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CINCOM CM-088H

CINCOM Upgraded Hand Massager User Manual

Model: CM-088H

1. INTRODUCTION

The CINCOM Upgraded Hand Massager is designed to provide a comprehensive massage experience for your hands, offering relief from discomfort and promoting relaxation. It combines heat therapy with compression massage to address various hand-related concerns, including finger numbness, joint stiffness, arthritis, and carpal tunnel syndrome.

This cordless and rechargeable device features an intuitive touchscreen interface, allowing for easy customization of massage modes, intensities, and heating levels. Its portable design ensures you can enjoy a soothing hand massage wherever you are.



Figure 1: CINCOSM Upgraded Hand Massager in use.

2. WHAT'S INCLUDED

Upon unboxing your CINCOSM Upgraded Hand Massager, please ensure all components are present:

- CINCOSM Upgraded Hand Massager Unit
- USB Type-C Charging Cable
- Power Adapter
- User Manual
- Carrying Bag
- Disposable Gloves (for shared use or hygiene)

What's Included

1



3



4



2



6



Figure 2: Package Contents.

3. SAFETY INFORMATION

For your safety and to ensure proper operation, please read and adhere to the following safety guidelines:

- Avoid using the massager while driving or operating heavy machinery.
- Consult a healthcare professional before use if you have certain health conditions, including but not limited to, severe circulatory disorders, skin conditions, or if you are pregnant.

- Use the massager only at recommended intensity levels and heating settings. Excessive use or high intensity may cause discomfort.
- Do not immerse the device in water or any other liquid. Clean with a dry or slightly damp cloth only.
- Keep out of reach of children.
- Do not attempt to disassemble or repair the device yourself. Contact customer service for assistance.

Legal Disclaimer: Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

4. SETUP

Follow these steps to set up your hand massager for first-time use:

1. **Charge the Device:** Fully charge the massager before its first use. Connect the USB Type-C cable to the device and the power adapter, then plug it into a wall outlet. The battery indicator on the touchscreen will show charging status. A full charge typically lasts 4-5 hours of use.
2. **Familiarize with Controls:** The device features an upgraded touch screen for precise control. Identify the Power Button, Intensity settings (3 levels), Mode selection (3 modes), and Heat settings (2 levels, or off).
3. **Prepare for Use:** Ensure your hands are clean and dry. For hygiene or shared use, you may use the provided disposable gloves.

Easy to Operate

Touch Screen



3 Intensity



3 Modes



2 Heating



Power Button



Battery Indicator



Figure 3: Touchscreen Controls.

5. OPERATING INSTRUCTIONS

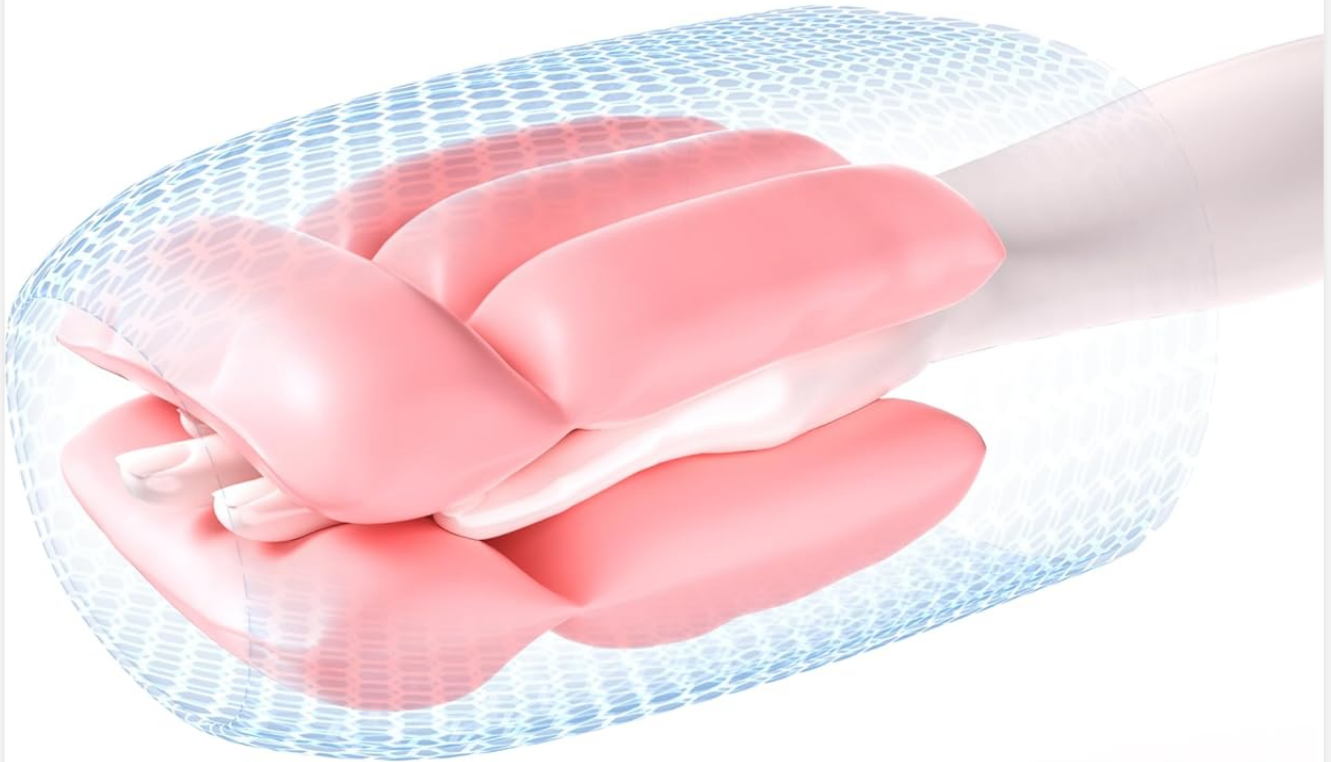
To begin your hand massage session:

