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Fuzion NS1-3000

Fuzion Nutrition Food Scale NS1-3000 User Manual

Model: NS1-3000

INTRODUCTION

Thank you for choosing the Fuzion Nutrition Food Scale NS1-3000. This digital food scale is designed to assist you in tracking your daily nutrition intake, supporting weight loss, meal preparation, and portion control. It features a built-in nutritional calculator with 999 pre-programmed foods, providing detailed information on calories, protein, fat, carbohydrates, cholesterol, salt, and fiber. Please read this manual thoroughly before using the scale to ensure proper operation and to maximize its benefits.

IMPORTANT SAFETY INFORMATION

- Place the scale on a hard, flat, and stable surface for accurate measurements. Avoid soft or uneven surfaces.
- Do not immerse the scale in water or other liquids. Clean with a damp cloth.
- Avoid dropping the scale or subjecting it to strong impacts, as this may damage the internal components.
- Do not overload the scale beyond its maximum capacity of 3KG (6.6lb).
- Keep the scale away from extreme temperatures and direct sunlight.
- Remove batteries if the scale will not be used for an extended period to prevent leakage.
- This scale is intended for household use only.

PACKAGE CONTENTS

Please check the package for the following items:

- Fuzion Nutrition Food Scale NS1-3000
- 3 x AAA Batteries (included)
- User Manual (this document)

PRODUCT FEATURES

Nutritional Calculator

The scale features a built-in nutritional calculator that displays calories, protein, fat, carbohydrates, cholesterol, salt, and fiber for 999 pre-programmed foods. This simplifies tracking your daily nutrition intake.



Image: The Fuzion Nutrition Food Scale displaying detailed nutritional information for grapefruit, including calories, salt, fat, cholesterol, carbs, protein, and fiber. The scale has a stainless steel weighing platform and a digital keypad.

Accurate and Versatile Measurement

The Fuzion Nutrition Scale provides accurate and consistent measurements with a 3KG (6.6lb) capacity and 0.5g (0.02oz) readability. This precision is ideal for weighing ingredients for recipes, portion control, and meal planning.

**0.02 oz readability
up to 6.6 lb capacity**
for accurate weighing each ingredients.



Image: A hand pouring olive oil into a salad bowl placed on the Fuzion Nutrition Food Scale, illustrating its use for accurate ingredient weighing. Text overlay highlights "0.02 oz readability up to 6.6 lb capacity".

Save and Recall Function

This feature allows you to save the weight of each ingredient and recall it later for accurate portion control and tracking. It is perfect for meal prep, calorie counting, and macro tracking by monitoring intake over time.

How to calculate the nutrition facts of a whole meal ?

- 1.Prepare the foods you need
- 2.Put on the foods in different food codes, and **Save** the accumulated data.
- 3.Press **Recal** to view all data



Image: The Fuzion Nutrition Food Scale positioned beside a glass meal prep container filled with various foods. The display shows nutritional data, and the image explains "How to calculate the nutrition facts of a whole meal?" using Save and Recal buttons.

LCD Screen and TARE Function

The large, high-contrast LCD screen displays measurements and nutritional information clearly. The Tare function allows you to subtract the weight of any bowl or container, ensuring only the food's weight is measured.

Large LCD Screen + 5 Measure Modes

g, lb:oz, oz, ml and fl.oz



Image: The Fuzion Nutrition Food Scale with blueberries on its platform, showcasing its large LCD screen and the availability of 5 measurement modes (g, lb:oz, oz, ml, fl.oz).

5 Units of Measurement

The scale supports five units of measurement: grams (g), pounds and ounces (lb:oz), ounces (oz), milliliters (ml), and fluid ounces (fl.oz). This versatility makes it suitable for various recipes and cooking styles.

Compact Design

With its compact dimensions, the scale is easy to store and fits well in any kitchen environment without taking up excessive space.

Small size, accurate inside



Image: A top-down view of the Fuzion Nutrition Food Scale, showing its compact dimensions of 7.68 inches in length and 5.04 inches in width. The text "Small size, accurate inside" is displayed.

SETUP GUIDE

1. Battery Installation

1. Locate the battery compartment on the underside of the scale.
2. Open the battery compartment cover.
3. Insert the 3 AAA batteries (included), ensuring the correct polarity (+/-) as indicated inside the compartment.
4. Close the battery compartment cover securely.

2. Initial Placement

Place the scale on a hard, flat, and stable surface, such as a countertop or table. Avoid placing it on soft surfaces like carpets or near vibrating appliances, as this can affect accuracy.

