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 - › Marsail Standing Desk Adjustable Height Home Office Desk User Manual

Marsail MSSCD7N-1

Marsail Standing Desk User Manual

Model: MSSCD7N-1

INTRODUCTION

Thank you for choosing the Marsail Standing Desk. This adjustable height home office desk is designed to enhance your workspace with its ergonomic features, robust construction, and user-friendly operation. It allows for seamless transitions between sitting and standing, promoting better posture and reducing health risks associated with prolonged sitting. This manual provides essential information for the setup, operation, maintenance, and troubleshooting of your new desk.



Image: The Marsail Standing Desk in a home office setup, showcasing its spacious desktop and clean design.

SETUP AND ASSEMBLY

The Marsail Standing Desk is designed for straightforward assembly. While one person can assemble it, having an additional person may simplify the process. All necessary tools are included.

Before You Begin

- Unpack all components and verify against the packing list.
- Ensure you have sufficient clear space for assembly.
- Review the detailed [Installation Manual \(PDF\)](#) for step-by-step instructions and diagrams.

Assembly Steps Overview

1. Attach the lifting columns to the desktop.
2. Install the foot supports to the lifting columns.
3. Connect the control box and motor cables.

4. Mount the control panel and any accessories (storage bag, headphone hook).
5. Perform initial calibration as per the detailed manual.



Image: An exploded view illustrating the simplicity of the desk's installation process.

OPERATING INSTRUCTIONS

Your Marsail Standing Desk features an intuitive control panel for easy height adjustments and memory presets.

Control Panel Overview

4 Custom Height Settings



Image: The desk's control panel, showing the up/down arrows and four programmable height setting buttons.

- **Up/Down Arrows (▲ / ▼):** Press and hold to manually adjust the desk height. Release to stop.
- **Memory Presets (1, 2, 3, 4):** One-touch buttons to move the desk to a pre-saved height.

Setting Memory Presets

1. Adjust the desk to your desired height using the Up/Down arrows.
2. Press and hold one of the memory preset buttons (1, 2, 3, or 4) until the display flashes or beeps, indicating the height has been saved.
3. Repeat for other desired heights (e.g., sitting, standing, walking pad height).

Daily Use

- To switch between sitting and standing, simply press the corresponding memory preset button. The desk will automatically move to the saved height.
- For minor adjustments, use the Up/Down arrows.

