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Legxercise LegXercise Pro

LegXercise Pro - Wireless Remote Instruction Manual

Model: LegXercise Pro

Introduction

The LegXercise Pro is an innovative device designed to provide light, continuous movement to your legs and feet while you are seated. This device is intended to promote circulation and reduce discomfort associated with prolonged sitting, offering a gentle, passive exercise experience. It features a wireless remote for convenient operation.



Image: The LegXercise Pro unit, showcasing its compact design and foot pads.

Important Safety Information

- Read all instructions before using the device.
- Use the device only for its intended purpose as described in this manual.
- Do not operate the device if it has a damaged cord or plug, if it is not working properly, or if it has been dropped or damaged.
- Keep the power cord away from heated surfaces.
- Do not use outdoors or operate where aerosol (spray) products are being used or where oxygen is being administered.
- Always unplug the device from the electrical outlet immediately after use and before cleaning.
- This device is not intended for use by persons with reduced physical, sensory, or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the device by a person responsible for their safety.
- Consult your physician before using this device if you have any pre-existing medical conditions, especially those affecting your legs or circulation.

Package Contents

Upon opening the package, verify that all components are present and undamaged:

- LegXercise Pro Main Unit
- Wireless Remote Control
- Power Adapter



Image: The LegXercise Pro unit and its accompanying wireless remote control.

Setup Instructions

1. **Unpack the Device:** Carefully remove the LegXercise Pro and all its components from the packaging.
2. **Placement:** Place the LegXercise Pro on a flat, stable surface in front of your chair or sofa. Ensure there is enough space for your legs to move freely.
3. **Power Connection:** Insert the power adapter into the power input port on the LegXercise Pro unit. Plug the other end of the power adapter into a standard electrical outlet.
4. **Remote Control:** The wireless remote control is pre-paired with the unit. If the remote does not respond, ensure it has working batteries (type not specified, typically AAA or button cell, check remote compartment if issues arise).

Operating Instructions

The LegXercise Pro is designed for ease of use, providing a gentle, continuous motion for your legs.

1. **Positioning:** Sit comfortably in a chair with the LegXercise Pro placed directly in front of you. Place your feet flat on the foot pads of the device.



Image: Proper foot placement on the LegXercise Pro.

2. **Power On:** Press the power button on the wireless remote control to turn on the device. The digital display on the unit will illuminate.



Image: The wireless remote control for the LegXercise Pro.

3. **Select Speed:** The LegXercise Pro offers two speed settings for its continuous movement.
    - Press the **'1'** button on the remote for the lower speed setting.
    - Press the **'2'** button on the remote for the higher speed setting.

The device is designed for light, continuous movement, and even the higher speed setting provides a gentle motion, not intense exercise.



Image: The concave track design of the LegXercise Pro, facilitating smooth movement.

4. **Usage:** Allow your feet to rest naturally on the pads as the device moves them back and forth. You can use the LegXercise Pro for extended periods while reading, working, or relaxing.



Image: A user demonstrating the LegXercise Pro in use, highlighting its passive exercise benefit.

5. **Power Off:** Press the **'OFF'** button on the remote control to stop the movement and turn off the device.

Maintenance

Proper maintenance ensures the longevity and optimal performance of your LegXercise Pro.

- **Cleaning:** Disconnect the power adapter before cleaning. Wipe the unit with a soft, slightly damp cloth. Do not use abrasive cleaners or immerse the unit in water.
- **Storage:** Store the device in a cool, dry place when not in use. Keep the power cord neatly coiled and avoid placing heavy objects on the unit.
- **Remote Control Batteries:** If the remote control becomes unresponsive, replace its batteries. Refer to the remote's battery compartment for the correct battery type and orientation.

Troubleshooting

Problem	Possible Cause	Solution
Device does not turn on.	Not plugged in. Power outlet not active. Power adapter damaged.	Ensure the power adapter is securely plugged into both the unit and the electrical outlet. Test the outlet with another device. Contact customer support if the adapter appears damaged.
Wireless remote is unresponsive.	Dead or low batteries. Obstruction between remote and unit.	Replace the batteries in the remote control. Ensure a clear line of sight between the remote and the front of the unit.
Movement is too slow or not strong enough.	Device is operating as designed. Incorrect speed setting.	The LegXercise Pro is designed for **light, continuous movement** to promote circulation, not vigorous exercise. Its motion is intentionally gentle. Ensure you have selected speed '2' on the remote for the faster available setting.

Specifications

- **Model Name:** LegXercise Pro - Wireless Remote
- **Brand:** Legxercise
- **Manufacturer:** IntelliBrands
- **Product Dimensions:** 15.5 x 12 x 5 inches
- **Weight:** 10 Pounds
- **Color:** White
- **ASIN:** B0BRFJ4QNG
- **UPC:** 853321005526
- **First Available:** December 30, 2022

Warranty Information

Specific warranty details for the LegXercise Pro are typically provided with your purchase documentation or can be obtained directly from the manufacturer. Please refer to the warranty card included in your product packaging or visit the official Legxercise website for comprehensive warranty terms and conditions.

Customer Support

For any questions, technical assistance, or support regarding your LegXercise Pro, please contact the manufacturer or visit their official resources:

- **Brand:** Legxercise
- **Manufacturer:** IntelliBrands
- **Online Store/Support:** Legxercise Store on Amazon
- Please refer to your product packaging for direct contact information such as phone numbers or email addresses.

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