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› [Mira Max Fertility Monitor & Ovulation Test Kit for Women, at-Home Hormone Tracker for LH, PdG & E3G, Digital Hormone Analyzer with 10 Test Wands, 7× More Accurate Than Other Fertility Trackers MAX STARTER KIT, 10ct WANDS](#)

Mira MAX STARTER KIT, 10ct WANDS

Mira Max Fertility Monitor & Ovulation Test Kit User Manual

Model: MAX STARTER KIT, 10ct WANDS

1. PRODUCT OVERVIEW

The Mira Max Fertility Monitor is an advanced at-home hormone tracker designed to help women understand their fertility cycle with precision. It measures three key fertility hormones: Luteinizing Hormone (LH), Estrone-3-Glucuronide (E3G), and Pregnanediol Glucuronide (PdG). By tracking these hormones, the Mira system provides real-time data and personalized insights, aiding in the detection of ovulation and fertile windows.



Figure 1.1: Mira Max Fertility Monitor, test wands, and the accompanying smartphone application.

A pregnant woman in a tan dress is holding a white, oval-shaped Mira Max Fertility Monitor against her bare pregnant belly. The device has a circular screen displaying 'READY TO TEST' and 'Apr 14 PdG 5'. The brand name 'mira' is visible at the bottom of the device.

Get pregnant 10x faster at home — Mira increases your chances up to IVF-level success*

Based on a study by Mira and Pelex Med, 44% of participants got pregnant within 2 months of hormone monitoring with Mira and provider support. For comparison, the CDC reports a 42% pregnancy rate per ART transfer.

Figure 1.2: The Mira Max Fertility Monitor is designed for ease of use in a home setting.

2. WHAT'S INCLUDED

- Mira Max Fertility Monitor (Digital Hormone Analyzer)
- 10 Mira Max Test Wands (for LH, E3G, PdG tracking)
- Reusable Urine Collection Cup
- USB Charging Cable (Note: USB wall adapter not included)
- Quick Start Guide

3. SETUP

1. **Charge the Monitor:** Before first use, fully charge the Mira Max Fertility Monitor using the provided USB cable. A USB wall adapter (not included) is required.
2. **Download the Mira App:** Download the "Mira Fertility" app from your device's app store (available on App Store and

Google Play).

3. **Pair with App:** Follow the in-app instructions to pair your Mira Max Fertility Monitor with the app via Bluetooth. Ensure Bluetooth is enabled on your smartphone.
4. **Prepare for Testing:**
 - Collect a urine sample in the reusable collection cup.
 - Remove a Mira Max Test Wand from its sealed packaging.



Figure 3.1: Visual guide for the initial setup and testing process.

4. OPERATING INSTRUCTIONS

The Mira Max system provides lab-grade hormone results directly to your smartphone, offering detailed insights into your fertility cycle.

1. **Dip the Test Wand:** Carefully dip the absorbent tip of the Mira Max Test Wand into your collected urine sample. Ensure the tip is fully immersed for 10-20 seconds. Do not exceed 25 seconds.

2. **Insert into Monitor:** Immediately after dipping, insert the test wand horizontally into the Mira Max Fertility Monitor. Ensure the monitor is on a horizontal surface and the wand is fully inserted.
3. **Wait for Analysis:** The monitor will begin analyzing the sample. This process typically takes a few minutes.
4. **View Results in App:** Once analysis is complete, your hormone levels (LH, E3G, PdG) will automatically sync and display in the Mira Fertility app. The app provides real-time charts and a fertility score based on your hormone data.

Understanding Your Results:

- **LH (Luteinizing Hormone):** A surge in LH indicates impending ovulation, typically within 12-36 hours.
- **E3G (Estrone-3-Glucuronide):** A rise in E3G, a metabolite of estrogen, indicates the start of your fertile window, which can be up to 6 days.
- **PdG (Pregnenediol Glucuronide):** A sustained rise in PdG, a metabolite of progesterone, confirms that ovulation has occurred.

Up to 4× more sensitive to low LH
than other trackers*



LH Peak

You'll have ovulation
in around 12 hours



E3G Rise

Indicates 6 days
fertile window

* Based on a 2025 lab study by Mira Labs comparing Mira to other popular at-home fertility trackers. Mira detects LH at levels up to 4× more sensitive than other fertility trackers that allows earlier detection of the LH rise. Results may vary. Mira is not a diagnostic or contraceptive device.

