

## Nutricook AF357V

# Nutricook Air Fryer 3 Vision User Manual

Model: AF357V | Brand: Nutricook

## 1. INTRODUCTION

This manual provides essential instructions for the safe and efficient operation, maintenance, and troubleshooting of your Nutricook Air Fryer 3 Vision, Model AF357V. Please read this manual thoroughly before first use and retain it for future reference.

## 2. IMPORTANT SAFEGUARDS

When using electrical appliances, basic safety precautions should always be followed to reduce the risk of fire, electric shock, and injury to persons. These include:

- Read all instructions before operating the appliance.
- Do not touch hot surfaces. Use handles or knobs.
- To protect against electric shock, do not immerse cord, plugs, or the main unit in water or other liquid.
- Close supervision is necessary when any appliance is used by or near children.
- Unplug from outlet when not in use and before cleaning. Allow to cool before putting on or taking off parts.
- Do not operate any appliance with a damaged cord or plug, or after the appliance malfunctions or has been damaged in any manner.
- The use of accessory attachments not recommended by the appliance manufacturer may cause injuries.
- Do not use outdoors.
- Do not let cord hang over edge of table or counter, or touch hot surfaces.
- Do not place on or near a hot gas or electric burner, or in a heated oven.
- Extreme caution must be used when moving an appliance containing hot oil or other hot liquids.
- Always attach plug to appliance first, then plug cord into the wall outlet. To disconnect, turn any control to 'off', then remove plug from wall outlet.
- Do not use appliance for other than intended use.
- Ensure the appliance is placed on a stable, level, heat-resistant surface.

### 3. PRODUCT COMPONENTS

Your Nutricook Air Fryer 3 Vision comes with the following components:

- Main Air Fryer Unit (1700W)
- 5.7L Air Fryer Basket
- Cooking Tray (24.5 cm x 23.3 cm)



Figure 3.1: Front view of the Nutricook Air Fryer 3 Vision, showing the control panel and the clear cooking window with food inside.

# Includes



1700W Air Fryer



5.7L Air Fryer Basket



24.5 cm x 23.3 cm  
Cooking Tray

Figure 3.2: An image showing the main 1700W Air Fryer unit, a 5.7L Air Fryer Basket, and a 24.5 cm x 23.3 cm Cooking Tray, detailing the included components.

## 4. BEFORE FIRST USE

1. Remove all packaging materials, stickers, and labels from the appliance.
2. Clean the air fryer basket and cooking tray with hot water, dish soap, and a non-abrasive sponge.
3. Wipe the inside and outside of the appliance with a damp cloth.
4. Ensure all parts are completely dry before use.

## 5. SETUP

1. Place the air fryer on a stable, level, and heat-resistant surface. Ensure there is adequate space around the appliance for proper ventilation.
2. Insert the cooking tray into the air fryer basket.
3. Slide the assembled basket into the main unit until it clicks into place.
4. Plug the power cord into a grounded electrical outlet.

## 6. OPERATING INSTRUCTIONS

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### 6.1 Control Panel Overview

The Nutricook Air Fryer 3 Vision features an intuitive digital control panel. Key indicators include:

- **Power Button:** To turn the appliance on or off.
- **Temperature/Time Controls:** Adjust cooking temperature and time.
- **Preset Functions:** Dedicated buttons for common cooking modes (Air Fry, Bake, Roast, Reheat, Dehydrate, etc.).
- **Favorite Buttons (1, 2, 3):** Save and recall custom cooking settings.
- **Light Button:** Activates the internal light to view food through the clear window.
- **Start/Cancel Buttons:** To begin or stop cooking.

### 6.2 Basic Operation

1. Place food into the air fryer basket, ensuring not to overfill.
2. Slide the basket into the main unit.
3. Press the Power button to turn on the display.
4. Select a preset function or manually set the desired temperature and cooking time.
5. Press the Start button to begin cooking.

### 6.3 Using Preset Functions

The appliance offers 11 one-touch cooking programs for convenience. Simply select the desired preset (e.g., Air Fry, Roast, Bake) and press Start. The air fryer will automatically set the optimal temperature and time for that function.

