

Manuals+

[Q & A](#) | [Deep Search](#) | [Upload](#)

SKLZ 11024

SKLZ Speed Gates Instruction Manual

Model: 11024

PRODUCT OVERVIEW

The SKLZ Speed Gates system is designed to accurately track and record athletic speeds up to 50 yards. It is ideal for various sports training scenarios, allowing users to monitor progress and compare performance. The system includes four cones, four sensors, a timer, and a carry bag for portability.



Image: Overview of the SKLZ Speed Gates system, showing the four yellow cones with integrated sensors and the central digital timer unit mounted on a small tripod.

IN THE Box

- 4 x Pro Training Agility Cones with integrated sensors
- 1 x Digital Timer Unit with Tripod
- 1 x Carry Bag
- Batteries (AA)



Image: A visual representation of all components included in the SKLZ Speed Gates package, detailing the cones, sensors, timer, and carry bag.

SETUP INSTRUCTIONS

- 1. Install Batteries:** Insert the required AA batteries into the timer unit and each of the four sensor cones. Ensure correct polarity.
- 2. Position Timer:** Attach the timer unit to its tripod and place it in a central location where it can be easily viewed and is within range of the sensors.
- 3. Place Start Gates:** Position two sensor cones at the desired starting line. Ensure the sensors face each other and the indicator lights confirm a connection.
- 4. Place Finish Gates:** Position the remaining two sensor cones at the desired finish line, up to 50 yards from the start gates. Ensure they also face each other and confirm connection via indicator lights.
- 5. Verify Connection:** The indicator lights on the sensors will confirm successful connection. If lights are not solid, adjust positioning until connection is established.



Image: A user setting up one of the SKLZ Speed Gates on a green field, demonstrating the placement of a sensor cone.



PORTABLE AND VISIBLE

Use indoors or outdoors



Image: Detailed view of the SKLZ Speed Gates timer, highlighting its digital display and user interface buttons for operation.

OPERATING INSTRUCTIONS

- Power On:** Press the ON/OFF button on the timer unit and each sensor cone to power them on.
- Start Timing:** When an athlete passes through the start gates, the timer will automatically begin recording.
- Stop Timing:** When the athlete passes through the finish gates, the timer will automatically stop and display the elapsed time.
- Review Times:** The timer unit stores the last 50 recorded times. Use the UP and DOWN buttons to scroll through previous records.
- Clear Times:** To clear the current time or all stored times, press the CLEAR button. Refer to the full manual for specific clearing options.



USE FOR A VARIETY OF DRILLS

Measures distances up to 50 yards

Image: An athlete in motion, passing through the SKLZ Speed Gates on a track, illustrating how the system captures timing data during a sprint.

Your browser does not support the video tag.

Video: Official product video demonstrating the setup and use of the SKLZ Speed Gates for speed training. It highlights the ease of use and the system's ability to track and record speeds.

MAINTENANCE

- **Cleaning:** Wipe down the cones, sensors, and timer unit with a damp cloth after each use to remove dirt and debris. Avoid abrasive cleaners.
- **Storage:** Store all components in the provided carry bag in a cool, dry place when not in use.
- **Battery Replacement:** Replace batteries in the timer and sensors as needed to ensure optimal performance. Low battery indicators will appear on the timer.



Image: Demonstrates the proper way to pack the SKLZ Speed Gates components, including the timer and cones, into the carry bag for convenient storage and transport.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Timer not starting/stopping	Sensors not aligned or out of range; low batteries.	Ensure sensor indicator lights are solid. Adjust sensor alignment. Replace batteries.
Inaccurate timing	Obstruction between sensors; improper setup.	Clear path between sensors. Re-read setup instructions to ensure correct placement and alignment.
Timer display is dim or blank	Low or dead batteries.	Replace batteries in the timer unit.

SPECIFICATIONS

- **Model Name:** SKLZ Speed Gates for Speed training for Sports and Athletics
- **Model Number:** 11024
- **Brand:** SKLZ
- **Color:** Yellow
- **Material:** Plastic
- **Max Measurement Distance:** Up to 50 yards
- **Stored Times:** Last 50 records
- **Item Weight:** 1.85 Pounds
- **Item Dimensions (LxWxH):** 12.2 x 23.77 x 10.86 inches

WARRANTY AND SUPPORT

The SKLZ Speed Gates come with a **1-year manufacturer warranty**. For warranty claims, technical support, or any product-related inquiries, please visit the official SKLZ website or contact their customer service. Keep your proof of purchase for warranty validation.

For more information, visit the [SKLZ Store on Amazon](#).

© 2024 SKLZ. All rights reserved.

Documents - SKLZ – 11024

[\[pdf\]](#) Catalog



SKLZ Carollyn Luong Catalogue Fitness Corewheels New Zealand 2023 CATALOG v 1689286937 cdn shopify s files 1 0486 8325 3919 |||

SKLZ 2023 ASSORTMENT SOCCER GOAL SHOT Builds a visual focus on the zones players are four times ... cludes 4 cones, 4 sensors, timer, and carry bag for easy transportation to and from the field. SKU **11024** UPC 096506110244 PRO MINI BANDS - HEAVY A portable and proven way to build upper and lower...

lang:en **score:16** filesize: 6.66 M page_count: 52 document date: 2023-06-14



[SKLZ 2024 Assortment: Soccer and Golf Training Equipment](#)

Explore the SKLZ 2024 assortment of soccer and golf training equipment. Discover innovative products designed to enhance performance, improve skills, and provide effective training solutions for athletes of all levels.

lang:en **score:16** filesize: 6.7 M page_count: 53 document date: 2024-05-29