

Manuals+

[Q & A](#) | [Deep Search](#) | [Upload](#)

[manuals.plus](#) /

› [COMFIER](#) /

› [COMFIER Full Body Massage Mat CF-3603UB-APP Instruction Manual](#)

COMFIER CF-3603UB-APP

COMFIER Full Body Massage Mat

MODEL: CF-3603UB-APP

1. Important Safety Information

Please read all instructions carefully before using this product. Retain this manual for future reference.

- This product is a vibration massager, not a Shiatsu massager.
- It is made of soft plush material.
- General safety warnings apply, such as keeping it away from water and children.
- Individuals with certain medical conditions or those who use pacemakers or other electrical devices should consult the manufacturer's instructions or a healthcare professional before using this massager.
- Always follow the manufacturer's guidelines for safe use, handling, and maintenance.

2. Product Overview

The COMFIER Full Body Massage Mat provides a comprehensive massage experience with customizable settings. It features multiple vibration motors and heating pads to target various body areas.



Image: The COMFIER Full Body Massage Mat laid flat on a bed, showcasing its full length and integrated neck pillow.

Key Features:

- **App-Controlled Operation:** Customize massage sections, heating levels, intensity, and vibration via a dedicated app.
- **Upgraded Shiatsu Neck Massager:** Features 4 flexible massage nodes for soothing neck and shoulder tension. The neck pillow is removable for separate use on various body parts.
- **10 Vibration Motors:** Provides soothing vibration massage for shoulders, back, lower back, and legs to relieve muscle tension. Offers 5 massage modes, 3 intensity levels, and 4 selective massage zones.
- **Heating Function:** Four heating pads provide gentle warmth to promote blood circulation and relaxation. Heat becomes noticeable after 3 minutes and reaches a maximum of 130°F in about 10 minutes.
- **15-Minute Auto-Off Timer:** Automatically shuts off after 15 minutes for safety and convenience.
- **Over-Heat Protection:** Automatically switches off if overheating occurs. Allow 15-30 minutes for cooling before restarting.
- **Premium Soft Plush Fabric:** Made from 100% ultra-plush material for comfort and heat retention.

3. Package Contents

Verify that all components are present in the package:

- COMFIER Full Body Massage Mat with integrated Shiatsu Neck Pillow
- Intelligent Remote Controller
- Power Adapter
- User Manual



Image: The product packaging, showing the folded massage mat, power adapter, and user manual.

4. Setup Instructions

1. **Unpack the Mat:** Carefully remove the massage mat and all accessories from the packaging.
2. **Position the Mat:** Place the massage mat on a flat, comfortable surface such as a sofa, recliner, couch, floor, or bed. Ensure the surface is stable and allows for full extension of the mat.
3. **Connect Power:** Plug the power adapter into the mat's power input port, then plug the adapter into a suitable electrical outlet.
4. **Position Neck Pillow (Optional):** The Shiatsu neck pillow is attached via a zipper. You can keep it attached or unzip it for separate use. If detached, ensure its separate power plug is connected if you wish to use its massage functions.

DETACHABLE PILLOW

Capable to use it as a separately shiatsu massage pillow to massage for any part of your body



