Frida Baby 100001463

Frida Baby 3-in-1 Alarm Clock + Sound Machine + Nightlight Instruction Manual

Model: 100001463

Introduction

This manual provides instructions for the Frida Baby 3-in-1 Sound Machine + When-to-Wake Clock + Nightlight. This device is designed to assist in establishing and maintaining healthy sleep routines for infants and toddlers by combining a sound machine, a sleep training clock, and a nightlight into one unit.

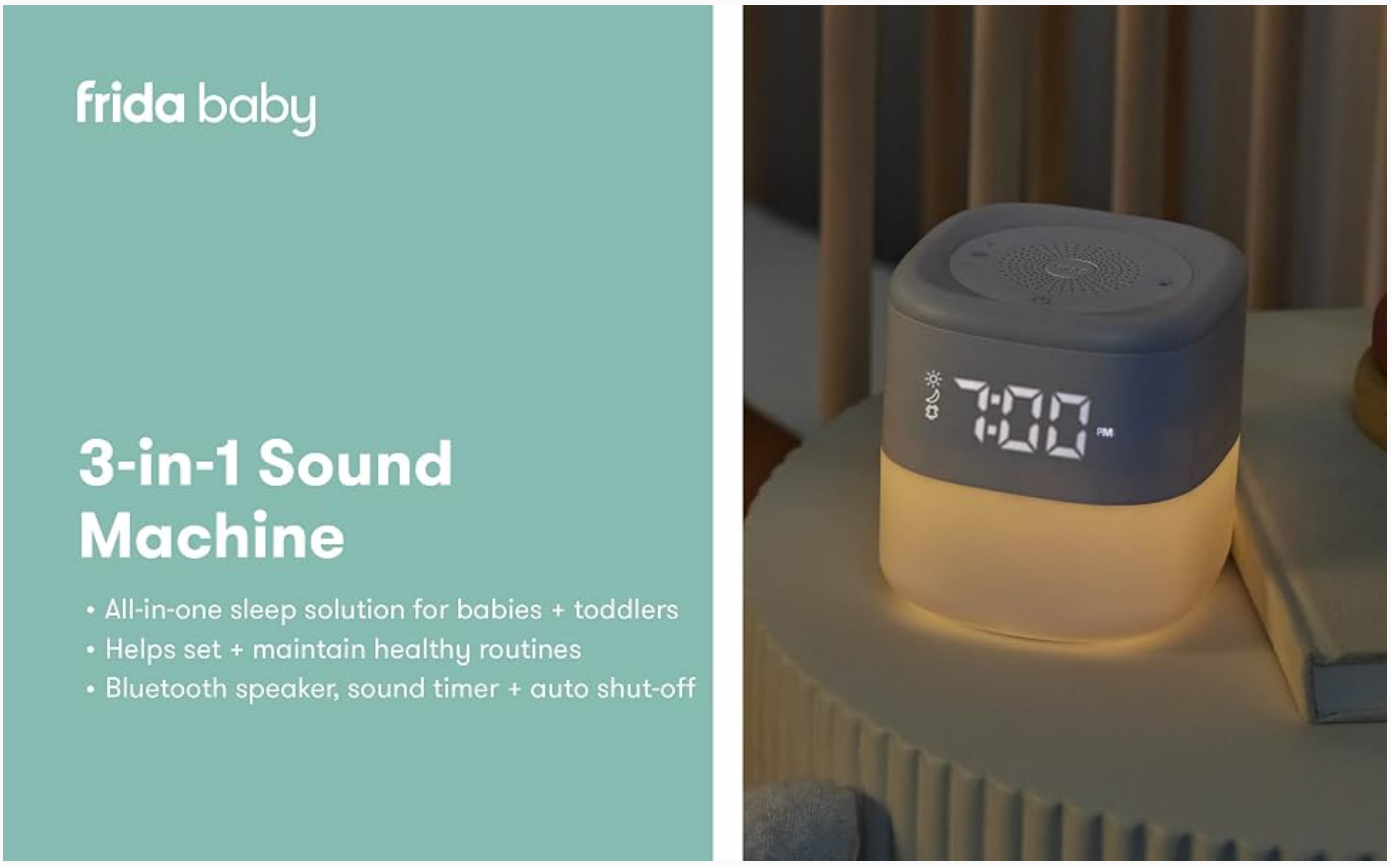


Image: The Frida Baby 3-in-1 device displaying 7:00 PM, with icons for Sound Machine, When-to-Wake Sleep Trainer, and Nightlight.

