Snailax SL-489

Snailax Hand Massager SL-489 User Manual

Model: SL-489 | Brand: Snailax

Introduction

This manual provides detailed instructions for the safe and effective use of your Snailax Hand Massager Model SL-489. Please read this manual thoroughly before operating the device and retain it for future reference.

Important Safety Information

WARNING:

- Do not use near water or submerge in water.
- Keep out of reach of children.
- Use with caution to avoid injury or discomfort.
- Consult a physician before use if you have any pre-existing medical conditions.
- Do not use for more than 10 minutes at a time to prevent overheating and ensure optimal benefits.

Product Overview



Figure 1: Snailax Hand Massager Model SL-489. This image displays the overall design of the massager, highlighting its ergonomic shape and control panel.

The Snailax Hand Massager SL-489 is designed to provide a comprehensive hand massage experience. It features compression, optional vibration, and soothing heat functions to target various areas of the hand, including fingers, palms, and wrists.

Setup and Charging

1. **Unpack:** Carefully remove the massager and all accessories from its packaging.
2. **Initial Charge:** Before first use, fully charge the massager using the provided USB-C cable. The device is cordless and rechargeable, offering approximately 90 minutes of use on a full charge.
3. **Power Connection:** Connect the USB-C cable to the massager's charging port and the other end to a compatible USB power source. The charging indicator will illuminate.



Figure 2: Package contents including the hand massager, user manual, and USB cable for charging.

Operating Instructions

1. Placing Your Hand

The Snailax Hand Massager features an open-ended design suitable for both left and right hands, accommodating a full range of hand sizes. Insert your hand into the device, ensuring your fingers are comfortably positioned within the internal compartments.

