REDLIRO JK1608E-2

REDLIRO Walking Pad User Manual

Model: JK1608E-2

Introduction

Thank you for choosing the REDLIRO Walking Pad. This compact and portable treadmill is designed to help you maintain an active lifestyle whether at home or in the office. Its sturdy construction, powerful motor, and user-friendly features make it an ideal choice for daily exercise. Please read this manual thoroughly before operation to ensure safe and effective use of your device.



Image: The REDLIRO Walking Pad in use, demonstrating its versatility for both running and under-desk walking. The image highlights its compact design.

Important Safety Information

To reduce the risk of serious injury, read all important precautions and instructions in this manual before using the REDLIRO Walking Pad. REDLIRO assumes no responsibility for personal injury or property damage sustained by or through the use of this product.

- Always place the walking pad on a level surface.
- Keep children and pets away from the walking pad during operation.
- Do not operate the walking pad if it has a damaged cord or plug, or if it is not working properly.
- Wear appropriate exercise clothing and athletic shoes.
- Do not exceed the maximum user weight of 300 lbs (136 kg).

- Use the safety key at all times. In case of emergency, the safety key will stop the machine.
- Unplug the walking pad from the power outlet when not in use or before cleaning/maintenance.
- Ensure adequate clearance around the walking pad (at least 2 feet on all sides).

Package Contents

Carefully unpack your REDLIRO Walking Pad and verify that all items listed below are present and undamaged. If any items are missing or damaged, please contact customer support.

- REDLIRO Walking Pad (1 unit)
- Safety Key (1 unit)
- Power Cord (1 unit)
- Remote Control (1 unit)
- User Manual (This document)
- Tool Kit (for minor adjustments)

Setup

The REDLIRO Walking Pad comes largely pre-assembled. Follow these steps for initial setup:

1. **Unpacking:** Carefully remove the walking pad from its packaging. Place it on a flat, stable surface.
2. **Placement:** Ensure there is sufficient clear space around the walking pad for safe operation. Avoid placing it near water or in excessively humid environments.
3. **Power Connection:** Connect the power cord to the walking pad's power input port, then plug the other end into a grounded electrical outlet.
4. **Safety Key:** Attach the safety key to the designated slot on the walking pad's console. The machine will not operate without the safety key in place. Clip the other end of the safety key to your clothing.



Image: Demonstrates the ease of moving and storing the REDLIRO Walking Pad, showing it being tucked under a couch, highlighting its space-saving design.

Operating Instructions

Your REDLIRO Walking Pad is designed for simple and intuitive operation.

A. Power On/Off

- **Power On:** Ensure the safety key is in place. Press the power button on the walking pad or the remote control. The LED display will illuminate.
- **Power Off:** Press the power button again. The display will turn off. Always unplug the unit when not in use for extended periods.

B. Using the Remote Control

The remote control allows convenient adjustment of settings while exercising.

