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› laret Smart Watch User Manual - Model dc078890-489a-4cef-9793-5647f67d79bb

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laret Smart Watch User Manual

Model: dc078890-489a-4cef-9793-5647f67d79bb

Brand: laret

INTRODUCTION

The laret Smart Watch is a versatile fitness tracker and communication device designed for women, compatible with both Android and iOS smartphones. It features a 1.32-inch HD full touch screen, Bluetooth call functionality, AI voice control, and comprehensive health monitoring capabilities. This manual provides detailed instructions for setup, operation, maintenance, and troubleshooting to ensure optimal use of your smartwatch.

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Official product video: Overview of the laret Smart Watch for Android and iOS Phones.

WHAT'S IN THE BOX

- 1 Silver Smart Watch Body
- 1 Silver Stainless Steel Smartwatch Band
- 1 Purple Silicone Smartwatch Band
- 1 White Silicone Smartwatch Band
- 1 Smart Watch Charging Cable
- User Manual

SETUP

1. Initial Charging

Before first use, fully charge your smartwatch. The watch comes with a magnetic charging cable. Align the magnetic end of the cable with the charging points on the back of the watch. It takes approximately 2.5 hours for a full charge.

PRODUCT PARAMETER

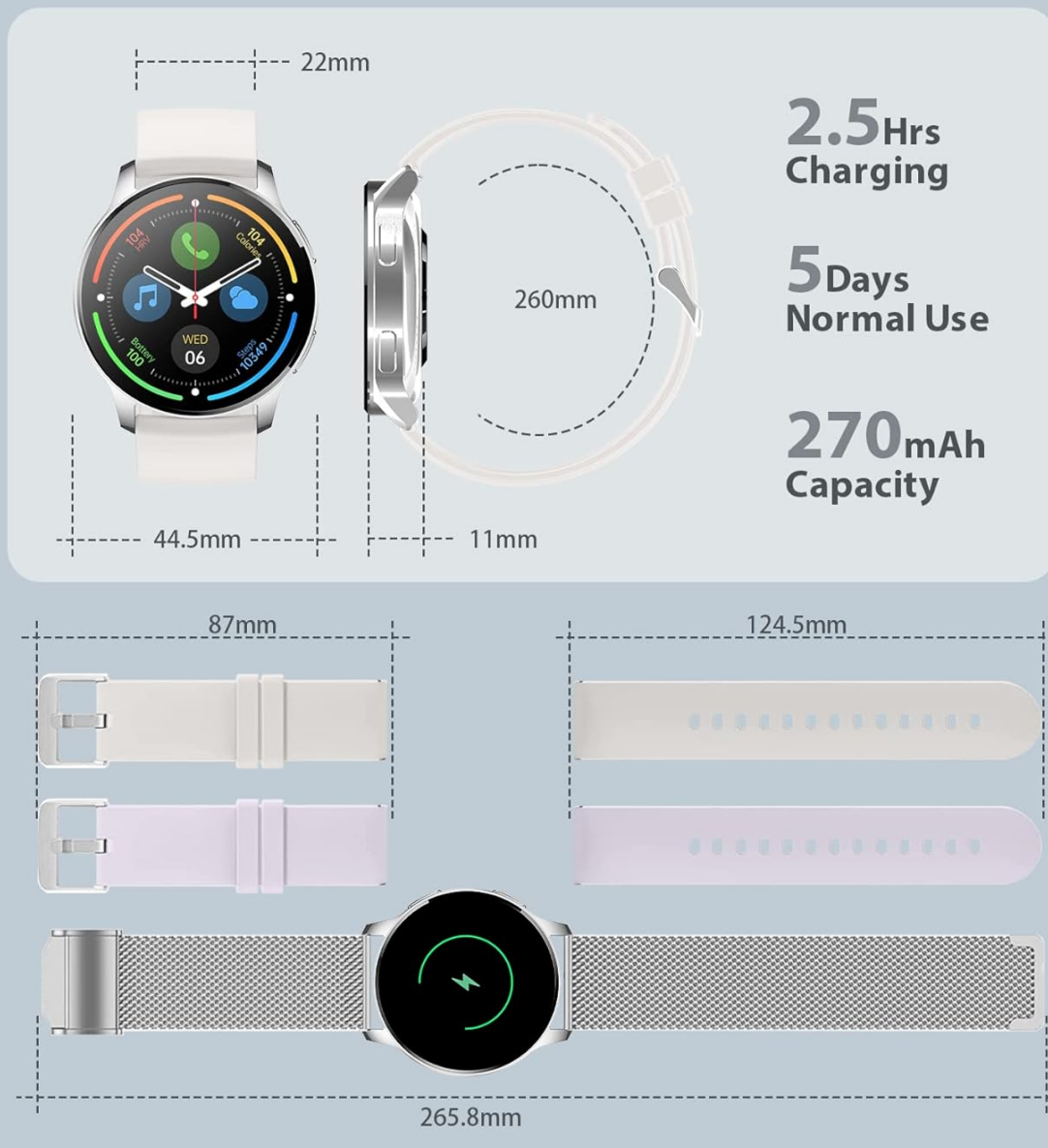


Image: Magnetic charging cable connecting to the back of the Iaret Smart Watch.

