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ZINUS ZU-FBMMH7-42Q

ZINUS Heidi Queen Metal Platform Bed Frame

Model: ZU-FBMMH7-42Q

Introduction

This manual provides detailed instructions for the assembly, use, and maintenance of your ZINUS Heidi Queen Metal Platform Bed Frame. Please read all instructions carefully before beginning assembly and retain this manual for future reference.



Image: The ZINUS Heidi Queen Metal Platform Bed Frame, fully assembled with a mattress and bedding, showcasing its white finish and traditional design.

Safety Information

- **Weight Capacity:** The Queen size bed frame supports up to 700 lbs. Do not exceed this weight limit.
- **Assembly:** Assembly is recommended with the help of a friend.
- **Sharp Edges:** Exercise caution around sharp edges during unpacking and assembly.
- **Box Spring:** This platform bed frame is designed for use without a box spring.
- **Under-Bed Clearance:** Be mindful of the 11-inch under-bed clearance when storing items.

Package Contents

Your ZINUS Heidi Queen Metal Platform Bed Frame package includes all necessary parts and tools for assembly. Please

verify all components are present before beginning.



Image: An exploded view of all bed frame components, including the headboard, footboard, side rails, support legs, and wooden slats, alongside the compact packaging box.

The entire bed frame ships in one compact box for convenience.

Easy-to-maneuver box



Image: The compact shipping box for the ZINUS bed frame, highlighting its design for easy handling.

Setup and Assembly

Follow these steps for a straightforward assembly process. All required tools are included in the package.

1. **Unpack Components:** Carefully remove all parts from the shipping box. Lay them out on a clean, soft surface to prevent scratches.
2. **Identify Parts:** Refer to the included instruction sheet to identify each numbered component.
3. **Assemble Headboard and Footboard:** Connect the headboard and footboard sections as per the visual guide in your instruction sheet. Ensure all bolts are securely tightened.
4. **Attach Side Rails:** Connect the side rails to the assembled headboard and footboard. Hand-tighten bolts initially.
5. **Install Center Support:** Secure the center support beam and legs to the frame.
6. **Place Slats:** Unroll and place the wooden slats onto the frame. The slats are often connected and may have Velcro for easy positioning.
7. **Final Tightening:** Once all components are in place, use the provided ratchet tool to fully tighten all bolts. Ensure all connections are firm and stable.

Assembly typically takes less than an hour with assistance.



Image: The ZINUS Heidi Queen Metal Platform Bed Frame fully assembled, ready for a mattress, highlighting the sturdy metal construction and slat system.

Operating and Usage

The ZINUS Heidi Queen Metal Platform Bed Frame is designed for optimal mattress support without a box spring.

- **Mattress Placement:** Place your Queen-sized mattress directly onto the wooden slats. A 10 or 12-inch mattress is recommended to best showcase the headboard design.
- **Under-Bed Storage:** The frame provides 11 inches of clearance, offering ample space for storage bins or baskets.



Image: A detailed view of the 11.2-inch under-bed clearance, demonstrating space for storage.



Image: A visual guide illustrating the recommended mattress thickness of 10 inches or 12 inches for optimal aesthetic and comfort with the headboard.

Maintenance

- **Cleaning:** Wipe the metal frame with a damp cloth and mild detergent. Avoid abrasive cleaners.
- **Regular Checks:** Periodically check all bolts and connections to ensure they remain tight. Re-tighten if necessary to maintain stability and prevent squeaking.

Troubleshooting

- **Squeaking Noises:** If the bed frame squeaks, check all bolts and ensure they are fully tightened. Loose connections are a common cause of noise.
- **Instability:** If the frame feels unstable, re-verify that all parts are correctly assembled and all bolts are securely fastened. Ensure the bed is on a level surface.

- **Missing Parts:** If any parts are missing upon arrival, contact ZINUS customer support immediately.

Specifications

Feature	Detail
Model Number	ZU-FBMMH7-42Q
Size	Queen
Product Dimensions (L x W x H)	82.5" x 60" x 42.5"
Color	White
Material	Durable Steel
Weight Capacity	700 lbs
Under-Bed Clearance	11 Inches
Assembly Required	Yes
Box Spring Needed	No
Item Weight	52.3 pounds
UPC	841550333244



Image: A technical diagram illustrating the precise dimensions of the bed frame, including length, width, and height.

Warranty

The ZINUS Heidi Queen Metal Platform Bed Frame comes with a**Worry-Free 5-Year Limited Manufacturer's Warranty**. This warranty covers manufacturing defects under normal use. Please refer to the warranty card included with your

product for full terms and conditions, or visit the official ZINUS website for more details.

Support

For further assistance, missing parts, or warranty claims, please contact ZINUS customer support:

- **Website:** Visit the ZINUS Official Store on Amazon for product information and support resources.
- **Contact Information:** Refer to the contact details provided in your product packaging or on the official ZINUS website.

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