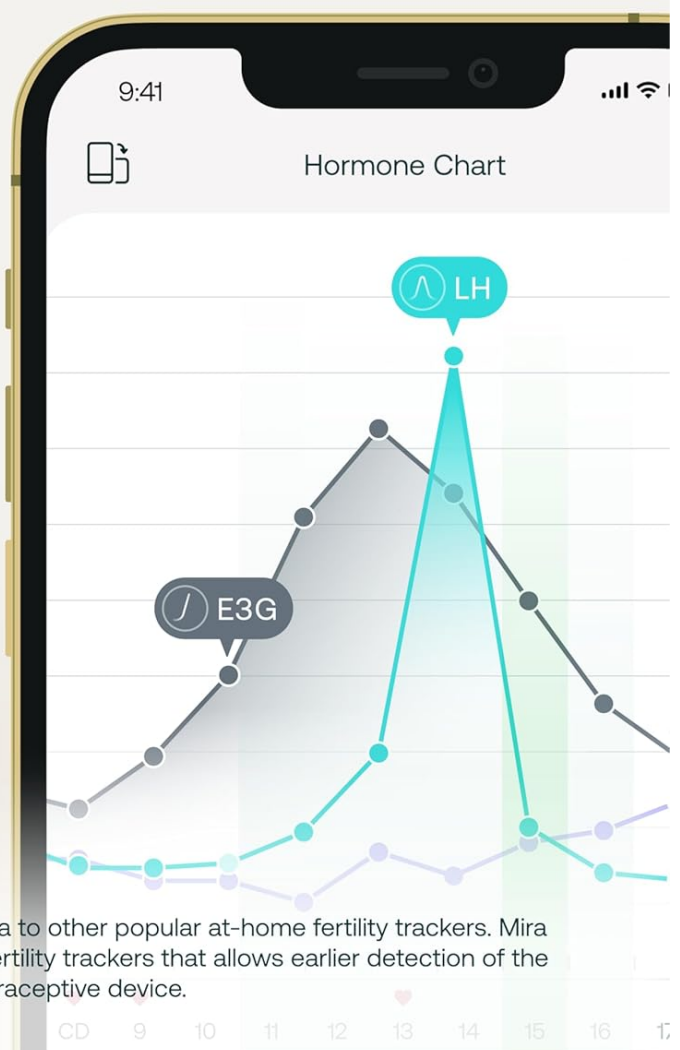
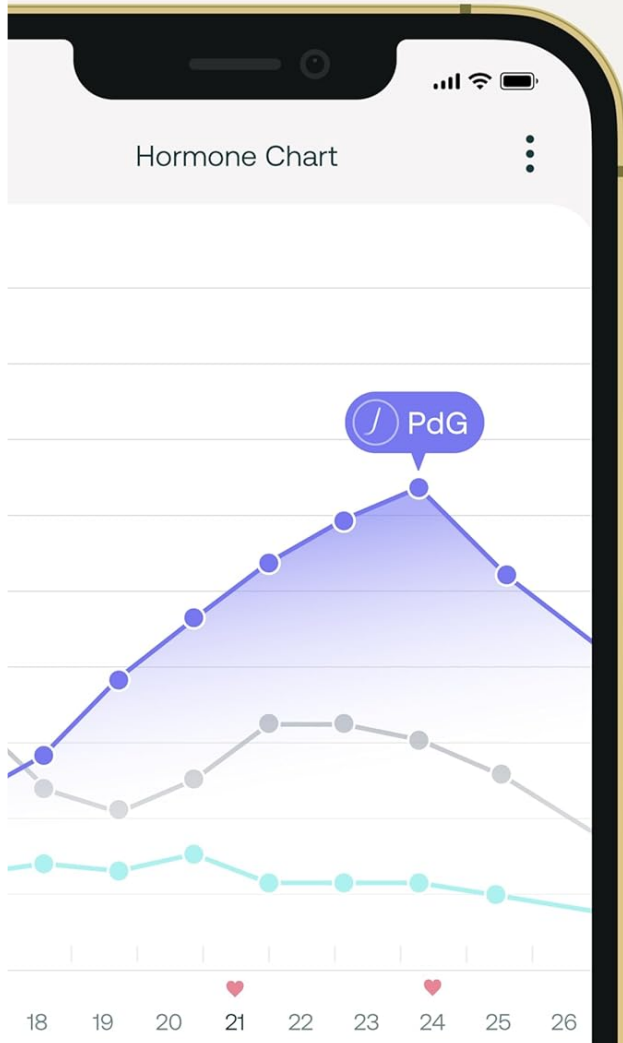


Figure 4.1: Example of LH Peak and E3G Rise as displayed in the Mira App.

Track your 3 key fertility hormones with real-time charts



PdG Rise
Confirms you
ovulated

Figure 4.2: Example of PdG Rise confirming ovulation in the Mira App.

