

DYNAMIC SAUNAS GDI-6996-01

DYNAMIC SAUNAS Golden Designs Monaco 6-Person Near Zero EMF Far Infrared Sauna User Manual

MODEL: GDI-6996-01

1. Introduction

This manual provides essential information for the safe and efficient operation, installation, and maintenance of your DYNAMIC SAUNAS Golden Designs Monaco 6-Person Near Zero EMF Far Infrared Sauna. Please read all instructions carefully before assembly and use to ensure proper function and longevity of your product. Retain this manual for future reference.

2. Important Safety Information

Always adhere to the following safety guidelines to prevent injury or damage to the sauna:

- Consult a physician before using the sauna, especially if you have pre-existing medical conditions, are pregnant, or are taking medication.
- Do not use the sauna under the influence of alcohol or drugs.
- Limit sauna sessions to 30-45 minutes to avoid overheating.
- Ensure adequate hydration before, during, and after sauna use.
- Keep children and pets away from the sauna during operation.
- Do not block the air vents or place flammable materials near the heaters.
- Electrical installation must be performed by a certified electrician to meet local codes and the sauna's specific requirements (two separate dedicated 20 amp 120 volt outlets, two separate 20 amp breakers).
- Never attempt to repair or modify the sauna's electrical components yourself. Contact qualified service personnel.

3. Setup and Assembly

The DYNAMIC SAUNAS Monaco sauna requires careful assembly. It is recommended that at least two adults are present for assembly.

3.1 Pre-Installation Checklist

- **Location:** Choose a dry, level indoor surface. Ensure sufficient space around the sauna for assembly and maintenance. Exterior dimensions are 73" W x 61" D x 79" H (add 6" for roof overhang).
- **Electrical Requirements:** Verify that your electrical system can provide two separate dedicated 20 amp 120 volt outlets, each on its own 20 amp breaker. Consult a certified electrician for installation if necessary.
- **Unpacking:** Carefully unpack all components and verify against the packing list. Report any damage immediately.

3.2 Assembly Steps (General)

1. **Base Placement:** Position the sauna base on the chosen level surface.
2. **Wall Panel Installation:** Connect the rear wall panel to the base, followed by the side panels. Ensure all locking mechanisms are securely engaged.
3. **Bench Installation:** Install the interior benches and backrests according to the provided diagrams.
4. **Front Panel & Door:** Attach the front panel and carefully install the tempered glass door.
5. **Roof Assembly:** Place the roof panel on top, ensuring all electrical connections for lighting and control panels are properly routed and connected.
6. **External Roof:** Install the decorative external roof.
7. **Heater Connections:** Ensure all carbon PureTech Near Zero EMF heat emitters are securely connected.
8. **Media System:** Install the FM/CD radio with MP3 auxiliary connection and the 15" LCD Monitor with DVD Player, connecting all necessary cables.



Figure 3.2.1: Fully assembled DYNAMIC SAUNAS Monaco 6-Person Far Infrared Sauna, showcasing its Canadian Hemlock construction and glass door.



Figure 3.2.2: A person standing next to the DYNAMIC SAUNAS Monaco sauna, illustrating its size and design in a home setting.

4. Operating Instructions

Familiarize yourself with the control panel for optimal sauna experience.

4.1 Powering On/Off

- Locate the main power switch, typically on the exterior control panel.
- Press the 'Power' button to turn on the sauna. The control panel display will illuminate.
- To power off, press the 'Power' button again or allow the timer to complete its cycle.

4.2 Temperature and Time Settings

- **Temperature:** Use the 'Temp Up' and 'Temp Down' buttons to set your desired temperature. The sauna will automatically heat to this setting.
- **Timer:** Use the 'Time Up' and 'Time Down' buttons to set the duration of your sauna session. The maximum recommended session length is 45 minutes.

4.3 Media System Operation

Your sauna is equipped with an FM/CD radio with MP3 auxiliary connection and a 15" LCD Monitor with DVD Player.

- **Radio/CD/MP3:** Use the media control panel to select input source (FM, CD, AUX). Adjust volume and tune stations as per standard audio equipment.
- **DVD Player:** Insert a DVD into the player connected to the LCD monitor. Use the monitor's controls or a remote (if provided) to play, pause, and navigate menus.

