KOSPET TANK M2

KOSPET TANK M2 Smart Watch User Manual

Model: TANK M2 | Brand: KOSPET

1. Product Overview

The KOSPET TANK M2 is a robust and feature-rich smartwatch designed for durability and comprehensive health and fitness tracking. It boasts a military-grade design, a large HD display, and extended battery life, making it suitable for various activities and daily use.



Image: The KOSPET TANK M2 Smart Watch displaying its main interface with time, date, battery level, steps, heart rate, SpO2, and distance. A smaller inset shows the watch during a call.

- **Military-Grade Durability:** Passed 15 MIL-STD-810H tests, including salt spray, rain, and impact, ensuring resilience in harsh environments.
- **Large HD Display:** Features a 1.85-inch 3rd generation HD Corning Gorilla screen for clear visuals and enhanced durability.
- **Bluetooth Calling & AI Voice Assistant:** Equipped with a dual-mode Bluetooth processor (8763EW) for smooth calls and convenient voice commands.
- **Extended Battery Life:** A 380mAh pure cobalt battery provides up to 50 days of standby time and over 2 weeks of normal use.
- **Comprehensive Health Monitoring:** Tracks all-day sleep, 24-hour heart rate, and real-time blood oxygen levels.
- **70+ Sports Modes:** Offers tracking for over 70 sports, with intelligent recognition for 6 common activities.

2. What's in the Box

Upon unboxing your KOSPET TANK M2 Smart Watch, you should find the following items:

- KOSPET TANK M2 Smartwatch
- Charging Cable
- User Manual

3. Setup Guide

3.1 Initial Charging

Before first use, fully charge your KOSPET TANK M2 Smart Watch. Connect the provided charging cable to the charging port on the back of the watch and plug the USB end into a compatible power adapter (not included) or a computer USB port. A full charge typically takes approximately one hour.



Image: The KOSPET TANK M2 Smart Watch connected to its magnetic charging cable, with an illustration of battery life durations for heavy usage, daily usage, and low-battery mode.

3.2 App Installation and Pairing

To unlock the full potential of your smartwatch, download and install the "Kospet Fit" app on your smartphone (compatible with iPhone and Android devices).

1. Scan the QR code in the included manual or search for "Kospet Fit" in your phone's app store.
2. Open the app and follow the on-screen instructions to create an account or log in.
3. Enable Bluetooth on your smartphone.
4. In the "Kospet Fit" app, navigate to the device pairing section and select "Add Device" or similar.
5. Your watch should appear in the list of discoverable devices (e.g., "TANK M2"). Select it to initiate pairing.
6. Confirm the pairing request on both your watch and smartphone.



Image: A user interacting with the KOSPET TANK M2 Smart Watch and a smartphone, demonstrating the AI Voice Assistant and Bluetooth Calling features. Speech bubbles indicate commands like "Please call Jack" and "How is the weather today?".

Important: Ensure all necessary permissions (e.g., location, notifications, contacts) are granted to the "Kospet Fit" app on your smartphone for full functionality.

4. Operating Instructions

4.1 Basic Navigation

- **Touchscreen:** Swipe left/right, up/down to navigate through menus and watch faces. Tap to select items.
- **Buttons:** The watch features physical buttons (e.g., "POWER", "BACK", "SPORT") for quick access to functions and navigation. Refer to the on-screen prompts for specific button actions.

4.2 Bluetooth Calling

Once paired with your smartphone, the TANK M2 allows you to make and receive calls directly from your wrist.

- **Answering Calls:** When a call comes in, the watch will display the caller ID. Tap the green phone icon on the watch screen to answer.
- **Making Calls:** Access the dialer or contact list on your watch (via the app or watch menu) to initiate a call.
- **Voice Assistant:** Use the integrated AI voice assistant to make calls, check weather, set alarms, and control music hands-free.

4.3 Notifications

Receive notifications from your smartphone directly on your watch. Configure which app notifications you wish to receive via the "Kospet Fit" app settings.

5. Health Monitoring Features

The TANK M2 is equipped with advanced sensors to help you monitor key health metrics.

