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› [FLEXISPOT E6 Standing Desk User Manual - Dual Motor, 3 Stages, 55x28 Inch](#)

FLEXISPOT E6

FLEXISPOT E6 Standing Desk User Manual

Dual Motor, 3 Stages, 55x28 Inch Height Adjustable Home Office Desk

1. INTRODUCTION

Thank you for choosing the FLEXISPOT E6 Standing Desk. This electric height-adjustable desk is designed to enhance your workspace ergonomics, allowing seamless transitions between sitting and standing positions. This manual provides essential information for safe assembly, operation, and maintenance of your new desk.



Image 1.1: The FLEXISPOT E6 Standing Desk in a typical office setup.

2. SAFETY INFORMATION

- Ensure the total weight on the desk does not exceed 220 lbs (100 kg).
- Adjust the desk height according to user comfort while maintaining stability.
- Keep children and pets away from the desk during operation.
- Do not place hands or objects near moving parts to avoid injury or damage.
- Ensure all cables are properly managed to prevent tripping hazards and damage.
- Only use the provided power adapter and cables.

3. PACKAGE CONTENTS

Please verify that all components are present before beginning assembly:

- Pedestal (x2)
- Right Beam (x2)
- Left Beam (x2)
- Column (x2)

- Side Bracket (x2)
- Adapter Bracket (x1)
- Keypad (x1)
- AC Power Cable (x1)
- Power Adaptor (x1)
- Extension Cord (x1)
- T-Socket Wrench (x1)
- Cable Clip (x4)
- Desktop (x1)

4. ASSEMBLY INSTRUCTIONS

Follow these steps to assemble your FLEXISPOT E6 Standing Desk. It is recommended to have two people for assembly.

1. **Assemble the Cross Beams:** Connect the left and right beams using the provided screws and T-socket wrench. Ensure screws are aligned with square holes and pressed tightly.
2. **Attach Pedestals to Columns:** Secure the pedestals to the columns using the designated screws. Prioritize diagonal screws during this step for stability.
3. **Connect Columns to Cross Beams:** Attach the assembled column-pedestal units to the cross beams.
4. **Install Side Brackets:** Mount the side brackets to the frame using the appropriate screws.
5. **Mount the Desktop:** Carefully place the desktop upside down on a soft, clean surface. Position the assembled frame onto the desktop. Ensure the distance between the supporting bracket and the edge of the tabletop does not exceed 200mm. Secure the frame to the desktop using the provided screws.
6. **Install Keypad and Adapter Bracket:** Attach the keypad to the underside of the desktop, ensuring it is on the same side as the adapter bracket. The curved edge of the keypad should be flush with the edge of the table top. Secure the adapter bracket.
7. **Connect Cables:** Connect the motor cables from the columns to the control box. Connect the keypad cable to the control box. Plug the power adapter into the control box and then into a power outlet. Use cable clips to manage and secure all cables neatly.

Video 4.1: Official FLEXISPOT E6 Essential Standing Desk Installation Guide. This video provides a visual walkthrough of the assembly process, detailing each step from unboxing to final setup.



Image 4.2: The assembled FLEXISPOT E6 Standing Desk ready for use.

5. OPERATING INSTRUCTIONS

Your FLEXISPOT E6 Standing Desk features a quiet and smooth dual motor system for effortless height adjustment.

- **Adjusting Height:** Use the up (▲) and down (▼) arrow buttons on the keypad to raise or lower the desk to your desired height. The current height will be displayed on the LED panel.
- **3-Stage Lift System:** The desk offers a wide range of lifting space, from 23.6 inches to 48.8 inches, accommodating various user heights.
- **Quiet Operation:** The dual motors operate at less than 50 dB, ensuring minimal noise disruption.

INTELLIGENT KEYPAD

Perfect size for your home office



Image 5.1: The intelligent keypad for height adjustment and memory settings.

6. PROGRAMMABLE CONTROLLER

The intelligent keypad allows you to save and recall your preferred desk heights:

- Set a Memory Position:** Adjust the desk to your desired height using the up/down arrows. Press the 'M' button, then press one of the numbered memory buttons (1, 2, 3, or 4) within 3 seconds to save the current height.
- Recall a Memory Position:** Simply press the corresponding numbered memory button (1, 2, 3, or 4) to automatically move the desk to the saved height.
- Anti-Collision System:** The desk is equipped with an anti-collision system to detect and prevent collisions during height adjustment, improving safety.

7. SPECIFICATIONS

Feature	Description
Brand	FLEXISPOT

Model	E6
Desktop Dimensions	55.1"D x 27.5"W (55x28 Inch)
Height Range	23.6" to 48.8"
Lift System	Dual Motor, 3 Stages
Maximum Load Capacity	220 lbs (100 kg)
Noise Level	Less than 50 dB
Desktop Material	Engineered Wood (FSC-Certified)
Base Material	Metal
Included Components	Table Top, Legs

WHOLE-PIECE TOP

Durable, Spacious Single-Piece Desktop



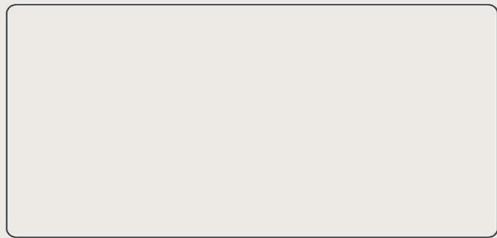
Smooth,
Single-Piece Desktop



Uneven Two-Piece
Desktop

Image 7.1: Detailed dimensions and height ranges of the FLEXISPOT E6 desk.