1. **Power On:** Press and hold the Power Button on the touchscreen for 2-3 seconds to turn on the device.
2. **Insert Hand:** Place one hand inside the massager, ensuring your fingers are comfortably positioned within the internal chambers. The open-ended design allows for easy insertion and accommodates both left and right hands.
3. **Select Mode:** Press the "Mode" button to cycle through the 3 available massage modes:

- **Mode 1 (Vitality):** Provides an invigorating massage.
 - **Mode 2 (Smoothing):** Offers a gentle, flowing massage.
 - **Mode 3 (Relaxing):** Delivers a deep, soothing massage.
4. **Adjust Intensity:** Press the "Intensity" button to select your preferred compression strength: Low, Mid, or High. The massager utilizes 7 airbags for comprehensive compression.
 5. **Activate Heat (Optional):** Press the "Heat" button to toggle between 2 heating modes (93°F~105°F) or turn the heat off. The heat function helps to relax muscles and enhance the massage experience.
 6. **Begin Massage:** The massager will automatically begin the selected program. Each session is timed for 20 minutes, after which the device will automatically shut off to prevent overheating and ensure optimal usage duration.
 7. **Switch Hands:** After one hand is massaged, remove it and insert the other hand to repeat the process.

Air Compression With Heat

All-round hand massage,
a more perfect experience



- Finger Massage
- Palm massage with heating
- Back of Hand Massage
- Wrist Massage

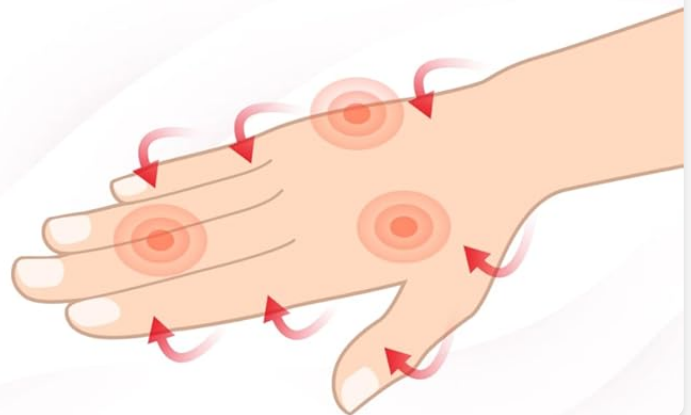


Figure 4: Air Compression Massage Points.