OPERATING INSTRUCTIONS

1. Power On/Off

- To turn on the scale, press the **Power button** (usually marked with a circle and a vertical line). The display will show "0.00" or "0" when ready.
- To turn off the scale, press and hold the **Power button** for a few seconds. The scale also features an auto shut-off function to

conserve battery power after a period of inactivity.

2. Unit Conversion

Press the **Unit button** to cycle through the available measurement units: g (grams), lb:oz (pounds and ounces), oz (ounces), ml (milliliters), and fl.oz (fluid ounces).

3. Tare Function

The Tare function allows you to zero out the weight of a container or to measure multiple ingredients in the same bowl.

1. Place an empty container on the weighing platform. The display will show its weight.
2. Press the **Tare button**. The display will reset to "0".
3. Add your ingredient to the container. The display will show only the weight of the ingredient.
4. Repeat the Tare function if adding more ingredients to the same container.

4. Using the Nutritional Calculator

The scale has 999 pre-programmed food codes to help you calculate nutritional facts.

1. Turn on the scale and ensure it is at "0".
2. Place the food item you wish to measure on the scale.
3. Using the numeric keypad (0-9), enter the corresponding **Food Code** for your item. Refer to the included food code list (if applicable, or Fuzion website) for specific codes.
4. The display will show the weight and the nutritional values (calories, fat, protein, etc.) for the entered food code.

5. Save and Recall Nutritional Data for a Meal

This function is useful for calculating the total nutritional content of a multi-ingredient meal.

1. Measure your first ingredient using the nutritional calculator as described above.
2. Press the **Save button** to store the nutritional data for this ingredient.
3. Remove the first ingredient and add the next ingredient. Use the Tare function if needed.
4. Enter the **Food Code** for the second ingredient and press **Save**.
5. Repeat this process for all ingredients in your meal.
6. After saving all ingredients, press the **Recal button** to view the accumulated total nutritional data for the entire meal.
7. To clear the saved data, press the **Clear button**.

An Easy-use Nutrition Calculator

999 pre-programmed foods,
know your daily nutrition intake.



Image: The Fuzion Nutrition Food Scale displaying an empty nutritional calculation screen, with various meal prep containers in the background, emphasizing its role as an "Easy-use Nutrition Calculator" for 999 pre-programmed foods.

CARE AND MAINTENANCE

- **Cleaning:** Wipe the scale surface with a soft, damp cloth. Do not use abrasive cleaners or immerse the scale in water. The stainless steel platform is easy to clean.
- **Storage:** Store the scale in a cool, dry place. Avoid placing heavy objects on the scale when not in use.
- **Battery Replacement:** When the low battery indicator appears on the display, replace all 3 AAA batteries with new ones.

TROUBLESHOOTING

Problem	Possible Cause	Solution
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Problem	Possible Cause	Solution
Scale does not turn on	Batteries are dead or incorrectly installed.	Check battery polarity. Replace with new AAA batteries.
Inaccurate readings	Scale is on an uneven surface, overloaded, or affected by vibrations.	Place scale on a hard, flat, stable surface. Do not exceed 3KG capacity. Avoid vibrations. Recalibrate if necessary (refer to support).
"Lo" or "Err" displayed	Low battery or overload error.	Replace batteries. Remove excess weight from the scale.
Nutritional data not displaying	Incorrect food code entered or no food code entered.	Ensure a valid food code is entered after placing food on the scale.

SPECIFICATIONS

Brand	Fuzion
Model Number	NS1-3000
Color	Black
Material	Stainless Steel
Weight Limit	3 Kilograms (6.6 Pounds)
Readout Accuracy	0.5 Grams (0.02 Ounces)
Units of Measurement	g, lb:oz, oz, ml, fl.oz
Display Type	LCD
Special Features	Auto Shut Off, Calorie Counter, Large Display, Save and Recall
Power Source	3 x AAA Batteries (included)
Product Dimensions	7.6 x 5 x 1 inches
Item Weight	1.12 Pounds

WARRANTY AND SUPPORT

The Fuzion Nutrition Food Scale NS1-3000 comes with a **10-Year Warranty**. Fuzion is committed to providing lifetime support to its customers. Our service team is available to assist with any questions or concerns you may have regarding your product. For support, please visit the official Fuzion store or contact our customer service team. You can find more information and contact details at: [Fuzion Official Store](#).