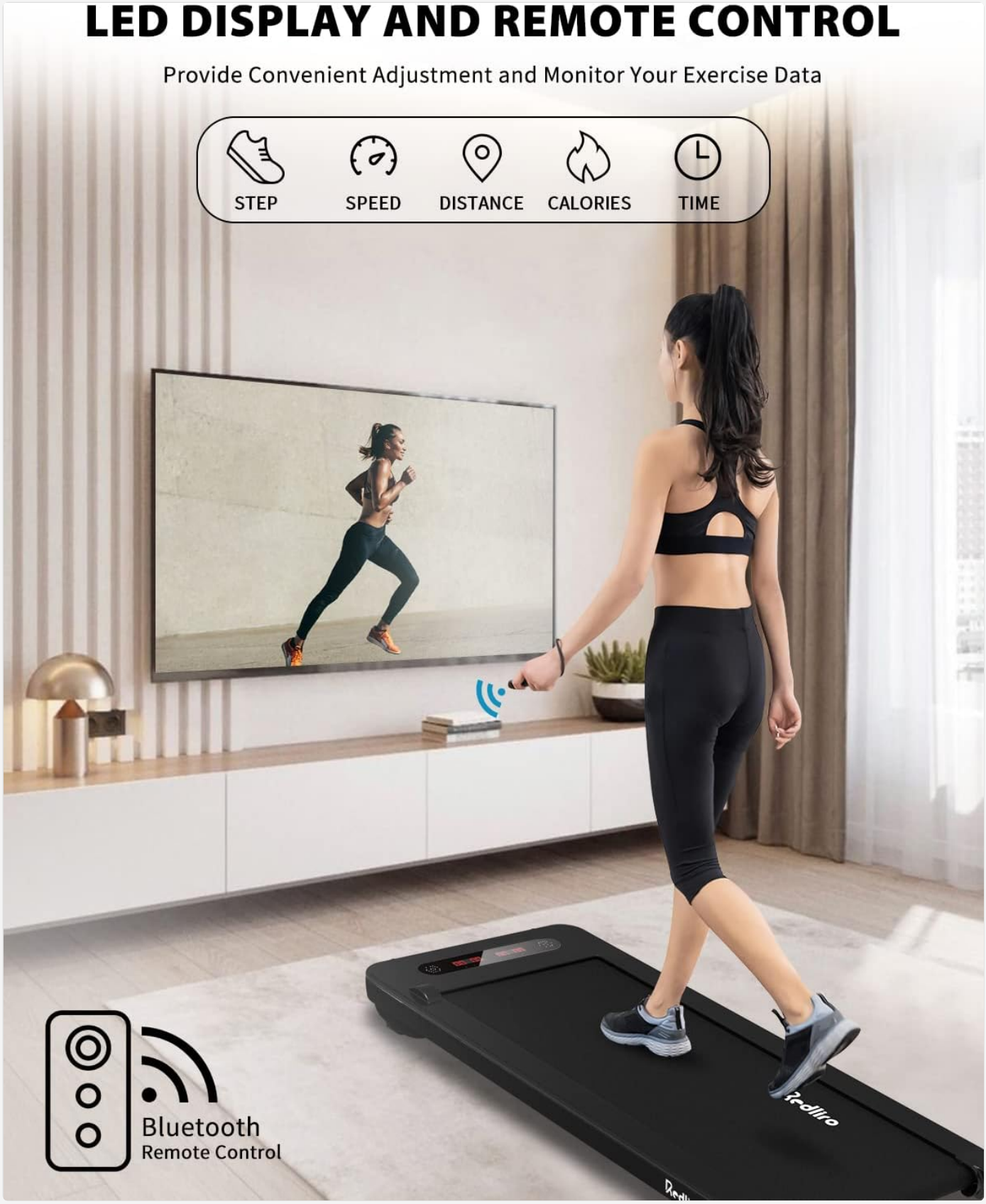


Image: Close-up of the REDLIRO Walking Pad's LED display and its remote control, illustrating how users can monitor their exercise data

including steps, speed, distance, calories, and time.

- **Start/Stop:** Press the "Start" button to begin walking. Press "Stop" to pause or end your workout.
- **Speed Adjustment:** Use the "+" and "-" buttons to increase or decrease the walking speed. The speed range is 0.5 to 6 KM/H.
- **Mode Selection:** The remote may have buttons to switch between manual mode and preset programs.

C. LED Display

The integrated LED display provides real-time feedback on your workout:

- **TIME:** Duration of your workout.
- **CALORIES:** Estimated calories burned.
- **STEP:** Number of steps taken.
- **SPEED:** Current walking speed.
- **DISTANCE:** Total distance covered.

D. Preset Programs

The walking pad features 12 preset programs designed with varying speed profiles to add variety to your workouts. Refer to the remote control or main console for program selection.

E. Manual Mode

In manual mode, you can freely adjust the speed to your preference and set specific exercise goals (e.g., target time, distance, or calories).

Maintenance

Regular maintenance ensures the longevity and optimal performance of your REDLIRO Walking Pad.