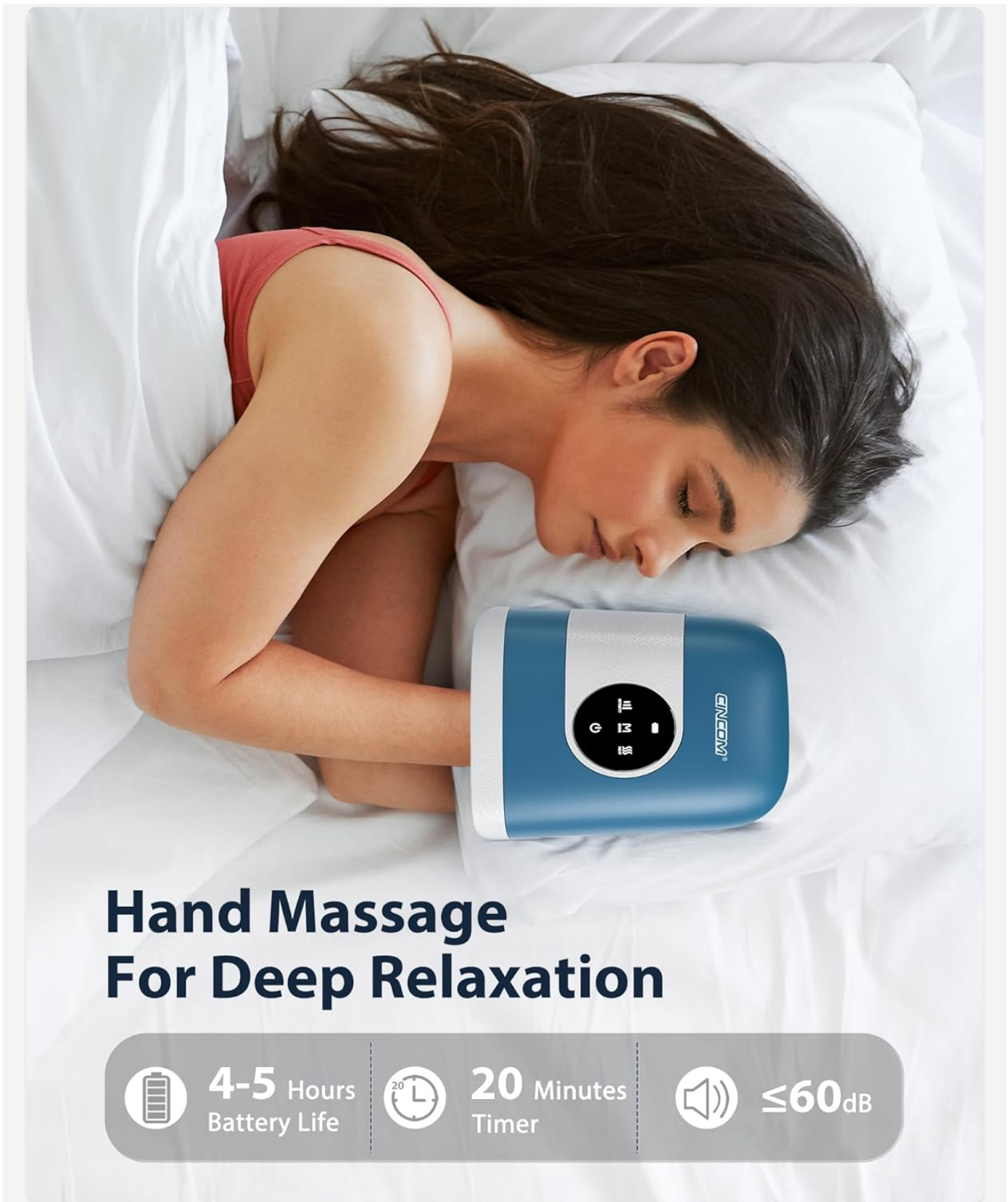


Figure 5: Hand Massage for Deep Relaxation.

6. MAINTENANCE

Proper maintenance ensures the longevity and hygiene of your hand massager:

- **Cleaning:** Disconnect the device from power before cleaning. Wipe the exterior with a soft, dry cloth. For stubborn spots, a slightly damp cloth can be used, but ensure no liquid enters the device. Do not use abrasive cleaners or solvents.
- **Storage:** Store the massager in a cool, dry place away from direct sunlight and extreme temperatures. Use

the provided carrying bag to protect it from dust and damage.

- **Battery Care:** To prolong battery life, avoid fully discharging the battery frequently. Recharge the device when the battery indicator is low. If storing for an extended period, charge it every 3 months.