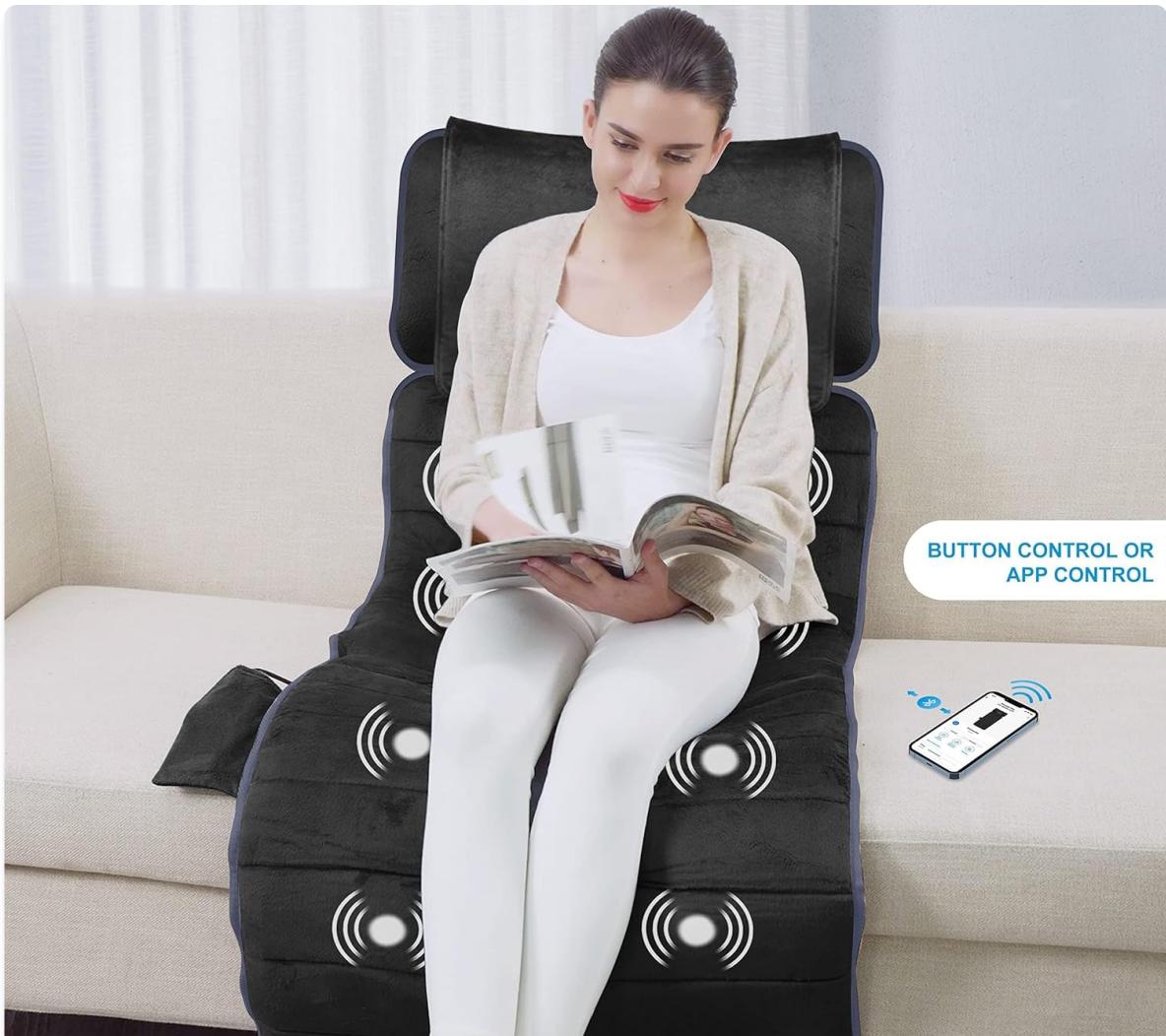
Image: A user demonstrating how to detach the Shiatsu neck pillow from the main massage mat using the zipper.

5. Operating Instructions

The massage mat can be operated using either the wired remote control or a dedicated mobile application.

5.1 Using the Remote Control

- 1. Power On/Off:** Press the 'ON/OFF' button on the remote to turn the mat on or off.
- 2. Select Massage Zones:** Use the 'SHOULDER', 'BACK', 'LUMBAR', and 'LEG' buttons to activate or deactivate specific massage areas.
- 3. Choose Massage Mode:** Press the 'MODE' button to cycle through 5 different pre-programmed vibration massage modes (M1-M5).
- 4. Adjust Intensity:** Press the 'INTENSITY' button to select between Low (L), Medium (M), and High (H) vibration intensity levels.
- 5. Activate Heat:** Press the 'HEAT' button to turn the heating function on or off. The heat will gradually increase over several minutes.



VIBRATION MASSAGE with 5 auto modes

Image: A user operating the massage mat with the wired remote control, showing the various buttons for customization.

5.2 Using the App Control

- 1. Download App:** Download the COMFIER app from your device's app store.
- 2. Connect Device:** Follow the in-app instructions to pair your massage mat with your mobile device via Bluetooth.
- 3. Customize Massage:** The app provides more detailed options for selecting massage sections, heating levels, massage intensity, and vibration patterns. You can also create and save favorite modes.
- 4. Set Timer:** The app allows for customizable massage times beyond the default 15-minute auto-off.

