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## Grinest FL-V28

# Grinest Water Flosser FL-V28 Instruction Manual

Model: FL-V28 | Brand: Grinest

## 1. INTRODUCTION

The Grinest Water Flosser FL-V28 is designed to enhance your oral hygiene routine by providing a powerful and effective way to clean your teeth and gums. This cordless oral irrigator features multiple pressure settings and specialized nozzles to cater to various dental needs, ensuring a thorough and comfortable cleaning experience. Please read this manual carefully before use to ensure proper operation and maintenance.

## 2. PACKAGE CONTENTS

Your Grinest Water Flosser FL-V28 package includes the following items:

- Grinest Water Flosser Unit (Model FL-V28)
- 6 Regular Nozzles
- 1 U-shaped Nozzle
- USB Charging Cable
- User Manual



Image: The Grinest Water Flosser unit shown with its accompanying 6 regular nozzles and 1 unique U-shaped nozzle.

## 3. SETUP

### 3.1. Initial Charging

Before first use, fully charge the device. The Grinest Water Flosser is equipped with a high-capacity battery that can last up to 30 days on a single charge. Charging typically takes approximately 6 hours.

1. Locate the charging port on the back of the flosser, covered by a rubber pull tab.
2. Gently pull open the rubber tab to expose the charging port.
3. Connect the provided USB charging cable to the port.
4. Plug the USB-A end of the cable into a compatible USB power adapter (not included) or a USB port.
5. Ensure the rubber tab is securely closed after charging to maintain the device's waterproof rating.

### 3.2. Attaching a Nozzle

1. Select your desired nozzle (regular or U-shaped).
2. Insert the nozzle into the opening at the top of the flosser unit until it clicks securely into place.
3. To remove a nozzle, press the release button located near the nozzle opening and gently pull the nozzle out.

### 3.3. Filling the Water Tank

The flosser features a 320 ml water tank, sufficient for a continuous flossing session.

1. The water tank can be filled in two ways:
  - **Option 1 (Direct Fill):** Open the small cap on the top of the water tank and fill directly with warm water.
  - **Option 2 (Detachable Tank):** Twist the bottom of the flosser unit counter-clockwise to detach the water tank. Fill the tank with warm water, then reattach it by aligning and twisting clockwise until it locks.
2. Ensure the water tank is securely closed to prevent leaks.



Image: Illustration of how to fill the water tank of the Grinest Water Flosser.

## 4. OPERATING INSTRUCTIONS

### 4.1. Power On/Off and Mode Selection

1. Press the Power button to turn the device on. The device will start in the last used mode.
2. Press the Mode button to cycle through the 6 pressure settings: Soft (1-2), Standard (3-4), Strong (5-6),

and Massage Mode. The LED indicators will show the selected pressure level.

3. To turn the device off, press the Power button again.

## Simple Steps

Simple operation helps you to clean easily and take care of your oral health



**1**  
Fill the water tank with water



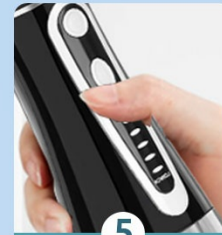
**2**  
Press the button and pull out the flosser tip.



**3**  
Adjust the mode and strength to suit you.



**4**  
Place in your mouth and aim at the gum line at a 90° angle.



**5**  
Press the start button to begin cleaning your teeth

Image: The Grinest Water Flosser displaying its 6 pressure settings, from low to high.

## 4.2. Flossing Technique

For optimal results, follow these steps:

1. Lean over a sink and place the nozzle tip in your mouth. Close your lips slightly around the nozzle to prevent splashing, but allow water to flow from your mouth into the sink.
2. Aim the water jet at a 90-degree angle to your teeth, directing it towards the gumline.
3. Move the tip along your teeth and gums, covering all surfaces. Pause briefly between teeth.
4. For the U-shaped flossing head, position it to surround the teeth, allowing dual water jets to clean both inner and outer surfaces simultaneously.
5. The 360° rotating nozzle allows easy access to all areas of your mouth.



## 2,000mAh Powerful Battery

 6 Hrs Charged

 30Days Usage

 USB for Easy Charging

Image: The Grinest Water Flosser demonstrating the use of the U-shaped nozzle for comprehensive cleaning.

## 4.3. Official Product Video

Video: A short overview of the Grinest Water Flosser, demonstrating its features and operation.

## 5. MAINTENANCE

## 5.1. Cleaning the Unit and Water Tank

1. After each use, empty any remaining water from the tank.
2. Clean the water tank and the nozzle with mild soap and warm water.
3. Dry the device thoroughly before storing to prevent moisture buildup and potential bacterial growth.
4. For deeper cleaning, the water tank can be detached by twisting it counter-clockwise.

## 5.2. Nozzle Replacement

It is recommended to replace nozzles every 90 days or sooner if they show signs of wear or if you have been ill.

## 6. TROUBLESHOOTING

If you encounter any issues with your Grinest Water Flosser, please refer to the following common solutions:

- **No Power:** Ensure the device is fully charged. Check the charging cable and adapter for proper connection.
- **Weak Water Pressure:** Check the water tank to ensure it is adequately filled. Verify that the selected pressure mode is appropriate.
- **Water Leakage:** Ensure the water tank is securely attached and the filling cap is tightly closed. Check that the nozzle is correctly inserted.
- **Device Not Turning On:** If the device does not respond, try charging it for a few hours. If the issue persists, contact customer support.

## 7. SPECIFICATIONS

Feature	Detail
Model Number	FL-V28
Product Dimensions	3.15 x 9.06 x 4.33 inches
Weight	1.02 Pounds
Battery	1 AA battery required (Lithium battery 2000mAh)
Power Source	Battery Powered
Special Feature	Cordless, IPX7 Waterproof
Water Tank Capacity	320 ml
Pressure Settings	6 (Soft, Standard, Strong, Massage Mode)

## 8. SAFETY WARNINGS

- Do not charge the device while wet.
- Keep away from children.
- Do not use with damaged teeth or gums.
- Consult a healthcare professional before use if you have certain medical conditions.
- Always follow the instructions provided with the device.

Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

## **9. WARRANTY AND SUPPORT**

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For warranty information, technical support, or any questions regarding your Grinest Water Flosser FL-V28, please refer to the contact information provided in your product packaging or visit the official Grinest website.