# 11 One-touch Cooking Programs

Versatile functionality creates endless possibilities so you can enjoy healthy and delicious meals with ease

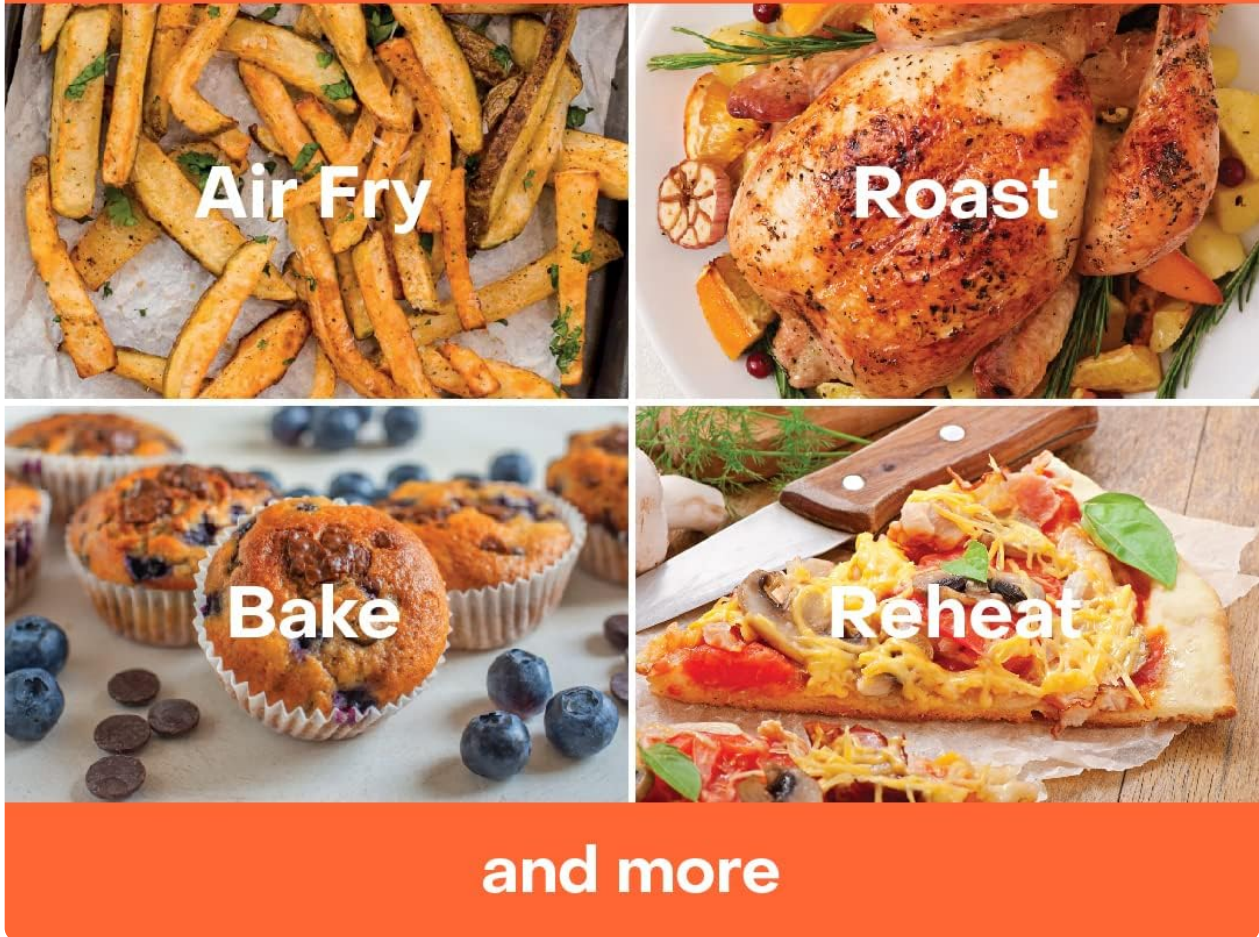


Figure 6.1: A collage showing different food items (fries, roasted chicken, muffins, pizza) representing the 11 one-touch cooking programs like Air Fry, Roast, Bake, and Reheat.

