

## Manuals+

[Q & A](#) | [Deep Search](#) | [Upload](#)

manuals.plus /

- › [MARK ADLER](#) /
- › [MARK ADLER Expert 6.2 Ergonomic Office Chair User Manual](#)

## MARK ADLER Expert 6.2

# MARK ADLER Expert 6.2 Ergonomic Office Chair User Manual

Model: Expert 6.2

## 1. INTRODUCTION

---

Thank you for choosing the MARK ADLER Expert 6.2 Ergonomic Office Chair. This manual provides essential information for the safe assembly, operation, maintenance, and troubleshooting of your new office chair. Please read this manual thoroughly before assembly and retain it for future reference.



Image: The MARK ADLER Expert 6.2 ergonomic office chair.

## 2. SAFETY INFORMATION

- Ensure all parts are present and undamaged before assembly. Do not use if any parts are missing or broken.
- Follow the assembly instructions carefully. Incorrect assembly can lead to instability and injury.
- Do not stand on the chair.
- Do not use the chair as a step stool.
- Keep children and pets away during assembly. Small parts can be a choking hazard.
- Do not exceed the maximum weight capacity of 150 kg (330 lbs).
- Regularly check all bolts and screws to ensure they are tightened. Retighten if necessary.
- Avoid exposing the chair to direct sunlight or extreme temperatures to prevent material degradation.

### 3. PACKAGE CONTENTS

---

Please verify that all components are included in your package:

- Backrest Assembly
- Seat Cushion Assembly
- Gas Lift Cylinder
- Star Base
- Casters (Wheels)
- Armrests (Left and Right)
- Headrest
- Mounting Hardware (Screws, Washers, Allen Key)



Image: Exploded view of chair components for assembly.

## 4. ASSEMBLY INSTRUCTIONS

Follow these steps to assemble your MARK ADLER Expert 6.2 office chair:

1. **Attach Casters to Base:** Insert the casters into the holes at the end of each leg of the star base. Push firmly until they click into place.
2. **Insert Gas Lift:** Place the gas lift cylinder into the center hole of the star base.
3. **Attach Armrests to Seat:** Secure the armrests to the underside of the seat cushion using the provided screws. Ensure they are oriented correctly (left and right).
4. **Attach Backrest to Seat:** Align the backrest with the seat mechanism and secure it with screws.
5. **Attach Headrest:** Slide the headrest into the designated slots at the top of the backrest.
6. **Connect Seat Assembly to Gas Lift:** Carefully place the assembled seat and backrest onto the gas lift cylinder. Press down firmly to secure.
7. **Final Check:** Ensure all screws are tightened and the chair is stable before use.

## 5. OPERATING INSTRUCTIONS

---

Your MARK ADLER Expert 6.2 chair offers several adjustment features for optimal comfort and ergonomics:

- **Chair Height Adjustment:** Locate the lever on the right side, under the seat. Pull the lever up to raise the chair (when no weight is on it) or lower it (when seated). Release the lever to lock the height.
- **Backrest Recline and Lock (SeatRest Multilock-Funktion):** The mechanism allows the backrest to tilt to any desired position. Pull the recline lever (typically on the left side, under the seat) to unlock the recline. Lean back to your desired angle, then push the lever down to lock the backrest in place.
- **Adjustable Headrest:** The headrest can be adjusted vertically to provide proper support for your neck and head. Simply slide it up or down to your preferred height.
- **Lumbar Support:** The flexible, ergonomic lumbar support is designed to provide adequate support to your spine. This feature automatically adjusts with your posture to maintain spinal alignment.
- **Armrest Adjustment:** The armrests are adjustable. Look for a button or lever on the side of the armrest to adjust their height.



Image: Detail of the chair's recline and headrest adjustment.

## 6. MAINTENANCE AND CARE

To ensure the longevity and optimal performance of your MARK ADLER Expert 6.2 office chair, follow these maintenance guidelines:

- **Cleaning:** For the mesh and fabric parts, use a soft cloth dampened with mild soap and water. Avoid harsh chemicals or abrasive cleaners. For the metal parts, wipe with a dry or slightly damp cloth.
- **Regular Inspection:** Periodically check all screws, bolts, and connections to ensure they are tight. Retighten any loose fasteners to maintain stability and safety.
- **Caster Care:** Clean the casters regularly to remove hair, dust, and debris that can impede smooth movement.
- **Avoid Overloading:** Do not exceed the chair's maximum weight capacity.
- **Environmental Conditions:** Keep the chair away from direct sunlight, excessive heat, or humidity, which can damage the materials.

