Meraw TMB-2085-K

Meraw Aspen Wrist Blood Pressure Monitor User Manual

Model: TMB-2085-K | Brand: Meraw

1. Introduction

Thank you for choosing the Meraw Aspen Wrist Blood Pressure Monitor. This device is designed to measure your systolic and diastolic blood pressure and pulse rate accurately. It features Bluetooth connectivity for seamless data tracking via the Meraw Health App. Please read this manual thoroughly before use to ensure proper operation and to maintain the accuracy and longevity of your device.

2. Safety Information

Adhering to safety guidelines is crucial for accurate readings and user safety.

- This device is intended for adult home use only. Consult a healthcare professional for interpretation of blood pressure readings.
- Do not use this device on patients with implanted electrical devices, such as cardiac pacemakers or defibrillators.
- Keep the device out of reach of children and pets.
- Avoid strong electromagnetic fields during use, as they may interfere with the device's operation.
- Do not disassemble or attempt to repair the device yourself. Contact customer support for assistance.
- The Meraw Aspen Blood Pressure Monitor is FDA and ESH double certified, ensuring high standards of accuracy and safety.

3. Package Contents

Verify that all items are present in your package:

- 1 x Meraw Aspen Wrist Blood Pressure Monitor
- 1 x Adjustable Wrist Cuff (5.3-8.5 inch circumference)
- 2 x AAA Alkaline Batteries
- 1 x Instruction Manual (this document)

4. Product Overview

4.1 Device Components

Familiarize yourself with the main parts of your Meraw Aspen Blood Pressure Monitor:



Image: Meraw Aspen Wrist Blood Pressure Monitor with labeled parts.

1. **Memory Display:** Shows stored measurement data.
2. **Bluetooth Connection Indicator:** Indicates Bluetooth pairing status.
3. **Excessive Body Motion Detector:** Alerts if excessive movement occurs during measurement.
4. **Systolic (SYS):** Displays the upper blood pressure reading.
5. **Diastolic (DIA):** Displays the lower blood pressure reading.
6. **Blood Pressure Indicator:** Visual guide for blood pressure level.
7. **One Touch Operation (START/STOP Button):** Initiates and stops measurements.
8. **Pulse Display:** Shows your heart rate.

4.2 LCD Display

The large, bright backlight LCD screen provides clear readings even in low light conditions.



Image: Detailed view of the Meraw Aspen LCD display with indicators.

The display includes indicators for battery level, memory, Bluetooth connection, wrist positioning guide, excessive body motion, irregular heartbeat, and the measured systolic, diastolic, and pulse values.

5. Setup

5.1 Battery Installation

1. Locate the battery compartment on the back of the device.
2. Slide open the battery cover.
3. Insert the two AAA alkaline batteries, ensuring correct polarity (+/-).
4. Close the battery cover securely.

5.2 Meraw Health App Installation and Pairing

The Meraw Health App allows you to track and analyze your blood pressure trends over time.

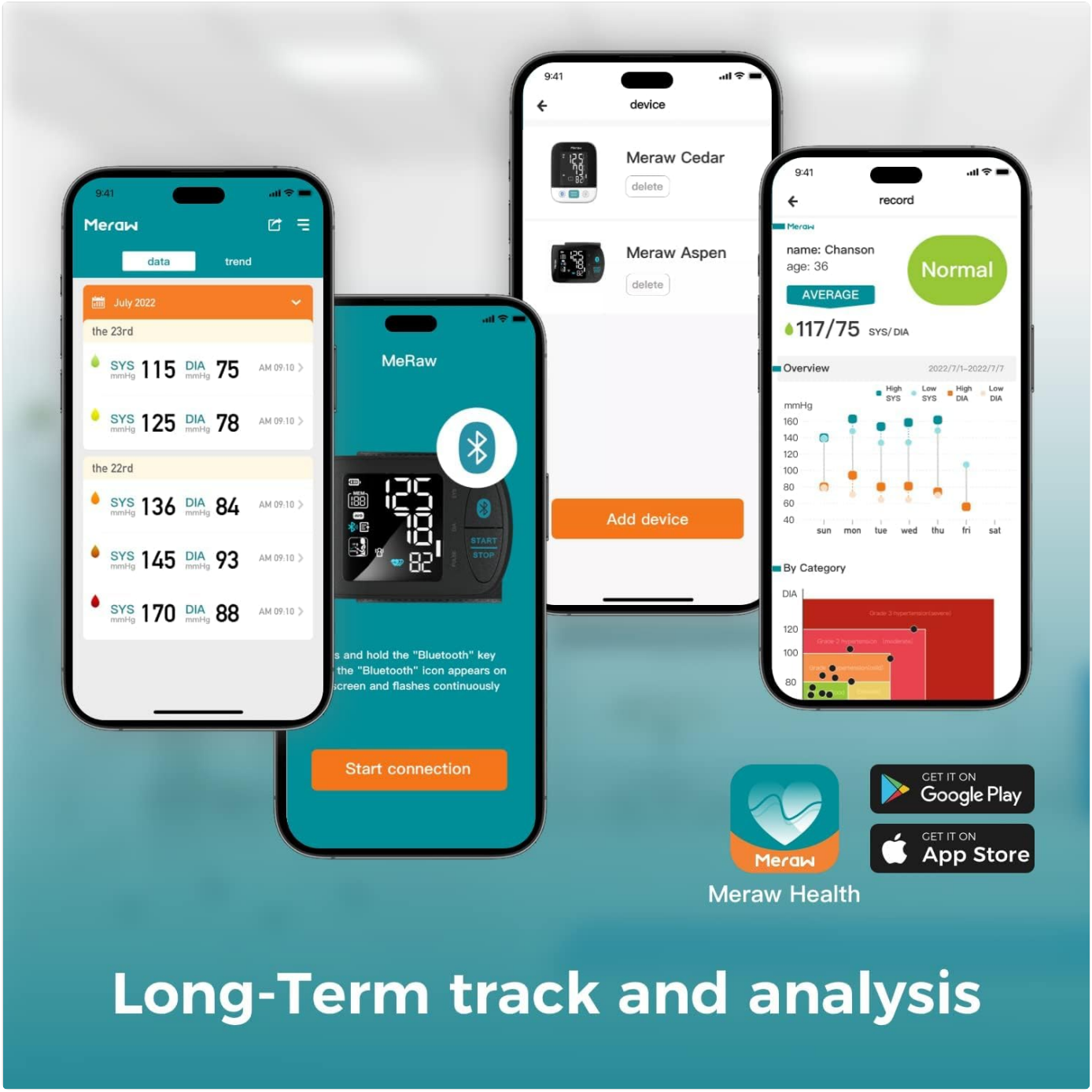


Image: Meraw Health App interface for tracking and analysis.

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

Answered questions about this manual

How do I delete readings in memory on the Meraw Aspen TMB-2085-K wrist blood pressure monitor?

Based on the available documentation for the Meraw Aspen TMB-2085-K, the manual does not explicitly list a button combination for deleting individual or all readings directly from the device's physical interface. However, because this...

Read full answer

How do I change the display orientation on the Meraw Aspen TMB-2085-K Wrist Blood Pressure Monitor?

Based on the available documentation for the Meraw Aspen TMB-2085-K, there is no specific "display rotation" or "orientation" button mentioned in the standard operating instructions. However, because this is a wrist-worn device, the display...

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