A. Cleaning

- Always unplug the walking pad before cleaning.
- Wipe down the surface with a damp cloth. Do not use abrasive cleaners or solvents.
- Keep the area under the walking pad clean to prevent dust and debris from accumulating.

B. Belt Lubrication

The walking belt requires periodic lubrication to reduce friction and extend its lifespan. The frequency depends on usage:

- Light use (less than 3 hours/week): Every 5-6 months
- Moderate use (3-5 hours/week): Every 3-4 months
- Heavy use (more than 5 hours/week): Every 1-2 months

To lubricate:

1. Unplug the walking pad.
2. Lift one side of the walking belt.
3. Apply a small amount of silicone lubricant (not included, but commonly available for treadmills) in a Z-pattern on the deck under the belt.
4. Repeat on the other side.
5. Plug in the walking pad and run it at a low speed (e.g., 1 KM/H) for 5 minutes to distribute the lubricant.

C. Belt Adjustment

If the walking belt starts to shift to one side or slips, it may need adjustment. Use the included tool kit.

- **Belt Centering:** If the belt drifts to the left, turn the left rear roller bolt clockwise a quarter turn. If it drifts to the right, turn the right rear roller bolt clockwise a quarter turn. Run the treadmill for a minute and re-check. Adjust gradually until centered.
- **Belt Tension:** If the belt slips during use, it may be too loose. Turn both left and right rear roller bolts clockwise a quarter turn simultaneously. Test the belt. Repeat if necessary, but do not overtighten.

