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› HealthA2Z Doxylamine Succinate 25mg Sleep Aid Tablets Instruction Manual

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Model: Doxylamine Succinate Tablets 25mg

PRODUCT OVERVIEW

HealthA2Z Sleep Aid tablets contain 25mg of Doxylamine Succinate, designed to help reduce difficulty in falling asleep. This product offers a non-habit forming solution for occasional sleeplessness.

- **Fast-acting night-time relief:** Each tablet contains 25 mg of doxylamine succinate to help you fall asleep when sleeplessness strikes.
- **Simple dosing:** Take one tablet about 30 minutes before bedtime for restful sleep.
- **Trusted alternative to prescription-only options:** Gives adults a reliable over-the-counter option for better sleep.

IMPORTANT SAFETY INFORMATION

Always read and follow the directions on the product label. Consult a healthcare professional if you have any questions or concerns.

Warnings:

- Children Under 12 Years Of Age Do Not Use.
- Stop use and ask a doctor if sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.
- If pregnant or breast-feeding, ask a health professional before use.
- Keep out of reach of children.
- Overdose Warning: In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.
- Do not use if you have a breathing problem such as emphysema or chronic bronchitis, glaucoma, or difficulty in urination due to an enlargement of the prostate gland.
- Ask a doctor or pharmacist before use if you are taking any other drugs.
- When using this product, avoid alcoholic beverages and take only at bedtime.

Legal Disclaimer: Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

INGREDIENTS

Each tablet contains Doxylamine Succinate 25mg as the active ingredient. Inactive ingredients include:

- Dibasic Calcium Phosphate Dihydrate
- FD&C Blue #1 Aluminum Lake
- Magnesium Stearate
- Microcrystalline Cellulose
- Sodium Starch Glycolate

DIRECTIONS FOR USE

For adults and children 12 years and over:

- Take one tablet 30 minutes before going to bed.
- Take once daily or as directed by a doctor.

Important: Do not use if imprinted safety seal under cap is broken or missing.

PRODUCT SPECIFICATIONS

Brand:	HealthA2Z
Active Ingredient:	Doxylamine Succinate 25mg
Item Form:	Tablets
Count:	120 Tablets (Pack of 1)
Package Dimensions:	3.35 x 1.69 x 1.61 inches
Item Weight:	1.44 ounces
Manufacturer:	Allegiant Health
Storage:	Store at controlled room temperature 20° – 25°C (68° – 77°F)

MEDIA GALLERY

Product Bottle with Magnified Label



Image: A white bottle of HealthA2Z Sleep Aid tablets, with a magnifying glass highlighting the label details, including the NDC number and a comparison to Unisom SleepTabs active ingredient.

Sleep Aid Tablets Inside Bottle



Image: An open bottle of HealthA2Z Sleep Aid, revealing many small, light blue, oval-shaped tablets.

Drug Facts Label

Drug Facts

Active ingredient (in each tablet) Purpose

Doxylamine succinate 25 mg.....Nighttime sleep-aid

Uses helps to reduce difficulty in falling asleep

Warnings

Do not use ■ in children under 12 years of age

Ask a doctor before use if you have

■ a breathing problem such as emphysema or chronic bronchitis ■ glaucoma ■ difficulty in urination due to an enlargement of the prostate gland

Ask a doctor or pharmacist before use if you are taking any other drugs.

When using this product ■ avoid alcoholic beverages ■ take only at bedtime

Drug Facts (continued on inside)

Drug Facts (continued on inside)

Stop use and ask a doctor if sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children.

Overdose Warning: In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

Directions

Adults and children 12 years and over: take one tablet 30 minutes before going to bed; take once daily or as directed by a doctor

Children under 12 years of age: do not use

Other information ■ DO NOT USE IF IMPRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING ■ store at controlled room temperature 20°– 25°C (68°– 77°F) ■ use by expiration date on package

Inactive ingredients dibasic calcium phosphate dihydrate, FD&C blue #1 aluminum lake, magnesium stearate, microcrystalline cellulose, sodium starch glycolate

Questions or comments?

Call 1-888-952-0050

Monday through Friday 9AM - 5PM

Image: A detailed view of the Drug Facts panel from the HealthA2Z Sleep Aid packaging, showing active ingredients, uses, warnings, and directions for use.

Key Benefits Icons

*Compare to UNISOM® SleepTabs® active ingredient.



**Effective And
Trusted**



**Non Habit-
Forming**



**Sleep
Soundly**

Uses helps to reduce difficulty in falling asleep.

Image: A graphic illustrating the key benefits of HealthA2Z Sleep Aid: Effective and Trusted, Non-Habit Forming, and promoting Sound Sleep.

Effective and Trusted Sleep Aid



EFFECTIVE AND TRUSTED

- ✓ FALL ASLEEP FASTER AND STAY ASLEEP LONGER
- ✓ NON HABIT-FORMING



Image: A bottle of HealthA2Z Sleep Aid positioned beside a person sleeping comfortably, emphasizing the product's effectiveness and non-habit forming nature.

Official Product Video: HealthA2Z Sleep Aid Doxylamine 200 Counts

Your browser does not support the video tag.

Video: An official video from HealthA2Z showcasing the Sleep Aid Doxylamine tablets, highlighting their benefits and usage. This video is provided by the seller.

Official Product Video: Trust in Health, Trust in HealthA2Z

Your browser does not support the video tag.

Video: A promotional video by HealthA2Z emphasizing trust in their health products, including the Sleep Aid. This video is provided by the seller.

Official Product Video: FPA100 Sleep Aids Doxylamine Succinate 25mg

Your browser does not support the video tag.

Video: An official video from HealthA2Z detailing the FPA100 Sleep Aids with Doxylamine Succinate 25mg, explaining its features and benefits. This video is provided by the seller.

SETUP

No specific setup is required for these tablets. Please ensure you read all instructions and warnings before first use.

OPERATING (USAGE)

Refer to the "Directions for Use" section for detailed instructions on how to take the tablets.

MAINTENANCE

This product does not require maintenance. Store the tablets as directed in the "Product Specifications" section to maintain efficacy.

TROUBLESHOOTING

If you experience persistent sleeplessness after 2 weeks of continuous use, or if you experience any unexpected side effects, discontinue use and consult a doctor. This product is intended for occasional sleeplessness and not for chronic insomnia.

If you experience morning grogginess, consider adjusting the timing of your dose to allow for a full night's sleep before waking, or consult a healthcare professional.

WARRANTY AND SUPPORT

Specific warranty information is not provided in the product details. For questions or comments, please refer to the contact information on the product packaging or visit the [HealthA2Z Store](#).

Customer Service: 1-888-952-0050 (Monday through Friday 9AM - 5PM)

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ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

Open the live page

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