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## MOBI 700029

# MOBI Smart Wi-Fi Body Composition Scale User Manual

Model: 700029

## INTRODUCTION

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This manual provides essential instructions for setting up, operating, and maintaining your MOBI Smart Wi-Fi Body Composition Scale. This device is designed to help you track various body composition metrics through its integrated smart application.

## PACKAGE CONTENTS

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- MOBI Smart Wi-Fi Body Composition Scale
- AAA Batteries (3 included)
- User Manual

## SETUP

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### 1. Battery Installation

Locate the battery compartment on the underside of the scale. Insert the three AAA batteries, ensuring correct polarity. The scale display should activate.

### 2. App Download and Installation

To utilize the smart features of your scale, download the MOBI Smart app from the Apple App Store or Google Play Store. Search for "MOBI Smart" and follow the on-screen instructions to install the application on your smartphone.



Smart BMI Wi-Fi Total Body  
Composition Scale With App Analysis

**Set Up Your Health Data and  
Body Measurements**

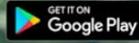


Image: The MOBI Smart Wi-Fi Body Composition Scale shown with app download icons for Apple App Store and Google Play Store.

### 3. Device Pairing

1. Ensure your smartphone's Wi-Fi is enabled and connected to a 2.4GHz network. The scale requires a 2.4GHz Wi-Fi connection for smart features.
2. Open the MOBI Smart app and create an account or log in.
3. Follow the in-app instructions to add a new device. Select the Body Composition Scale from the device list.
4. The app will guide you through the pairing process, which typically involves pressing a button on the scale to initiate Wi-Fi connection.
5. Once successfully paired, your scale will appear in the app's device list.

*Note: Some users may experience difficulty with Wi-Fi pairing, especially in environments with multiple access points or 5GHz networks. Ensure your phone is connected to a 2.4GHz network during the initial setup. If issues persist, try moving closer to your Wi-Fi router.*

## OPERATING INSTRUCTIONS

### 1. Basic Weighing

Place the scale on a hard, flat surface. Step onto the scale with bare feet. The display will show your weight. Step off the scale, and the reading will stabilize. For accurate body composition analysis, ensure your feet are properly positioned on the electrodes.

### 2. Changing Units

The scale supports multiple units of measurement (pounds, kilograms, stones). A button on the underside of the scale allows you to toggle between these units. Press the button to select your preferred unit.

### 3. Using the MOBI Smart App

Once paired, the app automatically syncs data from the scale. It tracks 18 essential body composition measurements:

- BMI (Body Mass Index)
- Body Fat Rate
- Muscle Mass

- Fat Mass
- Bone Mass
- Visceral Fat Index
- Body Fat Index
- Obesity Level
- Weight Control
- Body Type
- Weight Without Fat
- Protein Rate
- Body Water Content
- Metabolic Age
- BMR (Basal Metabolic Rate)
- Ideal Weight
- Weight
- Overall Score



**Progress Sharing**  
 Let's keep each other updated by sharing your body measurement information for accountability, inspiration, or simply for fun

Image: Multiple screenshots of the MOBI Smart app interface, showing detailed body composition analysis and tracking features.

#### 4. Multiple User Profiles

The MOBI Smart app allows you to create up to 10 separate profiles, enabling multiple family members or friends to track their individual health data. Each user's data is stored separately within their profile.

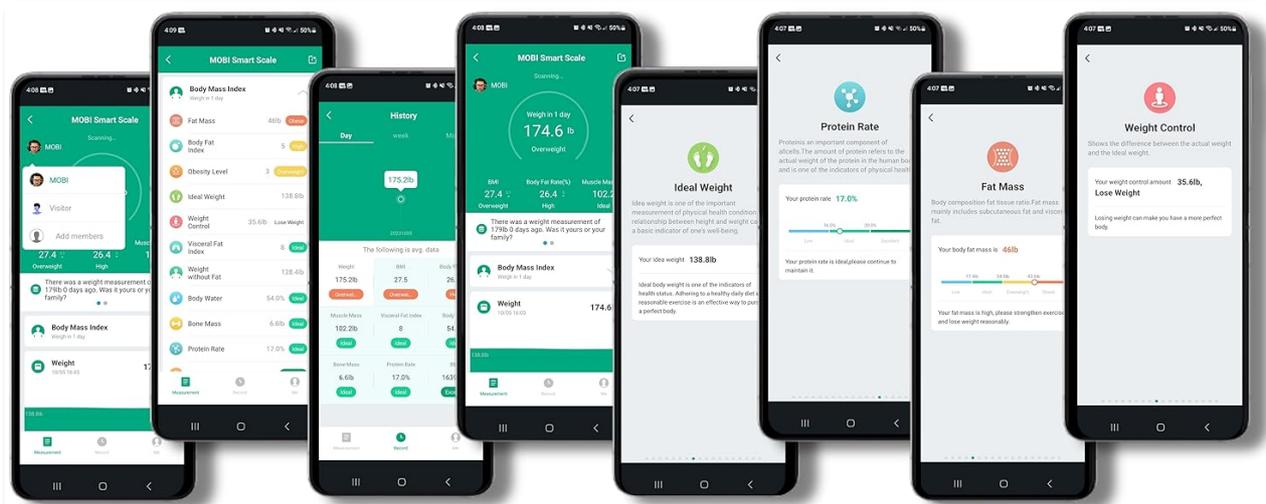


Image: The MOBI Smart app interface displaying options to add and manage multiple user profiles for tracking health data.

