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FIT KING FT-060A

FIT KING Cordless Full Leg Compression Massager Instruction Manual

Model: FT-060A

INTRODUCTION

The FIT KING Cordless Full Leg Compression Massager is designed to provide advanced air compression therapy for your feet, calves, and thighs. This rechargeable and portable device helps improve blood circulation, relieve muscle stiffness and soreness, reduce leg pain, and accelerate recovery. Its cordless design allows for convenient use anytime, anywhere, without being tethered to a wall outlet.

SAFETY INFORMATION

Please read all safety information carefully before using the device.

General Safety Guidelines:

- Avoid use on open wounds.
- Do not use while sleeping.
- Consult a doctor if you have a medical condition.

Do Not Use If You Have:

- Acute conditions (e.g., pulmonary edema, infections, heart failure).
- Blood clots or embolism.
- Wounds, tumors, or fractures at/near the application site.
- Conditions worsened by increased blood or lymphatic flow.
- Arterial insufficiency.
- A pacemaker or other medical implants.

PACKAGE CONTENTS

- 2 x Full Leg Compression Boots (Left & Right)
- 1 x USB-C Charging Cable (Dual Output)
- 1 x Portable Storage Bag
- 1 x User Manual (this document)

For a visual guide to the package contents, please refer to the unboxing video below.

Video: FIT KING FT-060A Thigh Massager for Circulation Unboxing. This video demonstrates the contents of the product packaging, including the massager boots, charging cable, and storage bag.

SETUP

1. **Charge the Massager:** Before first use, fully charge both compression boots using the provided USB-C dual output charging cable. Each boot has a 3000mAh battery.
2. **Put on the Massager:** Unfold the compression boots and slide your legs into them. Ensure your feet are comfortably positioned.
3. **Adjust the Size:** Use the Velcro closures to adjust the fit of the boots around your feet, calves, and thighs. Ensure a snug but comfortable fit. The upgraded design with Velcro closures makes it much easier to put on and take off.

Two Size Fit Most

Larger & adjustable velcro size for whole family use.

Extender:

Not included, if needed please contact us.



Velcro Closures



Image: Two Size Fit Most. This diagram illustrates the adjustable nature of the massager, accommodating various leg sizes with maximum calf size up to 24 inches and thigh up to 28 inches.

Portable Type-C Charging

Support any 5V/3A **C to C** and **A to C** charging



3000
mAhx2PCS



Type-C Port



Socket



Car Charger



Power Bank



Laptop

Image: Portable Type-C Charging. The image highlights the convenient Type-C charging port, allowing the device to be charged with various USB devices like sockets, car chargers, power banks, and laptops.

OPERATING INSTRUCTIONS

- Power On/Off:** Press and hold the power button on the control unit of each boot to turn it on or off. The digital display will illuminate.
- Select Mode:** Press the 'M' button to cycle through the 3 available massage modes. Each mode offers a different compression pattern (e.g., sequential, circulation).
- Adjust Intensity:** Press the 'Intensity' button (up arrow icon) to select from 3 intensity levels. Start with the lowest level and gradually increase to your comfort.
- Begin Massage:** The massager will automatically begin its cycle based on the selected mode and intensity.
- Recommended Usage:** Use the massager for 20-30 minutes per day. The device features a 20-minute auto-off function to prevent excessive muscle massage. You can restart it to continue use.

6. **Independent Operation:** Each boot can be used independently, allowing for customized treatment for each leg or shared use.

Video: FIT KING Upgraded Cordless Full Leg Massager Recovery System. This video provides an overview of the massager's features and operation, including mode and intensity selection.

Video: Cordless Leg Massager, Easy to Use, Travel-friendly|FT-060A. This video demonstrates the ease of putting on and operating the cordless massager, highlighting its portability.