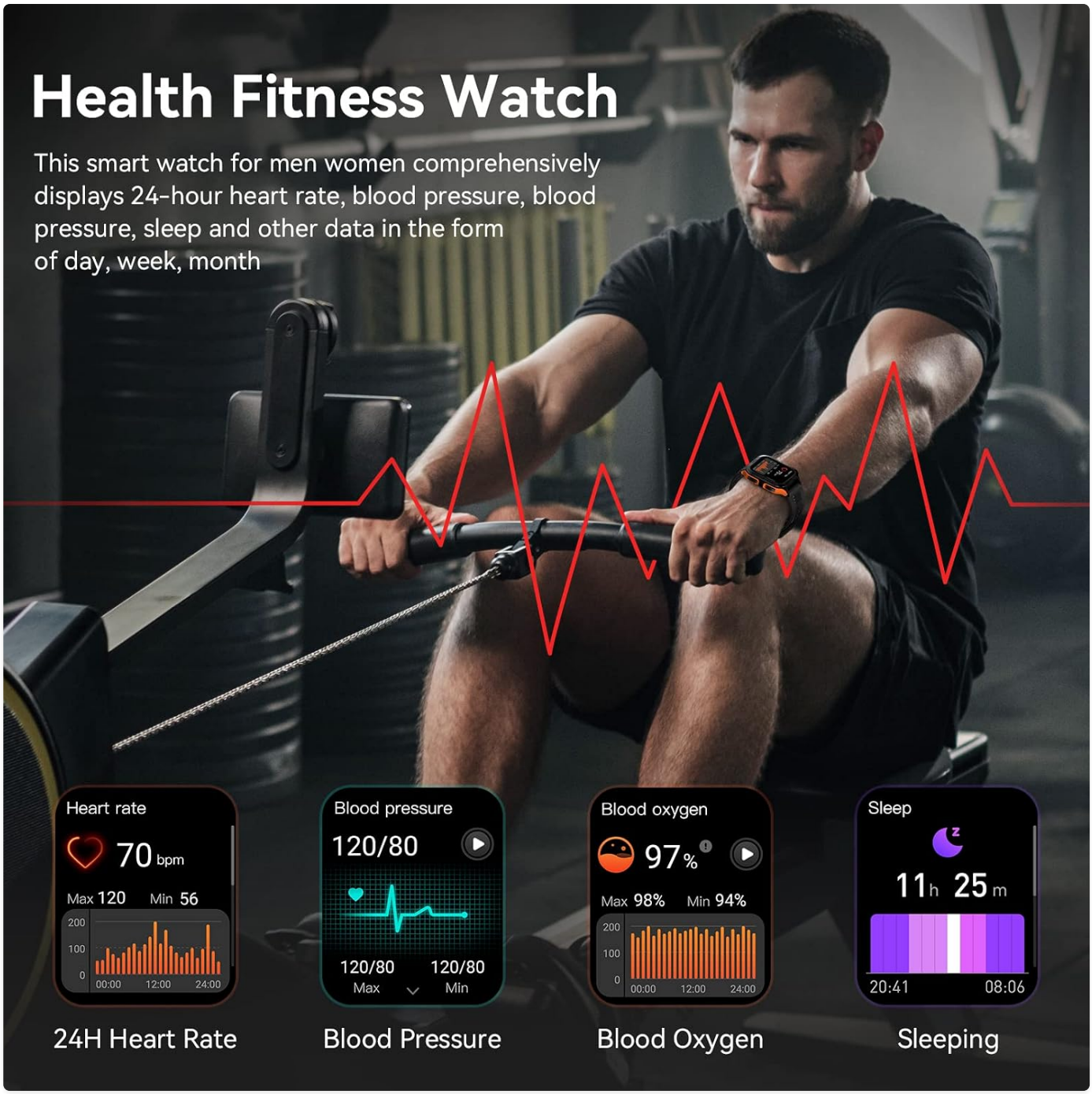


Image: A man exercising on a rowing machine, with the KOSPET TANK M2 Smart Watch prominently displayed, showing real-time health data including 24-hour heart rate, blood pressure, blood oxygen, and sleep duration.

- **Heart Rate Monitoring:** Continuously tracks your heart rate throughout the day. View real-time data on the watch or detailed trends in the app.
- **Blood Oxygen (SpO2) Monitoring:** Measures your blood oxygen saturation levels. This can be set to test periodically or on-demand.
- **Sleep Tracking:** Automatically monitors your sleep patterns, including awake time, light sleep, deep sleep, and REM sleep. Provides insights and recommendations for improving sleep quality.



Image: A man sleeping, with the KOSPET TANK M2 Smart Watch on his wrist, and an overlay showing the watch's sleep tracking interface with sleep duration and analysis.

Note: Health monitoring data is for reference only and should not be used for medical diagnosis or treatment.

