

[Manuals.plus](#) /

> [Citizen](#) /

> Citizen CZ Smart PQ2 41MM Smartwatch User Manual

Citizen MX1003-71X

Citizen CZ Smart PQ2 41MM Smartwatch User Manual

Model: MX1003-71X

1. INTRODUCTION

The Citizen CZ Smart PQ2 41MM Smartwatch is a sophisticated wearable device designed to integrate seamlessly into your daily life, offering advanced health tracking, smart notifications, and personalized wellness insights. Powered by Wear OS by Google and featuring the YouQ App with IBM Watson® AI and NASA research, this smartwatch helps you understand and optimize your body's rhythms and alertness levels.

This manual provides essential information for setting up, operating, maintaining, and troubleshooting your CZ Smart PQ2 Smartwatch to ensure optimal performance and user experience.

2. WHAT'S IN THE BOX

Upon unboxing your Citizen CZ Smart PQ2 Smartwatch, verify that all components are present:

- Citizen CZ Smart PQ2 Smartwatch
- Band
- Charging Cable





Image: The Citizen CZ Smart PQ2 Smartwatch packaging box, typically containing the watch, band, and charging cable.





Image: The white USB charging cable for the Citizen CZ Smart PQ2 Smartwatch, featuring a magnetic charging puck.

3. SETUP

3.1 Initial Charging

Before first use, fully charge your smartwatch. The device achieves a full charge in approximately 40 minutes.

1. Connect the charging cable to a USB power source.

2. Align the magnetic charging puck with the charging contacts on the back of the smartwatch.
3. Ensure the watch indicates it is charging.

3.2 Pairing with Your Smartphone

The Citizen CZ Smart PQ2 is compatible with phones running the latest version of Android (excluding Go Edition and phones without Google Play Store) or iOS.

1. Download the *Wear OS by Google* app and the *CZ Smart YouQ* app from the Google Play Store or Apple App Store.
2. Turn on your smartwatch by pressing and holding the power button.
3. Open the *Wear OS by Google* app on your smartphone and follow the on-screen instructions to pair your watch.
4. Once paired, open the *CZ Smart YouQ* app and complete the setup process to enable personalized wellness features.

Note: If connecting to a new device, a factory reset of the smartwatch may be required. This will erase all data on the watch.

4. OPERATING YOUR SMARTWATCH

4.1 Basic Navigation

The CZ Smart PQ2 features a touchscreen display for intuitive interaction. Swipe, tap, and press to navigate menus, select apps, and view information.



Image: The front view of the Citizen CZ Smart PQ2 Smartwatch, showing a digital watch face with current time, date, weather, step count, and heart rate.

4.2 Notifications

Receive and manage notifications directly on your wrist.

- **Incoming Calls:** Answer or decline calls using the built-in speaker and microphone.
- **Messages & Emails:** View incoming texts, emails, and other app notifications.
- **Calendar Alerts:** Stay informed about your schedule.



Image: The smartwatch screen showing an 'Incoming Call' notification with options to answer or decline.