PRODUCT FEATURES

Cordless & Rechargeable Design

The FIT KING massager is powered by high-capacity batteries, offering up to 4 hours of use on a single charge. This cordless design provides unparalleled freedom, allowing you to enjoy a massage at home, in the office, at the gym, or while traveling. It can be conveniently charged with any USB device or portable charger.

Upgraded Cordless Design

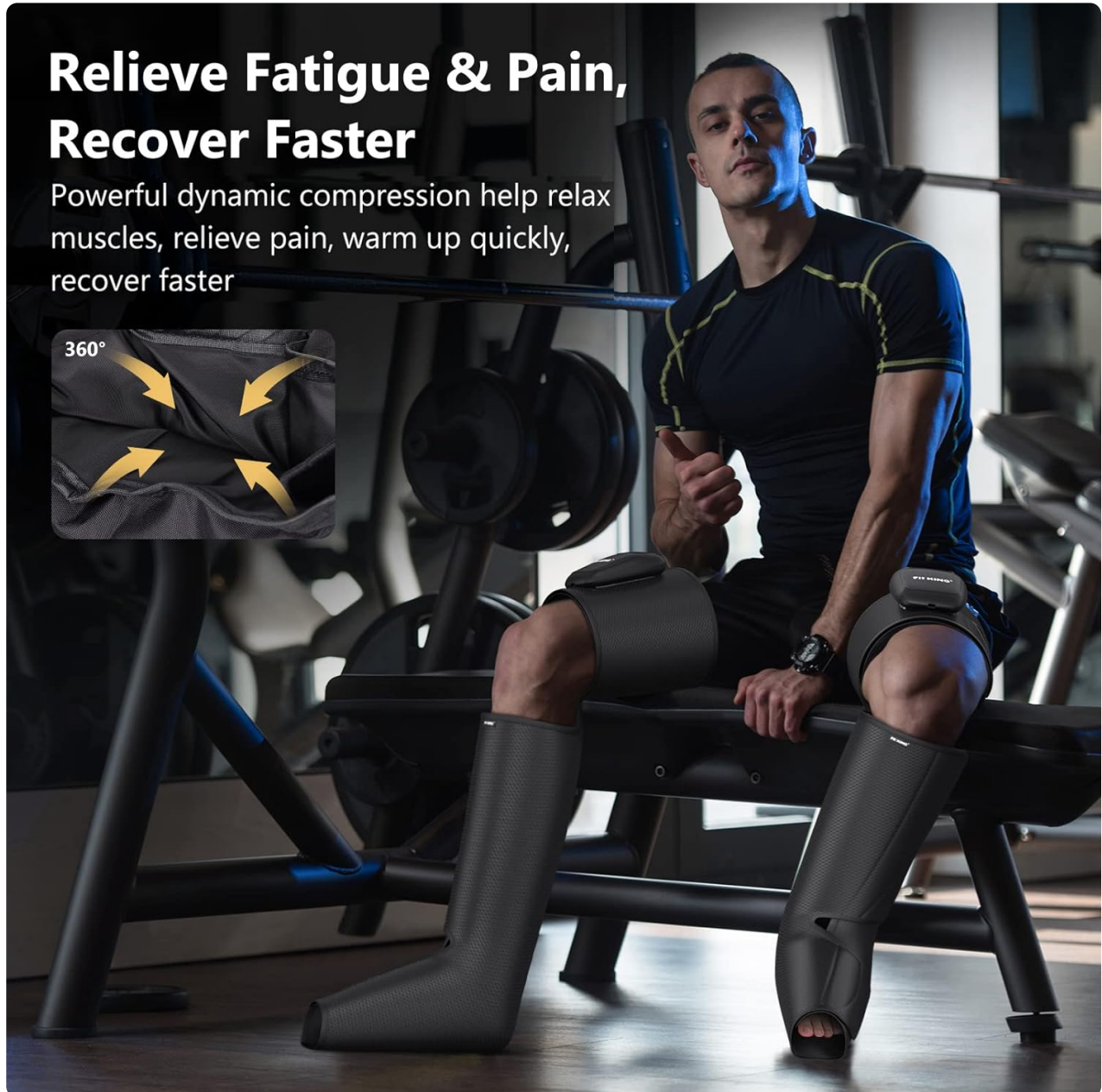
FIT KING	OTHERS
	
<ul style="list-style-type: none">✓ Massage Anytime Anywhere✓ Travel-Friendly, Lightweight	<ul style="list-style-type: none">✗ Must be Plugged in One Place✗ Long Cord, Bulky