NEW APP-CONTROLLED MASSAGE MAT

provides premium interactive experience and customizable massage time

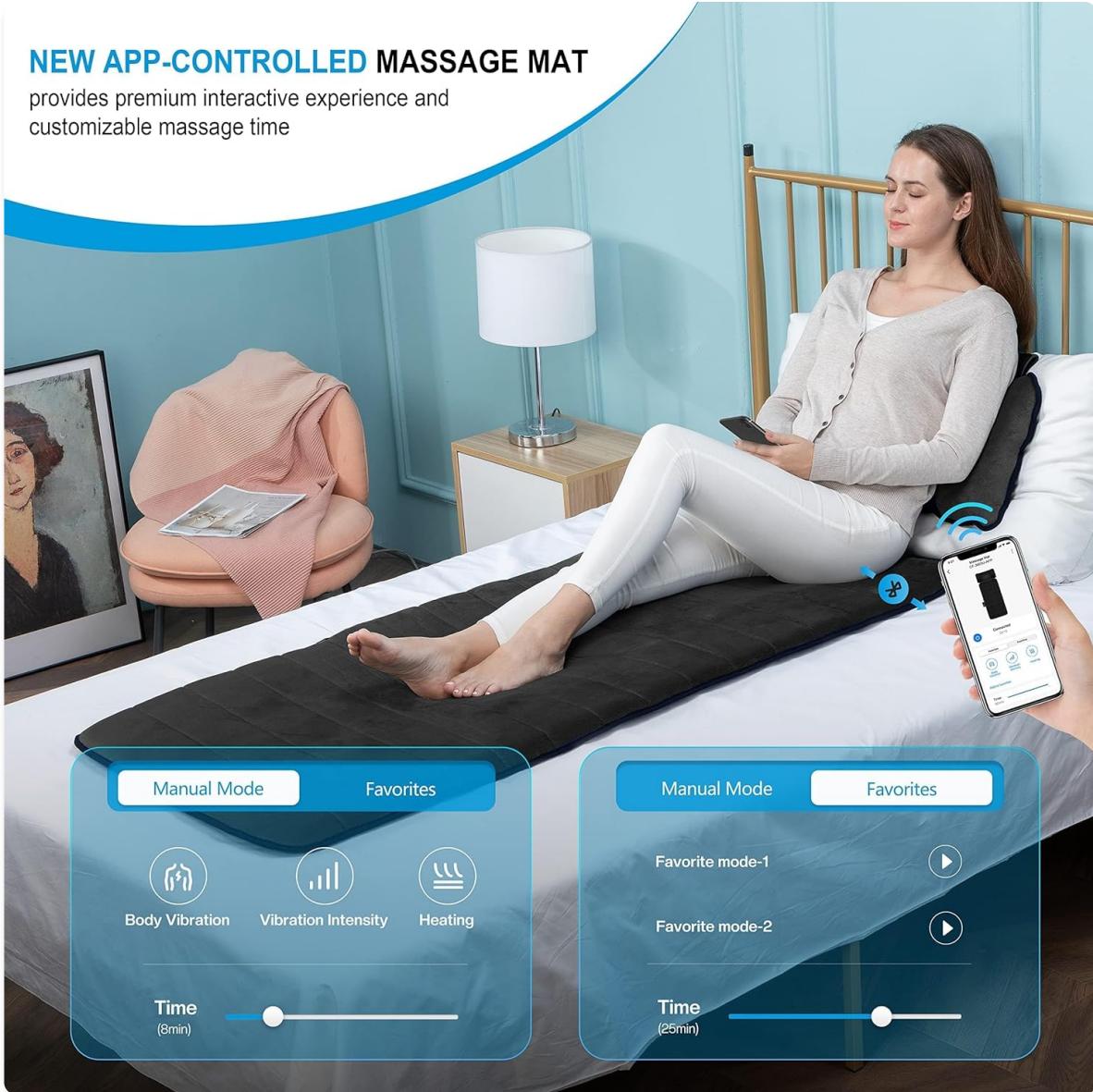


Image: A user controlling the massage mat via a smartphone app, demonstrating the digital interface for personalized settings.

5.3 Shiatsu Neck Pillow Operation

If the neck pillow is detached and powered separately, use its integrated power button to activate its Shiatsu massage and heat functions. Press once for massage, twice for heat, and press and hold to turn off.



SOOTHING HEAT

For added comfort



Gentle Warmth,
Not Intense Heat

Feel Warmth in 3 Mins
Reach 130°F for about 10 Mins

Image: A user enjoying the massage mat with the heat function visibly active, indicated by a red glow.

6. Maintenance

- Cleaning:** Unplug the mat before cleaning. Wipe the surface with a soft, damp cloth. Do not immerse the mat in water or use abrasive cleaners.
- Storage:** When not in use, fold the mat neatly and store it in a cool, dry place away from direct sunlight.
- Inspection:** Regularly inspect the power cord and connections for any signs of damage. If damage is found, discontinue use and contact customer support.



Pillow/mat zipper



100% ultra-plush,
incomparably soft
polyester



Pillow cover



Intelligent Remote
Controller



Image: Detailed view of the mat's soft plush fabric, the zippered pillow cover, and the wired remote control, highlighting material and components.

7. Troubleshooting Guide

Refer to the table below for common issues and their solutions:



FULL BODY HEATED MASSAGE MAT

10 Motors Massage Mat with Shiatsu Neck Massager



SILICON
NODES



HEATED



VIBRATION



Image: A table outlining common product faults and their corresponding solutions for troubleshooting.

Fault	Solutions
The massage is not active in all regions.	The massage motor for that region may have been switched off. Press the button that corresponds to that region to activate.
Device switches off suddenly.	The device will switch off when the timer runs out. Continue using by pressing the 'Power' button. If the device has run for 60 mins, turn back on after resting the unit for 15 mins. Over-heat protection function activated. Device is switched off for your safety. Please rest device for 15-30 mins before restarting.
Device fails to start.	Check if device has been used for more than 30 mins. If so, let device rest for 15 mins before continuing. Device may require longer time to cool in warmer environments. Check if adapter is plugged into socket. Check if adapter output is connected to device power inlet wire.
Jerky motion of vibrations from device.	Excessive pressure may have been applied onto the device. Reduce the load and try again.

8. Specifications

- **Product Dimensions:** 24.4 x 9.84 x 14.17 inches
- **Item Weight:** 10.4 Pounds
- **Material:** Soft Plush Fabric
- **Power Source:** Corded Electric
- **Use For:** Whole Body
- **Item Model Number:** CF-3603U (Note: This variant is CF-3603UB-APP with app control)
- **Manufacturer:** COMFIER

9. Warranty and Support

For warranty information, product support, or to purchase replacement parts, please contact COMFIER customer service directly. Refer to the product packaging or the official COMFIER website for contact details.