## 7. TROUBLESHOOTING

If you encounter any issues with your chair, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Chair does not adjust height	Gas lift cylinder malfunction or lever issue.	Ensure the lever is fully engaged. If the problem persists, the gas lift may need replacement.
Chair is wobbly or unstable	Loose screws or improper assembly.	Check and tighten all assembly screws, especially those connecting the seat, backrest, and armrests.
Casters do not roll smoothly	Debris caught in casters or damaged casters.	Remove any hair or debris from the caster wheels. If damaged, replace the casters.
Squeaking noises	Loose connections or friction between parts.	Tighten all screws. Apply a small amount of silicone lubricant to moving parts if necessary, avoiding contact with mesh or fabric.

## 8. SPECIFICATIONS

Feature	Detail
Brand	MARK ADLER
Model Name	Expert 6.2
Product Dimensions (L x W x H)	49 x 70 x 131 cm (approx. 19.3 x 27.6 x 51.6 inches)
Item Weight	17 Kilograms (approx. 37.5 lbs)
Color	Black
Material	Air Mesh HD Material
Maximum Weight Capacity	150 kg (approx. 330 lbs)
Special Features	Adjustable Headrest, Lumbar Support, Reclining Backrest with Lock, Breathable Mesh



Image: MARK ADLER Expert 6.2 chair with key dimensions.

## 9. WARRANTY AND SUPPORT

For warranty information or technical support, please refer to the documentation provided with your purchase

or visit the official MARK ADLER website. You may also contact the seller directly for assistance.

© 2023 MARK ADLER. All rights reserved.

## Related Documents - Expert 6.2

 <p>The image shows the cover of the Mark Adler Expert 4.6 Office Chair Assembly and User Manual. It features a line drawing of the office chair and the text 'MARK ADLER' at the top and 'EXPERT 4.6' at the bottom. There is also a small table of contents on the right side of the cover.</p>	<p><a href="#">Mark Adler Expert 4.6 Office Chair Assembly and User Manual</a></p> <p>Detailed assembly instructions and safety guidelines for the Mark Adler Expert 4.6 office chair. Includes parts list, step-by-step assembly, and important warnings for safe use.</p>
 <p>The image shows the cover of the Mark Adler Xeno 6.0 Standing Desk User Manual. It features a line drawing of the standing desk and the text 'MARK ADLER' at the top and 'XENO 6.0' at the bottom. There is also a small table of contents on the right side of the cover.</p>	<p><a href="#">Mark Adler Xeno 6.0 Standing Desk User Manual</a></p> <p>Comprehensive user manual for the Mark Adler Xeno 6.0 standing desk, covering assembly, operation, settings, troubleshooting, and environmental protection.</p>
 <p>The image shows the cover of the Ergotune Joobie V2.1 Ergonomic Office Chair Specification Sheet. It features a photograph of the office chair and the text 'joobie' at the top left and 'ergotune' at the top right.</p>	<p><a href="#">Ergotune Joobie V2.1 Ergonomic Office Chair Specification Sheet</a></p> <p>Detailed specification sheet for the Ergotune Joobie V2.1 ergonomic office chair, highlighting its Body Adaptive Technology, features like VerteSync™ Backrest, SmartFlex™ Lumbar Support, GyroBrace™ Armrests, DuraWeave™ Mesh, and comprehensive adjustability for optimal comfort and productivity.</p>
 <p>The image shows the cover of the ExaDesk S06 Series Standing Desk Assembly and Instructions. It features a line drawing of the standing desk and the text 'ExaDesk S06 Series Standing Desk' at the top. There is also a small table of contents on the right side of the cover.</p>	<p><a href="#">ExaDesk S06 Series Standing Desk Assembly and Instructions</a></p> <p>Comprehensive assembly guide and operational instructions for the ExaDesk S06 Series Standing Desk, covering parts list, assembly steps, manual reset, memory presets, unit options, error codes, and safety precautions.</p>