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Gymform Mando

GYMFORM Leg Action Remote Control User Manual

Model: Mando

INTRODUCTION

This manual provides instructions for the proper use and maintenance of your GYMFORM Leg Action Remote Control. This remote is designed for use with both the GYMFORM Leg Action Normal and GYMFORM Leg Action Platinum foot and leg massager models. Please read this manual thoroughly before operating the remote control to ensure safe and effective use.



Image: The GYMFORM Leg Action Remote Control shown alongside the main Leg Action massager unit. The remote is black with white buttons and the GYMFORM logo, while the massager unit is blue and white.

SAFETY INFORMATION

- Keep the remote control away from water and moisture.
- Do not expose the remote to direct sunlight or extreme temperatures.
- Use only AAA batteries as specified. Do not mix old and new batteries, or different types of batteries.
- Remove batteries if the remote control will not be used for an extended period.
- Keep batteries out of reach of children.

PACKAGE CONTENTS

Your package should contain the following item:

- 1 x GYMFORM Leg Action Remote Control (Model: Mando)

Note: Batteries (2 x AAA) are typically not included and must be purchased separately.

PRODUCT OVERVIEW

Familiarize yourself with the buttons and functions of your remote control:



Image: Close-up view of the GYMFORM Leg Action Remote Control with numbered labels pointing to each button for identification.

1. **ON/OFF Button:** Powers the massager unit on or off.
2. **Time - Button:** Decreases the operating time of the massager.
3. **Program (P) Button:** Selects the automatic program mode.
4. **Start / Stop Button:** Initiates or pauses the massage function.
5. **Speed + Button:** Increases the massage speed/intensity.
6. **Time + Button:** Increases the operating time of the massager.
7. **Speed - Button:** Decreases the massage speed/intensity.
8. **Manual (M) Button:** Selects the manual program mode.

SETUP

Installing Batteries

The remote control requires 2 x AAA batteries (not included).

1. Locate the battery compartment cover on the back of the remote control.
2. Slide the cover downwards or press the latch and lift to open.
3. Insert two AAA batteries, ensuring the correct polarity (+ and -) as indicated inside the compartment.
4. Replace the battery compartment cover, ensuring it clicks securely into place.



Image: A hand holding the GYMFORM Leg Action Remote Control, demonstrating its ergonomic design and size for comfortable use.

OPERATING INSTRUCTIONS

Ensure your GYMFORM Leg Action massager is plugged into a power outlet and switched on (if it has a physical power switch).

1. **Power On/Off:** Press the **ON/OFF** button (1) to turn the massager unit on or off.
2. **Start/Stop Massage:** Once the unit is powered on, press the **Start / Stop** button (4) to begin or pause the massage.
3. **Select Program Mode:**
 - Press the **Program (P)** button (3) to cycle through automatic massage programs. The massager will automatically adjust speed and intensity according to the selected program.
 - Press the **Manual (M)** button (8) to enter manual mode, allowing you to adjust speed and time independently.
4. **Adjust Speed:** In manual mode, use the **Speed +** button (5) to increase the massage speed/intensity and the **Speed -** button (7) to decrease it.
5. **Adjust Time:** Use the **Time +** button (6) to increase the massage duration and the **Time -** button (2) to decrease it.

Note: For optimal performance, ensure the remote control is pointed towards the massager unit during operation.



Image: An individual comfortably seated, using the GYMFORM Leg Action massager with the remote control to adjust settings.

MAINTENANCE

Cleaning the Remote Control

- Wipe the remote control with a soft, dry cloth.
- Do not use abrasive cleaners, solvents, or chemical sprays, as these may damage the surface or internal components.

Battery Replacement

Replace the batteries when the remote control's responsiveness decreases or if the massager unit does not respond to commands. Follow the battery installation steps outlined in the "Setup" section.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Remote control not responding.	Batteries are dead or incorrectly inserted. Remote is too far from the massager unit. Obstruction between remote and massager.	Replace batteries with new AAA batteries, ensuring correct polarity. Move closer to the massager unit. Ensure a clear line of sight between the remote and the massager's sensor.

Problem	Possible Cause	Solution
Massager unit not powering on.	Massager unit is not plugged in or switched on. Remote control issue (see above).	Check power connection and main power switch on the massager unit. Troubleshoot remote control as described above.

SPECIFICATIONS

- **Model:** Mando
- **Brand:** Gymform
- **Compatibility:** GYMFORM Leg Action Normal, GYMFORM Leg Action Platinum
- **Power Source:** 2 x AAA Batteries (not included)
- **Connection Type:** Infrared (IR)
- **Special Features:** Ergonomic design
- **UPC:** 644812053573

WARRANTY

Information regarding the warranty for this specific remote control may vary. Please refer to the warranty documentation provided with your original GYMFORM Leg Action massager unit or contact the manufacturer directly for details on replacement parts and accessories.

SUPPORT

If you encounter issues not covered in this manual or require further assistance, please contact GYMFORM customer support or the retailer from whom you purchased the product. Have your product model number (Mando) and any relevant purchase information ready when contacting support. For more information, you may visit the official Gymform website (if available, a placeholder link is used here): www.gymform.com