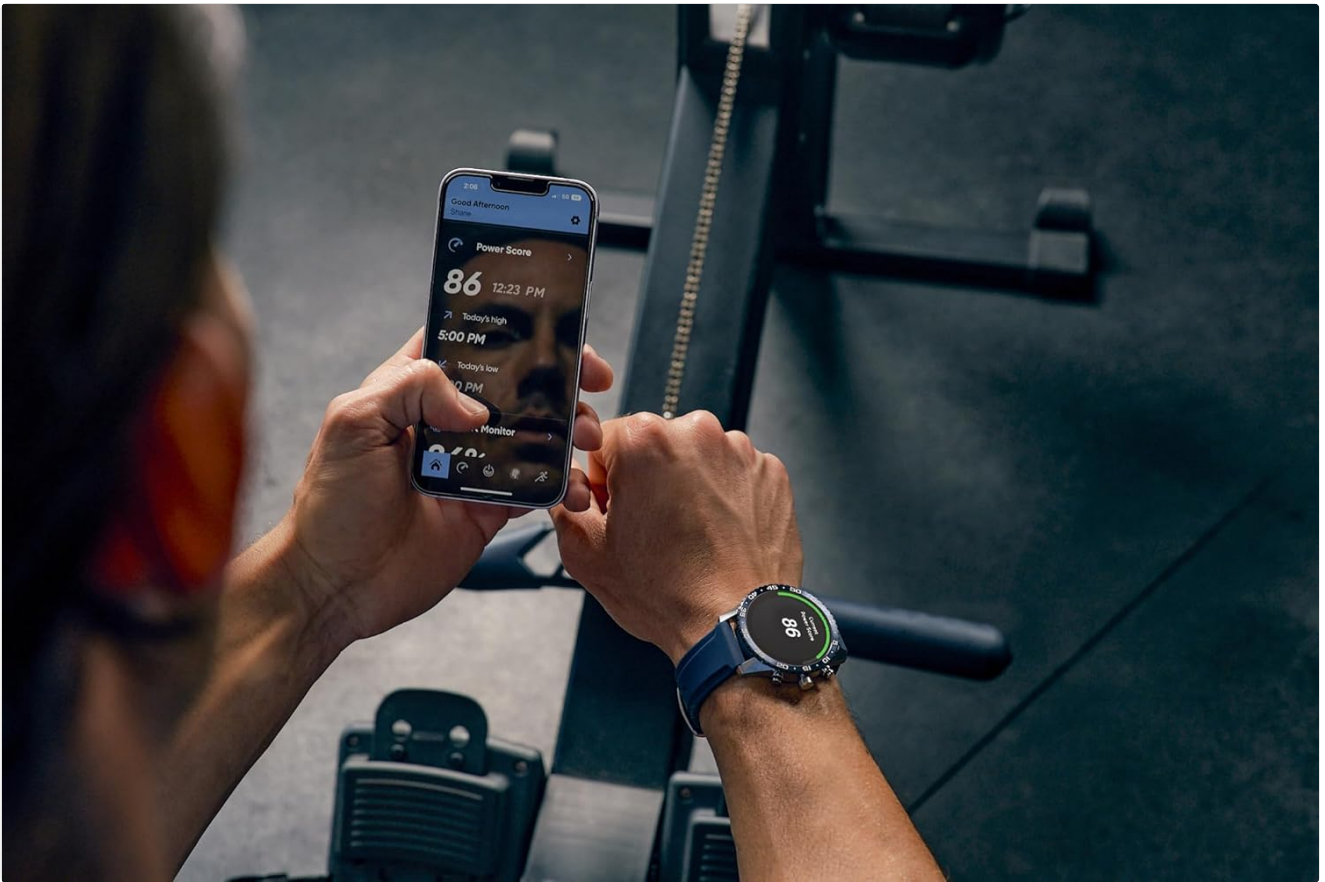


Image: The smartwatch screen displaying multiple notifications, including Gmail and Messages.

4.3 YouQ App Features

The *CZ Smart YouQ* app leverages IBM Watson® AI and NASA research to provide personalized wellness insights.

- **Chronotype Identification:** Learn your unique daily rhythms (e.g., morning go-getter, steady achiever).
- **Alert Monitor:** A gamified tool based on NASA's PVT+ to assess your alertness.
- **Hourly Power Score:** An indicator of your cognitive and physical energy at any given moment.
- **Power Fixes:** Personalized suggestions to mitigate fatigue and improve alertness.



Image: A person wearing the Citizen CZ Smart PQ2 Smartwatch, which displays a 'Power Gauge' indicating 'Peak power in the next 3 hours'.



Image: The smartwatch screen showing the 'Power Gauge' feature, indicating 'Peak power in the next 3 hours'.

4.4 Amazon Alexa Integration

With Amazon Alexa built-in, you can use voice commands to manage tasks, set reminders, check weather, and more.

4.5 Customization

Personalize your smartwatch experience with various watch faces and complications to display the information most important to you.

5. FEATURES AND FUNCTIONS

The Citizen CZ Smart PQ2 Smartwatch offers a comprehensive suite of features:

- **Operating System:** Wear OS by Google, compatible with iPhone and Android.
- **Wellness App:** CZ Smart YouQ App with IBM Watson® AI and NASA research.
- **Sensors:** Heart Rate (HR), SP02, GPS, Gyroscope, Altimeter, Barometer, Accelerometer, Ambient Light Sensor.
- **Tracking:** Activity, Heart Rate, Cardio Fitness, Steps, Sleep.
- **Connectivity:** Bluetooth, Wi-Fi, GPS, NFC.
- **Battery Life:** 24+ hours (varies by usage), 40-minute full charge.
- **Storage/RAM:** 8GB Storage, 1GB RAM.
- **Water Resistance:** IPX6 Rating.
- **Audio:** Built-in Speaker and Microphone.
- **Preloaded Apps:** Google Fit, Strava, Spotify, YouTube Music, Amazon Alexa.

