

## TELESIN GP-MNP-G3

# TELESIN G3 118-inch Carbon Fiber Extension Selfie Stick Pole User Manual

Model: GP-MNP-G3

## INTRODUCTION

The TELESIN G3 Extension Selfie Stick Pole is a versatile and lightweight monopod designed for action cameras and smartphones. Constructed from 100% carbon fiber, it offers exceptional strength and durability while remaining portable. This manual provides essential information for the proper setup, operation, and maintenance of your G3 selfie stick to ensure optimal performance and longevity.

## SETUP

### 1. Extending and Retracting the Pole

The G3 selfie stick features an 8-segment retractable design, allowing extension from 44cm (17.32 inches) to 300cm (118 inches). Each section can be locked independently at any desired length.

1. To extend a section, gently pull it outwards.
2. To lock a section, twist it clockwise until it feels secure. Do not overtighten.
3. To unlock and retract a section, twist it counter-clockwise and push it inwards.



**This time  
The whole team  
is in the picture**

Company reunions,  
family outings,  
easy selfies,  
nothing is impossible

Figure 1: Rotating locking design. Turn clockwise to lock, counter-clockwise to unlock. Avoid forcing the mechanism.

## Drone blockbuster Even a freshman can shoot

3m pole with panoramic camera for drone views



Figure 2: The 8-segment retractable design allows for flexible length adjustments.

## 2. Attaching Your Device

The package includes two adapters for broad compatibility:

- One adapter for GoPro cameras (e.g., GoPro Max, Hero 13/12/11/10/9/8/7/6/5 Session).
- One adapter for Insta360 cameras (e.g., Insta360 X5, One R/RS, X2/X3/X4, Go3, Ace Pro) and smartphones (requires a separate phone clip, not included).

Securely attach the appropriate adapter to the top of the selfie stick, then mount your action camera or smartphone (with clip) to the adapter.

## More than stable      More reliable

After bearing the load, it can be restored to its original shape without deformation even after long-term use

### TELESIN's selfie stick



### Other Selfie Sticks

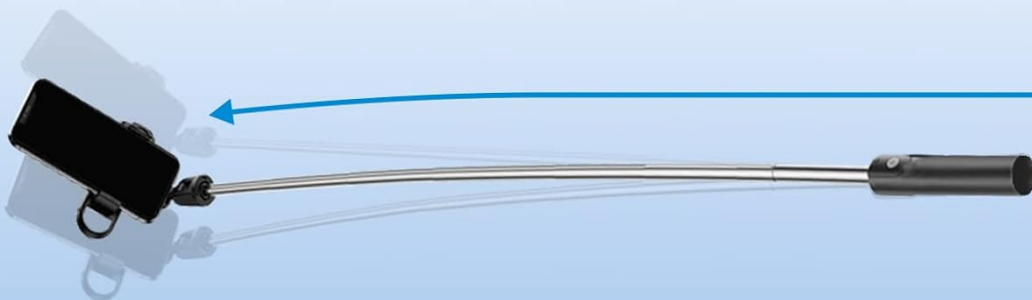


Figure 3: Action camera securely mounted on the TELESIN G3 selfie stick.

### 3. Tripod Stand Compatibility

The base of the pole features a standard 1/4-inch tripod screw thread. This allows you to connect the selfie stick to any compatible tripod stand for hands-free operation, vlogging, or stable video recording. *Note: A tripod stand is not included and must be purchased separately.*

## Tripod in one piece

1/4 threaded port on the bottom of the selfie stick for attaching a tripod base

\*The tripod base does not come as standard, please purchase separately from the TELESIN shop



Figure 4: The 1/4-inch threaded port at the base for tripod attachment.

## OPERATING INSTRUCTIONS

### General Usage

The TELESIN G3 is designed for a wide range of activities, including surfing, diving, snowboarding, skiing, skateboarding, and travel. Its carbon fiber construction ensures it is lightweight and durable for various environments.

- Always ensure all sections are securely locked before use to prevent accidental retraction or damage to your device.
- When using with 360 cameras, the slim design and carbon fiber material help minimize the stick's visibility in 360-degree footage.
- The handle is wrapped in food-grade silicone with a non-slip texture for a comfortable and secure grip during use.



Figure 5: Ergonomic non-slip silicone grip for enhanced handling.

### Waterproof Use

The carbon fiber material makes the selfie stick waterproof and rustproof, suitable for use in wet conditions such as



rain, snow, and underwater environments.

# Beautiful sea view Shoot with abandon

Carbon fibre is more resistant to corrosion than metal, making your shots no worries

\*rinse and dry with water after immersion in seawater



Figure 6: The carbon fiber construction allows for use in marine environments.

## Official Product Video

Your browser does not support the video tag.

Video 1: Official TELESIN G3 118-inch Long Selfie Stick Pole demonstration, showcasing its extendable length and features.

## MAINTENANCE

- **Cleaning:** After use, especially in saltwater, rinse the entire pole with fresh water and dry thoroughly to prevent any potential residue buildup.
- **Storage:** Store the selfie stick in a dry, cool place, away from direct sunlight and extreme temperatures. Ensure it is fully retracted before storage.
- **Inspection:** Periodically check the locking mechanisms and pole sections for any signs of wear or damage. Ensure the silicone grip is clean and free of debris.
- **Avoid Impact:** Do not hit the pole directly when storing or retracting to avoid cracking the carbon fiber material.

## TROUBLESHOOTING

Issue	Possible Cause	Solution
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Issue	Possible Cause	Solution
Pole sections do not lock securely.	Insufficient clockwise twist; debris in locking mechanism.	Ensure each section is twisted firmly clockwise until secure. Clean sections if debris is suspected.
Difficulty retracting pole sections.	Sections overtightened; debris.	Twist counter-clockwise to loosen. Avoid overtightening during extension. Clean sections.
Excessive flex when fully extended.	Normal for extreme lengths; heavy camera attached.	Ensure all sections are fully extended and locked. Use a lighter camera if possible. The carbon fiber design minimizes flex compared to other materials.
Camera mount feels loose.	Adapter not tightened; worn adapter.	Ensure the camera and adapter are securely fastened. Replace adapter if worn.

## SPECIFICATIONS

**Model:** GP-MNP-G3

**Material:** 100% Carbon Fiber

**Extended Length:** 300 cm (118 inches)

**Retracted Length:** 44 cm (17.32 inches)

**Weight:** Approximately 369 grams (13 ounces)

**Segments:** 8

**Handle Material:** Food-grade silicone with non-slip texture

**Base Mount:** 1/4-inch threaded screw port

**Compatibility:** GoPro Max, Hero 13/12/11/10/9/8/7/6/5 Session; DJI Osmo Action, Osmo Nano, Osmo 360, Action 3/4/5/6, Osmo Pocket 3; Insta360 X5, One R/RS, X2/X3/X4, Go3, Ace Pro; AKASO, other action cameras & digital compacts; Smartphones (with separate clip).

**Waterproof:** Yes

## WARRANTY AND SUPPORT

TELESIN products are manufactured to high-quality standards. For specific warranty information, please refer to the warranty card included with your product or visit the official TELESIN website. If you encounter any issues or require technical assistance, please contact TELESIN customer support through their official channels.

**Manufacturer:** TELESIN

**Website:** [Visit the TELESIN Store on Amazon](#)