Setup Instructions

1. **Unbox the Device:** Carefully remove the 3-in-1 sound machine, when-to-wake clock, and nightlight from its packaging.

2. **Install Batteries (if applicable):** If using battery power, ensure batteries are correctly installed. The device can also be powered via an adapter.
3. **Connect via Bluetooth:** For initial time synchronization and additional customization, connect your phone to the device via Bluetooth. This allows for automatic time setting.
4. **Set Sound Machine:** Configure your preferred sleep sound and set the desired timer duration (15, 30, or 60 minutes) for auto shut-off.
5. **Set When-to-Wake Clock:** Establish the bedtime and wake-up routines by setting the corresponding colors and times.
6. **Adjust Nightlight:** Select your preferred warm glow level for the nightlight or activate the blackout mode for complete darkness.
7. **Placement:** Position the product in your child's room, ensuring it is on a stable surface and within reach for adjustments.
8. **Power On:** Turn on the device and verify all settings. Adjust as needed to support healthy sleep routines.

Operating the Device

Sound Machine Functions

The sound machine offers seven distinct sounds to aid sleep: white noise, pink noise, heartbeat, lullaby, bird, waves, and wind. Use the dedicated sound button to cycle through these options. A timer function allows for automatic shut-off after 15, 30, or 60 minutes.



Image: The device in a nursery setting, highlighting the seven available soothing sounds.

When-to-Wake Sleep Trainer

This feature uses a color-coded system to visually communicate bedtime and wake-up times to toddlers:

- **Red:** Indicates bedtime.
- **Yellow:** Signals 15 minutes before the designated wake-up time.
- **Green:** Indicates it is time to wake up.



Image: Visual representation of the three sleep training colors and their meanings.

Nightlight Operation

The integrated nightlight provides three warm glow levels, suitable for nighttime check-ins or continuous comfort. A blackout mode is available to ensure the room remains completely dark when desired.



Image: The device functioning as a nightlight in a nursery setting.

Bluetooth Connectivity

Connect your smartphone via Bluetooth to automatically set the clock's time and to play your own audio through the device's speaker.

Toddler Lock

Activate the toddler lock feature to prevent accidental changes to settings by curious hands. Refer to the device's control panel for the lock button location.

Backlit Buttons

The control buttons are backlit, facilitating easy operation in low-light conditions without disturbing sleep.



Image: Close-up of the device's control panel, indicating various functions.

Maintenance

To ensure the longevity and proper functioning of your Frida Baby 3-in-1 device, follow these maintenance guidelines:

- **Cleaning:** Wipe the device with a soft, dry cloth. Do not use abrasive cleaners or immerse the device in water.
- **Storage:** When not in use for extended periods, store the device in a cool, dry place away from direct sunlight.
- **Battery Care:** If using batteries, replace them as needed. Remove batteries if the device will not be used for a long time to prevent leakage.

Troubleshooting

Issue	Possible Cause / Solution

Issue	Possible Cause / Solution
Sound loop has a brief pause.	This is a characteristic of the sound loop design and not a defect.
Clock display is too bright; cannot dim.	The clock display has an on/off function only; it does not support dimming. You can turn the display off completely if desired.
Bluetooth does not provide full app control.	Bluetooth functionality is primarily for time synchronization and using the device as a speaker for your own audio. It does not offer comprehensive app-based control over all device settings.
Cannot independently turn off Red or Yellow When-to-Wake lights.	The Red (bedtime) and Yellow (pre-wake) lights are part of the integrated sleep training sequence and cannot be disabled or adjusted independently of the Green (wake time) setting.

Specifications

- **Brand:** Frida Baby
- **Model Name:** 3-in-1 Sound Machine + When-To-Wake Clock + Nightlight
- **Model Number:** 100001463
- **UPC:** 810028774346
- **Item Dimensions (L x W x H):** 4.33 x 3.94 x 6.3 inches (11 x 10 x 16 cm)
- **Item Weight:** 0.53 Kilograms
- **Power Source:** Battery Powered (also supports adapter, not specified if included)
- **Number of Sound Tracks:** 7
- **Music Tracks:** White Noise, Pink Noise, Heartbeat, Lullaby, Bird, Waves, Wind
- **Color:** White
- **Material Type:** Plastic

Warranty Information

For detailed warranty information, please refer to the manufacturer's official website or the product packaging. Keep your purchase receipt for warranty claims.

Customer Support

Should you require further assistance, have questions about your device, or need technical support, please visit the official Frida Baby website or contact their customer service department directly. Contact information can typically be found on the product packaging or the brand's website.

Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. Privacy details.

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question