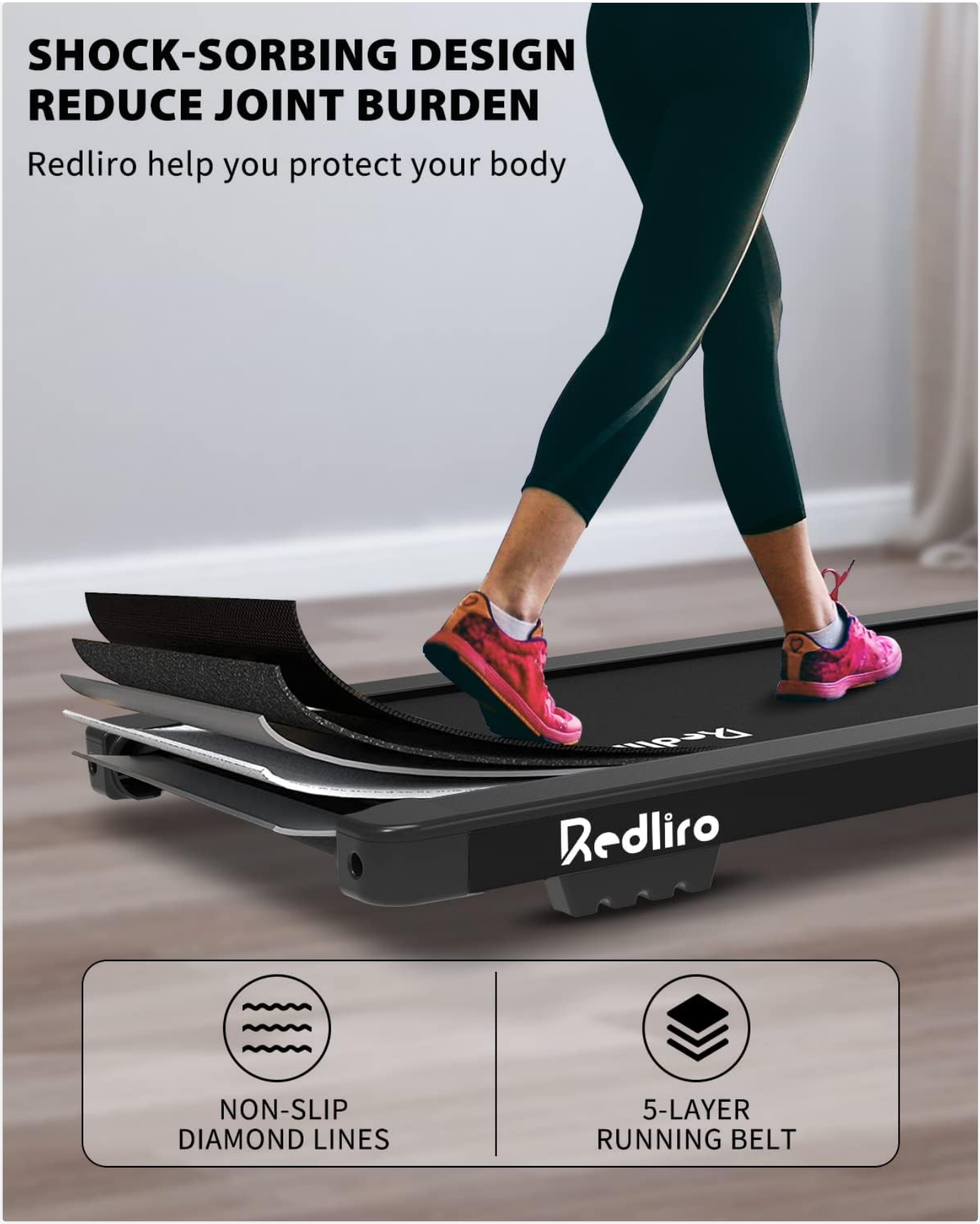


Image: Illustrates the multi-layered, shock-absorbing running belt of the REDLIRO Walking Pad, designed to reduce joint impact and provide a comfortable exercise experience.

Troubleshooting

If you encounter issues with your REDLIRO Walking Pad, refer to the table below for common problems and solutions.

Problem	Possible Cause	Solution
Walking pad does not power on.	Power cord not plugged in; Safety key not in place; Power switch off.	Ensure power cord is securely plugged into both the unit and a working outlet. Insert the safety key fully. Turn on the main power switch.
Belt stops or slips during use.	Belt too loose; Motor overload; Insufficient lubrication.	Adjust belt tension (see Maintenance section). Do not exceed maximum weight capacity. Lubricate the belt if needed.
Unusual noise from the walking pad.	Loose parts; Lack of lubrication; Belt rubbing.	Check for any loose screws or components and tighten them. Lubricate the belt. Adjust belt centering if it's rubbing against the frame.
Remote control not working.	Dead batteries; Obstruction; Not paired.	Replace remote control batteries. Ensure no obstructions between remote and walking pad. Refer to pairing instructions if applicable (not detailed in product info, assume pre-paired).

If the problem persists after trying these solutions, please contact REDLIRO customer support.

Specifications

Detailed technical specifications for the REDLIRO Walking Pad Model JK1608E-2.

Feature	Detail
Model Number	JK1608E-2
Brand	REDLIRO
Motor Power	2.25 HP (Horsepower)
Speed Range	0.5 - 6 KM/H
Maximum Weight Capacity	300 lbs (approx. 136 kg)
Running Deck Length	42 Inches (approx. 106.7 cm)
Material	Aluminium
Color	Black
Display Type	LED (5.5 Inches)
Number of Preset Programs	12
Dimensions (L x W x H)	127 x 53.01 x 13 cm (approx. 50 x 20.9 x 5.1 inches)
Product Weight	22.04 kg (approx. 48.6 lbs)
Components Included	Safety Key, Power Cord, Remote Control, User Manual, Tool Kit



Image: Visual representation of the REDLIRO Walking Pad's key specifications, including its 300lb weight capacity, 2.25HP motor, and speed range of 0.5-6 KM/H.

