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ZINUS ZU-FBMMH7-42K

ZINUS Heidi Metal Platform Bed Frame Instruction Manual

Model: ZU-FBMMH7-42K | Brand: ZINUS

Introduction

Thank you for choosing the ZINUS Heidi Metal Platform Bed Frame. This elegant and timeless bed frame is designed for durability and ease of assembly, providing sound support for your mattress without the need for a box spring. This manual provides essential information for safe assembly, proper usage, and maintenance to ensure the longevity of your product.

Important Safety Information

- **Careful around sharp edges:** Handle all metal components with care to avoid injury.
- **Do not exceed weight capacity:** Twin size supports up to 350 lbs, while all other sizes (Full, Queen, King) support up to 700 lbs. Exceeding this limit may cause damage or injury.
- **Assemble with care:** Follow all instructions precisely to ensure stability and proper function of the bed frame.
- **Use without a box spring:** This platform bed is designed to be used without a box spring. Using one may alter the bed's intended height and support.
- **Keep objects away from under-bed clearance:** Ensure the 11-inch under-bed space is clear of obstructions to prevent injury or damage.

Package Contents

Your ZINUS Heidi Metal Platform Bed Frame comes conveniently packed in one box, containing all necessary parts and tools for assembly. Please verify all components are present before beginning assembly.



All components of the ZINUS Heidi Metal Platform Bed Frame neatly packed in a single box.

- Headboard and Footboard sections
- Side Rails
- Center Support Beam
- Wooden Slats with Velcro strips
- Support Legs
- Assembly Hardware (bolts, washers, nuts)
- Assembly Tools (Hex Key, Ratchet Tool)

Setup & Assembly

The ZINUS Heidi Metal Platform Bed Frame is designed for simple assembly, typically taking less than an hour with a friend's help. All tools are included.

1. **Unpack and Identify Parts:** Lay out all components on a clean, soft surface to prevent scratches. Identify each part by its

label (e.g., A, B, C) and match them with the diagrams in the included instruction manual.

2. **Assemble Headboard and Footboard:** Connect the vertical and horizontal bars of the headboard and footboard sections using the provided hardware and tools. Ensure all connections are secure.
3. **Attach Side Rails:** Connect the side rails to the assembled headboard and footboard sections. Tighten all bolts firmly but do not overtighten.
4. **Install Center Support Beam:** Place the center support beam along the middle of the frame and secure it according to the instructions.
5. **Position Wooden Slats:** Unroll the wooden slats across the frame. The slats feature pre-attached Velcro strips that align with corresponding Velcro on the bed frame, ensuring they stay securely in place and prevent mattress shifting.
6. **Final Tightening:** Once all components are in place, go back and ensure all bolts are fully tightened for maximum stability.



Partially assembled ZINUS Heidi Metal Platform Bed Frame showing the side rails and support structure.

Official ZINUS video demonstrating the assembly process for the Heidi Metal Platform Bed Frame.

Usage & Operation

The Heidi Metal Platform Bed Frame is designed for optimal comfort and convenience.

- **Mattress Compatibility:** A 10 or 12-inch mattress is recommended to best showcase the headboard and provide ideal comfort.
- **No Box Spring Needed:** The sturdy steel mattress platform eliminates the need for a traditional box spring, providing direct support for your mattress.
- **Under-Bed Storage:** Benefit from 11 inches of clearance space beneath the platform, perfect for storing bins, baskets, or other items to keep your room organized.



Diagram showing the dimensions of the ZINUS Heidi Metal Platform Bed Frame, including length, width, height, and under-bed clearance.