4.4 Chromotherapy Lighting

The sauna features interior lighting with various color options, often referred to as chromotherapy. Use the dedicated light control button on the panel to cycle through colors or select a specific mode.



Figure 4.4.1: Interior view of the DYNAMIC SAUNAS Monaco sauna, showing the benches, heaters, and active chromotherapy lighting.



Figure 4.4.2: Detailed interior view of the DYNAMIC SAUNAS Monaco sauna, highlighting the ergonomic benches and the carbon PureTech Near Zero EMF heat emitters.

5. Maintenance

Regular maintenance ensures the longevity and optimal performance of your sauna.

- **Cleaning the Wood:** Wipe down interior and exterior wood surfaces with a clean, damp cloth after each use. Do not use harsh chemical cleaners, as they can damage the wood and release fumes. For deeper cleaning, use a mild soap solution and wipe dry immediately.
- **Glass Cleaning:** Clean the tempered glass door and windows with a standard glass cleaner and a soft cloth.
- **Heater Care:** The carbon PureTech heaters require minimal maintenance. Ensure they remain free of obstructions. Do not spray water directly onto the heaters.
- **Ventilation:** Ensure the sauna's ventilation system is clear and unobstructed for proper air circulation.
- **Inspection:** Periodically inspect all electrical connections and components for any signs of wear or damage. If any issues are found, discontinue use and contact customer support.

6. Troubleshooting

This section addresses common issues you might encounter with your sauna.

Problem	Possible Cause	Solution
Sauna does not power on.	No power supply; tripped breaker; loose connection.	Check power cord connection. Verify circuit breakers are not tripped. Ensure all internal connections are secure.
Sauna not heating.	Temperature setting too low; timer not set; heater malfunction.	Increase temperature setting. Set the timer for a session. If problem persists, contact support.
Media system not working.	Loose connections; incorrect input selected; media error.	Check all audio/video cable connections. Select the correct input source (FM, CD, AUX, DVD). Ensure media (CD/DVD) is clean and inserted correctly.
Unusual odors.	New wood smell; dust on heaters.	New wood smell will dissipate over time. Ensure heaters are clean. Ventilate the room.

If you encounter an issue not listed here or if the suggested solutions do not resolve the problem, please contact DYNAMIC SAUNAS customer support.

7. Specifications

Key technical details for the DYNAMIC SAUNAS Golden Designs Monaco 6-Person Far Infrared Sauna:

- **Model:** GDI-6996-01
- **Capacity:** 6 Person
- **Heaters:** 15 Carbon PureTech Near Zero EMF Heat Emitters
- **Wood Type:** Natural Reforested Canadian Hemlock
- **Wood Thickness:** 6mm Interior and Exterior planks with a 1.13 inch inner frame
- **Exterior Dimensions (WDH):** 73" x 61" x 79" (roof overhang: add 6")
- **Interior Dimensions (WDH):** 68" x 57" x 72"
- **Door & Windows:** Clear Tempered glass door and side windows
- **Electrical Service:** 2 separate dedicated 20 amp 120 volt outlets, two separate 20 amp breakers required
- **Media System:** FM/CD radio with MP3 auxiliary connection, 4 built-in speakers, 15" LCD Monitor with DVD Player



Figure 7.1: The DYNAMIC SAUNAS Monaco sauna integrated into a contemporary home environment, demonstrating its aesthetic appeal and potential placement.

8. Warranty Information

For detailed warranty information regarding your DYNAMIC SAUNAS Golden Designs Monaco sauna, please refer to the warranty card included with your purchase or visit the official DYNAMIC SAUNAS website. The warranty typically covers manufacturing defects and specific components for a defined period from the date of purchase. Keep your proof of purchase for warranty claims.

9. Customer Support







Should you require assistance with assembly, operation, maintenance, or troubleshooting, please contact DYNAMIC SAUNAS customer support:

- **Website:** Visit the [DYNAMIC SAUNAS Store on Amazon](#) or the official brand website for contact details and FAQs.
- **Phone/Email:** Refer to your product packaging or the official website for the most current customer service

contact information.

When contacting support, please have your model number (GDI-6996-01) and proof of purchase readily available.