2. App Installation & Pairing

Download the 'VeryFit' app from the Google Play Store (for Android 4.4 and above) or the Apple App Store (for iOS 7.1 and above). Ensure Bluetooth 5.0 is enabled on your smartphone. Open the app and follow the on-screen instructions to pair your device. The Bluetooth connection range is 8-10 meters.

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Official product video: Guide to connecting the Smart Watch for Women with Text and Call functionality.

3. Notification Setup

Within the VeryFit app, enable notifications for calls, SMS, and various SNS messages (Facebook, WhatsApp, Instagram, Twitter, etc.) to receive alerts directly on your smartwatch.



Image: Smart Watch showing Bluetooth call and smart notification settings within the app.

4. Watch Face Customization

The VeryFit app offers over 200 free watch faces. You can also customize your watch face using your favorite pictures from your phone gallery.

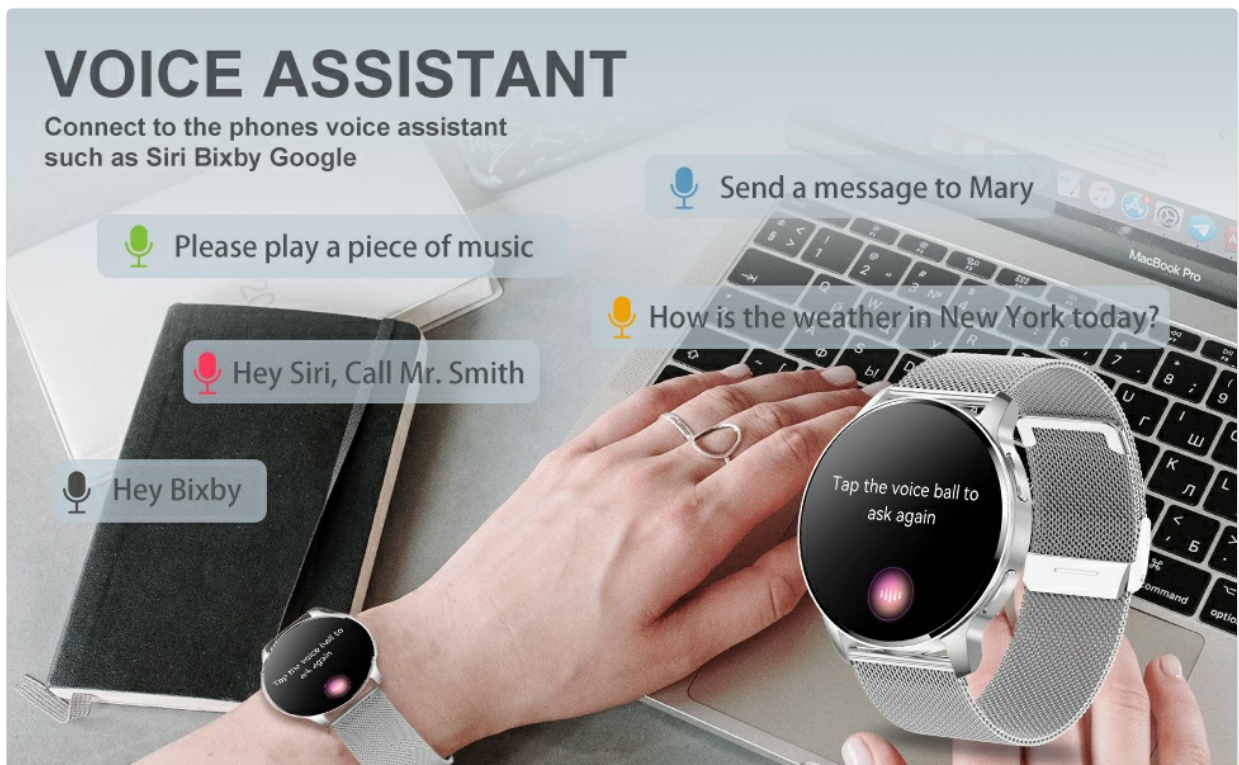


Image: Custom watch face options and DIY feature with personal pictures.