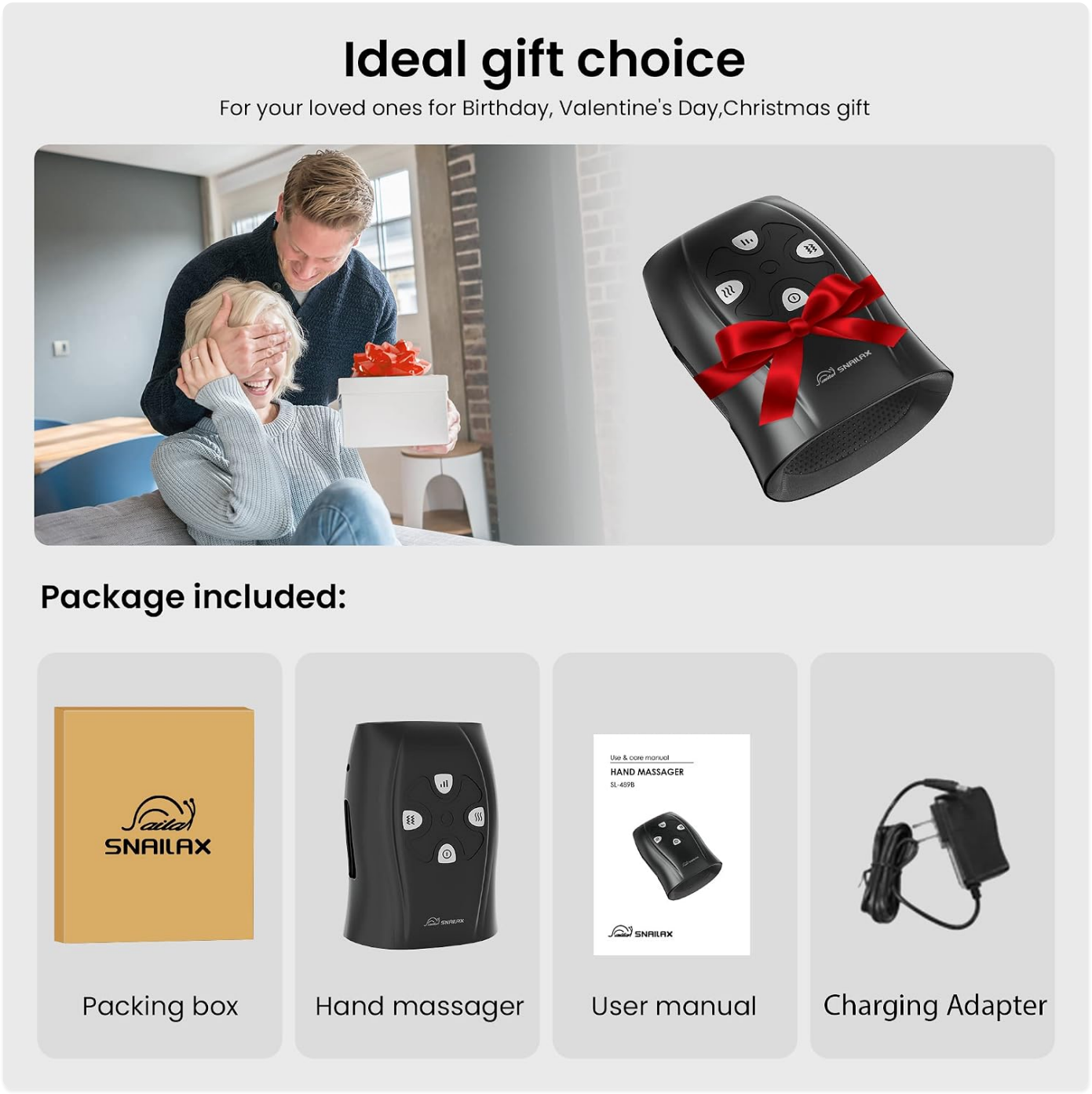


Figure 3: The massager's design allows for comfortable insertion of various hand sizes, ensuring a secure fit for effective massage.

2. Power On/Off

Press and hold the **Power Button** (usually indicated by a circle with a vertical line) to turn the device on or off.

3. Selecting Massage Modes

The massager offers 3 distinct massage modes. Press the **Mode Button** to cycle through the available options. Each mode provides a different compression pattern to target various hand areas.



Figure 4: Illustrates how the massager applies compression and heat therapy to the palm, wrist, and fingers.

4. Adjusting Intensity

The device features multiple intensity levels for compression. Press the **Intensity Button** (often indicated by vertical bars) to increase or decrease the compression strength to your preference.