## 5. Progress Tracking and Sharing

The app provides daily, weekly, and monthly charts to visualize your progress. You can set personal goals and share your body measurement information with others for accountability or motivation.

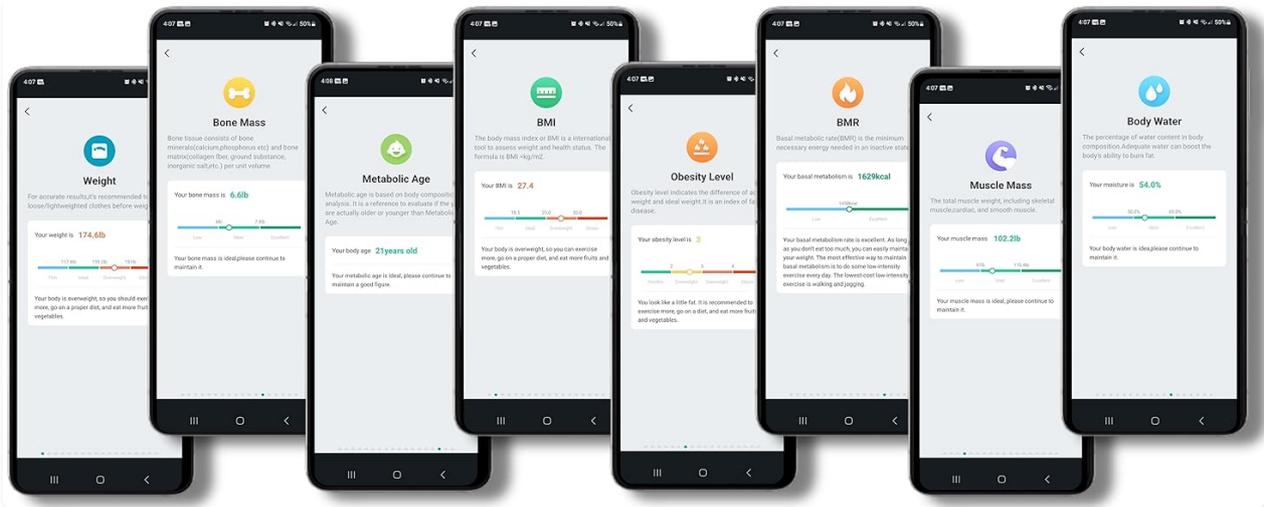


Image: The MOBI Smart app displaying historical data and progress charts, with an option to share information.

## MAINTENANCE

To ensure the longevity and accuracy of your scale:

- Clean the scale surface with a soft, damp cloth. Avoid abrasive cleaners or harsh chemicals.
- Do not immerse the scale in water.
- Store the scale in a dry place at room temperature.
- Replace batteries when the low battery indicator appears on the display or in the app.

## TROUBLESHOOTING

### 1. Scale Not Turning On

- Check if the batteries are correctly installed.
- Replace with new AAA batteries.

### 2. App Pairing Issues

- Ensure your Wi-Fi network is 2.4GHz. The scale does not support 5GHz networks.
- Move your smartphone and scale closer to your Wi-Fi router during pairing.
- Restart your Wi-Fi router and try pairing again.
- Ensure the MOBI Smart app has necessary permissions on your phone.
- If using a dual-band router, temporarily disable the 5GHz band during setup if possible.

### 3. Inaccurate Readings

- Ensure the scale is placed on a hard, flat, and even surface. Avoid carpets or uneven flooring.
- Step onto the scale with bare, dry feet for accurate body composition measurements.

- Ensure you are standing still during measurement.
- Calibrate the scale by stepping on it briefly, letting it display '0.0', then stepping off before your actual measurement.

## SPECIFICATIONS

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Feature	Detail
Brand	MOBI
Model Number	700029
Color	White
Display Type	Digital
Readout Accuracy	0.1 kg
Item Weight	4.22 pounds (1.92 Kilograms)
Power Source	3 AAA batteries (included)
Connectivity	Wi-Fi (2.4GHz)
Special Features	Smart, Body Fat, Body Mass Index, Basal Metabolic Rate, Muscle Mass, Bone Mass, Body Water Content, Visceral Fat, Body Type, Physical Age, Protein Amount, Body Score

## PRODUCT OVERVIEW VIDEO

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Your browser does not support the video tag.

Video: An official product video from MOBI Technologies, Inc. demonstrating the features and usage of the MOBI Smart Digital Dual-Band Body Weight Scale.

## WARRANTY AND SUPPORT

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For warranty information and customer support, please refer to the official MOBI website or contact MOBI customer service directly. Keep your purchase receipt for warranty claims.