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Official product video: Demonstrating the 200+ free watch faces available for the smartwatch.

5. AI Voice Control

The smartwatch supports AI voice assistants such as Siri, Bixby, and Google. Tap the voice ball on the watch

screen to activate your phone's voice assistant for hands-free commands.



Image: AI Voice Assistant feature on the smartwatch, compatible with Siri, Bixby, and Google.

6. Unit Settings

Within the VeryFit app, you can adjust unit settings for weight (kg/lb), length (km/mi), and temperature (°C/°F) to your preference.

OPERATING INSTRUCTIONS

1. Navigation

The smartwatch features a 1.32-inch HD full touch color screen for smooth navigation. Swipe across the screen to access different functions and menus. A side button provides quick access or return functionality.

2. Fitness Tracking

The watch supports 20 sports modes including walking, running, climbing, cycling, swimming, elliptical, yoga, tennis, and golf. It accurately records all-day activities such as steps, distance, calories burned, and active minutes. All data can be synchronized to the VeryFit app for detailed analysis.

20 SPORT MODES

Fitness tracker accurately record all-day activities

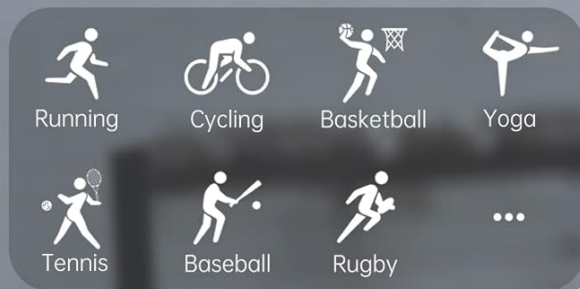


Image: Smart Watch showing various sport modes and activity tracking features.

3. Health Monitoring

Monitor your health with 24/7 heart rate, blood pressure, and blood oxygen detection. The high-performance motion sensor automatically monitors sleep status, providing comprehensive sleep quality analysis (deep sleep, light sleep, awake). Additional features include Female Physiological Cycle tracking, Drink Reminder, and Sedentary Reminder.

Note: This device is not intended for medical use.

ALL-ROUND HEALTH MONITOR

1.32" HD full touch screen & Various useful functions



Image: All-round health monitoring features of the smartwatch.

4. Call & Notification Management

Once connected via Bluetooth, you can dial and answer calls directly from your smartwatch. The watch will vibrate to notify you of incoming calls, SMS, and SNS messages, ensuring you don't miss important communications.

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Official product video: Demonstrating SMS and SNS notifications on the Smart Watch.

5. Other Features

The smartwatch includes practical tools such as mobile music playback control, remote photo control, weather display, 'find phone' function, timer, alarm clock, and a calculator.

MAINTENANCE

1. Water Resistance

The Iaret Smart Watch is IP67 waterproof. This means it is resistant to splashes and brief immersion in water,

making it suitable for washing hands. It is not recommended for diving, showering, or sauna use.

2. Battery Life

Equipped with a 270mAh battery, the watch takes approximately 2.5 hours to fully charge. A full charge provides 3-7 days of normal usage, depending on individual usage patterns.

3. Cleaning

Wipe the watch screen and bands with a soft, dry cloth. Avoid using harsh chemicals or abrasive materials that could damage the device.

TROUBLESHOOTING

- **Connection Issues:** Ensure Bluetooth is enabled on your phone and the watch is within the 8-10 meter range. Restart both the watch and the app if connection problems persist.
- **Notifications Not Appearing:** Verify that notification permissions are enabled for the VeryFit app in your phone's settings, and that specific app notifications are toggled on within the VeryFit app.
- **Inaccurate Readings:** Ensure the watch is worn snugly on your wrist. For health monitoring, remain still during measurements.
- **Battery Draining Quickly:** Reduce the number of active notifications or continuous health monitoring features. Ensure the watch is fully charged.

SPECIFICATIONS

Feature	Specification
Brand	laret
Model Number	dc078890-489a-4cef-9793-5647f67d79bb
Screen Size	1.32 Inches
Shape	Round
Connectivity Technology	Bluetooth 5.0
Battery Capacity	270 Milliamp Hours
Battery Life (Normal Use)	3-7 Days
Charging Time	2.5 Hours
Water Resistance	IP67
Operating System Compatibility	iOS 7.1 and above, Android 4.4 and above
Product Dimensions	1.73 x 1.93 x 0.47 inches
Item Weight	1.45 ounces (41 Grams)

WARRANTY & SUPPORT

For warranty information, technical support, or further assistance, please refer to the contact details provided in the product packaging or visit the official laret website. Protection plans are available for purchase separately to extend coverage for your device.