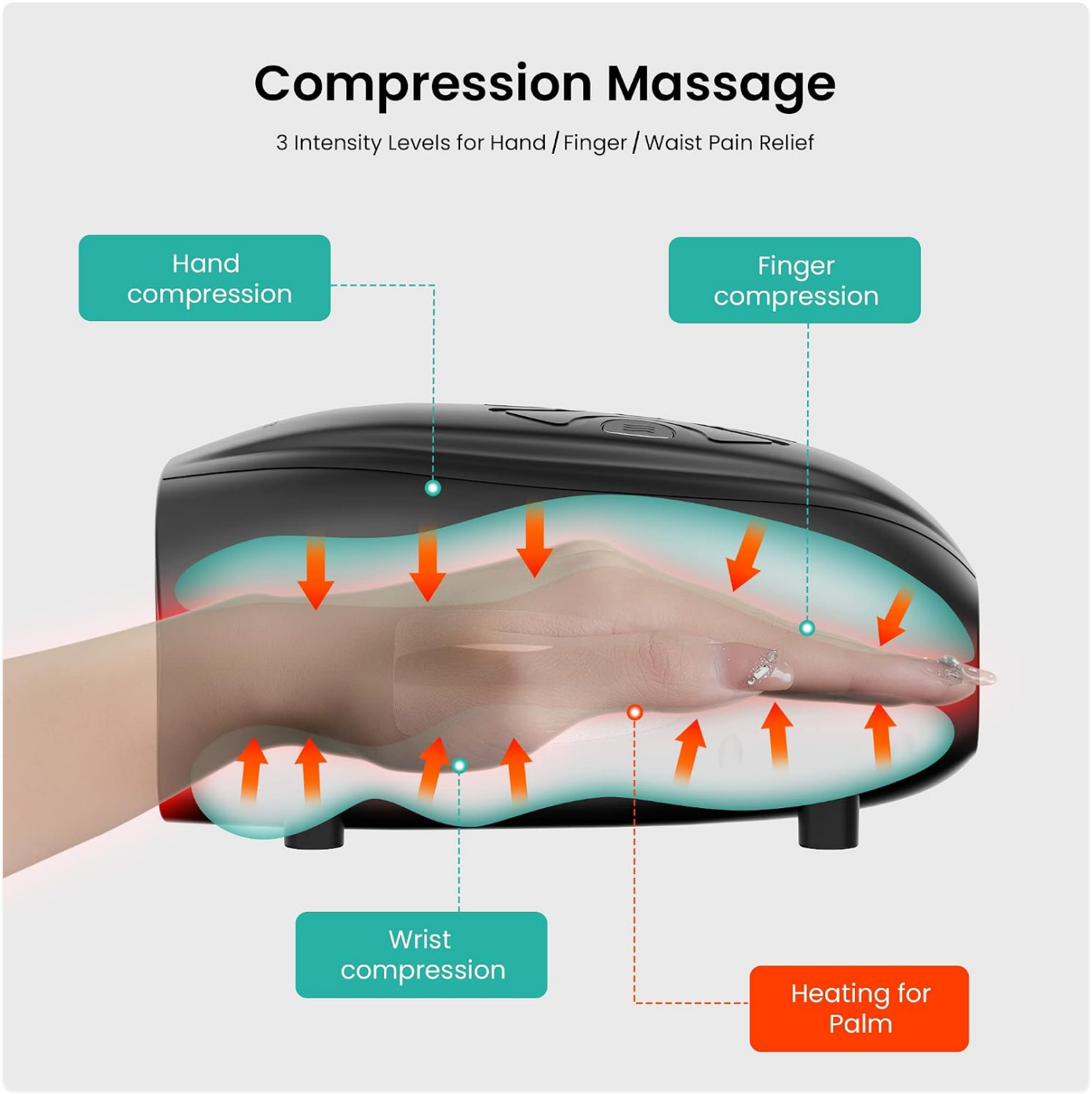


Figure 5: Diagram showing the three intensity levels for hand and finger compression, and wrist compression, along with heating for the palm.

5. Activating Heat Function

To activate the soothing heat function, press the**Heat Button** (indicated by wavy lines or a heat icon). The heat helps to alleviate coldness and promote blood circulation. You can toggle this feature on or off.

6. Activating Vibration Function

For an added massage sensation, press the**Vibration Button** (indicated by wavy lines or a vibration icon). This function can be turned on or off independently.



Figure 6: Visual representation of the vibration massage and soothing heat features working simultaneously on the hand.

7. Automatic Timer

The massager is equipped with a built-in 10-minute timer to ensure optimal massage duration and prevent overuse. The device will automatically shut off after 10 minutes of continuous operation.

Key Features

- **Compression Massage:** Targets acupuncture points of fingers, palms, and wrists with rhythmic pressing.
- **Vibration Function:** Optional vibration to soothe muscles and soft tissues.
- **Soothing Heat:** Gentle heat function to enhance relaxation and circulation.
- **Multiple Modes & Intensities:** 3 massage modes and adjustable intensity levels to customize your experience.
- **Cordless & Portable:** Built-in lithium battery provides up to 90 minutes of use per charge, ideal for home, office, or travel.
- **Universal Fit:** Designed for both left and right hands, suitable for a wide range of hand sizes due to its open-ended

design.



Figure 7: The cordless design allows for convenient use in various locations, such as an office desk.

Care and Maintenance

- **Cleaning:** Disconnect the device from power before cleaning. Wipe the exterior with a soft, damp cloth. Do not use abrasive cleaners or submerge the device in water.
- **Storage:** Store the massager in a cool, dry place, away from direct sunlight and extreme temperatures.
- **Battery Care:** To prolong battery life, avoid fully discharging the battery frequently. Charge the device regularly, even if not in use for extended periods.

Troubleshooting

Problem	Possible Cause	Solution
Device does not turn on.	Low battery or not charged.	Ensure the device is fully charged. Connect to power and try again.
Weak compression.	Intensity level is too low.	Increase the intensity level using the Intensity Button.
No heat.	Heat function is off.	Press the Heat Button to activate the heat function. Allow a few minutes for the heat to build up.
Device stops unexpectedly.	10-minute auto-timer activated.	This is normal operation. Restart the device if you wish to continue the massage.

Specifications

Feature	Detail
Model Number	SL-489
Product Dimensions	10.5 x 8.3 x 5.59 inches
Item Weight	2.91 Pounds (1.32 Kilograms)
Power Source	Battery Powered (1 Lithium Ion battery included)
Material	Acrylonitrile Butadiene Styrene
Automatic Timer	10 minutes

Warranty and Support

Your Snailax Hand Massager comes with a **12-month warranty** for quality-related issues. Additionally, a **30-day free return** policy is available. For support or warranty claims, please contact Snailax customer service through the retailer where the product was purchased.
For more information, visit the official Snailax Store.

Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question