Dskeuzeew D-Pad-S1

Dskeuzeew 3-in-1 Folding Treadmill with 7% Incline

Model: D-Pad-S1 | Brand: Dskeuzeew

1. IMPORTANT SAFETY INSTRUCTIONS

Please read all instructions carefully before using this treadmill. Keep this manual for future reference.

- Always place the treadmill on a flat, stable surface with adequate clearance around it.
- Ensure the power cord is not pinched or damaged. Do not use if the cord is damaged.
- Keep children and pets away from the treadmill during operation.
- Wear appropriate athletic footwear.
- Do not operate the treadmill if you feel unwell or dizzy.
- The maximum user weight capacity for this treadmill is **130 kg**. Do not exceed this limit.
- Always use the emergency stop feature if you feel unsafe or lose balance.
- Unplug the treadmill from the power outlet when not in use or before cleaning/maintenance.

2. PACKAGE CONTENTS

Verify that all components are present in the package:

- Dskeuzeew 3-in-1 Folding Treadmill Unit
- Power Cord
- Remote Control
- Lubricant Oil
- User Manual

3. SETUP

1. **Unpacking:** Carefully remove the treadmill and all components from the packaging.

2. **Placement:** Choose a suitable location with a flat, stable floor. Ensure there is at least 0.6 meters (2 feet) of clear space on all sides of the treadmill, and 2 meters (6.5 feet) at the rear for safety.

3. **Power Connection:** Plug the power cord into the treadmill's power input, then into a grounded

electrical outlet.

4. **Incline Adjustment:** This treadmill features a manual 7% incline. To activate the incline, locate the adjustable support legs at the rear of the treadmill. Extend these legs to raise the running surface to the desired incline. Ensure both legs are securely locked in place before use. To return to a flat surface, retract and secure the legs.

Image: The treadmill set at a 7% incline, illustrating its benefits for calorie consumption and joint protection.

Image: Visual guide for adjusting the treadmill's manual incline.

4. OPERATING INSTRUCTIONS

4.1 Powering On/Off

- To power on, ensure the treadmill is plugged in and press the main power switch (usually located near the power cord input). The LED display will illuminate.
- To power off, press the main power switch again and unplug the unit.

4.2 Using the Remote Control

The treadmill is controlled via the included magnetic remote control. Ensure the remote has working batteries.

- **Start/Stop:** Press the 'Start' button to begin the treadmill belt movement. Press 'Stop' to halt the belt.
- **Speed Adjustment:** Use the '+' and '-' buttons to increase or decrease the speed. The speed range is **1-8 km/h**.
- **Mode Selection:** The remote may also allow switching between pre-set programs or display modes. Refer to the remote's specific markings.

4.3 LED Display

The integrated LED display provides real-time workout data:

- **TIME:** Displays the duration of your workout.
- **SPEED:** Shows the current speed of the treadmill belt in km/h.
- **DISTANCE:** Tracks the total distance covered during your session.
- **CALORIES:** Estimates the calories burned during the workout.

Image: The LED display showing various workout metrics.

4.4 3-in-1 Functionality

This treadmill offers versatile usage modes:

- **Walking Mode (1-3 km/h):** Ideal for light exercise or warm-ups.
- **Jogging/Running Mode (5-8 km/h):** Suitable for more intense cardio workouts.
- **Under-Desk Working Mode (1-3 km/h):** Designed for use with a standing desk to stay active while working.

3 IN 1 TAPIS ROULANT

CAMMINARE
1-3 KM/H

CORSA
5-8 KM/H

LAVORARE
1-3 KM/H

Image: Visual representation of the treadmill's three primary usage modes.

Image: The treadmill being used in an office setting with a standing desk.

4.5 Emergency Stop

In case of an emergency or if you need to stop the treadmill immediately, press the 'Stop' button on the remote control or the main power switch.

5. MAINTENANCE

5.1 Cleaning

Regularly clean the treadmill to ensure optimal performance and longevity.

- Wipe down the display and frame with a soft, damp cloth. Avoid abrasive cleaners.
- Vacuum under the treadmill periodically to remove dust and debris.

5.2 Lubrication

The running belt requires periodic lubrication to reduce friction and extend its lifespan. Use the provided lubricant oil.

- Unplug the treadmill.
- Carefully lift the edge of the running belt.
- Apply a small amount of lubricant oil evenly under the belt, along the center.
- Plug in the treadmill and run it at a low speed (e.g., 1 km/h) for a few minutes to distribute the oil.
- Lubricate every 3-6 months, depending on usage.

5.3 Belt Adjustment

If the running belt shifts to one side or feels loose, it may need adjustment. Refer to the detailed instructions in the full product manual for precise belt centering and tensioning procedures.

5.4 Storage

The treadmill's compact and foldable design allows for easy storage.

- Ensure the treadmill is powered off and unplugged.
- The treadmill can be stored flat under furniture (e.g., a sofa) due to its **10.5 cm (4.1 inches) height**.
- It also features built-in wheels for easy transport and vertical storage against a wall.

GINOCCHIA E CAVIGLIE AMICHEVOLI

Superficie di corsa antiscivolo a 5 strati

Meccanismo a perno che assorbe gli urti

Supporto protettivo per le ginocchia

Image: Demonstrating the ease of storing and moving the treadmill.

Image: The treadmill in a vertical storage position.

6. TROUBLESHOOTING

If you encounter any issues, refer to the following common problems and solutions:

Problem	Possible Cause	Solution

Problem	Possible Cause	Solution
Treadmill does not power on.	Power cord not connected, main switch off, power outlet issue.	Check power cord connection, ensure main switch is on, test power outlet with another device.
Belt does not move.	Treadmill not started, emergency stop activated, motor issue.	Press 'Start' on remote, check if emergency stop is engaged, contact support if motor issue suspected.
Unusual noise during operation.	Lack of lubrication, loose components, belt misalignment.	Lubricate the belt, check for loose screws, adjust belt alignment (refer to full manual).
Display not working correctly.	Loose connection, display malfunction.	Ensure all connections are secure. If problem persists, contact support.

For issues not listed here, please contact customer support.

7. SPECIFICATIONS

Feature	Detail
Model Number	D-Pad-S1
Dimensions (Unfolded)	104.5 cm (L) x 53 cm (W) x 10.5 cm (H)
Dimensions (Folded)	56 cm (L) x 128 cm (W) x 12 cm (H)
Weight	24 kg
Motor Power	2.5 HP
Speed Range	1 - 8 km/h
Maximum User Weight	130 kg
Incline	7% (Manual)
Display Type	LCD (2 inches)
Running Belt	5-layer anti-slip surface with shock absorption
Noise Level	<45 dB
Frame Material	Steel Alloy

Image: Overview of key treadmill features and specifications.

FACILE DA RIPORRE E SPOSTARE

53.00CM

104.50CM

10.5CM

Image: Detailed view of the treadmill's 2.5HP motor.

CONCILIARE VITA E LAVORO
NESSUN BISOGNO DI USCIRE ALL'APERTO

Camminare
1-5 KM/H

Corsa
5-8 KM/H

Modalità
Inclinazione

Image: The 5-layer running belt construction for comfort and durability.

8. WARRANTY AND SUPPORT

For warranty information, product support, or to report any issues, please contact the seller or manufacturer directly through your purchase platform. Keep your purchase receipt as proof of purchase.