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Dskeuzeew D-Pad-S1

Dskeuzeew 3-in-1 Folding Treadmill with 7% Incline (Model D-Pad-S1) User Manual

Model: D-Pad-S1

INTRODUCTION

Thank you for choosing the Dskeuzeew 3-in-1 Folding Treadmill. This manual provides essential information for the safe and effective use of your new fitness equipment. Please read it thoroughly before initial use and retain it for future reference.

IMPORTANT SAFETY INSTRUCTIONS

To reduce the risk of serious injury, read all instructions before using this product. The manufacturer is not responsible for personal injury or property damage sustained by or through the use of this product.

- Always place the treadmill on a flat, stable surface.
- Ensure adequate clearance around the treadmill (at least 2 meters behind and 0.6 meters on each side).
- Keep children and pets away from the treadmill during operation.
- Do not operate the treadmill if it has a damaged cord or plug, or if it is not working properly.
- Always attach the safety clip to your clothing before starting the treadmill.
- Do not exceed the maximum user weight capacity of 130 kg.
- Wear appropriate athletic footwear and clothing.
- Consult a physician before starting any exercise program.

SETUP

Unpacking and Placement

Carefully remove all components from the packaging. Place the treadmill on a level surface, ensuring sufficient space for safe operation and storage. The compact design allows for easy placement in various home or office environments.

Foldable Treadmill 2 in 1

Max load:220LB



Figure 1: Treadmill in folded and unfolded positions, demonstrating compact storage.

Handlebar Assembly and Adjustment

The treadmill features an adjustable handlebar. To raise the handlebar, lift it into position and secure it using the locking buttons on each side. Ensure both sides are securely locked before use. To lower for walking pad mode or storage, unlock and fold down.



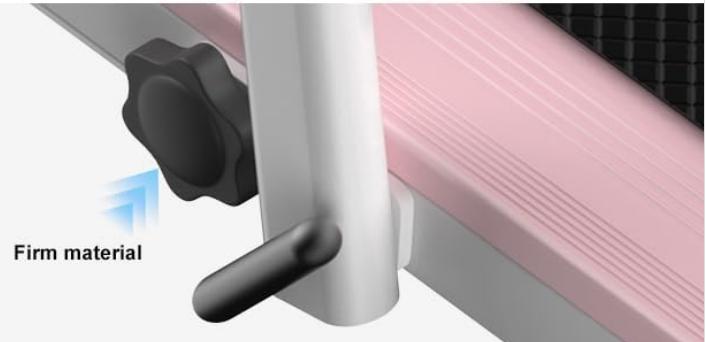
Ipad/Phone Holder

Safety Clip



LED Display

Locking Button



Remote Control

Figure 2: Detail of the locking button for handlebar adjustment.

Connecting the Safety Clip

Locate the safety clip and its corresponding slot on the control panel. Insert the safety clip into the slot. Attach the other end of the clip to your clothing. The treadmill will not operate without the safety clip correctly inserted.

CONCILIARE VITA E LAVORO

NESSUN BISOGNO DI USCIRE ALL'APERTO



Figure 3: Control panel with safety clip slot and integrated phone/tablet holder.

OPERATING INSTRUCTIONS

Powering On/Off

Connect the power cord to a grounded electrical outlet. Press the power button on the treadmill to turn it on. To turn off, press the power button again or remove the safety clip.

Selecting Modes (3-in-1 Functionality)

This treadmill offers three primary modes:

- **Walking Mode:** Ideal for light exercise or use under a standing desk. Speed range typically 1-5 km/h.
- **Jogging/Running Mode:** For more intense cardio workouts. Speed range up to 8-10 km/h.
- **Office/Working Mode:** Use the treadmill as a walking pad while working at a standing desk.

3 IN 1 TAPIS ROULANT



CAMMINARE

1-3 KM/H



CORSA

5-8 KM/H



LAVORARE

1-3 KM/H



Figure 4: Illustration of the 3-in-1 functionality: Walking, Running, and Working modes.

Speed and Incline Adjustment

Adjust the speed using the control panel buttons or the magnetic remote control. The treadmill supports speeds from 1 km/h to 8 km/h (some models up to 10 km/h). The treadmill features a fixed 7% incline, designed to increase calorie expenditure and engage different muscle groups compared to flat-surface walking.

AUMENTA DEL 50% IL CONSUMO DI CALORIE



Figure 5: The 7% incline feature for enhanced workout intensity.

LED Display

The integrated LED display provides real-time workout data, including:

- **Speed:** Current speed in km/h.
- **Distance:** Total distance covered.
- **Time:** Duration of the workout.
- **Calories:** Estimated calories burned.

Remote Control

Use the magnetic remote control to conveniently adjust speed and other settings during your workout without reaching for the main control panel.

MAINTENANCE

Cleaning

Regularly wipe down the treadmill with a damp cloth after each use to remove sweat and dust. Avoid using abrasive cleaners or solvents that could damage the surfaces.

Lubrication

The running belt requires periodic lubrication to ensure smooth operation and prolong its lifespan. Apply silicone oil (included or purchased separately) under the running belt as per the instructions provided with the lubricant. Frequency depends on usage, typically every 3-6 months for moderate use.

Belt Adjustment

If the running belt becomes misaligned or slips, it may require adjustment. Refer to the detailed instructions in the separate assembly guide for proper belt centering and tensioning procedures. Incorrect adjustment can damage the belt or motor.

Storage

The treadmill is designed for easy storage. It can be folded flat and moved using the integrated wheels. Store it in a dry, cool place away from direct sunlight and moisture.



Figure 6: The treadmill's compact design and wheels facilitate easy storage and movement.

TROUBLESHOOTING

This section addresses common issues you might encounter. For problems not listed here, please contact customer support.

Problem	Possible Cause	Solution
Treadmill does not start	Power cord not connected; Safety clip not inserted; Power switch off.	Check power connection; Ensure safety clip is fully inserted; Turn on power switch.
Running belt slips or hesitates	Belt too loose; Insufficient lubrication.	Adjust belt tension (refer to assembly guide); Lubricate the running belt.
Unusual noise during operation	Loose components; Belt misalignment; Motor issue.	Check all bolts and screws; Adjust belt alignment; Contact customer support if motor noise persists.
Display not working	Loose connection; Power issue.	Check all cable connections; Ensure power supply is stable.

SPECIFICATIONS

Feature	Detail
Model Number	D-Pad-S1
Product Dimensions (Unfolded)	112 x 53 x 12 cm
Product Dimensions (Folded)	104.5 x 53 x 11.8 cm
Item Weight	24 kg
Material	Alloy Steel
Motor Horsepower	2.5 HP
Speed Range	1 to 8 km/h (up to 10 km/h maximum)
Incline	7% Fixed Incline
Maximum Load Capacity	130 kg
Display Type	LED (2-inch screen)
Metrics Displayed	Calories Burned, Distance, Time, Speed
Power Source	Corded Electric
Noise Level	<45dB (Ultra Silent)

WARRANTY AND SUPPORT

This product is covered by a standard manufacturer's warranty. Please refer to your purchase documentation for specific warranty terms and conditions. For technical assistance, troubleshooting not covered in this manual, or to inquire about replacement parts, please contact Dskeuzeew customer support.

Customer Support: Refer to your purchase platform or product packaging for contact details.

Returns: This product is returnable within 30 days of receipt, subject to the retailer's return policy.