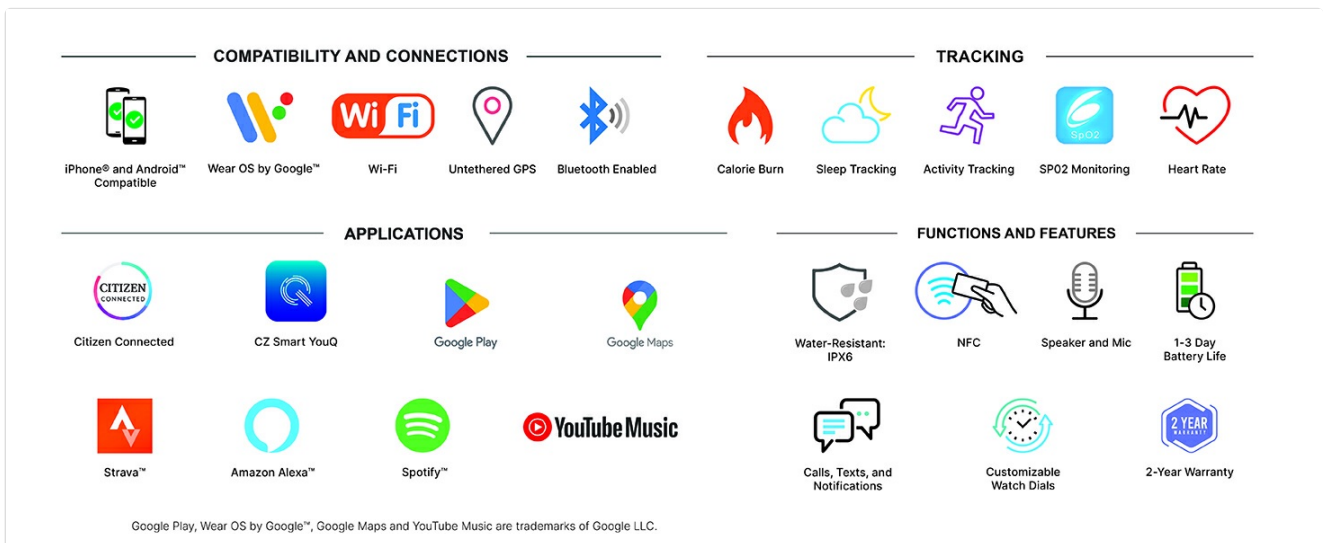


Image: An infographic detailing the compatibility (iPhone, Android), connections (Wi-Fi, Bluetooth, GPS, NFC), tracking capabilities (calorie burn, sleep, activity, SP02, heart rate), applications (Citizen Connected, CZ Smart YouQ, Google Play, Google Maps, Strava, Amazon Alexa, Spotify, YouTube Music), and functions (water-resistant IPX6, speaker, microphone, 1-3 day battery life, calls, texts, notifications, customizable watch dials, 2-year warranty) of the CZ Smart PQ2 Smartwatch.

6. MAINTENANCE

6.1 Charging

Regularly charge your smartwatch using the provided charging cable. A full charge takes approximately 40 minutes and provides over 24 hours of battery life, depending on usage.

6.2 Cleaning

To maintain the appearance and functionality of your smartwatch:

- Wipe the screen and watch body with a soft, lint-free cloth.
- For stubborn marks, slightly dampen the cloth with water. Avoid harsh chemicals.
- Clean the charging contacts on the back of the watch periodically to ensure proper connection.



Image: The back view of the Citizen CZ Smart PQ2 Smartwatch, highlighting the heart rate sensor and charging contacts.

6.3 Software Updates

Ensure your smartwatch's software and apps are up to date for optimal performance and access to the latest features. Updates are typically managed through the *Wear OS by Google* app on your smartphone.

7. TROUBLESHOOTING

If you encounter issues with your Citizen CZ Smart PQ2 Smartwatch, refer to the following common solutions:

- **Battery Drains Quickly:** Adjust screen brightness, disable unnecessary notifications, or limit continuous heart rate monitoring. Ensure background apps are closed.
- **Connectivity Issues (Bluetooth/Wi-Fi):** Ensure Bluetooth is enabled on your phone and watch. Restart both devices. Check Wi-Fi connection on the watch.
- **App Performance/Lag:** Ensure all apps and the Wear OS system are updated. Restart the watch. If persistent, consider a factory reset (see below).
- **Unable to Pair with New Phone:** A factory reset of the smartwatch is typically required when pairing with a new smartphone. Navigate to Settings > System > Disconnect & Reset on the watch.
- **Notifications Not Appearing:** Check notification settings in both the *Wear OS by Google* app and your phone's system settings to ensure permissions are granted.

For further assistance, consult the official Citizen support resources.

8. SPECIFICATIONS

Model Number	MX1003-71X
Product Dimensions	1.73 x 0.87 x 1.73 inches
Item Weight	8 ounces
Screen Size	41 Millimeters
Operating System	Wear OS by Google (Android, IBM Watson, Qualcomm 4100+)
Memory Storage Capacity	8 GB
RAM Memory Installed Size	1 GB
Batteries	1 Lithium Ion battery (included)
Water Resistance Rating	IPX6
Connectivity Technology	NFC, Wi-Fi, Bluetooth, Built-in GPS
Special Features	Heartrate, SP02, Speaker, Microphone

9. WARRANTY AND SUPPORT

9.1 Warranty Information

The Citizen CZ Smart PQ2 Smartwatch typically comes with a **2-Year Warranty**. Please refer to the warranty card included with your product or visit the official Citizen website for detailed terms and conditions.

9.2 Customer Support

For technical support, service, or additional information, please visit the official Citizen website or contact their customer service department. You can also refer to the [official User Manual \(PDF\)](#) for further details.