Image: Upgraded Cordless Design. This image contrasts the freedom of the FIT KING cordless massager with the limitations of

traditional corded devices.

Pro-Grade Full Leg Therapy

Equipped with dual high-flow motors and 4x4 oversized massage chambers, this device delivers effective compression from toes to thighs. It mimics the kneading and stroking motions of human hands, ideal for relieving muscle aches, improving circulation, and accelerating recovery after training or long periods of standing.



Relieve Fatigue & Pain, Recover Faster

Powerful dynamic compression help relax muscles, relieve pain, warm up quickly, recover faster

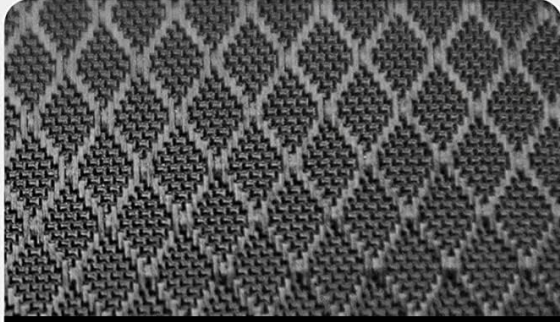
360°

Image: Relieve Fatigue & Pain, Recover Faster. A man is shown using the massager after a workout, illustrating how the powerful dynamic compression helps relax muscles and speed up recovery.

Video: My Sport Partner - Full Leg Massager for Sport Recovery. This video showcases the massager's application in sports recovery, emphasizing its benefits for athletes.

Durable and Easy to Maintain

The massager is constructed from wear-resistant and waterproof nylon material, making it easy to clean and maintain for long-term use. The double-stitched design ensures durability.



Wear-resistant



Water proof



Image: Wear-resistant, Waterproof. This close-up highlights the robust and water-resistant material of the massager, ensuring longevity and easy cleaning.

Each Works Separately | Better Quality

Enjoy the Healthy, Soothing Experience with Your Love



Image: Each Works Separately | Better Quality. This image shows the massager's independent operation and mentions its waterproof quality for easy maintenance.

MAINTENANCE

- **Cleaning:** Wipe the surface of the massager with a soft, damp cloth. Do not use abrasive cleaners or immerse the device in water.
- **Storage:** Store the massager in its portable storage bag in a cool, dry place away from direct sunlight and extreme temperatures.

TROUBLESHOOTING

- **Device not turning on:** Ensure the battery is charged. Connect to the charger and allow sufficient time

for charging.

- **Weak compression:** Check that the Velcro closures are securely fastened around your legs. Adjust for a tighter fit if necessary. Ensure the intensity level is set appropriately.
- **Unusual noise:** A slight humming sound from the air pump is normal during operation. If the noise is excessive or unusual, discontinue use and contact customer support.

SPECIFICATIONS

Product Dimensions	14.8 x 8.3 x 6.7 inches; 5.34 Pounds
Item Model Number	FT-060A
Batteries	2 Lithium Polymer batteries required (included)
Manufacturer	FIT KING
Power Source	Battery Powered
Material	Nylon
Color	Deep Black

WARRANTY AND SUPPORT

FIT KING products are designed for quality and durability. For any assistance, warranty claims, or technical support, please refer to the contact information provided in your product packaging or visit the official FIT KING website. Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

A digital version of the user guide is available [here](#).