6. Sports Modes

The TANK M2 supports over 70 sports modes to accurately track your workouts, both indoors and outdoors.



Image: A person skiing, with the KOSPET TANK M2 Smart Watch displaying a ski activity tracking screen, showing duration, heart rate, and other metrics. Icons for 70+ sports modes are also visible.

6.1 Intelligent Recognition

The watch can intelligently recognize 6 common sports activities:

- Stationary State
- Walking
- Running
- Cycling
- Elliptical Trainer
- Rowing Machine

When one of these activities is detected, the watch may prompt you to start recording your workout.

7. Battery Life and Charging

The KOSPET TANK M2 is equipped with a 380mAh pure cobalt battery, designed for extended usage.

- **Normal Usage:** Up to 10-15 days.
- **Standby Time:** Up to 50 days.
- **Charging Time:** Approximately 1 hour for a full charge.

Use only the provided magnetic charging cable to charge the device. Ensure the charging pins align correctly with the contacts on the back of the watch.

8. Water Resistance

The TANK M2 features impressive water resistance ratings, making it suitable for various water activities.

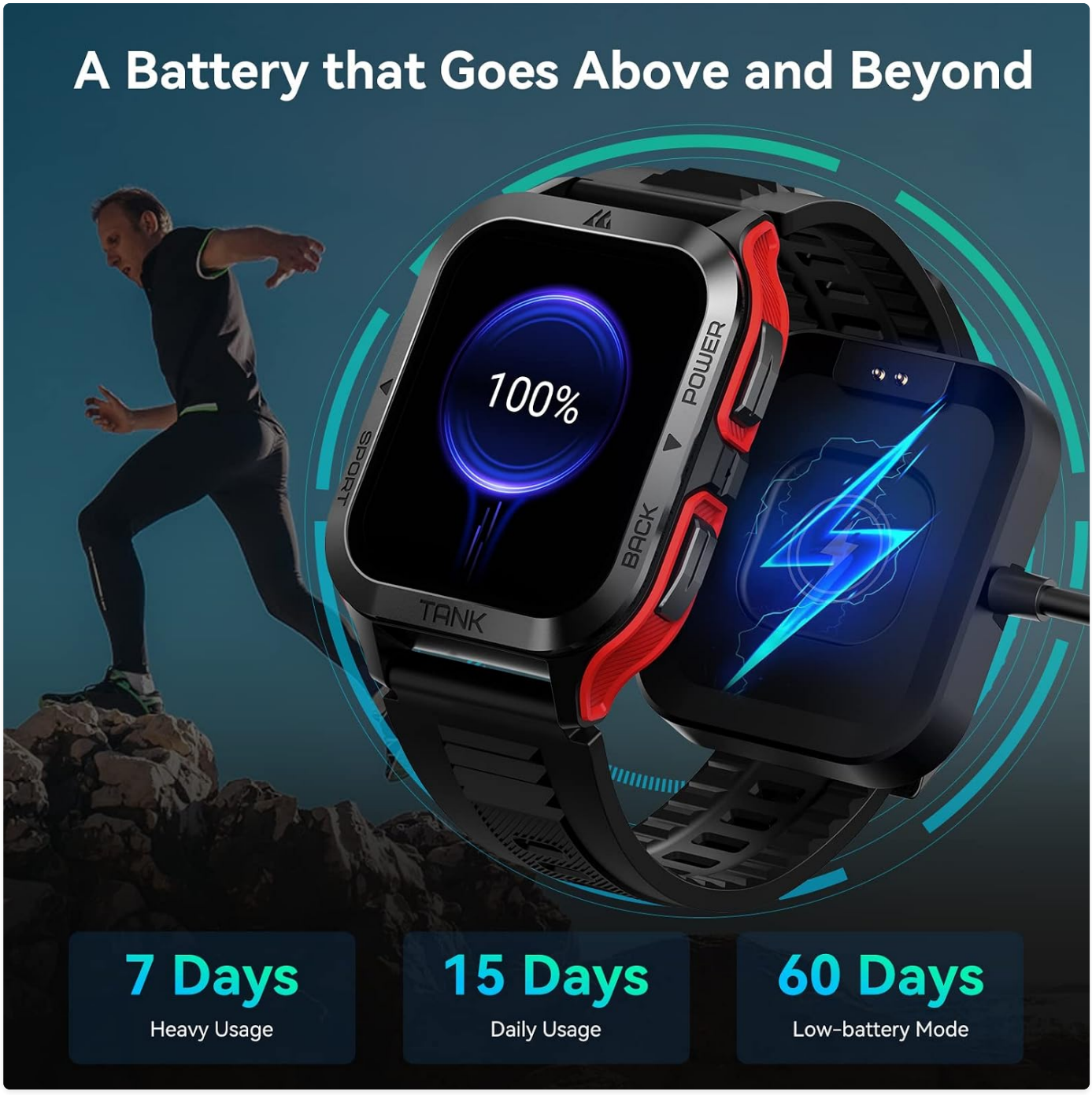


Image: A diver wearing the KOSPET TANK M2 Smart Watch underwater, highlighting its 100M and IP69K waterproof capabilities.

- **5ATM Static Waterproof:** Can withstand water pressure equivalent to a depth of 50 meters.
- **IP69K Dynamic Waterproof:** Certified for high-pressure, high-temperature water jets, suitable for swimming, diving, and surfing.

It is designed to be immersed in water up to 50 meters. However, avoid prolonged exposure to hot water or steam, as this may affect the seals.

9. Durability and Design

The KOSPET TANK M2 is built to withstand challenging conditions, featuring a robust construction.



Image: The KOSPET TANK M2 Smart Watch displayed next to a shield indicating "Military Grade MIL-STD-810H Drop-Tested U.S.A.", emphasizing its ruggedness and resistance to various environmental factors.

- **Military-Grade Standard (MIL-STD-810H):** Tested against 15 military-standard tests, including damp heat, shock, low/high temperature, salt spray, low pressure, vibration, rain, fungus, fluid contamination, sand/dust, and solar radiation.
- **Full Metal Body:** Constructed with a fully enclosed metal body for enhanced protection.
- **Corning Gorilla Glass:** The 1.85-inch display is protected by durable Corning Gorilla Glass.
- **Two-Color Liquid Silicone Rubber Mold:** The design incorporates a two-color liquid silicone rubber mold for added resilience and a distinctive look.

10. Maintenance