## 6.4 Customizing Favorite Buttons

You can save up to three of your preferred cooking settings for quick access:

1. Set your desired temperature and time manually.
2. Press and hold one of the Favorite buttons (1, 2, or 3) until the setting is saved.
3. To use a saved favorite, simply press the corresponding Favorite button and then Start.



# Favorite Buttons

Save up to three of your favorite recipes for easy one-touch access



Figure 6.2: A close-up of the air fryer's control panel, specifically highlighting the "Favorite 1", "Favorite 2", and "Favorite 3" buttons for saving custom cooking settings.

## 6.5 SmartTemp Technology

The air fryer is equipped with SmartTemp Technology, which automatically adjusts the temperature during the cooking cycle to help achieve consistent results.

# SmartTemp Technology

Automatically adjusts temperature while cooking for perfectly cooked food every single time



Figure 6.3: The Nutricook Air Fryer 3 Vision on a kitchen counter with a plate of cooked chicken wings and fries, illustrating the SmartTemp Technology feature. The display shows "ENJOY".

## 6.6 Shake Reminder

For optimal cooking and even browning, the air fryer may prompt you with a 'Shake' reminder during the cooking cycle. When this occurs, carefully remove the basket, shake or flip the food, and reinsert the basket to resume cooking.

# Shake Reminder

Tells you when to shake or flip your food for crispy and even results every time



Figure 6.4: A hand using tongs to turn salmon and asparagus in the air fryer basket, demonstrating the "Shake Reminder" feature.

## 6.7 Clear Window and Internal Light

The integrated clear window and internal light allow you to monitor your food's cooking progress without opening the basket, helping to maintain consistent cooking temperatures.



# Clear Window and Internal Light

Experience the magic of seeing your food cook to perfection without opening the air fryer basket



Figure 6.5: The Nutricook Air Fryer 3 Vision on a kitchen counter, highlighting the clear window and internal light feature, with various cooked dishes around it.

## 6.8 Cooking Status Indicator

The display provides a clear cooking status indicator, showing stages such as PREHEAT, COOKING, SHAKE, and DONE, allowing you to track the progress of your meal.

# Cooking Status Indicator

Keep track of your food's cooking progress from preheating until it's done



Figure 6.6: A close-up of the air fryer's display panel showing "ENJOY" and indicators for "PREHEAT", "COOKING", "SHAKE", and "DONE", illustrating the cooking status indicator.

## 6.9 Capacity

The 5.7-liter capacity basket is designed to accommodate various food quantities, such as up to 1.4kg of fries or a 1.2kg whole chicken.

## 5.7L Capacity

Air fry up to 1.4kg of your favorite fried food with up to 75% less fat than traditional deep frying



Figure 6.7: A close-up of the air fryer basket filled with french fries, demonstrating the 5.7L capacity.

### 6.10 Quiet Operation

The air fryer operates at a noise level of 55 decibels, designed for a quieter cooking experience.

# Quiet Cooking

Delivers a quiet operation with 55dB noise level giving you peaceful cooking experience



Figure 6.8: The air fryer on a kitchen counter with various baked goods, emphasizing its quiet operation (55dB noise level).

## 7. CLEANING AND MAINTENANCE

Regular cleaning ensures optimal performance and extends the lifespan of your air fryer.

1. Always unplug the appliance and allow it to cool completely before cleaning.
2. The air fryer basket and cooking tray are dishwasher-safe. Alternatively, wash them with hot water, dish soap, and a non-abrasive sponge.
3. Wipe the exterior of the air fryer with a damp cloth. Do not use abrasive cleaners or scouring pads.
4. Never immerse the main unit in water or any other liquid.
5. Ensure all parts are thoroughly dry before storing or next use.



# Easy to Clean

Dishwasher-safe cooking tray and air fryer basket make clean up quick and easy



Figure 7.1: A hand placing the air fryer basket and cooking tray into a dishwasher, highlighting the "Easy to Clean" feature.