Related Documents - GDI-6996-01

 <p>Owner's Manual</p> <p>CARBON MODEL SAUNA SAUNA IS FOR INDOOR USE ONLY 100WAC 15AMP Dedicated Circuit Required Carefully and thoroughly read this Owner's Manual before using the sauna. The information regarding the sauna is essential for proper use and safety.</p>	<p>Dynamic DYN-6225-02 2 Person FAR Infrared Corner Sauna Owner's Manual</p> <p>Comprehensive owner's manual for the Dynamic DYN-6225-02 2-person FAR Infrared Corner Sauna. This guide covers infrared ray technology, health benefits, assembly instructions, operating procedures, safety precautions, and troubleshooting tips for your sauna.</p>
 <p>OWNER'S MANUAL</p> <p>FOR DYNAMIC CARBON MODEL SAUNAS SAUNA IS FOR INDOOR USE ONLY 100WAC 15AMP Dedicated Circuit Required Carefully and thoroughly read this Owner's Manual before using the sauna. The information regarding the sauna is essential for proper use and safety.</p>	<p>Dynamic Saunas DYN6101/DYN6102/DYN6106/DYN6109/DYN9101/DYN9102/DYN9106 Owner's Manual and Assembly Guide</p> <p>Comprehensive owner's manual and assembly guide for Dynamic Saunas models DYN6101, DYN6102, DYN6106, DYN6109, DYN9101, DYN9102, and DYN9106. Covers infrared ray technology, benefits, installation, operation, safety, troubleshooting, and warranty information.</p>
 <p>OWNER'S MANUAL</p> <p>FOR DYNAMIC CARBON MODEL SAUNAS SAUNA IS FOR INDOOR USE ONLY 100WAC 15AMP Dedicated Circuit Required Carefully and thoroughly read this Owner's Manual before using the sauna. The information regarding the sauna is essential for proper use and safety.</p>	<p>Dynamic Saunas DYN-6210-02 / DYN-6310-02 Owner's Manual</p> <p>Owner's manual for Dynamic Saunas DYN-6210-02 and DYN-6310-02 models. Provides detailed information on infrared ray technology, sauna benefits, operation, assembly instructions, maintenance, safety guidelines, and troubleshooting for 2-person and 3-person infrared saunas.</p>
 <p>OWNER'S MANUAL</p> <p>FOR DYNAMIC CARBON MODEL SAUNAS SAUNA IS FOR INDOOR USE ONLY 100WAC 15AMP Dedicated Circuit Required Carefully and thoroughly read this Owner's Manual before using the sauna. The information regarding the sauna is essential for proper use and safety.</p>	<p>Dynamic Saunas Owner's Manual: DYN6101, DYN6102, DYN6106, DYN6109, DYN9101, DYN9102, DYN9106</p> <p>Comprehensive owner's manual for Dynamic Saunas, covering assembly, operation, maintenance, and safety instructions for 1-2 person infrared saunas. Includes information on infrared ray technology and benefits.</p>
 <p>Infrared Sauna Instruction Manual</p> <p>Models: DYN-6996-01-Elite / GDI-6996-01 6 Person FAR Infrared Sauna</p> <p>100WAC 15AMP Dedicated Circuit Required SAUNA IS FOR INDOOR USE ONLY Carefully and thoroughly read this Owner's Manual before using the sauna. The information regarding the sauna is essential for proper use and safety.</p>	<p>Golden Designs Infrared Sauna Instruction Manual: DYN-6996-01-Elite / GDI-6996-01</p> <p>Comprehensive instruction manual for the Golden Designs 6 Person FAR Infrared Sauna (Models DYN-6996-01-Elite and GDI-6996-01). Covers assembly, operation, safety, maintenance, and warranty information for these low EMF saunas.</p>
 <p>Infrared Sauna Instruction Manual</p> <p>Models: GDI-6996-01 6 Person FAR Infrared Sauna</p> <p>100WAC 15AMP Dedicated Circuit Required SAUNA IS FOR INDOOR USE ONLY Carefully and thoroughly read this Owner's Manual before using the sauna. The information regarding the sauna is essential for proper use and safety.</p>	<p>Golden Designs GDI-6996-01 6-Person FAR Infrared Sauna Instruction Manual</p> <p>Comprehensive instruction manual for the Golden Designs GDI-6996-01 6-Person FAR Infrared Sauna. Covers assembly, operation, safety, maintenance, troubleshooting, and warranty information.</p>