The Mira App guides you through every cycle—and every milestone



See real-time results

Ovulation tracking & fertility trends

Personalized tracking schedule & insights

Figure 4.3: The Mira App provides a comprehensive view of your cycle and fertility score.

5. MAINTENANCE

- **Cleaning the Monitor:** Wipe the exterior of the Mira Max Fertility Monitor with a soft, dry cloth. Do not submerge the device in water or use abrasive cleaners.
- **Cleaning the Collection Cup:** The reusable silicone collection cup can be washed with mild soap and water after each use. Ensure it is thoroughly dry before storage.
- **Storage:** Store the monitor and test wands in a cool, dry place, away from direct sunlight and extreme temperatures. Keep test wands in their original sealed packaging until ready for use.
- **Battery Care:** Recharge the monitor regularly to maintain battery health. Avoid fully depleting the battery for extended periods.

6. TROUBLESHOOTING

Issue	Possible Cause	Solution
Test wand produces no result / Error message	Incorrect dipping time (too short or too long), expired wand, or manufacturing defect.	Ensure the test wand is dipped for the recommended 10-20 seconds. Verify the expiration date on the wand packaging. If issues persist with multiple wands, contact customer support.
Monitor screen is blank or unresponsive	Low battery or temporary software glitch.	Charge the monitor fully. If the issue persists, try restarting the device (refer to Quick Start Guide for specific instructions) or contact customer support.
App not syncing data from monitor	Bluetooth connection issue, app not open, or monitor not powered on.	Ensure Bluetooth is enabled on your phone and the Mira app is open. Power on the Mira monitor. If the problem continues, try unpairing and re-pairing the device in the app settings.

7. SPECIFICATIONS

- **Product Dimensions:** 6.25 x 4.5 x 3.75 inches
- **Product Weight:** 13.44 ounces
- **Batteries:** 1 Lithium Ion battery (included)
- **Manufacturer:** Quanovate Tech
- **ASIN:** B0BSM9LHGG
- **Technology:** Fluorescent Immunoassay Technology
- **Hormones Tracked:** LH, E3G, PdG

America's Most Trusted At-Home Hormone Monitor



Figure 7.1: The Mira Max Fertility Monitor is certified and verified for accuracy.



Figure 7.2: Comparison of Mira Hormone Monitor capabilities against other fertility tracking methods.



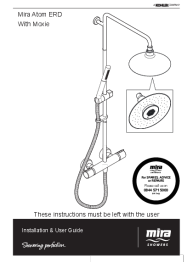



8. WARRANTY & SUPPORT

The Mira Max Fertility Monitor comes with a **1-Year Limited Warranty** from the date of purchase, covering defects in materials and workmanship under normal use.

For technical support, warranty claims, or additional information, please refer to the official Mira website or contact their customer service. A comprehensive user guide is also available for download:

[Download User Manual \(PDF\)](#)

Related Documents - MAX STARTER KIT, 10ct WANDS

	<p>Mira Analyzer User Manual: Guide to Fertility and Biomarker Testing</p> <p>Comprehensive user manual for the Mira Analyzer, detailing setup, testing procedures, troubleshooting, specifications, and warranty information for home biomarker monitoring.</p>
	<p>Mira Beat and Nectar Shower Fittings Installation and User Guide</p> <p>Comprehensive installation and user guide for Mira Beat and Nectar shower fittings, covering specifications, maintenance, troubleshooting, and warranty information from Kohler Mira Limited.</p>
	<p>Mira Atom ERD With Moxie Shower Installation and User Guide</p> <p>Comprehensive installation, user, and maintenance guide for the Mira Atom ERD shower system with Moxie wireless speaker, including specifications, safety warnings, troubleshooting, and spare parts.</p>
	<p>Mira Nectar Shower Fittings Installation and User Guide</p> <p>Comprehensive installation and user guide for Mira Nectar Shower Fittings, including safety information, pack contents, dimensions, specifications, step-by-step installation procedures, operation details, maintenance tips, fault diagnosis, spare parts, and customer service information.</p>
	<p>Mira 723 Mixer Shower: Operation and Maintenance Guide</p> <p>Comprehensive guide for the Mira 723 Mixer Shower, covering operation, maintenance, dismantling, cleaning, and installation notes. Includes technical specifications and parts list.</p>
	<p>Mira Nectar Shower Fittings: Installation and User Guide</p> <p>Comprehensive installation and user guide for Mira Nectar Shower Fittings. Includes safety information, specifications, troubleshooting, and customer service details.</p>