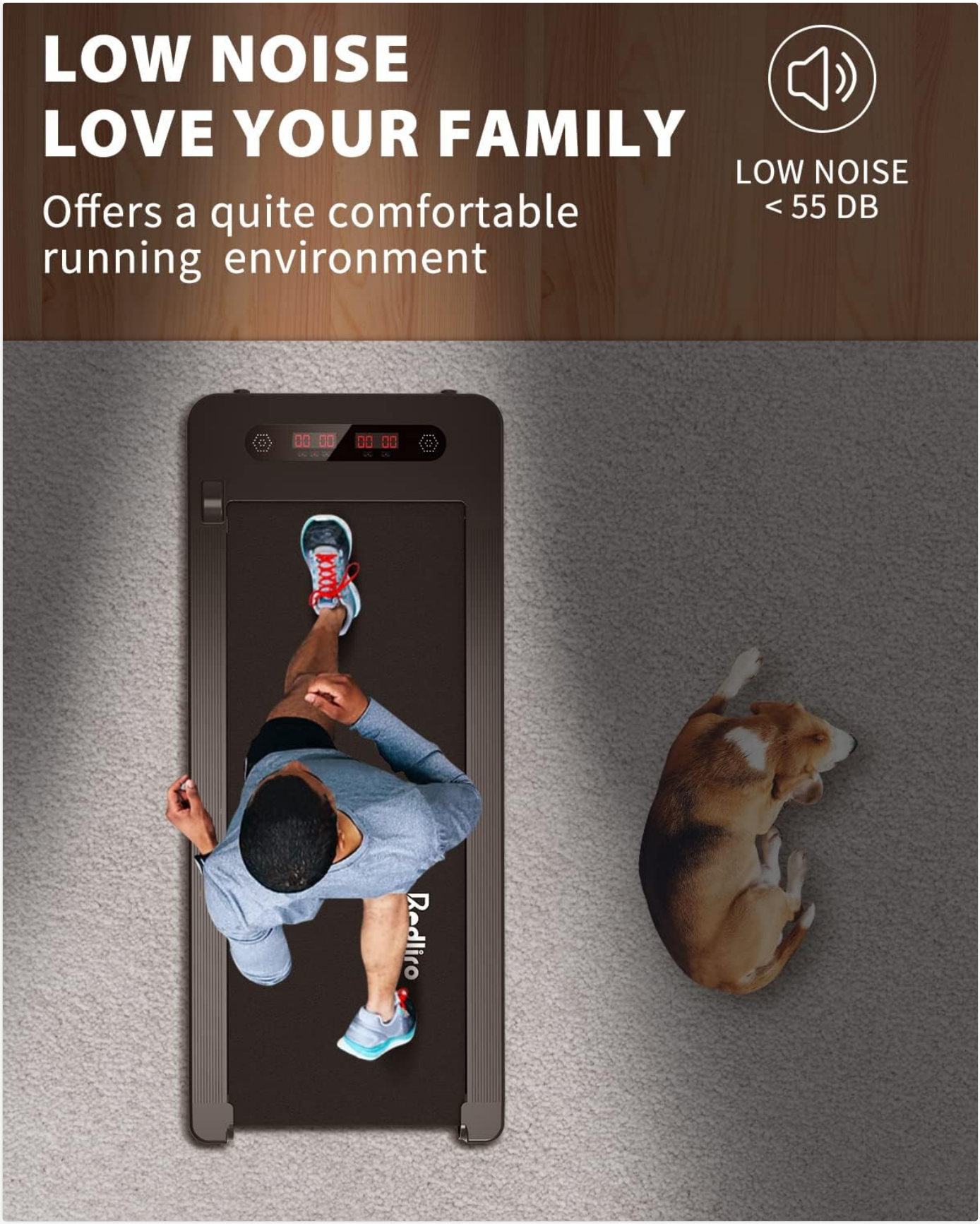


Image: Depicts the low noise level of the REDLIRO Walking Pad (less than 55 dB), showing a quiet environment suitable for home use, with a dog sleeping undisturbed nearby.

Warranty and Support

REDLIRO products are manufactured to high-quality standards. For information regarding warranty coverage, technical support, or to purchase replacement parts, please refer to the contact information provided with your product packaging or visit the official REDLIRO website.

Please have your model number (JK1608E-2) and purchase date ready when contacting support.

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question