- **Cleaning:** Wipe the watch and strap regularly with a soft, damp cloth. For stubborn dirt, a mild soap solution can be used, followed by rinsing with clean water and thorough drying.
- **Avoid Chemicals:** Do not use harsh chemicals, solvents, or abrasive cleaners, as these can damage the watch's finish and seals.
- **Storage:** Store the watch in a cool, dry place when not in use. Avoid extreme temperatures.
- **Screen Protector:** If a screen protector is provided or purchased, ensure it is applied correctly to prevent scratches.

11. Troubleshooting

11.1 Common Issues and Solutions

Issue	Possible Cause	Solution
Watch not turning on	Low battery; device malfunction	Charge the watch for at least 1 hour. If still unresponsive, contact support.
Cannot pair with phone	Bluetooth off; app permissions not granted; watch not in pairing mode; phone too far	Ensure Bluetooth is on. Grant all app permissions. Restart watch and phone. Keep devices close during pairing.
Notifications not received	App notification permissions not enabled; app not running in background; watch disconnected	Check app notification settings on phone. Ensure "Kospet Fit" app is running. Reconnect watch if disconnected.
Inaccurate health data	Watch not worn correctly; sensor obstruction	Ensure watch is snug but comfortable on wrist. Clean the sensor area on the back of the watch.
Bluetooth calls have poor audio	Weak Bluetooth connection; environmental interference	Ensure watch and phone are within close range. Move away from sources of strong electromagnetic interference.

12. Specifications

Feature	Detail
Model Number	TANK M2
Display Size	1.85 inches

Feature	Detail
Display Technology	AMOLED
Resolution	240 x 240
Battery Capacity	380 mAh (Lithium-Cobalt)
Connectivity	Bluetooth
Water Resistance	5ATM, IP69K
Operating System	Android (compatible)
Item Weight	2.05 ounces
Product Dimensions	11 x 1.72 x 0.54 inches
Special Features	Heart Rate Monitor, Sleep Monitor, Blood Oxygen Monitor, Alarm Clock, Activity Tracker, Stopwatch, Bluetooth Answer/Make Call, Notifications

13. Warranty and Support

For detailed warranty information, please refer to the warranty card included with your product or visit the official KOSPET website. Warranty terms may vary based on region and point of purchase.

A digital version of the user manual is available for download:

Download User Manual (PDF)

For technical support or further assistance, please contact KOSPET customer service through their official channels or the "Kospet Fit" app.

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Ask a question about this manual

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question