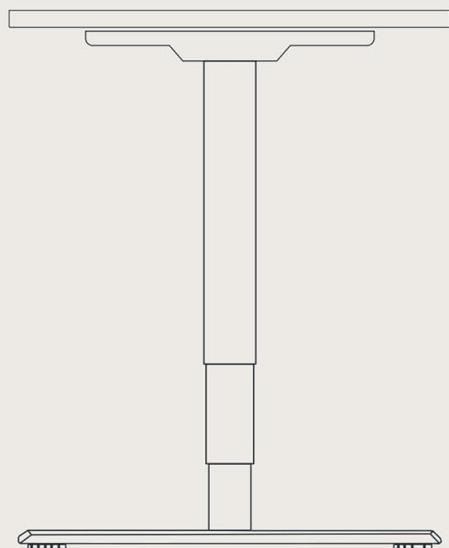
DIMENSIONS



Desktop

55"-28" diameter

Can hold two 27 inch computers.



Desk Frame

TALL

40"-48.8" for the extra

MEDIUM

31.4"-39.9" for adults

SHORT

23.6""-31.1" for kids

Image 7.2: The desk demonstrating its 220 lbs maximum load capacity.

8. MAINTENANCE

- **Cleaning:** Wipe the desktop and frame with a soft, damp cloth. Avoid harsh chemicals or abrasive cleaners.
- **Cable Management:** Regularly check and reorganize cables to prevent tangles and damage.
- **Inspection:** Periodically inspect all screws and connections to ensure they are tight and secure.

9. TROUBLESHOOTING

If you encounter any issues with your FLEXISPOT E6 Standing Desk, please refer to the following common solutions:

- **Desk Not Moving:** Check all cable connections, especially the power adapter and motor cables. Ensure the power outlet is functional.
- **Uneven Height:** Perform a reset by holding down the 'M' button for 5-10 seconds until the desk moves to its lowest position and then slightly rises.
- **Error Codes:** Refer to the specific error code displayed on the keypad and consult the FLEXISPOT

support website or contact customer service for assistance.

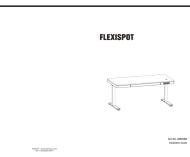
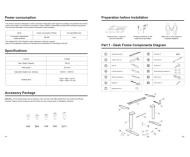
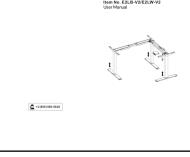
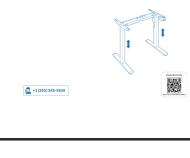
10. WARRANTY AND SUPPORT

FLEXISPOT stands behind the quality of its products:

- **Warranty:** Enjoy peace of mind with our 5-year coverage on the desk frame and motor, and 2-year protection on the control panel and electronics.
- **Returns:** This product is returnable until January 31, 2026.
- **Customer Support:** For any assistance, please contact FLEXISPOT customer support. Visit the official [FLEXISPOT Store](#) for more information and contact options.

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Related Documents - E6

	<p>FlexiSpot EH1-EU Electric Standing Desk Frame User Manual</p> <p>Comprehensive user manual for the FlexiSpot EH1-EU electric standing desk frame, detailing specifications, assembly instructions, wiring, operation, and troubleshooting for optimal use.</p>
	<p>FlexiSpot EG8B/EG8W Installation Guide and Limited Warranty</p> <p>This document provides a comprehensive installation guide and limited warranty information for the FlexiSpot EG8B/EG8W adjustable standing desk. It details specifications, assembly steps, keypad operation, troubleshooting, safety precautions, and warranty terms.</p>
	<p>FlexiSpot Q8B/Q8W Height Adjustable Standing Desk Installation Guide and Warranty</p> <p>Comprehensive installation guide and warranty information for the FlexiSpot Q8B/Q8W height adjustable standing desk, including setup instructions, usage tips, troubleshooting, and warranty details.</p>
	<p>FlexiSpot E7-Flow Electric Height Adjustable Desk Frame - User Manual</p> <p>Comprehensive user manual for the FlexiSpot E7-Flow electric height-adjustable desk frame, covering specifications, power consumption, installation, operation, and troubleshooting.</p>
	<p>FlexiSpot E2LB-V2/E2LW-V2 Electric Height-Adjustable Desk User Manual</p> <p>User manual for the FlexiSpot E2LB-V2 and E2LW-V2 electric height-adjustable desks, covering assembly, operation, technical specifications, and troubleshooting.</p>
	<p>FlexiSpot EC1 Electric Height Adjustable Standing Desk Assembly Guide</p> <p>This assembly guide provides step-by-step instructions for setting up the FlexiSpot EC1 electric height-adjustable standing desk. It includes specifications, parts list, assembly procedures, keypad operation, troubleshooting tips, and warranty information.</p>

