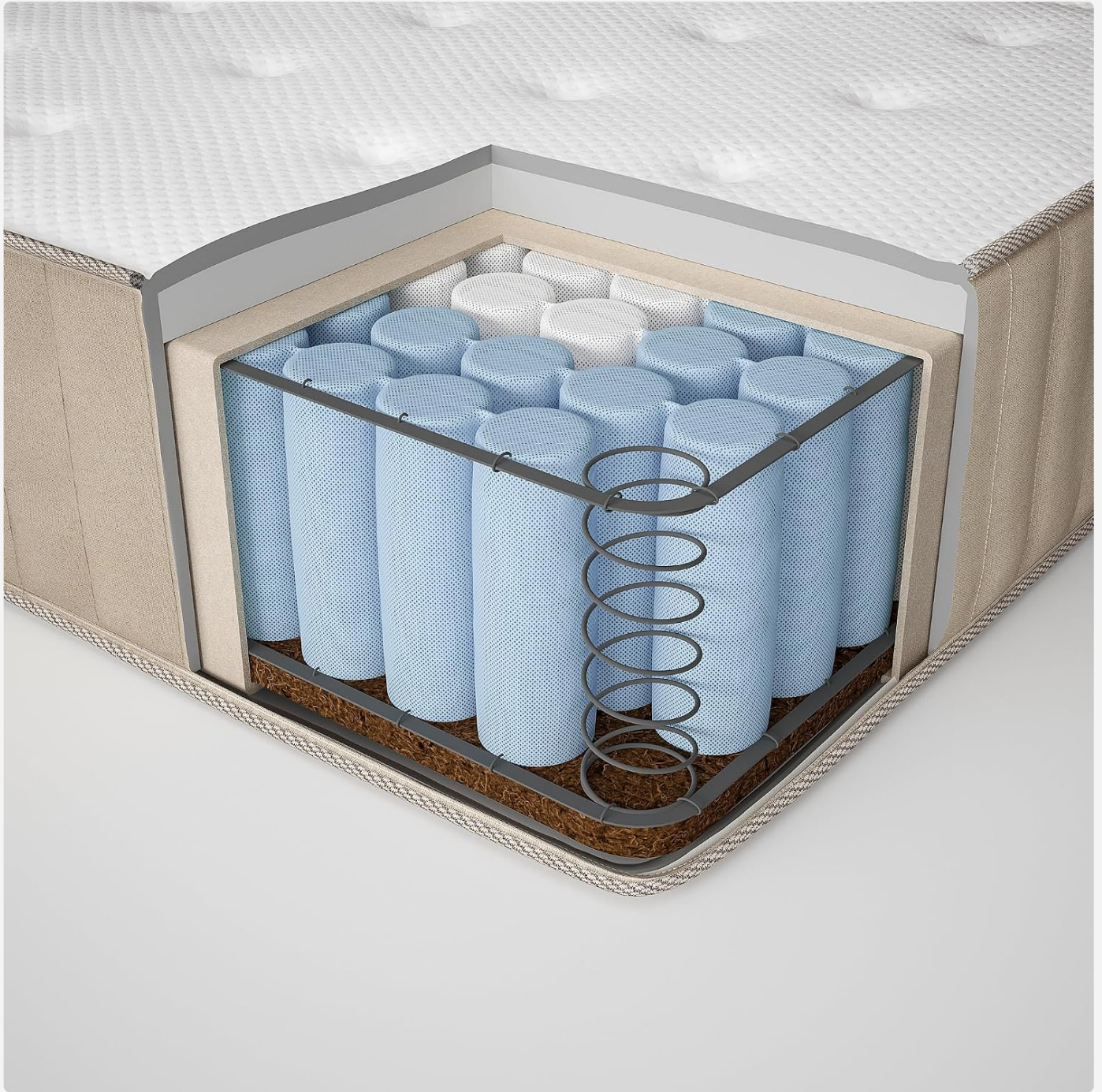


Figure 3: An internal view of the VATNESTRÖM mattress, highlighting the individually wrapped pocket springs and natural material layers.



Figure 4: A person resting on the VATNESTRÖM mattress, demonstrating its comfort and support.

MAINTENANCE

Proper care will extend the life and performance of your mattress:

- **Rotation:** While the mattress is designed for single-sided use, rotating it head-to-foot every 3-6 months can help distribute wear evenly and prolong its lifespan.
- **Cleaning:** Spot clean any spills immediately with a mild detergent and a damp cloth. Avoid saturating the mattress. Do not machine wash or dry clean the mattress.
- **Protection:** Use a mattress protector to shield against spills, stains, and allergens, keeping your mattress clean and hygienic.
- **Ventilation:** Regularly air out your mattress by removing bedding for a few hours, especially if you live in a humid environment.
- **Handles:** The handles on the side of the mattress are for positioning only. Do not use them to lift or carry the

mattress, as this may damage them.



Figure 5: The side handle on the VATNESTRÖM mattress, designed for easy positioning.

TROUBLESHOOTING

If you encounter any issues with your VATNESTRÖM mattress, consider the following:

Problem	Possible Cause	Solution
New Mattress Odor	"Off-gassing" from new materials.	Ventilate the room well for a few days. The odor will dissipate over time.

Problem	Possible Cause	Solution
Mattress feels too firm/soft	Mattress not fully expanded; personal preference.	Allow up to 72 hours for full expansion. Mattress firmness is extra firm as designed. Ensure your bed base provides adequate support.
Slight indentations	Normal body impressions.	This is normal and indicates the mattress conforming to your body. Rotate the mattress head-to-foot periodically.

If problems persist, please refer to the warranty information or contact IKEA customer support.

SPECIFICATIONS

Feature	Detail
Brand	IKEA
Model Name	VATNESTRÖM
Model Number	IK.904.784.79
Dimensions	160 x 200 cm
Firmness	Extra Firm
Coil Type	Pocket Sprung
Number of Layers	5
Filling Material	Natural latex, coconut fiber
Cover Material	Cotton, Natural Linen
Special Feature	Pressure Relief
Color	White / Natural

WARRANTY AND SUPPORT

The IKEA VATNESTRÖM mattress is covered by a comprehensive **10-year warranty**. This warranty covers defects in materials and workmanship from the date of purchase.

For detailed terms and conditions of the warranty, please refer to the warranty brochure provided with your purchase or visit the official IKEA website.

For any questions, support, or warranty claims, please contact IKEA customer service through their official channels or visit your nearest IKEA store.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question