Ergonomic Comfort

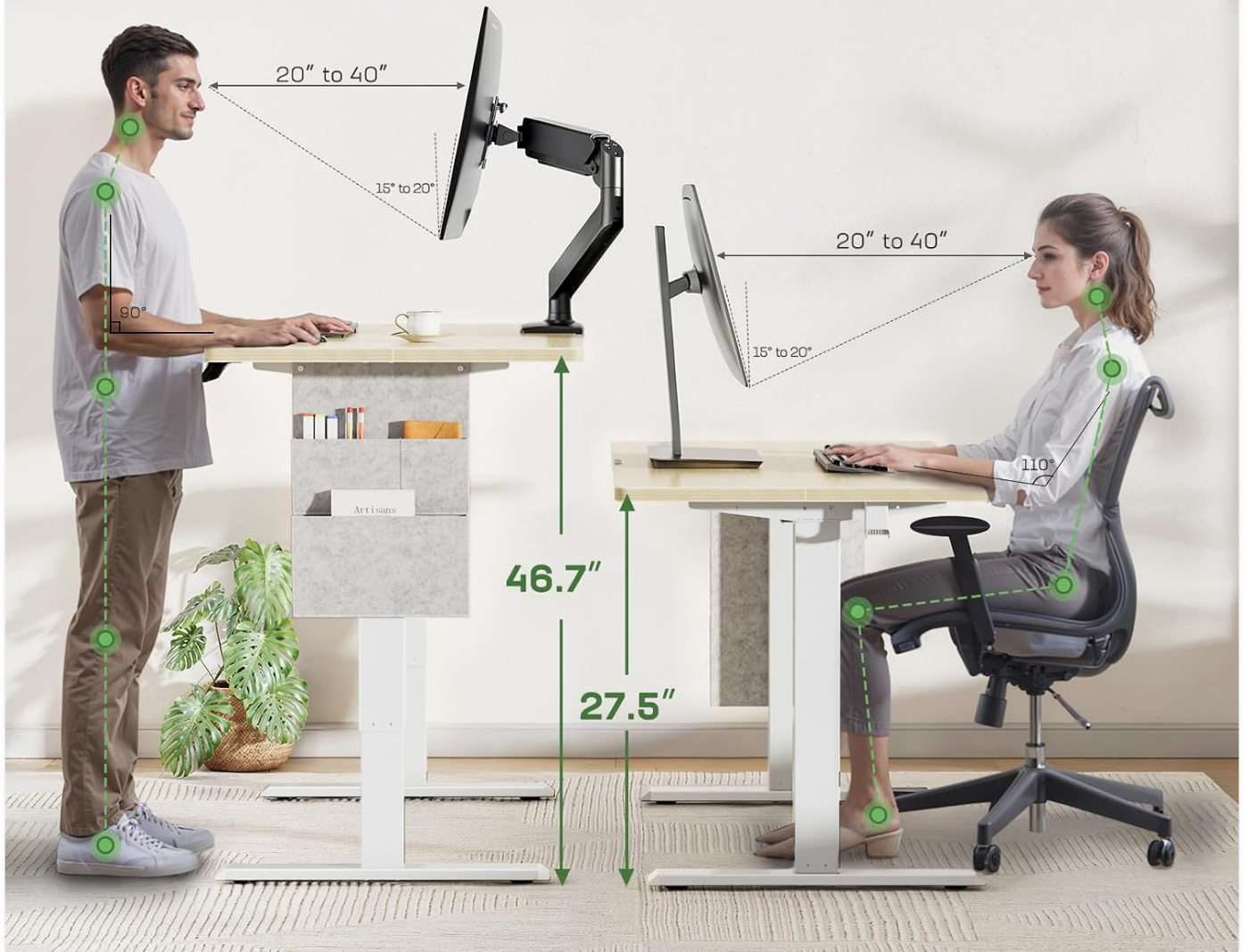


Image: An illustration demonstrating the ergonomic benefits and adjustable height range (27.5"-46.7") of the Marsail Standing Desk for both sitting and standing positions.



Image: A user engaging in light exercise with a walking pad positioned beneath the Marsail Standing Desk, highlighting its adaptability for active workstations.

KEY FEATURES

Multifunctional Side Storage Pocket

The desk includes a double-layered side pocket, providing convenient storage for folders, notebooks, and office supplies. This helps keep your desktop clutter-free and organized.



Added Storage Pocket

Tidier desktop

Image: A detailed view of the integrated side storage pocket, designed to keep essential items neatly organized and within reach.

CARB Certified Desktop

The desktop is CARB certified, ensuring low formaldehyde and VOC emissions. This compliance with U.S. air quality regulations contributes to a healthier indoor environment by minimizing respiratory irritants. The durable surface is also resistant to scratches and stains.



Image: Highlighting the CARB certified desktop, which meets US safe air standards with low VOC emissions.

Energy-Efficient and Quiet Motor

Equipped with a motor operating below 50 dB, the desk provides smooth and quiet height adjustments at approximately 2 inches per second. Its energy-efficient design supports an eco-friendly workspace, and the sturdy steel frame ensures stability even under heavy loads.

High-Performance Motor

50,000



50,000 Times Lift-Tested with a Full Load



Height Range: **27.5" - 46.7"**



Noise Level: **≤55dB**



Image: A visual representation of the high-performance motor, detailing its 50,000 lift cycles, 27.5"-46.7" height range, and quiet operation (≤55dB).

Maximum Stability and Endurance

The desk is rigorously tested for stability, ensuring minimal wobble even at maximum height. It has undergone 50,000 cycles of rigorous testing to guarantee long-term durability and performance.

Maximum Stability



Tested in Marsail's in-house lab to ensure the highest levels of stability without wobble.