## 8. TROUBLESHOOTING

If you encounter issues with your air fryer, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Appliance does not turn on.	Not plugged in; Power outlet malfunction; Appliance fault.	Ensure the power cord is securely plugged into a working outlet. Check the circuit breaker. If the issue persists, contact customer support.
Food is not cooked evenly.	Basket overloaded; Food not shaken/flipped; Incorrect temperature/time.	Do not overload the basket. Shake or flip food halfway through cooking. Adjust temperature and time as needed.
White smoke coming from the appliance.	Grease residue from previous use; Fatty food being cooked.	Clean the basket and cooking tray thoroughly after each use. For fatty foods, drain excess fat during cooking.



Problem	Possible Cause	Solution
Appliance emits unusual noise.	Basket not properly inserted; Internal component issue.	Ensure the basket is fully inserted. If the noise is persistent or unusual, discontinue use and contact customer support.







## 9. SPECIFICATIONS

Feature	Specification
Brand	Nutricook
Model Number	AF357V
Capacity	5.7 Liters
Power / Wattage	1700 Watts
Voltage	240 Volts
Material	Aluminum
Auto Shutoff	Yes
Noise Level	55 Decibels
Special Features	Temperature Control, Clear Window, Internal Light, 11 One-touch Programs, Favorite Buttons, SmartTemp Technology, Shake Reminder, Cooking Status Indicator
Item Weight	6 Kilograms
Product Dimensions (D x W x H)	37D x 36.1W x 45.4H centimeters

## 10. WARRANTY AND SUPPORT

The Nutricook Air Fryer 3 Vision comes with a 2-year warranty. For warranty claims, technical support, or any inquiries regarding your product, please contact Nutricook customer service through their official website or the retailer where the product was purchased.

### Related Documents - AF357V

	<p><a href="#">Nutricook Air Fryer 3 Vision User Guide</a></p> <p>Comprehensive user guide for the Nutricook Air Fryer 3 Vision (Model AF357V), detailing setup, operation, safety, cooking functions, maintenance, and troubleshooting for optimal kitchen results.</p>
	<p><a href="#">Nutricook Air Fryer 2 User Guide: Manual, Features, and Specifications</a></p> <p>Comprehensive user guide for the Nutricook Air Fryer 2. Learn about setup, operation, safety precautions, troubleshooting, and specifications for model AF204 and AF205.</p>
	<p><a href="#">Nutricook Smart Pot Eko User Guide: Your Guide to Healthy and Easy Cooking</a></p> <p>Explore the Nutricook Smart Pot Eko user manual for detailed instructions on healthy cooking, smart features, safety guidelines, and recipes. Learn to use your electric pressure cooker efficiently.</p>
	<p><a href="#">Nutricook Smart Pot Prime Electric Pressure Cooker User Guide</a></p> <p>Comprehensive user guide for the Nutricook Smart Pot Prime electric pressure cooker. Learn about features, safety precautions, cooking programs (pressure cook, sauté, slow cook, yogurt), maintenance, and troubleshooting for models GT606-M09 (6L) and GT806-M09 (8L).</p>
	<p><a href="#">Nutricook Air Fryer 3 Vision User Guide</a></p> <p>Comprehensive user guide for the Nutricook Air Fryer 3 Vision (Model AF357V), detailing setup, operation, safety, cooking functions, maintenance, and troubleshooting for optimal kitchen results.</p>
	<p><a href="#">Tefal NutriCook User's Guide: Enhance Nutrition &amp; Flavour</a></p> <p>Explore the Tefal NutriCook pressure cooker user manual. Learn about its features for preserving nutrients and enhancing flavour, safety guidelines, operation, and maintenance for healthy cooking.</p>



[Nutricook Air Fryer 3 Vision User Guide](#)

Comprehensive user guide for the Nutricook Air Fryer 3 Vision (Model AF357V), detailing setup, operation, safety, cooking functions, maintenance, and troubleshooting for optimal kitchen results.

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AIR FRYER 3 VISION User guide Please make sure to read this User Guide prior to using your unit. H ... IR FRYER BASKET COOKING TRAY USER GUIDE Product Specification: MODEL CAPACITY POWER AIR FRYER 3 **AF357V** 5.7 L 1700 W VOLTAGE 220-240 V 50/60 Hz WEIGHT DIMENSION 6 kg 41.3 x 31.4 x 32.8 cm 9...

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