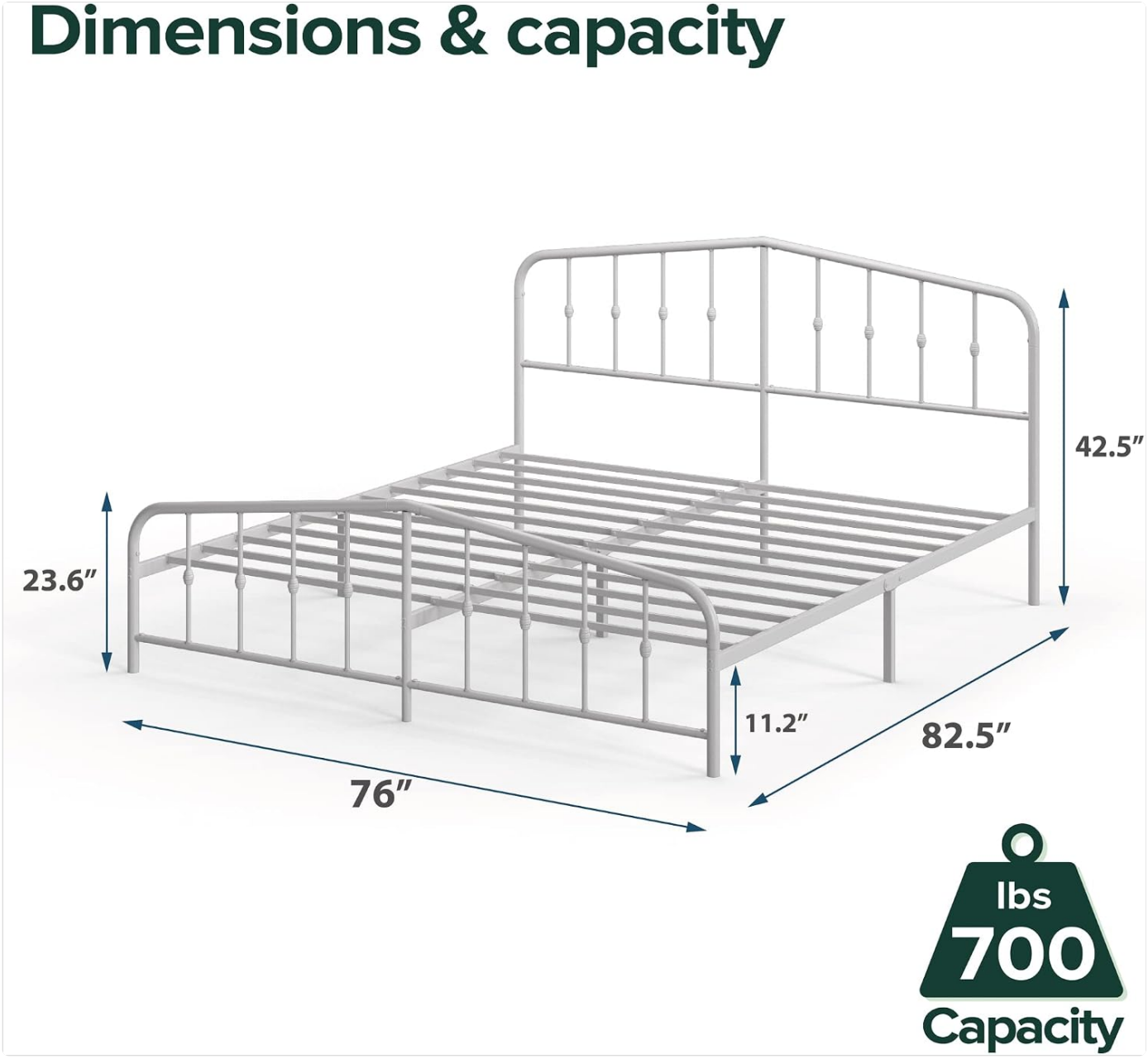


Image illustrating the 11.2-inch under-bed clearance of the ZINUS Heidi Metal Platform Bed Frame, with a storage basket underneath.

Care & Maintenance

To keep your ZINUS Heidi Metal Platform Bed Frame in excellent condition, follow these simple care guidelines:

- **Cleaning:** Wipe down the metal frame with a soft, damp cloth. Avoid using harsh chemicals or abrasive cleaners, as they may damage the finish.
- **Regular Checks:** Periodically inspect all bolts and connections to ensure they remain tight. Re-tighten if necessary to maintain stability and prevent squeaking.
- **Mattress Care:** Rotate your mattress regularly according to its manufacturer's recommendations to ensure even wear and prolong its lifespan.

Troubleshooting

Here are solutions to common issues you might encounter:

- **Squeaking Noises:** If the bed frame begins to squeak, check all assembly bolts and tighten any that may have loosened over time. Ensure the wooden slats are properly seated on the Velcro strips.

- **Mattress Shifting:** The wooden slats are equipped with Velcro strips designed to prevent mattress movement. Ensure these strips are clean and properly adhered to both the slats and the mattress (if your mattress has a compatible surface).
- **Instability:** Double-check that all parts are correctly assembled and all bolts are securely tightened. Refer to the assembly instructions for a step-by-step guide.

Product Specifications

Feature	Detail
Size	King
Product Dimensions	82.5"L x 76"W x 42.5"H
Color	White
Finish Type	Steel
Included Components	Headboard, Foundation
Compatible With Mattress Size	King
Assembly Required	Yes
Ground To Item Distance	11 Inches
Item Weight	56.4 pounds
Country of Origin	China
Item Model Number	ZU-FBMMH7-42K
UPC	841550333251

Warranty & Support

Your ZINUS Heidi Metal Platform Bed Frame comes with a **5-year limited manufacturer's warranty** for total peace of mind. For detailed warranty information or additional support, please refer to the official ZINUS website or contact customer service.
An official Installation Manual (PDF) is available for download: Download PDF Manual
Visit the ZINUS Store for more products and information: ZINUS Store

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