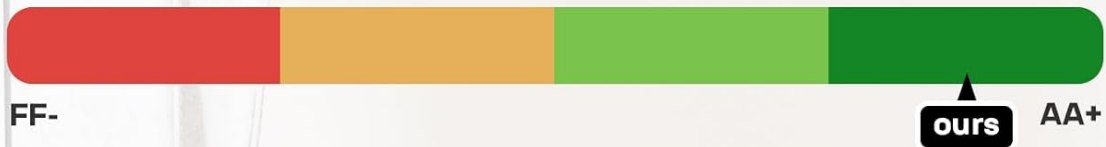


Image: A spinning top on the desk surface, demonstrating the desk's exceptional stability even during operation.

Endurance Beyond Compare

50,000

Cycles of Rigorous Testing



Image: Highlighting the desk's endurance, having passed 50,000 cycles of rigorous testing.

Ergonomic Benefits and Design

The adjustable height feature promotes a healthier work-life by allowing you to switch between sitting and standing, which can relieve back and neck strain, minimize wrist discomfort, and reduce hip tightness. Its sleek 47.24"x23.62" desktop fits seamlessly into various environments.



Image: A user benefiting from the ergonomic design of the standing desk, with visual cues indicating relief from common discomforts like back, neck, wrist, and hip tightness.

Additional Features

- **Anti-Collision Technology:** Automatically stops movement if an obstruction is detected.
- **Storage Hooks:** Convenient hooks for headphones or other items.
- **Cable Management:** Helps keep power cords and cables organized.



Image: A composite image illustrating key features such as efficient cable management, anti-collision technology for safety, convenient storage hooks, and the desk's whisper-quiet operation.

MAINTENANCE

Proper maintenance ensures the longevity and optimal performance of your Marsail Standing Desk.

- **Cleaning:** Wipe the desk surface and frame with a damp cloth. Avoid harsh chemicals or abrasive cleaners.
- **Regular Checks:** Periodically check all screws and bolts to ensure they are tight.
- **Clear Obstructions:** Ensure there are no obstructions under or around the desk that could interfere with its movement.
- **Weight Limit:** Do not exceed the maximum weight recommendation of 176 pounds (80 kg) on the desktop.

TROUBLESHOOTING

If you encounter any issues with your Marsail Standing Desk, please refer to the following common troubleshooting tips. For more detailed solutions, consult the full [User Manual \(PDF\)](#).

Problem	Possible Cause	Solution
Desk does not move or respond to controls.	Power cable disconnected; control box error.	Check power connections. Unplug and replug the desk for 10 seconds to reset.
Desk moves unevenly or makes unusual noises.	Obstruction; loose components.	Remove any obstructions. Check and tighten all assembly screws.
Height presets are not working correctly.	Presets not saved or corrupted.	Re-program the memory presets as described in the Operating Instructions section.

Important Safety Information: Be cautious of the 176 lbs weight limit, ensure proper placement of anti-collision sensors, and verify the stability of the desk when using fitness equipment.

SPECIFICATIONS

Feature	Detail
Brand	Marsail
Model Number	MSSCD7N-1
Product Dimensions	24"D x 48"W x 28"H
Adjustable Height Range	27.5" - 46.7"
Desktop Material	Wood (CARB Certified)
Base Material	Stainless Steel
Maximum Weight Capacity	176 Pounds (80 kg)
Motor Noise Level	Below 50 dB
Assembly Required	Yes (Recommended 1 person)
Included Components	Headphone Hook, Instruction Manual, Storage Bag

WARRANTY AND SUPPORT

Marsail stands behind the quality of its products.

- **Manufacturer Warranty:** Your Marsail Standing Desk comes with a 5-year limited manufacturer's warranty.
- **Customer Support:** For any questions, assistance, or warranty claims, please contact Marsail customer support through the retailer's platform or visit the official Marsail store page: [Marsail Store](#).
- **User Manual:** A comprehensive User Manual is available for download [here \(PDF\)](#).

ASK A QUESTION ABOUT THIS MANUAL

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

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