7. TROUBLESHOOTING

If you encounter any issues with your CINCOM Hand Massager, please refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Device does not turn on.	Low battery or power button not pressed correctly.	Ensure the device is fully charged. Press and hold the power button for 2-3 seconds.
No compression or weak compression.	Incorrect intensity setting or hand not properly inserted.	Increase the intensity level. Ensure your hand is fully and correctly inserted into the massager.
Heat function not working.	Heat setting is off or low.	Press the "Heat" button to cycle through the heat levels (low, high) or turn it on.
Device shuts off unexpectedly.	Automatic 20-minute timer activated or low battery.	This is normal operation due to the 20-minute timer. If it shuts off before 20 minutes, recharge the device.

If the problem persists after trying these solutions, please contact CINCOM customer service for further assistance.

8. SPECIFICATIONS

- **Product Dimensions:** 7.9 x 5.9 x 4 inches
- **Item Weight:** 2.65 Pounds (1.2 Kilograms)
- **Model Number:** CM-088H
- **Power Source:** Battery Powered (Built-in 3000MA/H lithium battery)
- **Battery Life:** 4-5 hours on a full charge
- **Timer:** 20 minutes automatic shut-off
- **Heating Modes:** 2 levels (93°F~105°F)
- **Massage Modes:** 3 modes
- **Intensity Levels:** 3 levels
- **Material:** Plastic
- **Manufacturer:** CINCOM
- **Country of Origin:** China
- **First Available Date:** November 29, 2022

Open Ended Design

Recommended hand
size not exceed : **8*5.5*2.6 in**



Figure 6: Product Dimensions.

Environmental-Friendly

Type-C interface



Non-slip Base



Breathable Material

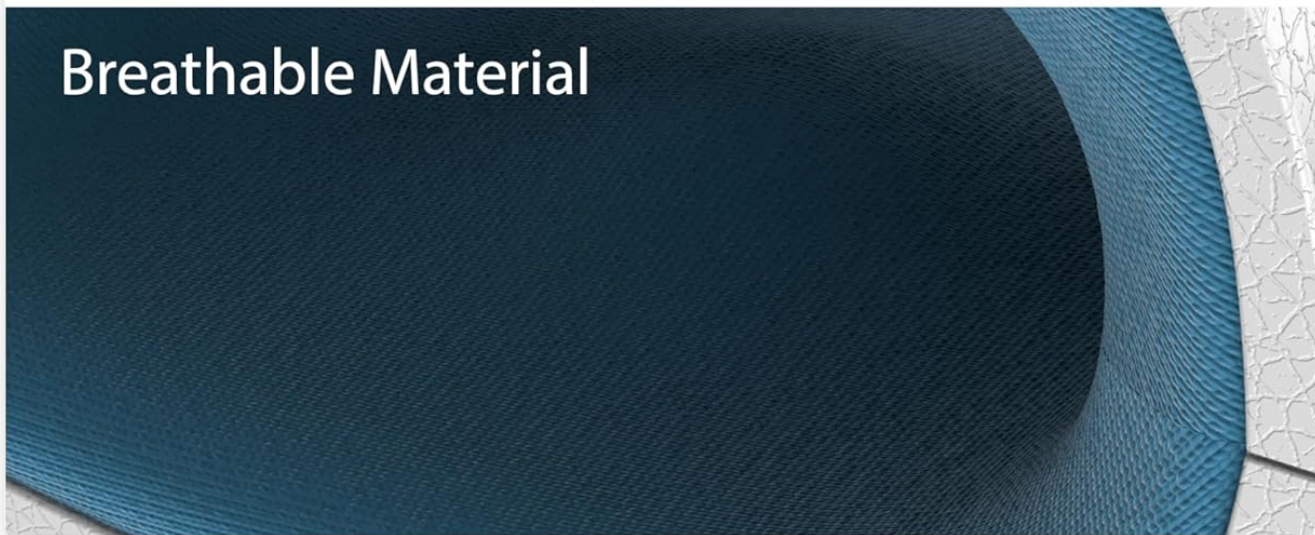


Figure 7: Key Features.

9. WARRANTY AND SUPPORT

CINCOM Healthcare products are known for their quality and excellent customer service. For any questions, concerns, or warranty inquiries, please feel free to contact us. We are online 24 hours a day to assist you. Refer to the manufacturer's website or contact CINCOM customer service for any additional instructions, safety precautions, or troubleshooting not covered in this manual.



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