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Dskeuzeew A1F-6

Dskeuzeew A1F-6 Walking Pad Treadmill User Manual

Brand: Dskeuzeew | Model: A1F-6

1. IMPORTANT SAFETY INSTRUCTIONS

Before operating this treadmill, please read all instructions carefully. Keep this manual for future reference.

- Always place the treadmill on a flat, stable surface.
- Keep children and pets away from the treadmill during operation.
- Ensure adequate space around the treadmill (at least 2 meters behind and 0.6 meters on each side).
- Wear appropriate athletic footwear and clothing.
- Do not use the treadmill if you feel dizzy, nauseous, or experience any pain. Consult a physician.
- Unplug the treadmill from the power outlet when not in use or before cleaning/maintenance.
- Do not operate the treadmill if it has a damaged cord or plug, or if it is not working properly.
- The maximum user weight capacity is 120 kg (264 lbs).
- Use the safety clip at all times during operation.

2. PACKAGE CONTENTS

Carefully unpack the box and ensure all items are present:

- Dskeuzeew A1F-6 Walking Pad Treadmill × 1
- Remote Control × 1
- Accessory Pack (includes tools for assembly/adjustment) × 1
- User Manual (this document) × 1
- Safety Clip × 1

3. PRODUCT OVERVIEW

The Dskeuzeew A1F-6 Walking Pad Treadmill is designed for home fitness, offering a compact and efficient way to exercise. It features a powerful yet quiet 2.5 HP motor and a wide running belt for comfort.

2.5HP Powerful & Quiet Moter



Figure 3.1: Treadmill in use, demonstrating its quiet 2.5 HP motor (less than 55 dB noise) and speed range of 0.6-6.2 MPH (1-10 km/h). It supports a maximum user weight of 240 lbs (120 kg).

Key Features:

- **Powerful & Quiet Motor:** 2.5 HP motor with low noise operation (below 55 dB).
- **Adjustable Speed:** Speed range from 1 to 10 km/h (0.6 to 6.2 MPH).
- **HD LCD Display:** Monitors time, distance, calories, and speed.

- **Comfort & Safety:** 5-layer anti-slip belt, 6 shock absorbers, and knee protection design.
- **Compact & Portable:** Equipped with front wheels for easy movement and can be stored under furniture.
- **Remote Control:** For convenient speed and mode adjustments.



Figure 3.2: Illustration of the treadmill's design for joint protection, featuring a 5-layer anti-slip belt, 6 shock absorbers, and a wide running belt for user comfort and safety.

Component Identification:



Figure 3.3: Detailed view of key components including the iPad/Phone Holder, Safety Clip, LED Display, Locking Button (if applicable for folding mechanism), and the Remote Control.

4. SETUP AND ASSEMBLY

The Dskeuzeew A1F-6 Walking Pad Treadmill comes largely pre-assembled. Follow these steps to prepare it for use:

1. **Unpacking:** Remove the treadmill and all accessories from the packaging.
2. **Placement:** Place the treadmill on a firm, level surface. Ensure there is sufficient clear space around it for safe

operation.

3. **Unfolding (if applicable):** If your model has a foldable handlebar, carefully lift and secure it into the upright position using the locking buttons/knobs. Refer to Figure 3.3 for component identification.
4. **Power Connection:** Plug the power cord into a grounded electrical outlet.
5. **Safety Clip:** Attach the safety clip to your clothing before starting any exercise.



Figure 4.1: The treadmill's folding design allows for space-saving storage. It can be easily moved using the front wheels and stored under a couch or bed when not in use.

5. OPERATING INSTRUCTIONS

This section details how to operate your Dskeuzeew A1F-6 Walking Pad Treadmill using the remote control and understanding the display.

5.1 Remote Control Functions



Figure 5.1: The remote control allows for easy adjustment of treadmill settings. The LCD display shows real-time workout data including time, distance, calories burned, and current speed.

- **Power Button:** Press to turn the treadmill ON or OFF.
- **Start/Pause Button:** Press to start or pause your workout.
- **Speed +/- Buttons:** Adjust the speed of the running belt. Increase speed with '+' and decrease with '-'.
- **Mode Button (M):** Cycle through different display modes or preset programs (if available).

5.2 Starting a Workout

1. Ensure the treadmill is plugged in and the safety clip is attached to your clothing and the treadmill.
2. Stand on the side rails of the treadmill, not on the running belt.
3. Press the Power button on the remote control. The display will light up.
4. Press the Start/Pause button. The belt will begin to move at a low speed.
5. Carefully step onto the running belt and gradually increase the speed using the '+' button to your desired pace.

5.3 Stopping a Workout

1. To pause, press the Start/Pause button. The belt will slow down and stop.
2. To stop completely, press the Power button. The display will turn off.
3. In case of emergency, pull the safety clip from the treadmill. The treadmill will stop immediately.

6. MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your treadmill.

- **Cleaning:** Wipe down the treadmill with a damp cloth after each use. Do not use abrasive cleaners.
- **Lubrication:** The running belt may require lubrication periodically (every 3-6 months depending on usage). Refer to the accessory pack for lubricant and specific instructions.
- **Belt Adjustment:** If the running belt becomes off-center or slips, it may need adjustment. Use the provided Allen wrench to turn the rear roller bolts slightly until the belt is centered and tensioned correctly.
- **Storage:** When not in use, unplug the treadmill and store it in a dry, cool place. The folding design allows for convenient storage under furniture (see Figure 4.1).

7. TROUBLESHOOTING

If you encounter issues with your treadmill, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Treadmill does not power on.	Not plugged in; power switch off; safety clip not in place.	Check power connection; ensure power switch is ON; ensure safety clip is correctly inserted.
Running belt stops or slips.	Belt too loose; insufficient lubrication; motor overload.	Adjust belt tension; lubricate the belt; reduce user weight or speed.
Unusual noise during operation.	Loose components; belt friction; motor issue.	Check all bolts and screws for tightness; lubricate belt; contact customer support if noise persists.

Problem	Possible Cause	Solution
Remote control not working.	Dead batteries; remote not paired.	Replace batteries; refer to pairing instructions (if applicable, usually automatic).

If the problem persists after trying these solutions, please contact Dskeuzeew customer support.

8. SPECIFICATIONS

Feature	Detail
Brand	Dskeuzeew
Model Number	A1F-6
Motor Horsepower	2.5 HP
Speed Range	1 - 10 km/h (0.6 - 6.2 MPH)
Maximum Load Capacity	120 kg (264 lbs)
Running Belt Width	Approximately 42 cm
Display Type	HD LCD
Display Metrics	Time, Distance, Calories, Speed
Material	Alloy Steel
Product Dimensions (L x W x H)	129.5 x 59.5 x 13.5 cm (51 x 23.4 x 5.3 inches)
Product Weight	24 kg (52.9 lbs)
Included Components	Treadmill, Remote Control, Accessory Pack, User Manual, Safety Clip

9. WARRANTY AND SUPPORT

Dskeuzeew is committed to providing high-quality products and customer service. For warranty information or technical support, please refer to the contact details provided with your purchase or visit the official Dskeuzeew website.

If you have any questions or require assistance, do not hesitate to contact us via email. Our customer service team is ready to assist you promptly.

Please retain your proof of purchase for warranty claims.

