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› **GreenPan Padova Hard Anodized Healthy Ceramic Nonstick 8" and 10" Frying Pan Skillet Set Instruction Manual (Model CC003548-001)**

### GreenPan CC003548-001

# GreenPan Padova Hard Anodized Healthy Ceramic Nonstick 8" and 10" Frying Pan Skillet Set Instruction Manual

Brand: GreenPan | Model: CC003548-001

## 1. PRODUCT OVERVIEW

The GreenPan Padova frypan set combines world-class performance with minimalist chic. These eye-catching pans feature duoforged hard anodized aluminum construction, ensuring exceptional toughness, scratch resistance, and even heat distribution for consistent cooking results. Each pan is equipped with our metal utensil safe Thermolon healthy ceramic nonstick coating, reinforced with diamonds for ultra-durability and heat responsiveness. This ceramic nonstick coating is free of PFAS, PFOA, lead, and cadmium, ensuring healthier cooking without toxic fumes, even if overheated. The matte gold-tone stainless steel handles allow for easy transfer from stovetop to oven. The set is dishwasher safe and oven safe up to 600°F, backed by a limited lifetime warranty.

## Key Features:

- **Set Includes:** 8" and 10" frpans.
- **Reinforced with Diamonds:** GreenPan's original diamond-infused nonstick coating for durability, balanced heating, and effortless cleanup.
- **Toxin-Free:** Thermolon healthy ceramic nonstick coating is free of PFAS, PFOA, lead, and cadmium.
- **Duoforged Armored Bodies:** Hard anodized aluminum for extraordinary strength, scratch resistance, and uniform heat.
- **Built for Oven Cooking:** Oven and broiler safe up to 600°F.
- **Stylish Flair:** Gorgeous gold-tone handles.
- **Stainless Steel Handles:** Riveted matte-finished handles for a safe and secure grip.
- **Easy to Clean:** Dishwasher safe, with most messes wiping clean easily.

FREE OF PFAS

# HEALTHY CERAMIC NONSTICK

WE'RE PROUD OF THE THINGS WE DON'T PUT IN OUR PANS



*Image: Front view of the GreenPan Padova 8" and 10" Frying Pan Skillet Set.*

## 2. SETUP AND FIRST USE

### Before First Use:

1. Remove all packaging and labels.
2. Wash the pans thoroughly with warm soapy water and a soft sponge.
3. Rinse and dry completely.
4. Conditioning (Optional but Recommended): Lightly rub a small amount of cooking oil (e.g., vegetable, canola, or grapeseed oil) onto the nonstick surface with a paper towel. Heat the pan over low heat for 30 seconds, then let it cool. Wipe off any excess oil. This helps optimize nonstick performance.

### Heat Control:

- GreenPan cookware is designed for excellent heat distribution. Always use low to medium heat settings for optimal cooking results and to preserve the nonstick coating.
- High heat is generally not necessary and can damage the nonstick surface over time.

## Recommended Utensils:

- While Thermolon coating is metal utensil safe, silicone, wooden, or heat-resistant plastic utensils are recommended to prolong the life of your nonstick coating.



*Image: Detailed view of the GreenPan Padova skillet highlighting its durable construction and nonstick layers.*

## 3. OPERATING INSTRUCTIONS

### Cooking:

- Always preheat your pan for about 90 seconds on low to medium heat before adding food.
- Use a small amount of oil or butter for best results, even with nonstick. Avoid cooking sprays, as they can leave a residue that may affect nonstick performance.
- The pans are suitable for all stovetops, except induction.
- Oven and broiler safe up to 600°F, allowing for versatile cooking from stovetop to oven.



**COOK TOXIN-FREE**

# **THE ORIGINAL CERAMIC NONSTICK**

**WE INVENTED IT. WE MAKE IT BETTER.**

Since inventing healthy ceramic nonstick cookware in 2007, we've dedicated ourselves to advances that make cooking better for everyone.



**FREE OF PFAS  
& PFOA**

We're proud of the things we don't put in our pans



**AWARD-WINNING  
NONSTICK**

Loved and tested by America's favorite magazines



**GROUNDBREAKING  
TECHNOLOGY**

We have over 150 patents for our cutting-edge designs

*Image: GreenPan Padova skillet being used in an oven, demonstrating its oven-safe feature.*

## **Official Product Video:**

*Video: GreenPan Reserve Black Cookware Collection. This video showcases the features and benefits of the GreenPan Reserve collection, including the hard anodized construction and healthy ceramic nonstick coating, which are also present in the Padova set.*

## **4. MAINTENANCE AND CLEANING**

### **Cleaning:**

- Allow pans to cool completely before washing to prevent warping and thermal shock.
- The pans are dishwasher safe for convenient cleanup.
- For hand washing, use warm soapy water and a soft sponge or cloth. Avoid abrasive scrubbers, nylon brushes, or harsh detergents, as these can damage the nonstick coating.
- For stubborn food residue, soak the pan in warm soapy water for a few minutes before cleaning.



*Image: GreenPan Padova skillets placed in a dishwasher, illustrating their dishwasher-safe feature.*

## Storage:

- To protect the nonstick surface, place a pan protector or a soft cloth between pans when stacking them.

## 5. TROUBLESHOOTING

### Food Sticking:

- Ensure proper preheating: Always preheat the pan for 90 seconds on low to medium heat before adding food.
- Use a small amount of oil or butter: While nonstick, a little fat helps with food release and flavor.
- Avoid cooking sprays: These can build up residue over time, reducing nonstick effectiveness.
- Check heat settings: Using excessively high heat can damage the nonstick coating and cause food to stick.

### Discoloration or Residue Buildup:

- This can occur from using too high heat or cooking sprays. Ensure you are following recommended heat settings and avoiding sprays.
- For stubborn residue, try a non-abrasive cleaner specifically designed for nonstick cookware.

## 6. SPECIFICATIONS

Attribute	Value
Brand	GreenPan
Model Name	GreenPan Padova
Item Model Number	CC003548-001
Material	Ceramic, PFAS Free Nonstick, Hard Anodized Aluminum, Gold-tone Stainless Steel Handles
Special Feature	Non Stick, Dishwasher Safe, PFAS-Free
Color	Black
Capacity	1.9 Quarts (for 8" pan)
Compatible Devices	Gas, Smooth Surface Non Induction
Product Care Instructions	Dishwasher Safe
Maximum Temperature	600 Degrees Fahrenheit
Handle Material	Gold-tone Stainless Steel
Item Weight	3 Pounds
Is Oven Safe	Yes
Has Nonstick Coating	Yes
Is Dishwasher Safe	Yes
Recommended Uses For Product	Frying, Sautéing, Searing
Shape	Round
UPC	885837022773
Coating Description	Ceramic with Diamond Reinforcement
Product Dimensions	16 x 10 x 2 inches
Manufacturer	Jiangmen Anotech Cookware Manufacturing Company Ltd.
Date First Available	December 12, 2022

## 7. WARRANTY AND SUPPORT

The GreenPan Padova frypan set comes with a limited lifetime warranty. For detailed warranty information, product support, or any inquiries, please refer to the official GreenPan website or contact their customer service directly.

