

TISSCARE 208-white

TISSCARE Foot Massager with Heat: Shiatsu Foot Massager User Manual

Brand: TISSCARE | Model: 208-white

1. INTRODUCTION

This user manual provides comprehensive instructions for the safe and effective operation, maintenance, and troubleshooting of your TISSCARE Foot Massager with Heat, model 208-white. Designed to provide shiatsu massage, air compression, and heat therapy, this device aims to offer relaxation and relief for your feet and calves. Please read this manual thoroughly before first use and retain it for future reference.

2. SAFETY INFORMATION

To ensure safe operation and prevent injury or damage, please adhere to the following safety guidelines:

- Always unplug the massager from the power outlet after use and before cleaning.
- Do not use the massager near water or in damp environments.
- Keep the power cord away from heated surfaces.
- Do not operate the massager if the cord or plug is damaged, or if the device malfunctions or has been dropped or damaged.
- This appliance is not intended for use by persons with reduced physical, sensory, or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
- Consult a physician before using the massager if you have any medical conditions, including but not limited to: pregnancy, heart disease, diabetes, phlebitis, thrombosis, or if you have a pacemaker or other medical implants.
- Do not use the massager on swollen, inflamed, or injured areas of the skin.
- Do not use the massager for more than 30 minutes at a time. Allow the device to cool down between uses.
- Keep children and pets away from the massager during operation.

3. PRODUCT OVERVIEW

3.1 Components



Figure 3.1: Overall view of the TISSCARE Foot Massager, highlighting the main unit, integrated control panel, and wireless remote control.

- **Main Unit:** Houses the massage mechanisms, air compression bags, and heating elements.
- **Control Panel:** Integrated LCD display and touch buttons for direct control.
- **Wireless Remote Control:** Allows for convenient adjustment of settings from a distance.
- **Adjustable Handle/Stand:** Provides multiple angles for massaging different body parts.
- **Removable and Washable Cover:** For hygiene and easy cleaning.

3.2 Control Panel and Remote Functions

Professional air compression system



Figure 3.2: Detailed view of the control panel and wireless remote, illustrating the various function buttons.

- **Power Button** (⏻): Turns the massager On/Off.
- **Mode Button** (M): Cycles through 3 massage modes (P1, P2, P3).
- **Air Compression Button** (⬆️): Adjusts air compression intensity (5 levels).
- **Heat Button** (🔥): Toggles heat function On/Off and selects heat level (2 levels).
- **Timer Button** (⌚): Sets the massage duration (15, 20, or 30 minutes).

4. SETUP

1. **Unpack:** Carefully remove the massager and all accessories from the packaging. Retain packaging for future storage or transport.
2. **Placement:** Place the massager on a flat, stable surface. Ensure there is enough space around the unit for proper ventilation.
3. **Power Connection:** Insert the power cord into the massager's power input, then plug the other end into a standard

electrical outlet (AC 100-240V, 50/60Hz).

4. **Adjust Handle:** Adjust the 360° rotating handle to your desired angle for comfortable use, whether for feet, calves, or arms.



Figure 4.1: The adjustable stand bar allows for versatile positioning for different massage areas.

5. OPERATING INSTRUCTIONS

5.1 Basic Operation

1. **Power On:** Press the Power button () on the control panel or remote control to turn on the massager. The LCD screen will illuminate.
2. **Place Feet/Calves:** Insert your feet or calves into the massage chambers. Ensure comfortable positioning.

Custom settings for maximum relaxation



Figure 5.1: Proper placement of feet within the massager for optimal experience.

3. **Select Mode:** Press the Mode button (M) to cycle through the three available massage modes:
 - **P1:** Rolling, kneading, shiatsu, and air compression.
 - **P2:** Rolling, kneading, strengthened shiatsu, and air compression.
 - **P3:** Air compression only.
4. **Adjust Air Compression:** Press the Air Compression button (N) to select from 5 intensity levels. Start with level 1 and gradually increase as desired.
5. **Activate Heat:** Press the Heat button (☀) to turn on the heat function. Press again to switch between 2 heat levels (Level 1: up to 104°F, Level 2: up to 113°F). Press a third time to turn heat off.
6. **Set Timer:** Press the Timer button (⌚) to set the desired massage duration. Options include 15, 20, or 30 minutes. The massager will automatically shut off once the timer expires.
7. **Power Off:** Press the Power button (⏻) again to turn off the massager at any time.

6. MAINTENANCE

6.1 Cleaning

- Always unplug the massager before cleaning.
- The removable and washable cover can be unzipped and hand-washed with mild detergent. Allow it to air dry completely before reattaching.
- Wipe the main unit with a soft, damp cloth. Do not use abrasive cleaners or immerse the unit in water.
- Ensure the massager is completely dry before plugging it back in or storing.

6.2 Storage

- Store the massager in a cool, dry place, away from direct sunlight and extreme temperatures.
- Avoid placing heavy objects on top of the massager.
- If storing for an extended period, it is recommended to place it back in its original packaging to protect it from dust and damage.

7. TROUBLESHOOTING

If you encounter any issues with your TISSCARE Foot Massager, please refer to the table below for common problems and solutions. If the problem persists, contact customer support.

Problem	Possible Cause	Solution
Massager does not power on.	Power cord not securely plugged in. No power from outlet.	Ensure power cord is fully inserted into both the massager and the wall outlet. Test the outlet with another device.
No heat or weak heat.	Heat function not activated or set to low level. Ambient temperature is too low.	Press the Heat button to cycle through heat levels. Allow a few minutes for heat to build up. Heat sensation may be less noticeable in cooler environments.
Air compression is too weak/strong.	Incorrect intensity level selected.	Adjust air compression intensity using the Air Compression button.
Massage feels too intense/weak.	Incorrect massage mode selected. Personal sensitivity.	Cycle through massage modes (P1, P2, P3) to find a suitable intensity. Adjust foot/calf position within the chambers.
Massager stops unexpectedly.	Timer expired. Overheating protection activated.	The massager automatically shuts off after the set timer duration. Unplug the device and allow it to cool down for at least 30 minutes before resuming use.

8. SPECIFICATIONS

Model Number	208-white
Product Dimensions	23 x 18.5 x 11 inches
Item Weight	8 Pounds
Power Source	Corded Electric

Material	Acrylonitrile Butadiene Styrene
Manufacturer	TISSCARE

9. WARRANTY AND SUPPORT

TISSCARE is committed to customer satisfaction. For information regarding product warranty, technical support, or any other inquiries, please contact TISSCARE customer service through their official channels or the retailer from whom the product was purchased. Please have your model number (208-white) and purchase date available when contacting support.

For more information, you may visit the [TISSCARE Store on Amazon](#).

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